Week 1

Monday

Tomato and Meatball Sub with Cheese
Or
Mac 'n' Cheese with Garlic Bread (v)
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Tuesday

Sri Lankan Chicken Curry with Steamed Rice
and Naan Bread
or
Sri Lankan Chickpea, Spinach & Sweet Potato Curry (vegan)
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Wednesday

Smokey BBQ Chicken & Bacon Melt with Herby Diced Potatoes and Peas
or
Smokey BBQ Quorn Fillet with Herby Diced Potatoes and Peas (v)
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Thursday

Spaghetti Carbonara with Garlic Bread
or
Spicy Bean Chilli with Shredded Salad Wrap (vegan)
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Friday

Battered Fish with Chunky Chips
Or
Vegetarian Sausage with Chunky Chips (Vegan)
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Week 2

Monday

Fragrant Keralan Chicken Curry with Rice
or
Fragrant Keralan Vegetable Curry with Rice (vegan)
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Tuesday

Spaghetti Bolognese with Garlic Flatbread
Or
Roasted Mediterranean Vegetable Wrap
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Wednesday

Cottage Pie with Seasonal Vegetables
Or
Vegetable Cottage Pie with Seasonal Vegetables
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Thursday

Swedish-Style Meatballs in Gravy with Steamed Rice
Or
Sweet Chilli Vegetables and Rice Noodles (vegan)
or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

Friday

Battered Fish with Chunky Chips
Or
Chips with Cheese & Beans
Or
Jacket Potato with either
Cheese or Baked Beans
***
Today's Dessert or Fruit Pot

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