

We need your help- ACLE PTA

Currently, we do not have a Parent Teacher Association to support the work of the school. We would desperately love to have a thriving PTA to help support the wonderful ideas the students have for school improvement. We know that life is very busy and that committing to a PTA may seem like a daunting experience and drain on your precious time. However, we also know that many of your children would love the chance to explore their ideas and concepts with the support of a PTA. If you feel you could contribute to a PTA we would love to hear from you. Your commitment could be as little or as much as you like. If you would like to register your offer of help, please email info@acle.norfolk.sch.uk



Emotion Coaching Champions

Last Week our Emotion Coaching Champions were visited by Dr Sarah Modi from Emotion Coaching Uk. Students took part in a workshop led by Dr Sarah Modi, and completed a number of activities including; discussions using a feelings wheel, creating their own comic strips depicting the 'fight, flight and freeze response' and discussing self-regulation.

In her internet blog, Dr Sarah Modi commented:

"I was blown away by the students' engagement and kindness that I observed! Students shared their reasons for wanting to engage in this role in school, which ranged from wanting to give something back to the community, genuinely wanting to help others, including their friends and family, whilst also sharing personal stories related to their own relatives' experiences of mental health challenges."

Congratulations to all our Emotion Coaching Champions!

Determination from the running club

The running club have been working on the couch to 5k initiative and have shown some excellent determination and resilience. This week they battled muddy fields and the rain and kept on going! Even the distraction of Miss Burdett falling in the mud did not deter them from their course. The running club have entered the Dinsoaur 5K trail on the 23rd July. We wish them lots of success with their adventure and thank you to Ms Skarin for inspiring the group every Tuesday.



The Big Norfolk Holiday Programme

After a successful Easter programme the Big Norfolk Holiday Fun is back for summer.

There is a fantastic range of activities for 5-16 year olds taking place this summer during the holidays, and the full programme is available online to book.

The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a free nutritious meal each day.

This opportunity is provided as part of the government's Holiday Activities and Food (HAF) programme being delivered across Norfolk by Norfolk County Council in partnership with Active Norfolk.

Booking can be done in 3 simple steps

1. Parents should visit - www.activenorfolk.org/getmycode to register and receive their Big Norfolk Holiday Fun booking code
2. You can check out all the fun activities here www.norfolk.gov.uk/holidayactivities and decide which ones they'd like to book
3. Parents need their booking code to hand and click on the links provided for their chosen activity. Using their booking code will ensure that the activities will be completely free of charge.

Please remember that the free holiday activities are likely to be popular and we really don't want families to miss out! **Securing a code does not guarantee a place on activities and places are booked on a first come first served basis.**

If you have any questions please get in touch at BNHF@norfolk.gov.uk.

Summer Concert

Despite the rain, Mrs Taylor took a group of our wonderful musicians in KS3 to perform a mini concert for Reedham and Acle Primary School this week. It was a fantastic showcase of our students' musical talent which has inspired many younger students in our feeder schools. Thank you to all students who took part and represented the school so well.

Year 10 Sports Leaders

Congratulations to our Year 10 Sports Leaders who ran a two day event for Acle Primary School this week. Our Sports Leaders showed excellent organisational and leadership skills as they coached younger students through a variety of activities. A great two days was had by all and thank you to Miss Richards for her organisation of a fantastic event.

Netball Success

Year 8 Netball VS Ormiston Venture (16/06/21)

On a hot and sunny Wednesday the Year 8 netball squad made the short journey over to Ormiston Venture to play their first match of the year. We won first centre and started the match as we meant to go on. Quick passing from our captain, Amelia, down the court enabled us to score within the first 30 seconds of the game. Ellen and Keira worked really well as a dynamic duo in GS and GA ending the first quarter 3-0 up.

In the second quarter, Melissa came on as GS and in quick succession scored 2 goals for Acle. A fantastic debut for Melissa playing for the year above. Unfortunately, we then allowed Venture some room to move the ball back down to their end to score 2 goals. Marjorie battled hard to win the ball and get it back down to our end.



During the third and final quarter the team showed great resilience and teamwork, working together to defend our D and allow our shooters to secure another 2 goals. The final score was 7-4 to Acle which reflected the hard work and effort each player put in. Well done, girls!

Home Testing

Please could students who are taking part in the testing programme continue to test twice-weekly. In a recent meeting with Public Health for England they stated that 60% of confirmed covid cases in Norfolk are in the 11-18 age bracket. Please remember to log results on the NHS test and trace website and on the school form which can be found [here](#) or on our website. If your child tests positive on an LFD home test kit, please arrange for a PCR test as soon as possible and contact the school. If your child tests positive please notify Mrs Watts at hwatts@acle.norfolk.sch.uk or ring the out of hours Covid hotline - **07721 332592**.

Dates for the diary

Sports day - Wednesday 7th July

Awards afternoon - Students only- Thursday 15th July

Sponsored Walk - Friday 16th July

Rewards trip - Monday 19th July

Year 11 Prom - Tuesday 20th July

Last day of school - Wednesday 21st July – **1pm finish**

Peer Readers

This week our Year 9 and 10 Peer readers enjoyed some Phonics Training from Heather Avenue Infant School. They learnt lots of techniques to help support their peers with breaking down tricky words.

Water bottles

As the weather starts to warm up please can we remind students to bring water bottles to school.