## Anchored in the community, a place to belong, a world to explore

# Intent

At our school, the intent of our PSHCE (Personal, Social, Health and Citizenship Education) and RSE (Relationships and Sex Education) curriculum is to equip every pupil with the knowledge, skills and values to become confident, respectful, and responsible citizens. Guided by the National Curriculum and delivered through the comprehensive Jigsaw scheme of work, our curriculum supports pupils in understanding how to stay safe, healthy, and emotionally literate in a rapidly changing world. We aim to nurture personal development, emotional wellbeing and resilience, supporting pupils in building positive relationships and making informed decisions.

Our PSHCE/RSE curriculum is carefully designed to reflect and reinforce our core school values of respect, pride, resilience, teamwork, empathy, and aspiration. These values are not only explicitly taught but lived through discussion, reflection and real-life application. The curriculum intent is to develop the whole child, supporting them socially, morally, spiritually and culturally, while also underpinning their academic progress and readiness for life beyond school.

# Impleme ntation

We implement our PSHCE/RSE curriculum using the **Jigsaw scheme**, a mindful and spiral programme that progressively builds pupils' understanding of relationships, health and wellbeing, living in the wider world, and personal responsibility. Lessons are age-appropriate, inclusive, and reflect the statutory guidance on RSE and Health Education. Each unit is delivered through engaging, thought-provoking and reflective sessions that promote emotional intelligence, self-awareness and resilience.

To enrich our curriculum and provide real-world context, we invite **visitors** and outside agencies—including health professionals, emergency services, local community leaders, and charities—to share their expertise and experiences with our pupils. These contributions enhance learning, bring topics to life, and inspire aspiration through authentic encounters.

Our approach ensures that PSHCE and RSE are not stand-alone subjects but are woven throughout the broader curriculum and daily life of the school. Regular assemblies, themed weeks (e.g., Anti-Bullying Week, Mental Health Awareness), and cross-curricular links reinforce key messages and values, enabling pupils to apply their learning meaningfully.

#### Know more

Children's prior knowledge, experiences, and understanding of key PSHCE and RSE concepts are discussed and revisited at the beginning of each Jigsaw unit. This enables teachers to identify starting points and address misconceptions.

Key knowledge, vocabulary, and core values to be learnt are set out in the PSHCE/RSE Knowledge Organisers and Progression Map, ensuring clear progression across year groups.

The Progression Map outlines the development of:

- Emotional literacy and self-awareness
- Relationships and respectful communication
- Physical health and wellbeing
- Personal safety, including online safety
- Citizenship and responsibility within the community and wider world

Learning builds on prior understanding and makes explicit links to previous themes, supporting children to develop a secure, deep, and connected understanding of themselves and others.

For a small minority of children, learning is scaffolded or supported through adapted materials or additional adult guidance to ensure full accessibility.

#### Do more

Learning is brought to life through discussion, reflection, and real-world experiences.

Visitors and community links—such as health professionals, emergency services, and local leaders—enhance understanding and provide authentic, meaningful learning contexts.

Assemblies, theme weeks, and focus days (e.g. Anti-Bullying Week, Mental Health Awareness Week, Online Safety Day) provide further opportunities for children to apply and deepen their learning.

## Impact

## RSE. PSHE, SMSC- Intent, implementation and impact

Lessons are interactive, encouraging collaboration, empathy, and critical thinking through role play, debate, and problem-solving. Children are supported to take ownership of their learning by setting personal goals, reflecting on their choices, and celebrating achievements both in and beyond the classroom.

### Remember more

Learning is revisited throughout the year and across key stages to ensure knowledge and skills are embedded and retained.

Teachers make explicit reference to prior learning and vocabulary at the start of each new Jigsaw puzzle (unit), enabling children to make meaningful connections between topics.

Reflection journals and class displays provide visual and written reminders of key learning, supporting retrieval and long-term memory. Regular circle time, discussions, and review activities allow pupils to articulate what they have learned and how they have applied it in real-life situations.

Pupil voice is central to evaluating impact—children can explain how their PSHCE and RSE learning helps them to stay safe, build positive relationships, manage their emotions, and contribute responsibly to their community.