



Curriculum map: PE

Learning and achievement for all: a curriculum rich in knowledge about our world

Intent: In PE, we introduce pupils to knowledge that enables pupils to develop confidence, independence and a passion for physical education and a love of sport. Our curriculum is carefully sequenced to develop both core physical skills and vital mental characteristics which influence their external lives like teamwork, grace and resilience. We are passionate about the importance of teaching our pupils how to cooperate and collaborate with others, understanding fairness and equity of play. Through PE we instil the need for healthy lifestyles, a balanced diet, positive mindset and the resilience to persevere with activities, which links closely with other areas of the curriculum, notably PSHE. PE is sequenced throughout the school with recapping, revisiting and refining as the children continue their journey through sport, allowing a mastery of each sport and a love for their learning.

Implementation: Our carefully planned provision encourages pupils to participate in both individual and team sport. Our curriculum is planned to recap, revisit and refine each sport as pupils meet sports again on their journey through the school. Quizzing is used to secure knowledge, assist memory and recap prior learning. We teach a balance of sports covering each of the National Curriculum objectives, from target throwing sports such as netball and basketball, teamwork sports such as tag rugby and flexibility and movement skills such as gymnastics and dance. We provide opportunities for pupils to take part in further sports outside of the curriculum, from after school clubs, at lunchtimes and through local competitions.

Impact: Pupils enjoy PE and can participate successfully in a variety of sports. They demonstrate their increasing ability to apply learnt core skills, showing an improvement and increasing confidence in each section of the curriculum. Children are assessed formatively. By the time they leave the school, children are able to swim 25m independently. Learned mental skills are applied to other areas of the curriculum and demonstrated in their daily lives for example the ability to win with grace and resilience to lose.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Football	Cross Country	Tag Rugby	Real PE	Tennis	Athletics
Year 4	Tag Rugby	Cross Country	Swimming	Dance	Kick Rounders	Athletics
Year 5	Swimming	Tennis/ Swimming	Football	Hockey	Rounders	Athletics
Year 6	Cross Country	Hockey	Netball	Basketball	Athletics	Swimming