

## Our PE Curriculum

<b>INTENT</b>	<b>At BMPS...</b>	We believe that PE should be about all aspects of healthy lifestyles All PE units of work should be based upon high quality lesson plans encouraging individual progress. Physical activity should be the corner stone of all curriculum areas and should be incorporated throughout the day. The basic skills required should be explicitly taught through regular sessions and children should be encouraged to ask questions of what they are learning and the relevance to all healthy lifestyles. Children are encouraged to ask for different activities to help diversify the range of physical activities taught and ensure there are areas of the curriculum that all children enjoy.		
	<b>Intent in PE.</b>	Priority 1: Develop key skills in balance coordination and agility especially in EYFS and KS1.	Priority 2: To raise awareness of an active healthy lifestyle to assist with wellbeing and self-confidence. This should include sessions about nutrition and anatomy.	Priority 3: To include a wide range of activities to engage as many children as possible leading to children continuing to remain active as they get older.

<b>IMPLEMENTATION</b>	<b>Hall and outdoor areas</b>	Weekly swimming sessions	Equipment to facilitate active play	Attendance at PE events.	2 hours of high quality lessons per week.	Daily 15 minutes of physical activity in addition to PE lessons and play times.	Schemes of work - Getset4PE and realPE	Lunchtime and after school clubs
	<b>Events</b>	Healthy Lifestyles Week		Specialised professional visits	OAA trips		Competition events	Sports festivals
	<b>Parental engagement</b>	Curiosity Cafes		Class Dojo	Shared experience events		Communication	Invitations to PE events
	<b>Community</b>	Tennis with Burnham Market tennis club			Rugby with North Walsham Rugby Club			OAA at Holkham Estate
	<b>Training</b>	Forces fireman - activator sessions		Slanted Dance children workshops with Teachers shadowing sessions to include yoga and meditation.		Outdoor learning from Butterflies of Britain.		Link Governor meetings

<b>IMPACT</b>	<b>Great outcomes</b>	Children who can apply a wide range of skills confidently and express themselves in a broad variety of settings and situations.			Children who willingly participate in a wide range of physical activities both inside and outside school.				Children who can understand their bodies and the importance of a healthy lifestyle.	
	<b>Evaluation</b>	Quizzes and active questioning.	Children leading aspects of lessons.	Play leaders feedback and levels of activity at break and lunchtimes	Pupils voice	TA assessment	Internal and external observations	Parent and pupil questionnaires	Participation in clubs both at school and outside.	Monitoring: Gov, Subject Leader, HT, CEO