



Curriculum map: PSHE

Learning and achievement for all: a curriculum rich in knowledge about our world

Intent: Our PSHE curriculum (Jigsaw PSHE) holds children at the heart and aims to equip them for happy, healthy lives and to be effective learners. We teach our pupils vital skills that will prepare them for their futures. Our curriculum nurtures a range of vital life skills: understanding the world, appreciating and valuing difference, creating and pursuing aspirations and goals, maintaining a healthy and balanced life, creating and developing positive relationships and preparing and processing changes that occur during puberty and maturity. We take a mindful approach, bringing together Personal, Social, Health Education, Relationship & Sex Education (RSE), health and wellbeing, emotional literacy, social skills and spiritual development through a comprehensive scheme of learning.

Implementation: PSHE lessons focus on six key strands of learning to make sure that our curriculum progresses clearly across the school. Common topics in each year mean that knowledge is built upon related prior knowledge and is integrated into existing schemata. We ensure that 'big ideas' such as equality, democracy, inclusion, responsibility and transition are woven through KS2 and are revisited regularly. We provide opportunities for relational work and collaborative and open discourse that demonstrates learnt knowledge and understanding in a creative and meaningful way. Our assemblies are either linked to the PSHE being taught in classes, reflective of current global events or responsive to a pastoral need in school.

Impact: Pupils can talk about the things they have learnt and related factual knowledge. Furthermore, pupils can discuss complicated and challenging topics, such as discrimination and external and internal bodily changes during puberty, maturely and reflect on these in order to better prepare themselves for their futures and interactions with the world around them. Pupils can demonstrate their developing understanding of themselves, the world around them, their relationships with others and their bodies. They can take an active part in discussion and debate and can use their understanding of themselves and others to think critically about pressing and complex social issues. Such skills will contribute towards both their happiness, health and independence and individuality, as well as the extent to which they can access a broad and balanced curriculum.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3, 4, 5 and 6	Being me in my world Who am I and how do I fit?	Celebrating difference Anti bullying and being unique	Dreams and Goals Aspirations and emotions	Healthy Me Keeping safe and healthy	Relationships Building positive relationships	Changing Me Coping positively with change