

Physical Education Training Programme (PET Programme)

What is the PET programme?

The Physical Education Training (PET) programme is an exciting new two-year programme for 16-18 year olds who have aspirations to pursue a career combining education and sport. Based at Hellesdon High School, students will have the ability to choose their own education package, choosing from a suite of A-level and vocational subjects alongside additional coaching qualifications and meaningful work experience.

Why study on the PET programme?

The PET programme provides a pathway for like-minded individuals with a passion to pursue a career as a PE professional through a carefully planned pathway of academic and vocational experiences. Those that achieve the required entry grades will be guaranteed a place on the University of East Anglia's BSc Physical Education course.

What makes a successful PET programme student?

Students interested in studying on the PET programme should have a love of sport and a keenness in wanting to impart their own enthusiasm of sport towards younger individuals. Students on the PET programme need to be well-organised with a motivated, committed and resilient attitude. A confident and creative nature is also desirable for the school placement element of the course.

To study this course, what qualifications will I need and in which subjects?

6 GCSE's (or equivalent) at Grade 4 or above

What is the structure of the course?

PET Programme Taught Modules
<ul style="list-style-type: none"> Communication and professional relationships with children, young people and adults Schools as organisations Understand Child and Young Person Development Understand How to Safeguard the Wellbeing of Children and Young People Support assessment for learning Plan Physical Education and School Sport Programmes Deliver Physical Education and School Sport Programmes Review the Delivery of a Physical Education and School Sport Programme
Coaching Qualifications
<ul style="list-style-type: none"> Level 2 Certificate in "Supporting Physical Activity and School Sport Level 1 Multi-Skills Qualification Level 2 Multi-Skills Qualification
School Placements
<p>In addition to studying the above modules/qualifications, students will also be given the unique opportunity to benefit from meaningful in-school work placements, delivering physical education across the four key stages. Engaging with The Wensum Trust schools at infant, junior and high school level will provide "real life" opportunities to put into place the skills being developed through the programme</p>

What opportunities are there for me to study beyond the classroom?

There are plenty of opportunities throughout the year for students to assist with extra-curricular clubs/fixtures and other sporting competitions ran by the PE department.

What kind of career does this subject/qualification prepare me for?

- ✓ PE Teacher
- ✓ Sports Coach
- ✓ Personal Trainer
- ✓ Sports Development