

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 Donate to your local food bank	2 Donate a Christmas gift to the local homeless shelter	3 Litter pick around the school	4 Help a family member with a chore
5 Help at home with the shopping	6 Encourage someone	7 Write a thank you letter	8 Hand make a Christmas decoration	9 Give your friend a hug	10 Make friends with someone new	11 Tidy your bedroom!
12 Donate old books/ toys to a charity	13 Open the door for another person	14 Leave a happy note for someone to find	15 Think of someone who has shown courage and tell them how much you admire them	16 Say thank you to someone who has helped you	17 Find out something new about someone	18 Cook a family meal
19 Help someone wrap their presents	20 Hand deliver cards to friends & family	21 Phone or video call a friend or relative you have not seen for a while	22 Smile at everyone you see today	23 Share with a friend something helpful you have learned today	24 Have a lovely day with your family	25 Merry Christmas and a Happy New Year