

March 2021

Dear Parents and Carers

You will be aware that, as a part of your child's educational experience at Acle Academy we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education through our Character and Culture lessons and curriculum. As of September 2020, RSHE is now part of the statutory curriculum for schools to provide. This programme gives young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future. This is part of our school's CC curriculum, and education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. For more detail about our CC curriculum offer, please visit the school's website, where the curriculum map is available.

I am writing to let you know that, over spring and summer term, your child's class will be taking part in lessons which will focus on Relationships and Sex Education (RSE). In year 7 the curriculum and lessons are focused around healthy and unhealthy relationships, different types of families, managing online relationships. We will build on the KS2 curriculum where students will have been introduced to key facts about puberty and the adolescent body, exploring the changing body, including menstruation and puberty, hygiene, self-esteem and consent. This will link with and underpin future learning about the main changes and the implications for emotional and physical health, in relation to topics such as self-esteem, body image, impact of social media.

All teaching in CC will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world. If you would like any more information or to view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home, please do contact the school (cskar@acle.norfolk.sch.uk). As a school community, we are committed to working in partnership with parents.

Yours sincerely



Ms C Skarin
Assistant Principal for Personal Development

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FOR CHILDREN, FAMILIES AND COMMUNITIES