

## How can we stay safe online?

### Websites for parents – information on internet safety

[Internet matters](#) - for support for parents and carers to keep their children safe online

[London Grid for Learning](#) - for support for parents and carers to keep their children safe online

[Net-aware](#) - for support for parents and careers from the NSPCC

[Parent info](#) - for support for parents and carers to keep their children safe online

[Thinkuknow](#) - for advice from the National Crime Agency to stay safe online

[UK Safer Internet Centre](#) - advice for parents and carers

<https://www.esafety-adviser.com/latest-newsletter/> - online safety magazine

<https://www.vodafone.co.uk/mobile/digital-parenting/five-apps> - Vodafone digital parenting – advice on apps that parents should be aware of

### Resources for students

<https://www.thinkuknow.co.uk/> - useful tips on how to stay safe online

<https://www.childnet.com/young-people/secondary/hot-topics> - top tips on all areas of internet safety

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/> - advice on what to do if you experience cyber bullying

Remember: if you need help with cyber bullying, please email: [pastoral@hellesdon.net](mailto:pastoral@hellesdon.net)

