

## Health and Social Care (Triple Award) BTEC Level 3 National Diploma

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### **Key topics covered**

The following units are studied as part of Level 3 BTEC Health and Social Care Triple Award (equivalent to 3 A-Levels):

- Unit 1 Human Lifespan Development (exam)
- Unit 2 Working in Health and Social Care (exam)
- Unit 3 Anatomy and Physiology (exam)
- Unit 4 Enquiries into Current Research (exam)
- Unit 5 Meeting Individual Needs (coursework)
- Unit 6 Work Experience (practical/coursework)
- Unit 7 Principles of Safe Practice (coursework)
- Unit 8 Promoting Public Health (coursework)
- Unit 10 Sociological Perspectives (coursework)
- Unit 11 Psychological Perspectives (coursework)
- Unit 12 Supporting Individuals with Additional Needs (coursework)
- Unit 14 Physiological Disorders (coursework)

### Why Study the Subject/what students Like about it

# Recommended Textbook and/or resources

The following website is extremely useful in supporting your progress in Double Level 3 BTEC Health and Social Care:

#### https://www.tutor2u.net/hsc

However, there will be no requirement to buy any resources for this course. We provide any textbooks; knowledge books or revision guides you may need.

Health and Social Care encompasses the study of different sectors and providers that offer care and support to help meet service user's individual needs. The subject includes a breadth of different focal points within the field, in order to facilitate students understanding of the different aspects of working within this sector. This includes an understanding of anatomy and physiology, application of sociological concepts to a variety of settings, knowledge of the strategies used to support individuals with additional needs and an acquisition of 100 hours of work experience within a health, social care or early years' placement of the students choosing

"Studying Health and Social Care gave me the confidence and ability to achieve my dream career of becoming a social worker." (Former Y13 Student)

"Being given the opportunity to undertake 100 hours of work experience helped me to build my team-working, organisational and communication skills, through working within a high-pressure health care environment, I received guidance of experts within their field which I will transfer and utilise in my own future practice" (Former Y13 Student)

### **Opportunities outside the classroom**

As well as voluntary opportunities, students must engage in a minimum of 100 hours of work experience and complete an assignment based on this. This gives students to opportunity to gain real life experience and skills from professionals and settings that they can apply to their own practice.

In Y13, students are given the opportunity to visit the medicine section of the London Science Museum. Here, they explore the world's largest display dedicated to the story of medicine. This allows students to broaden their understanding of treatments for health disorders.

The Social Sciences Department has strong links with UEA, as well as other organisations, who deliver sessions on their specialisms and offer students advice on their future career pathways. This includes nursing, midwifery and social work within the local area.

### **Future progression/career routes**

Students who have studied Health and Social Care at Hellesdon Sixth Form have gone onto study and work in nursing, midwifery, physiotherapy, occupational therapy, school teaching, criminology, social work, mental health and many more NHS careers.

Phoebe (Distinction\*, Distinction\*, Distinction \*) – BSC – Adult Nursing – University of East Anglia

Alyssa (Distinction\*, Distinction\*, Distinction\*) – BSC Paediatric Nursing – University of East Anglia

