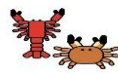




Week 1	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Chicken Fillet with Katsu Curry Sauce	✓	✓											✓	
(v) Quorn Fillet with Katsu Curry Sauce	✓	✓		✓									✓	
Steamed Rice														
Naan Bread		✓												
(v) Mac 'n' Cheese with Crispy Onions and Rocket		✓					✓							
Beetroot Brownie		✓		✓										
Tuesday														
Bolognese														
(v) Vegemince Bolognese													✓	
Spaghetti		✓												
Homemade Garlic Bread		✓												
Jerk Chicken Pitta with Rainbow Salad		✓							✓					✓
Fresh Fruit Selection														
Wednesday														
Roast Pork														
Sage and Onion Stuffing		✓												
(v) Lentil Roast				✓			✓							
Creamy Mash														
Gravy														
VEGAN Moroccan Vegetable Tagine with Couscous		✓												✓
Apple and Peach Crunch		✓												
Custard							✓							
Thursday														
Hoisin Chicken and Vegetables													✓	
VEGAN Hoisin Vegetables													✓	
Rice Noodles														
Homemade Pork and Apple Burger with Sage and Onion Stuffing		✓												
Fresh Fruit Selection														
Friday														
Battered Fish		✓			✓									
(v) Red Onion Quiche		✓		✓			✓							
Chunky Chips														
Mushy Peas														
Beans														
Sweet and Sour Chicken		✓												
Rice														
Forest Fruit Cheesecake		✓		✓			✓						✓	

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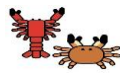
Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within kitchens, we are unable to guarantee a 100% allergen free environment



Week 2	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Sri Lankan Chicken Curry														✓
VEGAN Sri Lankan Chickpea, Spinach and Sweet Potato Curry														✓
Steamed Rice														
Naan Bread		✓												
Homemade BBQ Pulled Pork with Slaw in a Bap		✓		✓					✓					
Orange Cheesecake Mousse		✓					✓						✓	
Tuesday														
Beef Fajita		✓							✓					
(v) Quorn Fajita		✓		✓					✓					
Mexican Rice														
Pasta Carbonara		✓					✓							
Fresh Fruit Selection														
Wednesday														
Chicken and Ham Pie		✓		✓			✓							
(v) Vegetable Wellington		✓		✓			✓							
Creamy Mash														
Veg-Packed Paella with Flaked Salmon					✓									
Winter Fruit Crumble		✓												
Custard							✓							
Thursday														
Smokey BBQ Chicken		✓												
VEGAN Homemade BBQ Vegeballs		✓											✓	
Herby Diced Potatoes		✓												
VEGAN Kung Pao Vegetables													✓	
Rice Noodles														
Fresh Fruit Selection														
Friday														
Battered Fish		✓			✓									
(v) Five Bean Burger														✓
Chunky Chips														
Mushy Peas														
Beans														
Tandoori Chicken	✓													
Pitta Bread		✓												
Shredded Salad														
Lemon Curd Muffin		✓		✓			✓							

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Week 3	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Chicken Tikka Curry							✓						✓	
(v) Quorn Tikka Curry				✓			✓						✓	
Steamed Rice														
Naan Bread		✓												
(v) Tomato and Basil Pasta with Mozzarella		✓					✓							
Lemon Cheesecake		✓					✓							
Tuesday														
Beef Lasagne		✓					✓							
(v) Vegetarian Lasagne		✓					✓							
Homemade Garlic Dough Balls		✓												
Chicken Shawarma Flatbread with Rainbow Salad		✓		✓										
Fresh Fruit Selection														
Wednesday														
Roast Gammon									✓					✓
(v) Stuffed Peppers		✓					✓							
New Potatoes														
VEGAN Five Bean Chilli														
Rice														
Apple and Berry Slice		✓		✓										
Custard							✓							
Thursday														
Sweet Chilli Chicken														
VEGAN Sweet Chilli Vegetables														
Rice Noodles														
Pork Sausage		✓												✓
Creamy Mash														
Onion Gravy														
Fresh Fruit Selection														
Friday														
Battered Fish		✓			✓									
(v) Sweet Potato and Vegetable Fritter														
Chunky Chips														
Mushy Peas														
Beans														
VEGAN Falafel and Hummus Wrap with Shredded Salad		✓												
Black Cherry Brownie		✓		✓										

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