

Health and Social Care (Double Award)

Subject Lead: Miss Locke

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Key topics covered

The following units are studied as part of Level 3 BTEC Health and Social Care Double Award (equivalent to 2 A-Levels):

- Unit 1 – Human Lifespan Development (exam)
- Unit 4 – Enquiries into Current Research (exam)
- Unit 5 – Meeting Individual Care and Support Needs (coursework)
- Unit 7 – Principles of Safe Practice (coursework)
- Unit 8 – Promoting Public Health (coursework)
- Unit 11 – Psychological Perspectives (coursework)
- Unit 2 – Working in Health and Social Care (exam)
- Unit 14 – Physiological Disorders and their Care (coursework)

Recommended Textbook and/or resources

The following website is extremely useful in supporting your progress in Double Level 3 BTEC Health and Social Care:

<https://www.tutor2u.net/hsc>

However, there will be no requirement to buy any resources for this course. We provide any textbooks; knowledge books or revision guides you may need.

Why Study the Subject/what students Like about it

Health and Social Care encompasses the study of different sectors and providers that offer care and support to help meet service user's individual needs. The subject includes a breadth of different focal points within the field, in order to facilitate students understanding of the different aspects of working within this sector. This includes the exploration of contemporary research within the field, understanding the importance of safeguarding vulnerable service users, knowledge of a variety of strategies to promote public health and application of principles of psychology to understand development and treatment of mental health disorders.

"Studying Health and Social Care gave me an opportunity to develop my interest in working within mental health services." (Former Y13 Student)

"Being able to complete a variety of coursework assignments and exams, suited my style of learning much better and enabled me to organise my time effectively to achieve the grades I needed for university" (Former Y13 Student)

Opportunities outside the classroom

Students can engage in voluntary work experience placements. This includes participating as a member of an NHS Mental Health Services interview panel and an online Health and Social Care Academy. This gives students to opportunity to gain real life experience and skills from professionals and settings that they can apply to their own practice.

In Y13, students are given the opportunity to visit the medicine section of the London Science Museum. Here, they explore the world's largest display dedicated to the story of medicine. This allows students to broaden their understanding of treatments for health disorders.

The Social Sciences Department has strong links with UEA, as well as other organisations, who deliver sessions on their specialisms and offer students advice on their future career pathways. This includes nursing, midwifery and social work within the local area.

Future progression/career routes

Students who have studied Health and Social Care at Hellesdon Sixth Form have gone onto study and work in nursing, midwifery, physiotherapy, occupational therapy, school teaching, criminology, social work, mental health and many more NHS careers.

Jemma (Distinction*, Distinction) – BSC Occupational Therapy – University of East Anglia

Alex (Distinction*, Distinction *) - BSC Occupational Therapy – University of East Anglia



Social Sciences