



Lodge Lane Infant School
Lodge Lane, Old Catton, Norwich
Norfolk NR6 7HL
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25th March 2021

Dear Parents and Carers

It seems hard to believe that we are at the end of another term, a very unusual one I have to admit, but we got there! It has been great having all of the children back in school these past three weeks and I hope that they have enjoyed it too – they certainly seem happy coming through the gate in the mornings and have responded well to the activities and discussions that we have put in place to help ease them back in. Our rainbow is almost complete and we are looking forward to the parade and singing on Friday to finish the project. Don't forget that your child can dress up in a rainbow colour tomorrow – all one colour is best but don't worry if you can't manage this!

As you know we have put the focus on children's well-being and they have enjoyed having the time to reconnect with friends, staff and school, without having the pressure of assessments and a very busy and rigid timetable. We have discussed how we are going to move forward next term in a way that won't undo all the good that has been done, but at the same time will help build their independence, their stamina for learning and their knowledge and skills. All of the arrangements that are currently in place such as start and finish times, lunch, bookbags etc, will still be in place for the summer term.

There is a new menu starting after Easter and the menu is attached for your reference.

PE sessions will continue every day so please make sure your child is appropriately dressed for this and remember that long hair needs to be tied back and earrings removed or covered.

We are going to continue with a less rigid and less busy curriculum as we feel that the children are benefitting from this and some of them are still struggling with adapting to being back at school.

In line with the well-being approach, we have introduced a hand model of the brain to the children to help them understand the way the brain works and what happens when we 'flip our lids.' This is what happens when 'the animal part' of our brain takes over and 'our lid' or thinking part of our brain becomes disconnected and we lose control. They have been practising with this model in the last two weeks and we want to share it with you so that if they use it at home, you know what they are talking about. It is called 'flipping your lid' and I have attached a document to explain it to you. If you would like more information about

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this, please ask us and we can show you how we have explained it to the children. You could also watch the following clip on Youtube:
<https://www.youtube.com/watch?v=so8QN9an3t8> , to get an understanding of how we are teaching the children to cope with their big feelings.

This is something that we want to become embedded practice in all of the Wensum Trust schools, alongside children being able to name and describe a range of emotions and building a bank of strategies for managing them.

School closes on Friday 26th March for the Easter break and opens again on Monday 12th April. Please continue to email me if your child tests positive for Covid-19 during the holiday.

As always, thank you for supporting us by following all of our 'rules' – have a Happy Easter break and I look forward to seeing you all again at the start of next term.

Best wishes

Beccy

Rebecca Dewing
Headteacher

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