

# PE Teaching Programme

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## Key topics covered

### PET Programme taught modules:

- Communication and professional relationships with children, young people and adults
- Schools as organisations
- Understand child and young person development
- Understand how to safeguard the wellbeing of children & young people
- Support assessment for learning
- Plan and deliver Physical Education and School Sport Programmes
- Review the Delivery of a Physical Education and School Sport Programme

**Coaching modules:** Level 2 Certificate in “Supporting Physical Activity and School Sport, Level 1 Multi-Skills Qualification & Level 2 Multi-Skills Qualification

## Recommended Textbook and/or resources

### Additional Reading

Becoming a Physical Education Teacher (Gary Stidder)

Bounce: The of Myth of Talent and the Power of Practice (Matthew Syed)

### Resources

It is worth students having a whistle, lanyard and stopwatch when assisting with PE events.

## Why Study the Subject/what students Like about it

The PET programme provides a pathway for like-minded individuals with a passion to pursue a career as a PE professional through a carefully planned pathway of academic and vocational experiences. Those that achieve the required entry grades will be guaranteed a place on the University of East Anglia’s BSc Physical Education course.

*“I think taking the PET course at sixth form has broadened my horizons for my future. It is really rewarding and promotes confidence. You get many opportunities to coach in lower years and surrounding schools as well as attending frequent events held at the UEA. Overall it is a really great course to choose at sixth form and has helped me decide what I would like to do once I leave.” (Lucy PET programme student)*

## Opportunities outside the classroom

- In-school work placements observing/assisting with PE lessons at various key stages.
- Visit to the UEA to speak to course tutors and tour of accommodation.
- Assisting with events led by CSF coaches.
- Assisting with events run by the PE department at lunchtime/after-school

## Future progression/career routes

- University courses in Physical Education/Sport Science
- PE Teacher
- Sports Coach
- Personal Trainer

