

CURRICULUM MAP

SUBJECT: Physical Education (Multiskills/Games)

YEAR: 2017-2018

SKILL/KNOWLEDGE	NURSERY	YR	Y1	Y2	Y3
To travel in different ways within a space.	<ul style="list-style-type: none"> Outdoor play Parachute games Follow the leader type games. 	<ul style="list-style-type: none"> Move forward/back/sideways/ under/ over and through. Move with a developing awareness of space, themselves and others thinking about different speeds. 	<ul style="list-style-type: none"> Move through variety of pathways; Forward/back/under/ sideways/ a curve with control. Move with an increased awareness of space, themselves and each other changing direction often. 	<ul style="list-style-type: none"> Move forward/ back/under/ sideways/ curved pathways (SCW) with fluency. Move quickly within spaces, changing pace and direction often to avoid objects and others. Dodge to evade opponents/ obstacles. 	<ul style="list-style-type: none"> Vigorous running to encourage mobility and spatial awareness. During games, find suitable spaces and signal to receive ball. Aim into spaces (<i>applies to team games</i>).
To be able to travel with an object.	<ul style="list-style-type: none"> Move a large ball with increased control by touching, pushing and patting. Small indoor aiming games with ramps/balls/cars. Roll a hula hoop. Skittle games (aiming to a target) 	<ul style="list-style-type: none"> Steer large ball with hand/foot on the floor. Bounce large ball on spot whilst stationary. Use bat and ball to move ball on floor. 	<ul style="list-style-type: none"> Dribble large and medium sized ball with hands and feet. Bounce large/medium sized ball whilst stationary and begin to move. Strike a moving object. Use bat and ball to move ball on floor through obstacles (<u>cones</u>). 	<ul style="list-style-type: none"> Travel whilst dribbling a ball with hand/foot/ equipment. Bounce a ball whilst travelling with control. Throw and catch a ball whilst stationary and on the move. 	<ul style="list-style-type: none"> Pass and receive with hands in different ways - shoulder/ chest bounce. Dribble/Pass/Receive ball with feet. Keep possession of a ball and progress towards goal.
To be able to send and receive an object. (various size balls, scarves, beanbag, quoit, hoop)	<ul style="list-style-type: none"> Catch and throw a large ball. Aiming games with beanbags. Parachute Games. 	<ul style="list-style-type: none"> Throw and catch large ball/balloon/ medium ball/scarf to a partner or to self. (<u>2 hands</u>) Throw under arm to a large target.(hoop or cones) Kick a ball to a target. Roll a large/medium sized ball/ hoop to a target. Bounce ball upwards and downwards with a bat. Pass a beanbag/quoit around the body. 	<ul style="list-style-type: none"> Throw and catch a large/medium sized ball/ quoit/ beanbag to themselves. (<u>1 hand and 2 hand</u>) Send a ball to a partner Roll a hoop to a partner Roll a ball to hit a target (e.g cone, hoop, skittles or marker). Pass a ball with side of foot to target. 	<ul style="list-style-type: none"> Throw/catch and bounce in different ways. (<u>one hand, two hands, over the head, overarm, under or around different parts of the body.</u>) Chest pass ball to partner. Send a ball/object to partner in different ways accurately. Aim and track an object to a stationary or moving target. Perform overarm throw. Strike ball from static position. 	<ul style="list-style-type: none"> Through/catch a variety of objects to themselves and to a partner inc. <u>chest, shoulder pass.</u> Strike and send a ball along the ground without bounce. Use space to receive a ball. Pass/receive ball whilst moving. Develop accurate throwing and feeding skills. Bat and Ball - <u>self feed, feed from partner, hitting over a net.</u>
To participate in team games (Attack and Defence)	<p>N/A</p> <p>Children participate in co-operative based play.</p>	<ul style="list-style-type: none"> Chase and stop a moving ball (large, medium) with hands and/or feet. Take part in simple aiming games. Begin to copy and describe pupils movements. 	<ul style="list-style-type: none"> Move to intercept an object using hands, feet or bat. Take part in small side team based games. Copy and describe other pupils' movements and begin to evaluate their own performance. 	<ul style="list-style-type: none"> Move to intercept objects using hands, feet, bat and apply these to small sided team games. Dodge to evade opponents. Start to describe simple tactics used in games. Begin to design simple target games. Make rules for own games then make them more challenging. Evaluate their performance 	<ul style="list-style-type: none"> Develop court based games to develop tactics. High and low based 'nets' to encourage high/low/quick/slow passing and striking. Develop own games with appropriate scoring systems. Co-operative and competitive games to develop learned skills. Formations as follows: 1v1, 1v2, 2v1, 3v1, 3v2, 3v3 etc.

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