

17th July 2020



Temporary PE Kit in September 2020

Dear Parent/Carer

Due to the adaptations we are making in PE in line with the Government's guidance, I have put together a temporary PE kit list to avoid parents purchasing equipment their child may grow out of if the current restrictions on certain activities are prolonged. I will review this on a monthly basis and share updates with you a week before the end of September and each month thereafter. It is hoped this will provide ample time to purchase additional items. However, it is advised to purchase all items of kit from the PE kit list, which can be found on the transition section of our website.

Understandably, due to the large numbers of students in a confined space, we will not be asking students to change for PE lessons. Instead, on days where PE lessons are on students' timetables, they will be required to attend school in their PE kit and remain in it for the day. For hygiene purposes, students are welcome to bring a spare PE top to change into in small groups (maximum of five at once) in the changing rooms at break or lunchtime. Students will not be able to change at the end of the lesson. Instead, students will have an 8 minute 'cooling off' period at the end of lessons before making their way to the next lesson. The mental, social and physical benefits of PE are vitally important to our students, but we must reduce the potential spread of the virus, so it is hoped we can gain your support for the temporary measures we are taking around changing. Please find the temporary PE kit list below:

- Normal Acle polo and top (from Stevenson's), navy shorts, Acle leggings (from Stevenson's) or navy skort
- Trainers and white or black socks
- Navy jogging bottoms to wear over shorts after lessons (if students wish to do so when dirty)
- Packet of baby wipes to clean legs, arms and hands when required

Studded footwear, shin pads, long navy socks and gum shields will not be required for September as we will be focusing on summer sport activities (this will be reviewed each month as we gain further guidance from National Governing Bodies). We will resume contact sports as soon as we are allowed to do so.

Year 10 and 11 students taking PE as an option subject will require studded footwear and shin pads. For these students we will continue to develop skills in isolation without application into contact matches in sports such as football, netball and rugby.

If you have any further questions, please contact me via email at nhurren@acle.norfolk.sch.uk

Yours sincerely

N Hurren

Mr N Hurren

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