

## **APHS - Mental Health / Trauma / Attachment Training**

### **Erika Sperry – Mental Health Champion**

Mental Health First Aid Training

Mental Health Champion

Suicide and Self Harm Prevention Training.

Sarah Naish INSET

Domestic Abuse Change Champion Training

Emotional Regulation training

### **Rhi Boyd-Stephenson**

Mental Health First Aid course.

Mental Health First Aid course (adults)

Sarah Naish INSET

### **Ann-marie Thompson**

Mental Health First Aid course.

Sarah Naish INSET

### **Bal Tawana**

Parent Mental Health course.

Sarah NAISH INSET

### **Matt Hardman**

Sarah NAISH INSET

### **Kirsty Hardman**

Sarah Naish INSET

### **Kate Norman**

Mental Health First Aid

Introduction to Mindfulness

Leading a Mentally Healthy school

Sarah Naish INSET

### **Sarah Clarke**

ELSA trained TA

Mental Health First Aid

Anne Oakley TA INSET

### **Maria Somerton**

Mental Health First Aid

Anne Oakley TA INSET

### **Lisa Yarham**

Anne Oakley TA INSET

### **Joe Wilding**

Mental Health Awareness

### **Sara Watkins**

Level 4 Diploma in Counselling Theory and Skills