ACLE ACADEMY KS3 CURRICULUM **MAP 2025-2026**
Year 7

Character and Culture	Unit Autumn 1 - Dharmic Religions	Unit Autumn 2 - Health	Unit Spring 1 - Abrahamic Religions	Unit Spring 2 - Relationships	Unit Summer 1 - Philosophy	Unit Summer 2 - Citizenship
Year 7- programme of study	Buddhism What they believe and how they live	Health Mental and Physical Health & Safety	Judaism What they believe and how they live	Relationships *Relationships and Online Relationships*	Philosophy Is there a life after death?	Living in the Wider World *Money and Aspirations*
	Introduction to CC What is CC and what are the expectations? Lesson one Is there a God, according to Buddhists? Lesson two Why is Buddha important to Buddhists? Lesson three What happens in a Buddhist Temple? Lesson four What festivals do Buddhists celebrate? Lesson Five What does Buddhism teach	Lesson one How can I keep myself safe at secondary school? Lesson two How can I cope with the move to secondary school? Lesson three How can I build resilience and confidence? Lesson four When and how should I ask for help with my mental health? Lesson Five How do diet, exercise and sleep affect my health? Lesson Six What changes happen during puberty and how can I manage them? Lesson Seven	Lesson one Who is HaShem, according to Jews? Lesson two Why is Moses important to Jews? Lesson three What is the Torah and why is it important? Lesson four What do Jewish people believe about Jesus, and how is it different from Christians? Lesson Five What are Kosher laws and why do Jews follow them?	Lesson one What does consent mean? Lesson two What makes a friendship healthy or unhealthy? Lesson three How can I resolve conflict respectfully? (Culture/RS content on Just War) Lesson four What is bullying, and how can I deal with it? Lesson Five What makes up my identity? Lesson Six	Lesson One What do Christians believe happens after we die? Lesson Two What do Buddhists and Hindus believe happens after we die? Lesson Three What do Humanists believe happens after we die? Lesson Four What do scientific perspectives say about death and what happens after? Lesson Five	Lesson one How do we use money in everyday life? Lesson two What are needs and wants and how can we make good spending choices? Lesson three How can I keep money safe? Lesson four What does it mean to budget and why is it important? Lesson five How can I plan for my future? Lesson six How does advertising affect the way I spend money?

	about the causes of suffering? **Lesson Six** How does meditation promote mindfulness? **Lesson Seven** How do Buddhists encourage wellbeing in everyday life? **Lesson Eight** How can creating a Zen Garden help us to be more mindful? **Lesson Nine** How can creating a Zen Garden help us to be more mindful? (2) **Lesson Ten** What can Buddhists teach me about mindfulness?	Why is personal hygiene so important as a teenager? **Lesson Eight** Why is stress a good thing and how can I manage it? (Culture/RS Content on mindfulness) **Lesson Nine** How do I treat cuts and grazes? **Lesson Ten** How do I support someone with Asthma or Allergies? **Lesson Eleven** What have I learnt about Health and Safety?	**Lesson Six** What do Jewish teachings say about being responsible? **Lesson Seven** What is Passover and why is it important to Jews? **Lesson Eight** How do Jews celebrate Shabbat and why is it important? **Lesson Nine** Optional: The Prince of Egypt Movie **Lesson Ten** What can Jews teach us about responsibility and organisation?	How can I stay respectful and safe online? **Lesson Seven** What are my Rights and Responsibilities online? **Lesson Eight** What have I learnt about Relationships?	How do different beliefs influence how people live their lives? **Lesson Six** How do people from different beliefs cope with death and grief? **Lesson Seven** What are near-death experiences and how do they influence beliefs about death? **Lesson Eight** What do I think happens after we die and why?	**Lesson Seven** What are my strengths and how can they shape my future? **Lesson Eight** What does success look like, and how can I achieve it? **Lesson Nine** How do my values and interests guide my future choices? **Lesson Ten** What have I learnt about Money and my Aspirations?