

Sports Coaching Programme (SCP)

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Key topics covered

The core academic provision will be enriched by a series of weekly coach education sessions being delivered by Foundation staff covering areas such as :

Differentiation, Disability Sport, Coaching Styles, Coaching Philosophies, Health and Safety and Safeguarding.

Coaching Qualification Achieved:

1st4Sport Level 2 Certificate in Coaching (Sport and Physical Activity)

In addition students will also have the opportunity to complete “experience” placements to develop “on the job” skills and attributes.

Recommended Textbook and/or resources

Additional Reading

Becoming a Physical Education Teacher (Gary Stidder)

Resources

Suitable sports clothing and footwear for practical delivery elements.

Why Study the Subject/what students Like about it

The course is designed to promote a pathway into coaching and wider roles across a variety of different sports, it certainly isn't all about football!

The development of wider “soft skills” such as Teamwork, Leadership and Communication will also ensure students on this subject are best prepared for their next steps career wise.

The opportunity to engage with a professional club and develop core skills alongside the ability to implement these in real life settings makes this offer unique.

The opportunity to progress onto a supported higher education pathway is also exciting.

Opportunities outside the classroom

- In-school work placements observing/assisting with PE lessons at various key stages.
- Visit to the UEA to speak to course tutors and tour of accommodation.
- Assisting with coaching sessions and events led by Norwich City CSF coaches.

Future progression/career routes

- University courses in Physical Education/Sport
- PE Teacher
- Sports Coach
- Personal Trainer

