

8th November 2021



The RAP Foundation
Parent Invitation for a WORKSHOP
Sex, Likes and Social Media. Talking to Teens in the Digital Age

On Monday 15th November we are very excited to invite in Allison Havey, CEO of the RAP Foundation and co-founder of The RAP Project (Raising Awareness and Prevention) to our school. RAP is an organisation delivering RSE and Sexual citizenship workshops to pupils, parents, and teachers in over 260 schools throughout the UK and abroad. Allison is a former international TV news journalist and have worked with the RAP project since it was established in 2012 and we are very lucky to have managed to secure a workshop with the organisation. Their core messages are that students aged 11-18 should know the legal definitions of sexual offenses; practice 'Mutual Respect and Mutual Consent' and understand how social media and online porn influence attitudes, expectations, and body image- all in an **age-appropriate manner**.

*We are very excited to be able to **invite parents, for an information evening**, which Allison will be providing, on the evening of **Monday 15th of November at 6pm**, where she will be talking about, Sex, Likes and Social Media, Talking to Teens in the Digital Age.*

On Monday the 15th November Allison will be delivering 2 workshops during the day to students in year 9, 10, and 11.

Year 9 students; **Altered, Airbrushed and Unrealistic** - This presentation addresses body image issues experienced by both young men and women. Exploring questions such as, *How does 24/7 access to social media, advertising and the Internet affect their self-esteem and body image? Why is this generation compelled to send selfies? How 'real' is this kind of communication?*

Year 10-11 students; **Social Skills for Life** - This talk covers the same issues as above, but in a much more mature voice. Students become sexually active at various ages, some presently, or wait until university or marriage. But whatever the case, their social scene is becoming more complicated and sophisticated. We explore how online pornography is distorting sexuality, consent and body image. Body image is a big issue for both sexes and we have the statistics and advice on how to be kinder to yourself and to each other. Students will learn about sexting, laws around sex crimes and what to do if one is a victim of a sexual assault is included. We share our Motto, "Mutual Respect and Mutual Consent."

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We really hope that you can join us in the evening on Monday the 15th November. We are fortunate to be able to provide this workshop with the RAP project which covers important information for parents which is why we have decided to go ahead with this live event. We appreciate that we have made the decision for our Year 10 parents' evening to remain a virtual event, but the driving factor for that decision is to protect our work force and wider local community as it would involve more direct mixing rather than a seated event. Social distancing seating will be in place and we would encourage parents who wish to wear a mask to do so.

If you have any questions, please feel free to email myself cskarin@acle.norfolk.sch.uk

Kind Regards



Mrs C Skarin
Assistant Principal for Personal Development

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