

GCSE Physical Education

INFORMATION EVENING 2021



GCSE PE Specification

The GCSE PE specification is broken down into the following:

Component 1 - Physical factors affecting performance

Component 2 - Socio-cultural issues and sports psychology

Component 3 - Practical performance

Component 4 - Analysing and Evaluating Performance (AEP)

Component 1 - Physical factors affecting performance

Written examination in June 2021 (1 hour)

This equates to 30% of your child's final grade

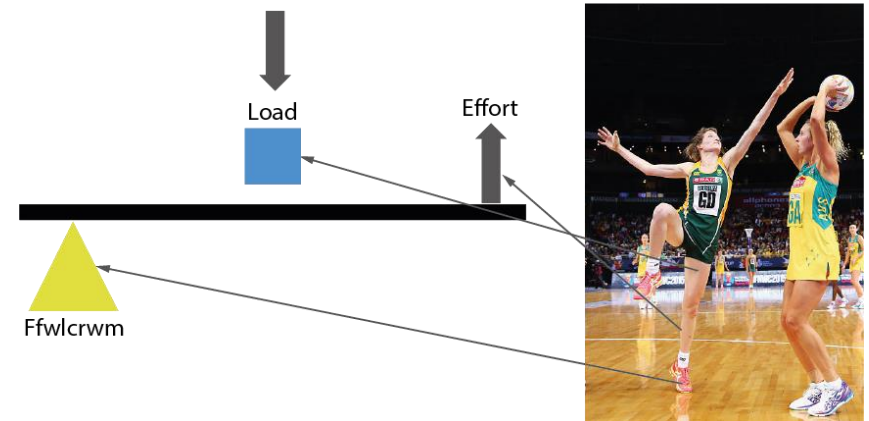
Content overview

Topic 1 - Applied anatomy and physiology

Topic 2 - Movement analysis

Topic 3 - Physical training

Topic 4 - Use of data



Component 2 - Socio-cultural issues and sports psychology

Written examination in June 2021 (1 hour)

This equates to 30% of your child's final grade

Content overview

Topic 1 - Health, fitness and well-being

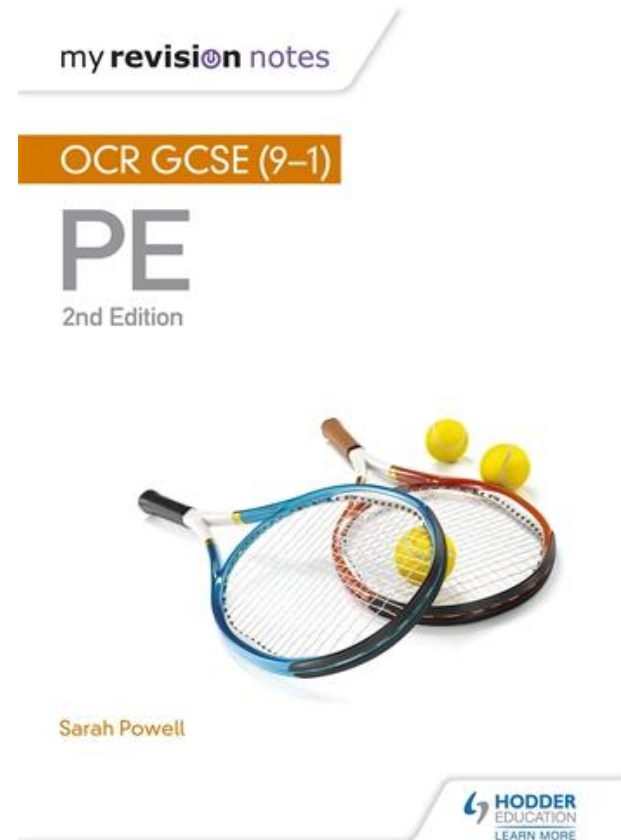
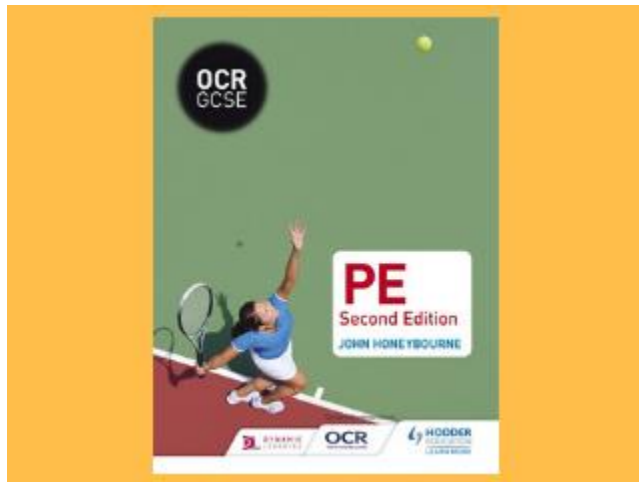
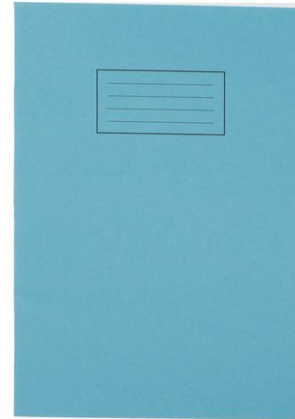
Topic 2 - Sport psychology

Topic 3 - Socio-cultural influences

Topic 4 - Use of data



Revision guides and materials



Component 3 - Practical performance

Practical examinations in 2021 in **two** different sports/activities.

This equates to 30% of your final grade

Assessment overview

Activity 1 - Team activity

Activity 2 - Individual activity

These can be any combination of team and individual activities

Some permitted team sports

Football

Rugby (union or league)

Basketball

Cricket

Handball

Hockey

Lacrosse

Netball

Rowing

Squash (doubles)

Table tennis (doubles)

Tennis (doubles)

Volleyball

Hurling

Permitted individual sports

Amateur boxing

Athletics

Badminton (singles)

Canoeing

Cycling

Dance

Diving

Golf

Tennis (singles)

Trampolining.

Gymnastics

Equestrian

Kayaking

Rock climbing

Rowing or sculling

Skiing

Snowboarding

Squash (off site)

Swimming

Table tennis (singles)

Key information for practical assessment

The internal assessment day is Wednesday 23rd March 2021. I then submit marks to OCR before 31st March and then a sample from 5 different sports is selected by them.

It is still unclear if this will be live moderation (at a hub school) or video evidence

This will consist of 1 hour assessments on different sports

Students will leave lessons for their assessment slot (please arrive 10 minutes before to be prepared)

Key information for practical assessment

Off-site activities videos will need to be submitted prior to this date (e.g. equestrian, swimming and skiing)

I have been in contact with parents regarding some activities which are classed as onsite but may need to be observed in their club or specialist setting (e.g. girls rugby, squash, gymnastics)

If you feel your child needs me to come and observe in different settings then please contact me.

I would strongly advise gathering club or county footage of your child performing in the case of OCR going with a video-evidence based moderation.

****Please remember to seek the appropriate permission to film the matches/performances from both teams/competitors.**

Component 4 - Analysing and Evaluating Performance (AEP)

This is the coursework component and equates to 10% of your final GCSE grade.

The purpose of this component is to:

1. Analyse aspects of personal performance in a practical activity
2. Evaluate the strengths and weaknesses of that performance
3. Produce an action plan which aims to improve the quality and effectiveness of that performance.

We are nearing the end of the time being spent on this in class so it is vital your child works hard and plans for each session. After this time we will move to lunchtime 30minute sessions on a Wednesday as we must continue to make up lost learning time due to lockdown.

Grade Boundaries

GCSE Physical Education

		Max Mark	9	8	7	6	5	4	3	2	1	u
J587	01 Physical factors affecting performance	Raw 60	48	45	43	39	35	31	23	15	7	0
J587	02 Socio-cultural issues and sports psychology	Raw 60	44	41	38	35	32	29	21	14	7	0
J587	03 Performance in physical education	Raw 80	68	64	60	54	48	43	32	21	10	0
J587		Overall 200	160	150	141	128	115	103	76	50	24	0

Exam 1 - Physical factors affecting performance (60 marks)

Exam 2 - Socio-cultural issues and sports psychology (60 marks)

Practical performance (60 marks)

Coursework - Analysing and Evaluating Performance (20 marks)