



Fresh Ideas Feeding Minds

Spring / Summer

Menu 2021

Introducing our Spring/Summer School Lunch Menu, offering high quality, varied dishes using local and seasonal ingredients where possible. These dishes have been created by our Menu Development Team to allow a flexible approach to eating a school lunch; whether that is in the dining room, in the classroom or even in an outside space!

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from **East Anglian** suppliers. We use wholewheat flour in our bread and pastry recipes!

A full allergen list for this menu can be found on our website -

www.norsecatering.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

Safety is of upmost importance when providing a nutritious meal for your child. Please be assured, **enhanced measures and risk assessments** are in place in all of our kitchens in line with Public Health England and Food Standards Agency guidelines.

If you think your child/children may be eligible for free school meals visit

www.gov.uk/apply-free-school-meals



Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Sausage in a Roll <i>or</i> (v) Vegetarian Sausage Jacket Wedges Vegetable Batons Flapjack	Cheese <i>or</i> Egg Mayo Sandwich Vegetable Batons	Cheese <i>or</i> Tuna Mayo Roll Vegetable Batons	Cheese <i>or</i> Ham Sandwich Vegetable Batons	Breaded Fish Fingers <i>or</i> (v) Vegetable Goujons Chips Vegetable Batons Shortbread with a Melon Wedge
Packed Lunch Option	Cheese <i>or</i> Ham Sandwich Vegetable Batons Fruit Bag Popcorn Flapjack	Fruit Bag Sultana Bag Fresh Fruit Salad	Fruit Bag Popcorn Beetroot Brownie	Fruit Bag Sultana Bag Dinky Doughnuts	Cheese and Tomato Pasta Pot Vegetable Batons Fruit Bag Popcorn Shortbread with a Melon Wedge

Week One: 12 Apr / 3 May / 24 May / 21 Jun / 12 Jul / 13 Sept / 4 Oct

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Margherita Pizza New Potatoes Vegetable Batons Oaty Bar with Orange Wedges	Cheese <i>or</i> Egg Mayo Sandwich Vegetable Batons	Cheese <i>or</i> Tuna Mayo Roll Vegetable Batons	Cheese <i>or</i> Ham Sandwich Vegetable Batons	Breaded Fish Fingers <i>or</i> (v) Vegetable Goujons Chips Vegetable Batons Fruit Jelly
Packed Lunch Option	Cheese <i>or</i> Ham Sandwich Vegetable Batons Fruit Bag Popcorn Oaty Bar	Fruit Bag Sultana Bag Lemon Cupcake	Fruit Bag Popcorn Toffee Cream Shortbread <i>new</i>	Fruit Bag Sultana Bag Fresh Fruit Salad	Cheese and Tomato Pasta Pot Vegetable Batons Fruit Bag Popcorn Fruit Jelly

Week Two: 19 Apr / 10 May / 7 Jun / 28 Jun / 19 Jul / 20 Sept / 11 Oct

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Breaded Chicken with BBQ Sauce in a Wrap <i>or</i> (v) Vegetable Goujons Potato Wedges Vegetable Batons Fresh Fruit Salad	Cheese <i>or</i> Egg Mayo Sandwich Vegetable Batons	Cheese <i>or</i> Tuna Mayo Roll Vegetable Batons	Cheese <i>or</i> Ham Sandwich Vegetable Batons	Breaded Fish Fingers <i>or</i> (v) Vegetable Goujons Chips Vegetable Batons Cherry Bakewell Cupcake <i>new</i>
Packed Lunch Option	Cheese <i>or</i> Ham Sandwich Vegetable Batons Fruit Bag Popcorn Fresh Fruit Salad	Fruit Bag Sultana Bag Ice Cream Tub	Fruit Bag Popcorn Flapjack with Apple Wedges	Fruit Bag Sultana Bag Cocoa Krispie Bar	Cheese and Tomato Pasta Pot Vegetable Batons Fruit Bag Popcorn Cherry Bakewell Cupcake <i>new</i>

Week Three: 26 Apr / 17 May / 14 Jun / 5 Jul / 6 Sept / 27 Sept / 18 Oct