Tackel Polato Menu ***

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese, Cheese and Beans,				
Beans, Tuna Mayo, Tuna				
Mayo and Cheese or				
Tuna Mayo and Beans				
Salad or Vegetables				
of the Day				
Jambuster Muffin	Cocoa	Oaty Apple Crunch	Jelly	Fresh Fruit
	Shortbread	with Custard	with Fruit	Selection

Week One: 1 Nov / 22 Nov / 13 Dec / 17 Jan / 7 Feb / 7 Mar / 28 Mar

Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese, Cheese and Beans,	Cheese, Cheese and Beans,	Cheese, Cheese and Beans,	Cheese, Cheese and Beans,	Cheese, Cheese and Beans,
Beans, Tuna Mayo, Tuna	Beans, Tuna Mayo, Tuna	Beans, Tuna Mayo, Tuna	Beans, Tuna Mayo, Tuna	Beans, Tuna Mayo, Tuna
Mayo and Cheese or	Mayo and Cheese or	Mayo and Cheese or	Mayo and Cheese or	Mayo and Cheese or
Tuna Mayo and Beans	Tuna Mayo and Beans	Tuna Mayo and Beans	Tuna Mayo and Beans	Tuna Mayo and Beans
Salad or Vegetables	Salad or Vegetables	Salad or Vegetables	Salad or Vegetables	Salad or Vegetables
of the Day	of the Day	of the Day	of the Day	of the Day
Flapjack with Apple Wedges	Fresh Fruit Selection	Pear and Ginger Sponge with Custard	Cornflake Tart	Lemon Cupcake

Week Two: 8 Nov / 29 Nov / 3 Jan / 24 Jan / 21 Feb / 14 Mar

Three

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese, Cheese and Beans,				
Beans, Tuna Mayo, Tuna				
Mayo and Cheese or				
Tuna Mayo and Beans				
Salad or Vegetables				
of the Day				
Ice Cream	Chewy Krispie Bar	Fresh	Cocoa Pudding	Autumn
Tub	with Orange Wedges	Fruit Selection	with Cocoa Sauce	Feast Muffin

Week Three: 15 Nov / 6 Dec / 10 Jan / 31 Jan / 28 Feb / 21 Mar



