

How to be Social Media Savvy:

How to monitor and what to do as a parent

We are part of...

WENSUMTRUST 

**Social
Media**

Gaming

**Messaging
Friends /
Family**

It's a Wonderful (Online) World

**Watching
Videos / TV**

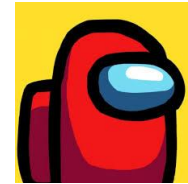
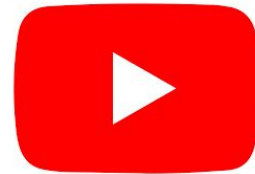
Shopping

**School
Work**



BUT

There are risks that our young people face when using the internet...



What are the main Police concerns?

Cyberbullying

Harmful content

Inappropriate contact

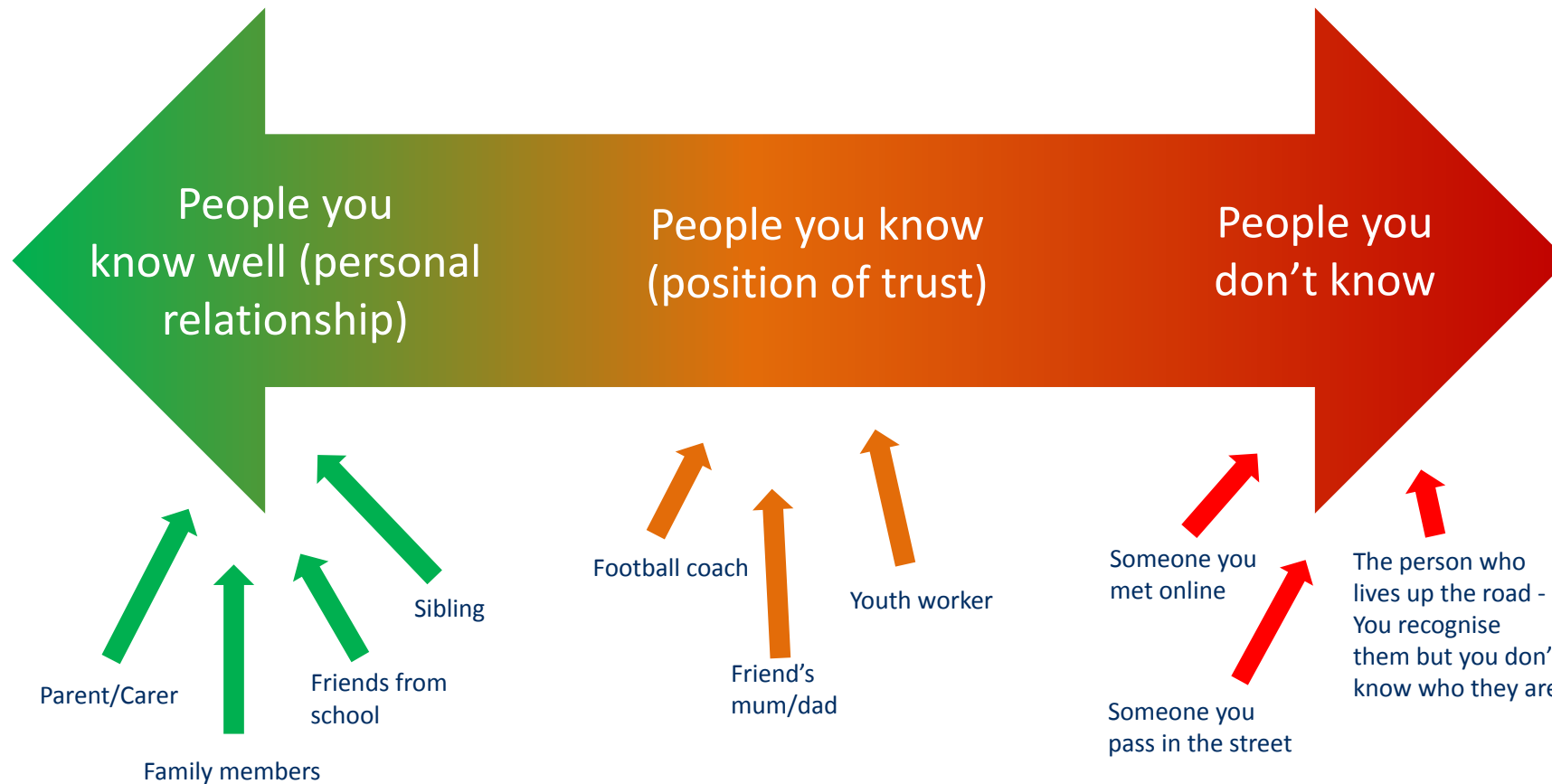
Sharing
inappropriate
content

What can be done about harmful content? We advise students to do the following:

- **Talk** to a trusted adult about what you have seen and how it made you feel.
- **Don't share** harmful content.
- **Call it out** – If your friend sent it to you, tell them it's not right!
- **Report** to the platform where you saw the content.
- Go to www.reportharmfulcontent.com 
- If you were sent the content by someone else, report their account to the platform.
- If it is sexual content, report to www.ceop.police.uk 

Please note: *If a child is above the age of 10, they are legally responsible for their actions and the language that they use.*

Who should contact your child? We advise students of the following:



The Law on Sexting:

It is an **offence** to...

TAKE

MAKE

POSSESS
(Have on
your
phone)

SHARE
with others

...**any** indecent images of anyone aged **under 18**, even if the content was created with the consent of that young person.

Dangerous apps:

For a full list of what are considered dangerous apps, go to:

<https://www.safewise.com/dangerous-apps-for-kids/>



7 ways to keep your child safe online:

- Keep an Open Dialogue With Your Children
- Educate Children on the Risks of Social Media
- Follow Age Requirement Guidelines
- Set Ground Rules for Social Media Use
- Stay Up to Date on Your Child's Privacy Settings
- Consider Products That Help You Monitor Online Activity
- Utilise Cyberbullying Resources

Consider Products That Help You Monitor Online Activity:

- The best piece of monitoring software as voted for by TechRadar was Qustodio



Qustodio


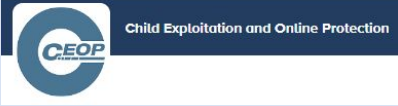

- Click below for a full list:

<https://www.techradar.com/best/best-parental-control-app-of-year>

Utilise Cyberbullying Resources:

- [StopBullying.gov: Tips For Parents and How To Prevent Cyberbullying](#)
- [KnowBullying Mobile App](#)
- [UNICEF: Cyberbullying and How to Stop It](#)
- [National Crime Prevention Council: Tips For Teens](#)

How can you report inappropriate content:

- Go to: www.reportharmfulcontent.com 
- If your child was sent inappropriate content by someone else, report that account to the social media platform
- If it is sexual content, report to: www.ceop.police.uk 
- You can report any harmful content to the police
- You can ring us for advice – please get in contact with your child’s Head of Year
- The Safer UK centre offers some great advice as well: 
<https://saferinternet.org.uk/online-issue/reporting#:~:text=Report%20to%20the%20correct%20place&text=If%20you%20want%20to%20report,reporting%20functions%20available%20to%20users>.

Any questions?