

Food assistance available in Norwich

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This list was updated in March 2019

If you are aware of anything on this list which is incorrect, please email us at info@thefeed.org.uk

Please note that we do not endorse any service included on this list. Use of these services is at your own discretion, we do not in any way verify the quality or availability of the services listed.

Monday

Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)

St Stephen's Church Café

Pay what you can afford, minimum charge £1 (10am to 4pm)

Norwich Soup Movement, Haymarket (8pm)

Salvation Army Soup Run, Haymarket (8.30pm)

Tuesday

Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)

Norwich Elim Church, Trory Street

Free breakfast and dinner (9.30am - 12.30pm)

St Stephen's Church Café Pay what you can, minimum £1. (10am to 4pm)

Oak Grove Chapel, 70 Catton Grove Road - Free hot meal (6-7.30pm)

People's Picnic, Haymarket (8pm)

Salvation Army Soup Run, Haymarket (8.30pm)

Russell Street Community Centre - Spud Club - Tuesday's in term time, 4:30 - 6pm. A meal for primary school aged children and parents.



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Wednesday

Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)

St Stephen's Church Café Pay what you can, minimum £1. (10am to 4pm)

New Hope Christian Centre, 2 Martineau Lane Light lunch (10am-2pm)

Harford Community Centre mostly cakes and bread rolls available to any local residents of Lakenham and Tuckswood who need them. (2.15-3.15pm)

Norwich Soup Movement, Haymarket (8pm)

Salvation Army Soup Run, Haymarket (8.30pm)

- 1st and 3rd Wednesday in conjunction with Soul Church.

Russell Street Community Centre - Noah's Boat - Toddler group on Wednesday's term time, 10 - 11:30. Includes tea and cake for parents and kids snack too.

Thursday

Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)

St Stephen's Church Café Pay what you can, minimum £1. (10am to 4pm)

Norwich Soup Movement, Haymarket (8pm) - Every other Thursday

Salvation Army Soup Run, Haymarket (8.30pm) - covered by volunteers from Norwich Eat

Food and Beverage Buggies (FABB) feed homeless people in doorways and on the streets of Norwich 7-9pm



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Friday

Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)

Gateway Vineyard/Alive! Church, Nelson Street (10.30am - 11.45am)
Hot breakfast 50p

Trinity United Reform Church, 1 Unthank Rd (City end)
Soup/bread (12.30pm - 1.30pm)

Soul Church, Café Soul, 4 Mason Road, NR6 6RF
Minibus service with 3 pickups;

- 12noon City Reach/Highwater House, opposite Toys R Us,
- 12:15 from YMCA Central on All Saints Green and
- 12:30 from Bishops Bridge House on Gas Hill. Free two course lunch. Shower and laundry facilities.

St Stephen's Church Café, (10am to 4pm) Pay what you can, minimum £1.

Society Alive Community café still runs every 1st and 3rd Fridays of every month (12.30-2.30) Clover Hill Village Hall, Humbleyard, Norwich, NR5 9BN

Food Cycle, Quaker Meeting House, Upper Goat Lane, NR2 1EW
Hot meal (7pm)

Salvation Army, Pottergate Arc (7.30pm - 9.30pm)
Free hot meal for rough sleepers only

Norwich Soup Movement, Haymarket (8pm)

Salvation Army Soup Run, Haymarket (8.30pm)

Saturday

The Welcome Wagon, breakfast food and drinks City Centre 6am

Russell Street Community Centre - Breakfast Club - every Saturday 10-11:30

St Stephen's Church Café, (10am-4pm) Pay what you can, minimum £1

Strands, City Saints in Action, St Augustine's Church Hall, St Augustine's Street - jacket potato with filling, £donation (4pm - 7pm)

Salvation Army Soup Run, Haymarket (8.30pm)

People's Picnic, Haymarket (8pm)

Society Alive Soup evening (4.30-6.30)
Clover Hill Village Hall, Humbleyard, Norwich, NR5 9BN



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Sunday

The Welcome Wagon, breakfast food and drinks City Centre 6am

People's Palace Café

Vauxhall Street, 26 Suffolk Square NR2 2AA (11am-2pm)

The Kings Centre, Kings St, NR1 1PH (2pm - 4pm)

Free hot meal, laundry and shower facilities

Anon Street Team, Haymarket (8pm) - Hot food

Salvation Army Soup Run, Haymarket (8.30pm)

Hebron Chapel, Haymarket - every other Sunday (8.30pm)

Other places

KindaKafe, The Missing Kind, Pay it Forward Scheme, 21 Castle Meadow

Anyone in need can ask a member of staff for a free hot drink or meal provided for by public donations. Three uses a week. Mon - Fri 10am -5pm

Namaste Village and Namaste India, Dosa on the Wall Scheme

Anyone who is hungry and has no money on them can take advantage of the free Dosa meal which has been partly donated for by the public and partly by the business. Go into one of the restaurants during opening times, take a voucher from the wall and collected your free Dosa meal.

Opening times

Namaste Village 130-139 Queens Road, Norwich

Tues, Wed, Thu	12:00pm to 2.30pm	5.30pm to 10.30pm
Fri, Sat	12:00pm to 2.30pm	5.30pm to 11.00pm
Sunday	12:00pm to 3.00pm	6.00pm to 10.30pm

Namaste India, 2A Opie St, Norwich

Tues - Sat	12.00am to 3.00pm	5.30pm to 11.00pm
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