





AGES 16-19

## SPORTS COACHING PROGRAMME

**PROSPECTUS** 

# OVERVIEW

The Sports Coaching Programme provides a unique offering that combines a core academic offer alongside additional coaching qualifications and enrichment opportunities. For those looking to pursue a career in "something sporty" the two-year offering gives a wide ranging insight across the full sporting sector, whilst achieving the equivalent of 3 A-levels and industry recognised qualifications in the process.

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The programme allows students to develop the core knowledge, skills and understanding needed to pursue a career within the sports and active leisure sector.

**Shaun Howes,**Norwich City Community Sports Foundation,
Workforce Development Manager



### AIM & OBJECTIVES

#### Aim:

Provide a learning environment that uses the power of sport and as a tool for engaging delivery at every possible opportunity.

#### Objectives:

- Provide a high quality learning provision focused on personal progression
- Provide regular contact with positive, professional role models who can use their experiences to support participants' personal progression.
- Provide a holistic personal development programme that underpins academic and career progression.

- Provide experiences and information linked to relevant sport, academic and vocational exit routes with clear, proven and supported individual pathways in place.
- Provide environments that engage, inspire, challenge and develop at every opportunity.

## PROGRESSION

Students will be well-placed to progress to university given the UCAS points and experiences collated across the core and enrichment elements of their programme. Additionally, vocational routes such as apprenticeships in coaching and direct progression into employment become real options as part of the Foundation's supported pathway.

### Example career pathways:

Sports Coach

PE Teacher

Sports Development Officer

Sports Psychologist

Sports Analyst

Sports Nutritionist





The education element of the programme underpins everything, opening various doors and opportunities for higher education and employment.

Stevie Bramble,
Norwich City Community Sports Foundation,
Director of Education & Programmes

## **EDUCATION**

Students are able to tailor their own academic package from a range of A-level and vocational qualifications.

With each individual choice being student led, each applicant will be provided with a one-to-one discussion to finalise their education plans.

Subjects available to study alongside the coaching programme include:



## PROGRESSION

Through the programme's partnership with the University of East Anglia (UEA), students who achieve the required entry grades are guaranteed an offer to study their physical education degree at the university.

The UEA partnership also ensures graduates have the opportunity to further their degree by applying to the University's PGCE teaching qualification, ensuring that there is now a supported pathway in place focusing on achieving the goal of a career as a PE teacher.

## COACHING EXPERIENCE

#### Coaching

The course is designed to promote a pathway into coaching across a variety of different sports, it certainly isn't all about football! The core academic provision will be enriched by a series of weekly coach education sessions being delivered by Foundation staff covering the following areas:

#### Sample content

Differentiation

Coaching styles

Group management

Safeguarding

Session planning

#### **Oualifications**

Over the two years students will be supported to complete the following formal coaching qualifications as part of their studies:

- FA Playmaker
- Level 2 Certificate in Coaching

#### Experience

Students will put their learning into practise by completing placement opportunities within the Foundation coaching sessions or within their own grassroots environments.



### COMMUNITY SPORTS FOUNDATION

The Community Sports Foundation is Norwich City FC's official charity. We use the power of sport to support and inspire our community. Our charitable objectives are driving inclusion for people with disabilities, boosting mental health and wellbeing, and supporting disadvantaged people to raise their aspirations.

The Foundation will be supporting students through the delivery of the PE and school sport qualification alongside the multi-skills awards.





## University of East Anglia

The University of East Anglia is a world leading research institution, renowned for student experience. It has a very highly regarded sports and physical education provision.

The university will be supporting students with their degree level exit routes and potential PGCSE progression, alongside additional academic support and site visits to the university campus.





## WENSUMTRUST

The Wensum Trust is a not-for-profit education trust with 11 academies arranged into three geographical hubs across Norfolk. It provides a complete education journey from early years to sixteen plus, creating seamless transitions and delivering an ongoing commitment to providing rich and diverse experiences, such as this programme, which enable it's students to develop, flourish and reach their full potential.

The trust will be supporting students by hosting in-school placement opportunities.



Your next step

Hellesdon Sixth Form is a successful and well-established sixth form, and the official education partner of Norwich City Community Sports Foundation.

It offers a fantastic selection of post-16 courses, alongside outstanding facilities and extra-curricular activities, while still being small enough to give students a welcoming and supportive environment in which to study.

Hellesdon Sixth Form will be supporting students through the delivery of their core education programme through a blend of A-level and vocational options.

# APPLY NOW.

To register your interest for a place on the programme apply online via: wensumtrust.org.uk/sixthform



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