



# E-Safety

For parents of Y6/Y7 students

# The internet is an amazing and very useful place:



Finding things out



Blogs



Music



Video



Chatting



News



Games



Creating



E-safety

It can be a very positive place and even inspiring! But below are some of the ways in which your children could be communicating with people...



XBOX LIVE

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**CEOP clip:**

<https://www.youtube.com/watch?v=hK5OeGeudBM>

- ▶ **Did anything surprise you from the video?**

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# Simple steps to stay safe for children:

- ▶ Never communicate with anyone you don't know
- ▶ If someone asks you for personal details – THINK!!! Do not give these out!
- ▶ Never post things on the internet you wouldn't mind being shared with the whole world
- ▶ NEVER arrange to meet anyone who contacts you on the internet
- ▶ Never share passwords with anyone other than your parents
- ▶ Be honest with your parents about what you are doing online
- ▶ Share any concerns with an adult

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# Be SMART online:

**Safe**  
**Meet**  
**Accepting**  
**Reliable**  
**Tell**

- ▶ Keep your personal info **SAFE**
- ▶ Friends made online are **STRANGERS**; **MEET**ing them can be dangerous
- ▶ **ACCEPTING** files can be dangerous. If unsure, ask an adult!
- ▶ Not everyone or everything online is **RELIABLE** or trustworthy
- ▶ Always **TELL** an adult if something online upsets or worries you



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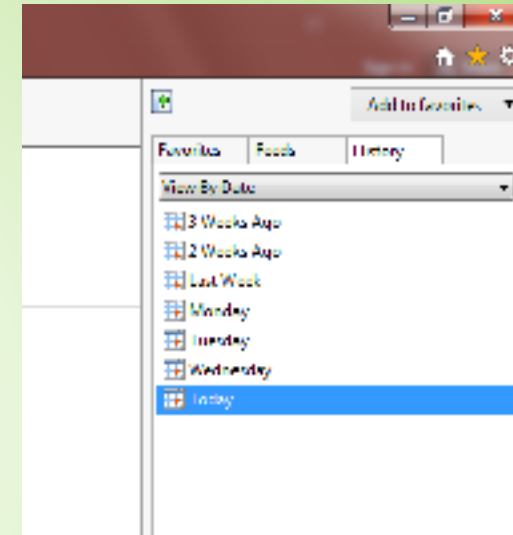
# Simple steps to keep your children safe:

- ▶ Talk to your child about the dangers of the internet – agree safe rules
- ▶ Have computers/laptops in communal rooms in the house
- ▶ Set time limits on using the computer
- ▶ When charging devices up over night do this in communal rooms
- ▶ Have the passwords to your child's accounts and agree that you will access and check them randomly
- ▶ Know the rules of accounts – E.g. Aged 14 for Facebook.
- ▶ Know how to use parental settings on browsers (if you disconnect and then reconnect your wi-fi, it should ask you to set this up via your browser)
- ▶ Monitor their usage closely and watch for changes in behaviour

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# Simple steps to keep your children safe:

- ▶ Check you child's browser history:
- ▶ Make sure you know who your child is sharing their info with:
- ▶ Also, who are you sharing things with?!



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Just for fun!

Do you know these slang terms?

## WARNING FLAGS

### 19. THIRSTY

Being desperate for something

### 20. DOWN IN THE DM

Short for plans in their social media or texts for an oncoming sexual hook-up

### 21. SMASH

To have casual sex

### 22. 9

Short for "A parent is watching!"

### 23. NETFLIX 'N CHILL

To meet under the pretense of watching Netflix/TV together when actually planning to meet for "making out" or sex

### 24. NIFOC

Acronym for "Naked in front of their computer"

### 25. CU46

Acronym for "See you for sex"

### 26. GNOC

Acronym for "Get naked on camera!"

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# Where to go for help:

- ▶ **CEOP: Child Exploitation and Online Protection Command**
- ▶ **Click the REPORT ABUSE button!**
- ▶ **Inform the local police (Take screenshots)**
- ▶ **We can also refer anything to our school's PCSO**



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## Contact details:

- ▶ If you have any queries or concerns, please feel free to email me:

[lfrary@acle.norfolk.sch.uk](mailto:lfrary@acle.norfolk.sch.uk)

**Miss L Frary – SENDCo/ Teacher of ICT**



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The logo features the word 'E-safety' written vertically in a stylized, black, hand-drawn font. The letter 'e' is replaced by a blue sphere with a yellow and orange orbital ring around it, resembling a planet or a data point.