

Alderman Peel High School - Learning to make the difference!

# News @ Peel

Spring 2022



[www.aldermanpeel.norfolk.sch.uk](http://www.aldermanpeel.norfolk.sch.uk)



## Welcome to the Spring Term edition of our Newsletter.

It really feels like we are getting back to some normality, and it is great! Students (and staff) are working incredibly hard in lessons, our impressive programme of extra-curricular activities are very well attended, we have competitions and matches against other schools again, our recent STEM day was a huge success as was our recent Citizenship Day.

I could not be more impressed by how staff have adjusted to all the different challenges and ever-changing situations over the past two years. They have changed schemes of work, examination content, moved between teaching online and at school (at the same time on many occasions), supported

children back into school, helped them to return to our pre-covid expectations regarding uniform and behaviour and supporting them with their learning just to name a few. I am proud to work with such an incredibly gifted team of staff.



## FIVE WAYS TO WELLBEING



**CONNECT**

TALK & LISTEN,  
BE THERE,  
FEEL CONNECTED



**Give**

Your time,  
your words,  
your presence



**TAKE  
NOTICE**

REMEMBER  
THE SIMPLE  
THINGS THAT  
GIVE YOU JOY



**KEEP  
LEARNING**

EMBRACE NEW  
EXPERIENCES,  
SEE OPPORTUNITIES,  
SURPRISE YOURSELF



**BE  
ACTIVE**

DO WHAT YOU CAN,  
ENJOY WHAT YOU DO,  
MOVE YOUR MOOD

**INTRODUCE THESE FIVE SIMPLE STRATEGIES INTO YOUR LIFE AND YOU WILL FEEL THE BENEFITS.**

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I would also like to thank our school Governors and the Wensum Trust Central team for their continued support over the past few weeks.

Thank you all for your continued support too.

Alastair Ogle  
Principal

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## Everybody's Talking About Jamie

On Friday 4th March Y9 MAGT and Rising Star students accompanied by Miss Beech, Miss Cowell and Mrs Kelly to enjoy an evening of dinner and the theatre watching the smash hit Everybody's Talking About Jamie starring Leighton Williams and Shane Ritchie. The set was incredible and the musical itself was uplifting with its message that being yourself is so important. This is the first sole Year 9 trip we with a few students never having set foot in a large scale theatre, therefore it was a fantastic experience for everyone to share together.



## School of Rock @ Norwich Theatre Royal

On Friday 18th March a selection of MAGT Y9 and GCSE Music and Drama students went to Norwich Theatre Royal to see the energetic and sell out show School of Rock! Many of us were pleased to find out that it followed the film version very closely which allowed us to sing along and anticipate the action in front of us. All 42 of us were on our feet clapping away at the end, also leaving us in awe of the talent of the young actors and musicians in front of us, the perfect way to end the week and spend time together as a group.

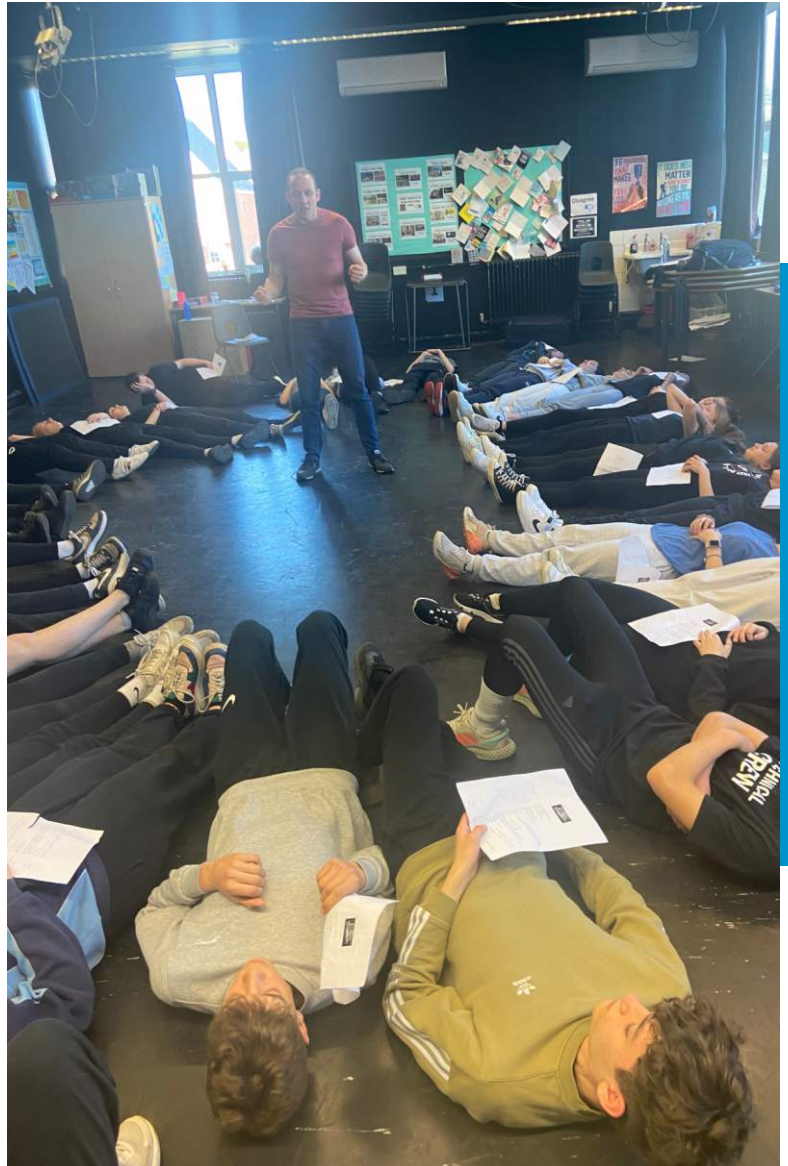




## Open Mic @ Wells Maltings

On the evening of the 1st March, MAGT Expressive Arts students took part in the monthly Open Mic talent showcase at The Wells Maltings. Having been invited down by the organisers, we were keen to showcase some of our best singers and musicians at the event, along with some teacher cameos. Olga B and Evie H sung beautiful solos accompanied by Aedan A, Max B, Jemima and Miss Cowell sung the Goo Goo Dolls' infamous Iris with Miss Beech joining for the Kings of Leon's Use Somebody. Sonny M played a brilliant guitar solo and Jonah R and Shayla S sung in harmony for Oasis' Half the World Away. Lastly, the Y11 band, dubbed 'The Wells Six' on the night, performed a well-received version of Nirvana's classic Smells like Teen Spirit. It was fantastic for everyone to play in front of a large, yet friendly audience which included many parents and locals; something we have missed over the course of the pandemic. Proving popular, we have been invited back for the next school term Open Mic and are in the midst of planning a set list, so watch this space and hope you can join us down at The Maltings for a great evening in May!





## West End Blood Brothers Workshop

On Thursday 10th March, Mike Southern from acclaimed company Stage Ed led Year 10 and 11 GCSE Drama students on a full day workshop experience of the play Blood Brothers. Students took away great knowledge on their set text through exploring and acting out scenes together, working alongside the soundtrack and even learning how to speak with a scouse accent; however none could quite match up to Mike's!

The day allowed students to have a retelling of the story and understand even further the social, historical, cultural and economic context of the Willy Russell classic. Mike Southern had played the character of Sammy for 10 years in the West End and for one year with the touring cast, although he did say he still gets called to understudy every now and again! His passion really translated onto the students and feedback to Miss Beech was that it was an invaluable day of learning and fun.

## KS4 MAGT Drama Presents... Teachers!

By the time you read this, the performance of Teachers! by 16 of our most enthused KS4 actors would have taken place in the school hall on 22nd and 23rd of March. Pictures and reviews will follow in the next addition of the school newsletter. Miss Beech would like to take this opportunity to thank the cast, Miss Cowell and Mr Frohawk for their help and support in staging this production.

English have once again had a busy time with our learners still juggling learning with C19.

Our year 7s were being creative, with some wonderful stories being written in either the past or present tense. We were overwhelmed with some of their stories (some of which we have included for your enjoyment.) They are now looking into the non-fiction articles of the 19th century - an area often in the shadow of the more well-known literary texts of the time.

Year 8s started off getting stuck into the gritty drama of 'A Speckled Band', following the footsteps of super sleuth, Sherlock Holmes. They've now turned their focus to being persuasive in their speeches and essays, learning about famous speeches including Martin Luther King's 'I have a dream' and JFK's 1962 speech about their ambition of exploring space and the moon. To finish off, they will be writing a persuasive letter, so be prepared for them practising their skills in ethos, logos and especially pathos!

Year 9s had a heavy start to the New Year with learning about Romantic poets (most of whom are not very romantic at all!) This tone has now lightened as they are reading novel(s) of their own choice and they will be making a presentation to their class to summarise characters, scenes, tone and drama that the writer has created.

For our key stage 4 pupils, the tone has been heavier still, with year 10s having mocks on language paper 1 question 5, in which they had to write a creative story, using a past exam paper. They also had mock questions on 'An Inspector Calls' and 'A Christmas Carol'. They now have their results and we look forward to them building their skills and knowledge from here.

If you have a child in year 10, please remember that we sell revision guides and workbooks for all the texts we study, as well as workbooks on the two GCSE English language papers we prepare them for. These can be bought on Scopay, then your young person needs to collect their order from Mrs Hagag in the library.

Year 11s are in the final rundown to their exam season – revision is in full swing in all lessons, as we review the areas of the question papers that need to be tightened. They will soon receive their mock grades – this will further aid their planning of revision. If, at any point, you would like to discuss strategies or ask for guidance, please either email myself or your young person's English teacher – we will be more than happy to chat or email you with advice and guidance.

## YHA Edale – Alex Rider Mission

English is often the Achilles' heel of many; it can be a huge challenge to some pupils to find the confidence to put their hand up with so many other characters in the class. As a result, they feel they go unseen and unheard.

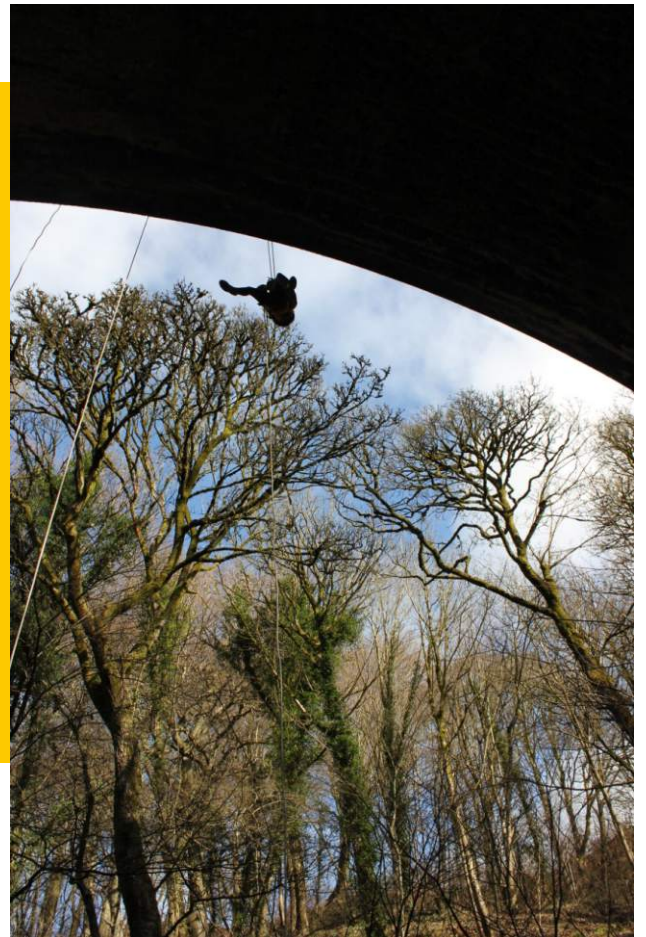
We decided to take a group of pupils who – with some time away – we hope will see that actually, you can find the confidence to have a go ....and it's ok to be fearful of situation. By encouraging them to participate in a range of activities, alongside engaging with a book, its characters, writing daily to reflect on their emotions on the day's foci, we saw 19 individuals become one group together.

For some it was their first time away from home for more than one night; sharing a room with people they didn't know, being paired up in a squashed minibus next to another pupil they might have seen and not known, eating in front of others, talking to staff, encouraging each other irrelevant of how they felt towards them, working as a team, keeping an eye out on each other and for each other. Adventurous activities included a leap of faith, canoeing (and splashing!), weaselling, archery, code breaking, orienteering in the dark, fire lighting and all of this was started with a very wet, windy and dark walk on the low slopes of Kinder Scout ridge.

## A (late) Christmas Carol

Due to the many limitations of travel to see productions of our GCSE texts over the past two years, we were able to apply the 'where there's a will, there's a way'; lo and behold – the Quantum Theatre company visited us in February and presented an hour long production of our KS4's 19th century GCSE literature text.

The talented trio performed a plethora of roles to enhance the understanding of the novella, helping them to remember plot lines and key quotes.



## RAF STEM Y8 Workshop: Construction Challenge

On Monday 14<sup>th</sup> March, Year 8 took part in a 'Construction Challenge' workshop run by RAF Marham STEM Ambassadors, Sergeant Andrea, Flight Sergeant 'Scotty' and Sergeant Alex. The students loved using the giant Meccano equipment to create constructions within set parameters. The 2 hour workshop required lots of teamwork, time management, creativity and problem solving – all key employability skills!



## RAF STEM Y9 Workshop: Principles of Flight

On Thursday 10<sup>th</sup> February, 50 Year 9 students took part in a 'Principles of Flight' workshop run by RAF Marham STEM Ambassadors, Warrant Officer Mo and Aircraft Technician James.

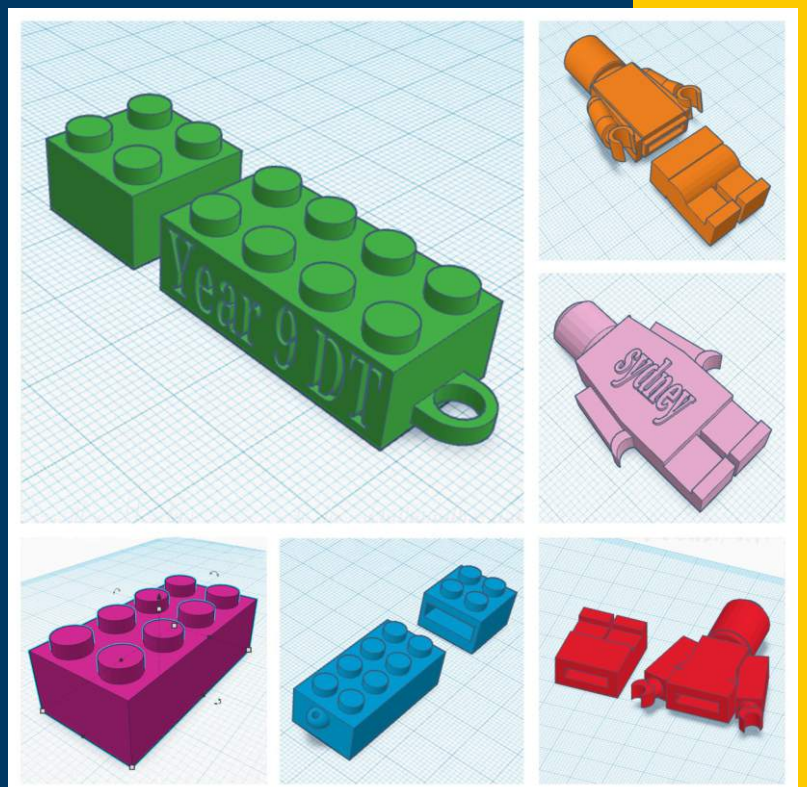
The 3 hour workshop included a theory session where students learned about the basics of flight and then moved on to build balsa wood gliders, culminating in a 'fly off where they put the theory to the test!' Massive thanks to RAF Marham STEM Ambassadors for delivering these excellent workshops for free. The student feedback was extremely positive and we hope RAF Marham will repeat the workshops again next year!





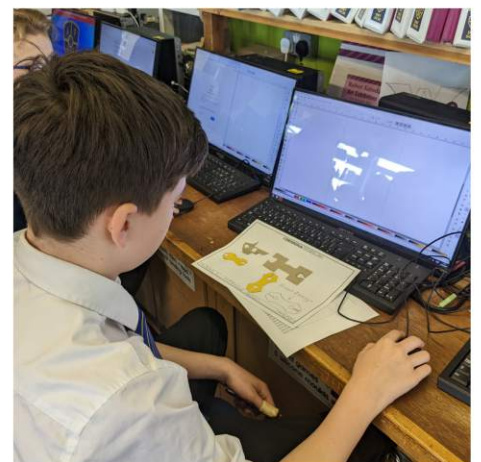
## Y8/9 CAD/CAM: Lego Challenge

Year 8 and 9 have also been learning about CAD and CAM in order to create 3D virtual models using CAD (Computer Aided Design) software (TinkerCAD) ready to be 3D printed (Computer Aided Manufacture). This involved learning 3D virtual modelling skills that are industry standard - better preparing them for future careers in additive manufacturing (Gatsby Benchmark 4). 3D printing technology is a key skill which allows students to develop unique and complex design solutions by rapidly prototyping iterations of their product ideas, not possible with traditional workshop techniques. For their homework, they were set the task of researching how 3D printing can benefit society with some very interesting applications, ranging from printing food, concrete houses, custom made artificial limbs and human organs!



## Y7 CAD/CAM: Acrylic Earbuddy

Year 7 have been learning about **CAD** (Computer Aided Design) and **CAM** (Computer Aided Manufacture) in order to create a lasercut acrylic earbuddy wrap to help keep earphone cables from tangling. This involved applying the **iterative design process** by designing, testing and evaluating their ideas before creating their final design using CAD (Computer Aided Design) software (Inkscape) ready to be lasercut. A special mention has to go to G Wheeler in Year 7, who has been inspired to learn another CAD software program (TinkerCAD) in his own time to create his own 3D model of a battleship!



## Y10 Sustainable Forestry Trip to Longlands, Holkham

On Wednesday 2<sup>nd</sup> March, the Year 10 students benefited from a visit to Longlands at Holkham Park to learn about the importance of sustainability and forestry management. They also gained a valuable insight into a range of career opportunities at Holkham, including carpentry and joinery.

Their trip began with an interesting talk from head forester, Harry Wakefield, who explained how he manages the trees at Holkham to ensure the estate is sustainable. This included preserving the historic landscape, planting and pruning trees, the thinning policy to favour the best hardwoods and softwoods, and producing enough biomass fuel to heat the Hall – including Lord Leicester's bath!

The students then enjoyed a tour around the carpentry workshop, learning first-hand from head carpenter, Ron, about the types of timber they grow at Holkham and what they are used for on the estate. This included learning about different timber properties and being shown a range of manufacturing processes, finishes and applications.

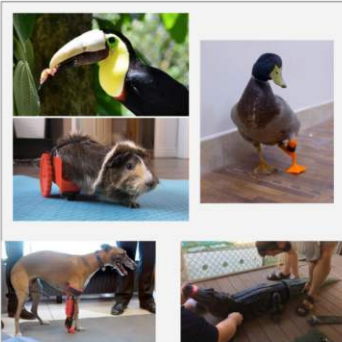
Our students found the trip very interesting and informative and we would like to extend our thanks to Sophie Barnett, Learning and Engagement Officer, for facilitating the visit, and to Harry, Ron and the carpentry team who all made us feel extremely welcome and helped to provide a great experience and valuable insight into the work they do.

We are so lucky to have these 'real life' experiences for our students to make them more aware of potential career opportunities and the importance of working towards a sustainable future.





**HOMEWORK TASK: How does 3D printing benefit society?**



**3D Printed Prosthetics for Animals**

If an animal gets injured or has an illness that means parts of their bodies are not working or have been damaged and could not be fixed, many of them have the parts amputated and they get replaced with prosthetics, but some people have made them 3D printed prosthetics. Some of the animals can also be born with these difficulties.

In the pictures there are different animals that have been given 3D printed prosthetics. There is a Toucan with a new beak, a Guinea Pig with wheels replacing its back legs, a dog with a prosthetic leg, a Duck with a prosthetic leg as well and there is a crocodile with a 3D printed tail.

People do these things to the animals in need so they can have a better chance at life and so they can live normally.

Ollie H

## Y11 Dragon's Den!

As part of their GCSE coursework, Year 11 needed to gain third party feedback on their product design ideas so we enlisted the help of several Dragons! Big thanks to Mr Ogle, Miss Sperry and Mrs Thompson for listening to the Y11's product pitches and providing such positive and valuable feedback. Despite their pre-presentation nerves, the students were buzzing afterwards - so the Dragons were not so scary after all!

## Year 8 – Staying safe on your smartphone

In year 8 Computer Science, students have been working on an e-safety project. The aim of this project is to learn how to stay safe online.

As part of this project, they have learnt how to change their settings on their smartphones and on social media apps. They have learnt how they can protect their privacy and stay safe online. If you want to improve your online safety and privacy, a year 8 student may be useful, alternatively you could use these helpful online videos. These are on the Internet Matters website

<https://www.internetmatters.org/parental-controls/social-media/>

In addition to this information, the student e-ambassador team are currently working on a project to produce online safety/privacy guides for common apps. They will be designed for student and parental use and will be published on the school website when



## KS4 News

Year 11 Cambridge Nationals in Creative iMedia students are currently finishing their main coursework task and studying the final unit in Photography. Students are encouraged to use the CS rooms at lunch times to complete their work, an afterschool coursework club runs on Thursdays in CS2 from 3- 4pm.

Reminder - The photography workbook, is to be completed at home, you should be spending your Imedia homework time every week (1hr), reading it and answering the questions. The workbook is used as evidence for your coursework.

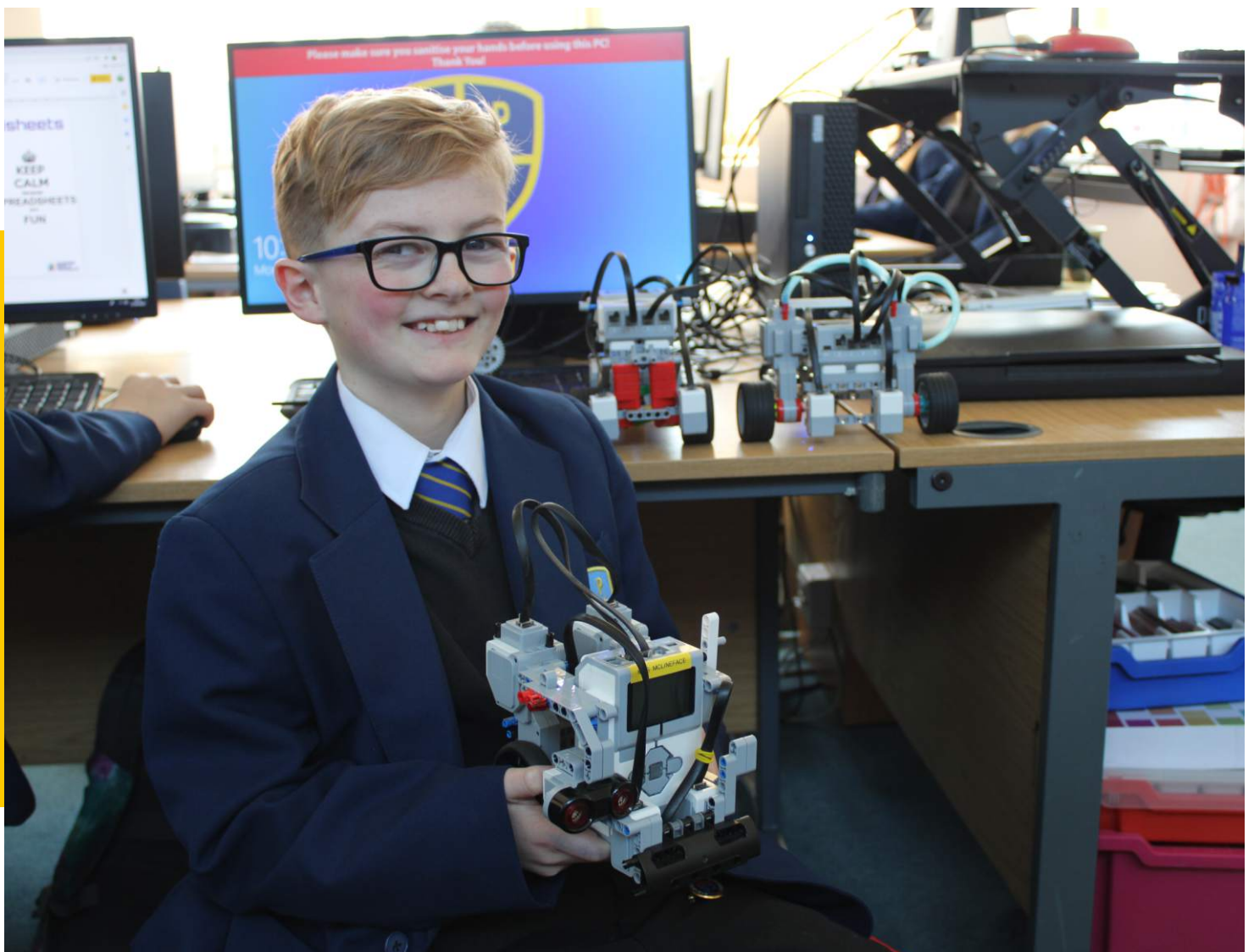
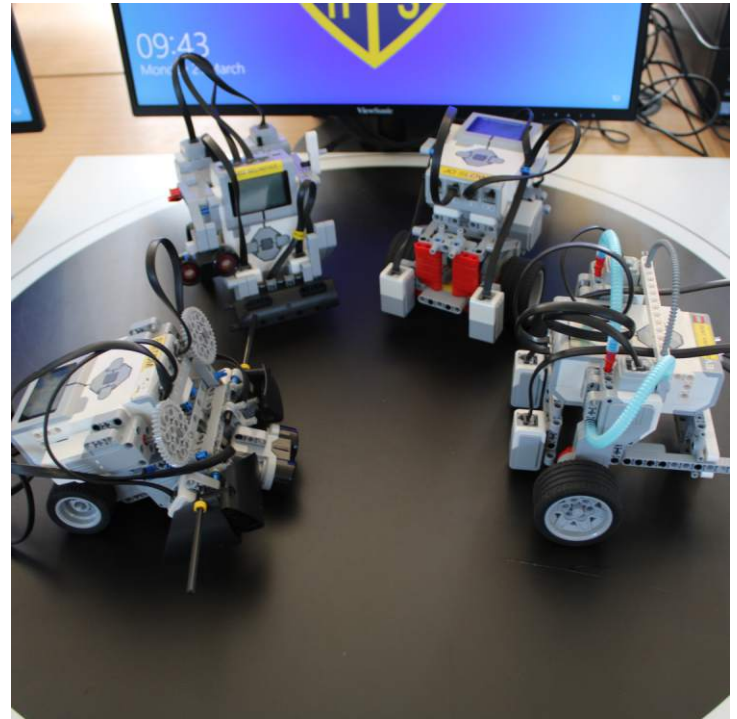
Year 10 Cambridge Nationals in Creative iMedia students – are working on their second unit of work, Digital Graphics. The task they are doing is to produce an advert for a digital photography competition. Deadline for submission for this work is Friday 1<sup>st</sup> July.

## Other Computer Science news

It has been a busy half term. All Computer Science clubs are up and running. Year 8 Lego robotics club is going well; we have six line follower robots already built. Most students are now learning to program their line following robot. When a line follower has been successfully completed, students are able to develop their robots into sumo-wrestling robots. The idea being to push the other robot out of the circle before they do the same to you.

We are working towards a competition against other Norfolk schools in the summer term.

Finally, Year 7 students are currently working on a robotic car. They will build and program it, the car has sensors for line following and ultrasonic sensors to allow it to avoid obstacles. More information on the progress of this exciting project next issue.



## Super Cooper – New Member Of Staff at APHS

Cooper has been at Alderman Peel High School. Just like all of our new students, it took him a little while to fit in. We spent the first couple of weeks showing him around the school site - it is amazing how much there is to see at APHS. Cooper especially likes snoozing in Mrs Sperry's office.

Eventually Cooper will undertake training to work with children who have special needs, or who are upset in any way and in need of calm, comfort and space before being able to tell an adult what has upset them. Cooper and Mrs Sperry have attended Puppy training classes and he is attending school dog training classes, which will happen inside school over a period of months. Until he has completed all the required training, he will not interact with the children on an individual or small group basis.

Once fully trained, Cooper will spend his days visiting the classrooms and listening to readers from across the school. Sometimes he will even help us out by looking after anyone who is feeling a bit sad - a little stroke and a look into those big brown eyes is enough to make anyone feel happy again.



There are many benefits to having a school dog, including:

- a calming effect on students, particularly those with behavioural or learning difficulties
- improved behaviour and concentration, reduced stress and improved self-esteem
- encouraging expression and participation in more withdrawn children fostering a sense of responsibility
- motivating pupils to think and to learn, as most children have a high level of natural interest in, enthusiasm for and enjoyment of animals
- encouraging respect and thereby improving pupils' relationships with each other, parents and teachers
- teaching children to nurture and respect life
- helping work undertaken with the most vulnerable children, and educational improvements with low achievers
- helping children build confidence in reading.

## North Norfolk Football League

**U12 v Cromer Academy** – A dominant 4-0 win for the U12's in their second school football fixture on Monday 7th March 2022. A hat-trick from Harry K and a goal from Finley H secured the points for APHS and, more importantly, provided further evidence of a team progressing incredibly well. We now look forward to potentially finishing our group of fixtures against Sheringham before the end of the season.

**U14 v Cromer Academy** – Another strong team performance from the U14 team saw them defeat Cromer 6-0. The team put together some slick attacking moves to put their opponents under pressure and defended well throughout. Goals from Archie Y (x2), Herbie L (x2), Stan R and Harley G made for a comfortable afternoon. Two wins from two games so far is a great return with a third and final game likely before the end of the season.

**U16 v Cromer Academy** – The U16 team faced the stiffest opponents from Cromer Academy as they battled hard but came just short, losing the game 4-2. Both teams played out a thrilling game with some brilliant defensive and attacking performances across a number of players. Goals from Noah F and one on his school debut by Dima K, put the team in a good position before conceding a few goals towards the end of the game when desperately searching for the winner. Well done to all those involved and a special mention to a number of students who player up a year to support our teams.

## House Competitions

The second PE house competition of 2021-2022 took place on Friday 25th February in PE lessons and once again was a roaring success. Every student in the school took part in a sport of their choice in an attempt to score points for their house. Students took part in netball, benchball or football and the overall points were as follows;

Joint 1st – Trent (76 points)

Joint 1st – Shannon (76 points)

3rd – Waveney (72 points)

4th – Mersey (68 points)

After two house competition events so far this academic year, Team Shannon lead with 150 points. Team Mersey sit second with 146, team Trent third with 140 and team Waveney fourth with 128. Finely poised for the third and final house event in the summer term.

## Year 7 Rugby Development Day

On Thursday 20th January 2022, 14 Year 7 boys visited North Walsham RFC for a day of rugby fun with Mr Brett. After a morning of rugby coaching sessions, the boys were ready to go for the afternoon of competitive fixtures against some other Norfolk schools. The team did not disappoint, winning all of the games with almost every player scoring a try, the team were in high spirits on the journey back to school.

A special couple of mentions to the North Walsham RFC player of the day Luke B and APHS player of the day Stan B. This particular set of boys already look quite the team and will strike fear into many more opponents playing together as part of a APHS team.

## Hockey at APHS

With a number of students from both KS3 and KS4 attending hockey club, Hockey at APHS has been going from strength to strength and we couldn't be happier! Over the last few months students have had the opportunity to be a part of a number of different hockey fixtures playing against different schools. On Monday 28th March 9 of our year 8 boys competed in the U14 Tier 3 County Hockey competition at Gresham's. They played really well and finished the competition in 3rd place. They are ready to return bigger and stronger for the same competition next year when they are all in year9!

We are really proud of all our students who have worked hard, both at fixtures and during the after school club, to continually practice and improve their knowledge and skills all with the help of Justin from North Norfolk Hockey Club. Over the next few Mondays a number of our students are going to be involved in an outreach programme being held at Sheringham High School.

## U13 Netball Competition at Greshams

On Monday 14th March 7 of our year 8 girls headed to Gresham's to compete in the U13 County Netball Cup competition. They were amazing together and worked incredibly hard, qualifying second in a very challenging group containing other highly competitive schools. Following the qualifying, the girls went on to face some tough opponents in the quarter finals! With no subs the girls worked super hard throughout all their games, giving each and every one their all. Amazing work girls!



## North Norfolk Judo Club 1st Gradings

The North Norfolk Judo Club family continues to grow and a number of British Judo Council and North Norfolk Judo Club members successfully completed their first gradings on Thursday 10th February. Looking to join? Head over to the following website: <http://www.northnorfolkjudo.com/>



## U14 and U15 County Rugby Sevens success:

On Thursday 3rd March a great group of Year 9 and 10 boys competed in the County Rugby Sevens competition at Gresham's School. The boys faced eventual Cup finalist Wymondham College in their first match and more than held their own, scoring two great tries against them. Next up was Notre Dame, which saw APHS score four tries to win 22-10. A tough match against a very well drilled Norwich School followed before an enthralling 12-12 draw with Framingham Earl saw the lads qualify for the Plate Final. They faced Hethersett and convincingly beat them to take home the Plate trophy!

Not to be outdone, on Tuesday 8th March the U14 Rugby Sevens side were also victorious by winning the Plate formatted competition. The events were very well organized and it was great to see our boys test themselves against some of the best Rugby players from around the county.

## U15 County Rugby XV Plate:

On Wednesday 26th January an entertaining and closely contested U15 Rugby plate match took place between APHS and Framingham Earl. Our boys narrowly lost 12-10. Both sets of lads were a credit to their schools and were fully committed right up until the final whistle. Try scores were George and Stan.





### Cluster Primary School Sports Competitions:

High-5-Netball Winners- Langham Village School

6-a-side Football Winners – Langham Village School



### Norfolk Schools Cross Country:

Well done to Mollie, Maddy, Ed and Abbi who represented APHS at the Norfolk Schools Cross Country Championships which took place at Langley School on Wednesday 26th January. Abbi finished 9th to once again qualify for the Anglian Schools event. A huge thank you to the parents who helped to transport the students to the Norfolk Schools competition.



### Celebration of Sport Awards Evening 2022:

All invitations have been posted out to nominated students and we are pleased to announce that this year's Guest of Honour will be our most decorated yet... Olympic Canoeist, Liam Heath MBE.





# WE ARE BACK BIGGER THAN EVER!



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Ambition | Pride | Happiness | Success

 ALDERMAN PEEL HIGH SCHOOL  
**2022**  
CELEBRATION OF  
SPORT AWARDS

**GUEST OF HONOUR  
LIAM HEATH MBE  
OLYMPIC CANOEIST**



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