

# News @ Peel

Spring 2022



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## Welcome to the Summer Term edition of our Newsletter.

As we near the end of another remarkable year I have nothing but compliments and thanks for our students and staff. The way they have adapted, supported students, families and each other is simply amazing.

This term has seen the longest spell of examinations ever seen for our students who have coped admirably. Due to covid, when the national exam schedule was structured there were ten days placed between exams of different subjects, in case covid was still prevalent and in case the isolation guidance was still ten days. This has meant that some students have been sitting exams for eight weeks. Their resilience and determination has seen them through but I want to publicly recognise their achievements, particularly following on from the past two years of disruption.

It was therefore a real privilege to see them celebrating their prom. The last time we had a Prom it was a "fake Prom" in the school hall, organised in 24 hours, the day before the first lockdown, back in March 2020.

We have welcomed 129 year 6 pupils to APHS as part of their transition to year 7 in September. It was great to meet them all and their parents and carers too.

It has once again been a really busy month, with a whole range of events including:

- County finals in U15 cricket
- Year 7 and year 8 girls football tournaments
- Eco Council Beach clean
- Tennis tournament for all our local primary schools hosted at APHS and supported by our Sports Leaders
- The Global underwater Hub STEM Challenge National Final in Aberdeen
- Students playing / performing at Norfolk Show
- Year 10 work experience week
- Year 7 Big Bang STEM Day
- GCSE Geography trip to Birmingham

On a more personal note, many of you will be aware I am leaving APHS at the end of this academic year to be the Executive Headteacher at Sheringham High School and Stalham High School. I will be back at APHS to talk to students about the sixth form at Sheringham High School and hope to continue to provide opportunities for the children of APHS to study A-levels and other qualifications at Sheringham.

APHS is a really special place, not because of the building, but because of the staff, students, Governors, Trustees and the community. It is a school with a fantastic history and a bright future. The school has grown from 304 students to just over 600 students in my twelve years as Headteacher / Principal so there have always been changes to make. I have been through two Ofsted inspections with the recently published inspection rightfully recognising the incredible work everyone does to help students with an Outstanding grade for the Personal Development of students

I would like to express my sincere thank you to everyone who has supported me during the last twelve years. At times, it has been really challenging but I know there is nothing that cannot be solved or improved by working together.

I am also really pleased that following a rigorous and thorough application and interview process the Trustees have appointed Mr Hardman as Principal. As the current Vice Principal he knows the school, staff, students and families really well. He is also incredibly hardworking and thoroughly deserves the opportunity to be Principal at APHS. It is a real privilege to lead a school within such a wonderful community.



Alastair Ogle  
Principal





## Y9 Bronze Arts Award

Over the last few months, the Expressive Arts department have run the Bronze Arts Programme for all Year 9 students. This programme has allowed them to prove new and existing arts knowledge and understanding, take part in performances, watch live theatre and develop their communication and creativity skills. This is our second year of running the programme as a centre.

Students who have completed their portfolio to pass standard will be sent off for moderation in the hope of achieving a Level 1 QCF from the examining body Trinity College London, in which students will be presented with a badge and certificate from the board.

ALL students who have produced good work towards the Arts Award will earn an APHS badge and/or certificate. Results will be published in the new academic year.

The programme has included four elements:

**Section A: Taking Part** – students have taken part in creating art work, developing band skills and performing a short piece of text of their choice in front of their peers.

**Section B: Be the Audience** – On 15th July we welcomed Norfolk singer songwriter and brothers duo, Sons of Mark to the stage at APHS for students to review their performance and brilliant songs! A big thank you to them for coming and inspiring our students.

**Section C: Arts Inspiration** – Students have researched and written about someone in the wider arts community; many with international acclaim.

**Section D: Sharing a Skill with others** – Students were able to share a 25 minute session with peers on an arts skill they wished to pass on in Art, Drama and Music.

Miss Beech, Mr Rider and Mr Heron would like to thank all Year 9 students for their hard work, commitment and enthusiasm over the last two terms to allow them to put together a portfolio of creative work.



## Trips and Productions

Yet again, it has been another busy term for the drama department with two productions, performance at Holkham Hall for our Academic Awards and many trips! The trips and workshops this last term have included:

- Y8 and 9 MAGT and Drama Club trip to see the interactive play Evermore at The Maltings, Wells-next-the-Sea In March
- GCSE Theatre Trip to see Curious Incident of the Dog in the Night-Time, Norwich Theatre Royal in May
- Y9/10 Trip to see Things I Know to be True at Stage Two, Norwich in May
- Many Y10 workshops to support them with devising
- Y11 Revision Saturday at The Maltings in Wells









## Performances:

Our students have taken the opportunity to perform and represent Alderman Peel High School at many events this year. These included a recital at St. John's Church in Kings Lynn, students taking part in the Norfolk Music Festival in Norwich, performances at Bircham Windmill and more recently a trip to the Royal Norfolk Show.

The Norfolk Music Hub had invited us to perform on the Acoustic Stage at the Royal Norfolk Show and we took 15 students to perform on a variety of instruments. It was clear that students were quite nervous about performing to the public, but the smiles on their faces after their performances showed how much they enjoyed the opportunity.

Our performers are listed below and represent the school from years 7 -10.

Olga B (10)  
Martha S (10)  
Bonita E (9)  
Bethany W (9)  
Gabriella B (9)  
Matilda S (8)  
Adelaide C (8)  
Mollie S (8)  
Hollie H (8)  
Shawna B (8)  
George B (8)  
Oliver B (8)  
Chloe Y (8)  
Adelaide C (8)  
Oliver B (7)  
Mila M (7)  
Alex P (7)  
Archie S (7)  
Toby W (7)



## Music Exams:

We are very pleased to congratulate the following students on their graded music exam success this term.

Ellie B (Year 9) - Grade 1 Piano ABRSM - PASS

Alex C (Year 9) - Grade 4 Piano LCM - DISTINCTION

Sydney H (Year 9) - Grade 5 ABRSM Music Theory - DISTINCTION

Sydney H (Year 9) - Grade 6 Clarinet ABRSM - MERIT

Mollie S (Year 8) - Grade 1 Piano ABRSM – awaiting results

Yvie M (Year 9) - Grade 3 Jazz Piano ABRSM - awaiting results

## Farewell to our year 11 cohort:

On Wednesday 22 June, our year 11 cohort sat their music exam and completed their musical journey with us at APHS. All those hours of revision were put to good use in the 1 hour 45 minute exam and all students left the hall with a sense of relief and joy having tried their best. We wish our leaving musicians the best of luck as they move onto their post 16 choices.

## KS3 Bands:

This term I have focussed on building and developing our pop and rock bands in key stage 3. Year 7 have been busy working on their favourite songs and it's been nice to see their dedication and enthusiasm in their rehearsals. Year 8 have opted for a recent pop song, but have added two saxophones in their version and year 9 are starting to put together a mini set list. Each band will be performing at the summer show for their APHS band debut.

## Instrumental Lessons:

If your son or daughter are interested in starting instrumental lessons in September, please email myself or Mr Howell for a permission letter. We currently have spaces available for Piano, Guitar, Drums, Woodwind, Strings, Singing.

[mrider5gra@nsix.org.uk](mailto:mrider5gra@nsix.org.uk) [bhowell5hrp@nsix.org.uk](mailto:bhowell5hrp@nsix.org.uk)





## Year 7

This term Year 7 have been focussing on developing their drawing and experimenting skills around the theme of "Portraits". They started by exploring different mediums and making images of celebrities.

## Year 8

Year 8 classes this half-term have been working on designing cardboard shops to add to their own "Miniature Wells" developing a better understanding of structures and 3D forms.

## Year 10

Working on Structures & Reflections. Last half-term Year 10 were working on the theme of Reflections staging different photography shoots and drawing from those images.









We took 45 Year 10 students who took part in a variety of Taster Sessions (that they chose) including A Levels, Plumbing, Engineering, Brick Laying, Travel and Tourism, Electrics to mention a few. APHS students thoroughly enjoyed their Taster Day. Importantly students have narrowed their options of what they would like to study Post16 in Year 11.





## United Kingdom Junior Mathematical Challenge

The results of the 2022 United Kingdom Junior Mathematical Challenge are in – and we couldn't be happier with the performances of our students.

The UK JMC is a national event, aimed at pupils in Year 7 and 8 who have a flair for mathematics. Designed to encourage mathematical reasoning and precision of thought to solve interesting problems, the Challenge is organised through the School of Mathematics at the University of Leeds.

Some certificate winners are shown with their maths teachers, Mr Angotzi and Mrs Barker.

Our congratulations go to ALL those who took part in this year's challenge.





## Year 7 Trip to Whitlingham Broad in Norwich

The whole of Year 7 had a fantastic day of water sports thanks to generous sponsorship of Wells Harbour Trust and the school. The students took part in kayaking, paddle boarding, raft building and canoeing. This was the perfect answer to the two years of lockdown. Students returned to school confident, happy and full of energy!

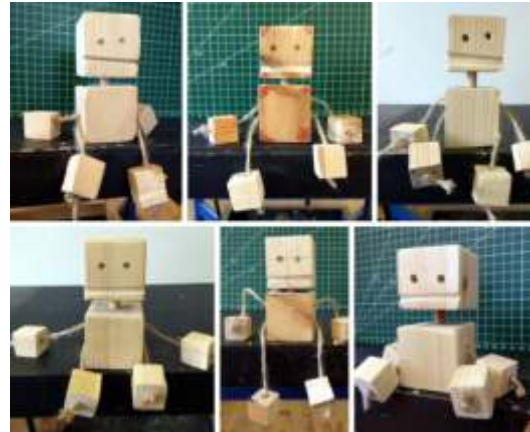
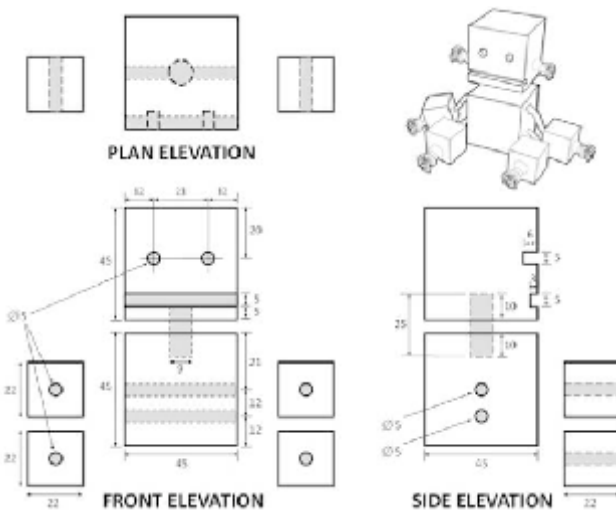
Thank you to Mrs Moore and Wells Harbour Trust, the students have developed a love for water sports!





YEAR 7

This term, Year 7 students have been learning about timbers and how to use a range of hand and machine tools safely to make wooden 'Block Bots' using close tolerances by accurately measuring and marking out. They were given the technical orthographic drawing as shown to work from and here are some of the students hard at work and some examples of their high quality outcomes!





## 'BIG BANG in School' DAY

On Tuesday 28<sup>th</sup> June, we held our first 'Big Bang in School' Day with all Year 7 students taking part in 5 different workshops throughout the day covering a range of D&T and STEM (Science, Technology, Engineering & Maths) skills.

The first workshop challenge was to design and build a sailing boat which was kindly organised and run by Neil & Richenda Thompson from Neil Thompson Boats in Wells. The students then tested their boat prototypes in a paddling pool with wind power provided by a fan! Neil & Richenda were impressed with all the different boat hull designs and how well the students worked together in their teams. They chose Lily W's boat design as the most successful hull shape – so well done Lily!

A massive thanks to Neil & Richenda for supporting this event and providing all the resources. All the students thoroughly enjoyed the workshop and we hope they will repeat it again next year!



Winner Lucy W

The next two workshops were provided by Charlotte and Louise from 'Learn by Design'. These involved Programming Robots and a Tower Tournament to build a structure that could withstand both hurricanes and earthquakes!





The third workshop challenge was to design a mars rover working in teams called 'Achieve', 'Pride', 'Happiness' and 'Success'. Here is a great design example drawn by Seth C and some card models.



The final workshop challenge was to work in teams to build a catapult using only 6 wooden dowels, elastic bands and a coffee cup which was then tested for accuracy! Well done to the Year 9 STEM Ambassadors, Will Sa, Matilda D, Ollie H, Joe H, Harry C, Joel C & Honey L, who ran this brilliantly!

Overall, all the students demonstrated great teamwork, creativity and problem solving skills – all important for their future careers!









## YEAR 9

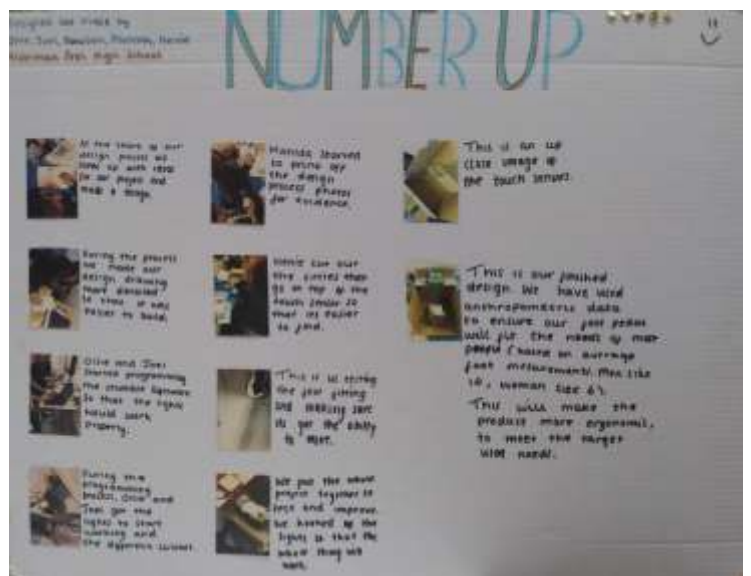
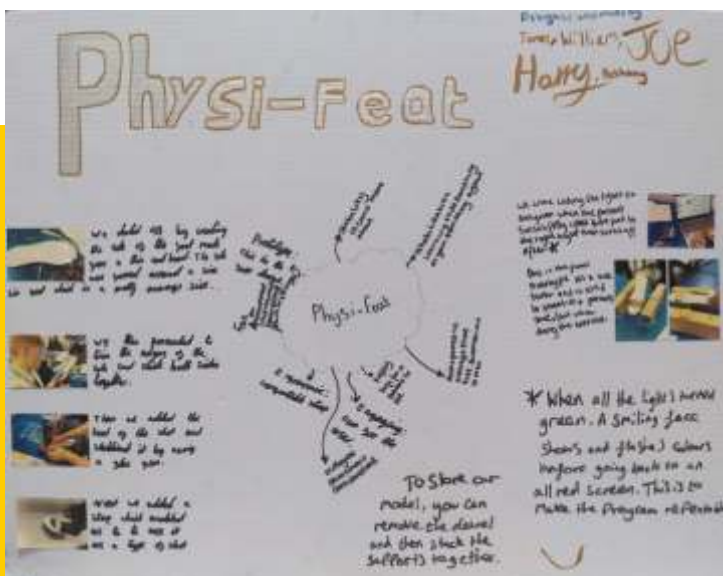
Year 9 students have been learning about sustainability linked to textiles and how to sew using hand embroidery and machine stitches. The boys were particularly competitive when it came to passing their sewing machine driving licence! They are now applying this knowledge to design their own pattern and make a worry monster/ugly doll for their chosen target market. I look forward to seeing what colourful creatures they create! Check out the excellent research homework by Kaitlin P and Megan H.





## YEAR 9 MAG&T DESGIN DEVELOPMENT DAY @UTCN

On Friday 1<sup>st</sup> July, ten MAG&T Year 9 students travelled to University Technical College Norfolk (UTCN) in Norwich to compete in a design challenge organised by Kate Finley, head of D&T at Hethersett Academy and set by the UEA Physio Department. The students worked in teams of five to design a product to 'gamify' physio exercises to encourage their target user to complete a series of movements as part of their rehabilitation following a stroke. Both teams worked amazingly well together and came up with innovative and well-designed solutions to the problem. The skills they learned will be invaluable when it comes to their D&T GCSE NEA Coursework project!



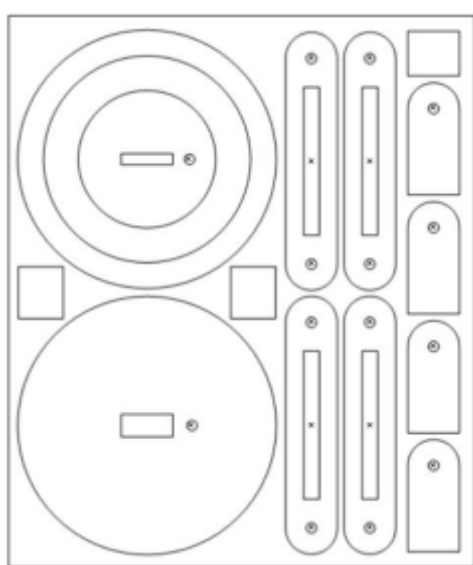


## Year 10

For the first half of the summer term, Year 10 have learned about metal, polymer and textile material properties and processes. This included experimenting with making pewter casting moulds, line bending acrylic and using vinyl cut lettering to create stencils for silk screen printing a sustainable message onto either a tote or drawstring cotton bag.



For the remainder of the term, the students have been challenged to apply all the knowledge and skills they have gained over the past academic year to create a 'Bio-Lamp'. Their brief is to design and make an adjustable lamp inspired by nature ('biomimicry') using any of the materials and processes they have learned about (papers & boards, timbers, metals, polymers and textiles). Last year we had some amazing outcomes so I look forward to seeing what this cohort create!





## Y8 MAG&T GIRLS 'YOUNG ENERGISERS' STEM CHALLENGE

To mark 'International Women in Engineering Day' on Thursday 23<sup>rd</sup> June, two teams of five Year 8 girls competed against other schools in the region, including Acle, Wymondham High, Sewell Park, King Edward VII, Downham Market, Northgate High and Notre Dame. They learned about careers in the renewable energy sector and heard from a range of female engineers currently working in the industry which the girls found really inspiring. They were then challenged to design, build and test: a wind turbine to rotate as many times as possible in 15 seconds; and a pair of electricity pylons to support 4 x 20g weights suspended between them. Both teams were amazing and completed both engineering challenges enthusiastically but only one team could win the prize of 'Most Engaged Group'! Well done to Martha S, Maddie & Lily R, Isabella W and Sienna G and to Faith & Eve F, Elsie M, Tia W and Zenepe F for being close runners up! Thank you to Skills for Energy and Equinor for organising an excellent event and inspiring the next generation of female engineers!





## YEAR 9 MAG&T D&T GLOBAL UNDERWATER HUB (GUH) STEM CHALLENGE COMPETITION

On Friday 20<sup>th</sup> May, two teams of six Year 9 students competed against other schools in the region to design, build and market an ROV (Remotely Operated Vehicle): Will S, Aiden F, Yazmine L, Kaitlin P, Honey L & Bonita E; and Ollie H, Joel C, Harry C, Matilda D, Teigan A & Joe H. Both teams did amazingly well and here is the glowing feedback they received from the judge, Piers Prior, from Smallpeice Trust:

*"Out of the many teams attending from schools from all over the region, both your teams from Alderman Peel impressed me with their exceptional teamwork, camaraderie and perseverance. The activity included designing, building, programming and presenting, and overall the Alderman Peel team we selected for the national finals were the most consistent in all the areas that were judged from the Eastern region. Finally, for me they clearly enjoyed the day and were in great spirits which really showed in their final presentation and model."*





A month later the winning team were flown to Aberdeen, Scotland to compete in the national final against 5 other schools! Oliver H, Joel C & Harry C have written the following accounts of their experience of both the regional and national competitions:

"At the Global Underwater Hub regional STEM competition in Norwich on Friday 20<sup>th</sup> May, our team, Me (Oliver H), Joel C, Joe H, Harry C, Matilda D, and Teigan A, designed, made and programmed a ROV (Remotely Operated Vehicle) that could drive across the ocean floor to find and collect plastic rubbish. Using LEGO Mindstorms, we created our ROV which had lots of parts such as a colour sensor and a touch sensor, and we also made a presentation which would be used as an advertisement if we were selling it. We got told that our teamwork was very good and we ended up winning the regional competition!"

We all flew to Aberdeen on Wednesday 15<sup>th</sup> June and on that same day we had a tour of Fugro's workshops and controlling rooms. This company helps protect the Earth by using their ROVs to track data of sea and land. We all found this very interesting, and we got to have a go at working one of their robotic grabber arms that would be on a ROV. We also sat where the Fugro workers would control the robots that could even be on the other side of the world! The next day was the competition day, and the challenge was a bit harder than the regional competitions. I was the Engineer for the team and this time we had a lot more parts, like an infrared sensor and a remote infrared sensor. We also had to make a grabbing arm just like the one at Fugro that could pick up plastic. I really enjoyed taking part in both competitions and I am very happy that we all got the opportunity to make these ROVs."

Written by Oliver H (Year 9)

"My role in the team was programmer; this meant that I had to program our team's ROV to complete the challenges we were set by GUH. One of these challenges was to locate a beacon using an ultrasonic sensor and pick up the beacon using the grabber arm. In this event I enjoyed seeing the other competitors' ROVs and how they approached the task of building it. Traveling to Aberdeen was a great experience and I thoroughly enjoyed visiting the city. The accommodation was amazing and the staff at the hotel were there if you needed them. Visiting the companies that produce, design and operate ROVs was really interesting and I learnt a lot there and would love to go again!"

Written by Joel C (Year 9)

"I thought the recent D&T trip to Aberdeen was very good, from the flights, accommodation and I can't forget the competition itself. I thought our team did very well, it's a shame that we didn't win the final but we all learnt valuable skills such as coding, time management and presenting. I'm very thankful that the GUH put the competition together as I learned a lot."

Written by Harry C (Year 9)



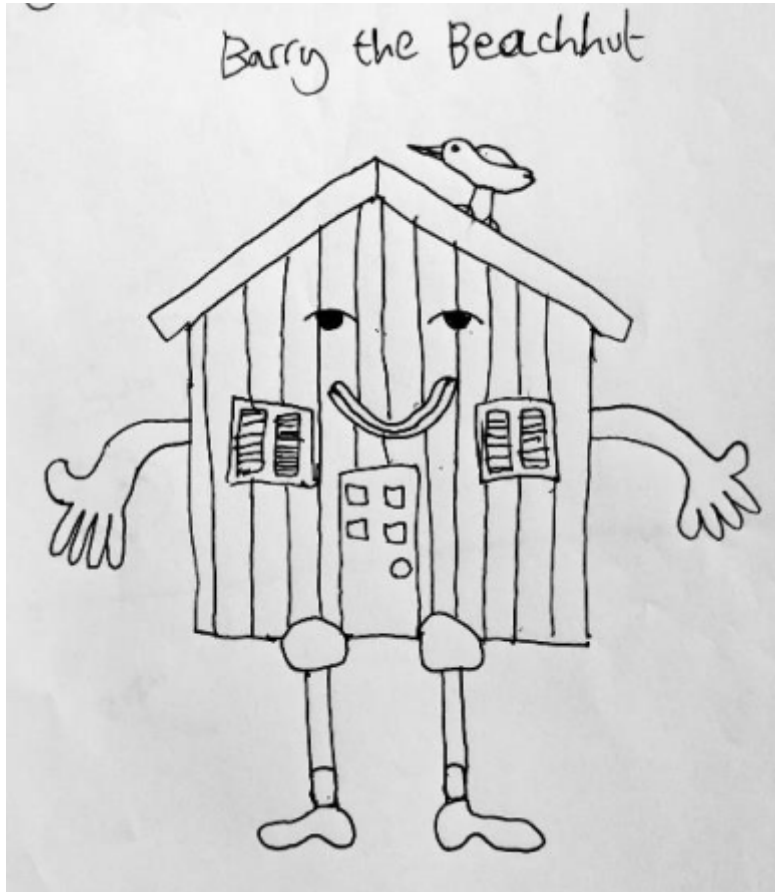






## More KS3 Design Competition Winners!

Well done to George B in Year 8 for his winning Wells Carnival mascot design – 'Barry the Beach Hut' which has been turned into a professional cartoon by local artist and illustrator, Juliana Rands. Look out for Barry in the Carnival Programme 2022!



And well done to Will Sk in Year 9 for his winning postcard bunting design to commemorate the Queen's 70<sup>th</sup> Jubilee who has captured the Queen perfectly! The other winner is a mystery as they didn't put their name on their postcard so please contact Mr Heron or Mrs Moffat if this is your design?



It has been a busy but productive term. All Computer Science Clubs have been running. Years 7 and 8 Lego Robotics Clubs have spent a lot of time testing and refining their robots for a competition held at Sheringham High School. Equinor (the company that has developed a large windfarm off the North Norfolk Coast) sponsored the competition.

There were competitions held for: Sumo competition: Where two robots battle it out to push the other robot out of the ring. The robots are designed, built and programmed using Lego Mindstorms. The robots use sensors to find the other robot and hopefully stay in the ring, when one robot is disabled or knocked out of the ring, the winner is declared. The Sumo rounds were first. The pre competition favourite robot "SumoJack" built and programmed by Jack in year 8 was knocked out by pure bad luck in the first bout, but we still had many robots still left in the competition.

Eventually we reached the semi finals. We had an all Sheringham Semi final and an all APHS semi final. The APHS battle was between "Mum" (Maddie and Marleigh) and Steve (Lucas and Lewis). Eventually after a hard fought bout Steve came out the winner and was in the final against "Pineapple" from Sheringham. There was an hour wait before the final waiting, when it did start it was looking a very close battle until "Steve" suffered a technical fault and was eventually Knocked out, so "Pineapple" won. Team APHS celebrated their success and our own hard earned 2nd place.





## Line follower competition

Robots have to follow a line, using it to navigate quite a complex course in the shortest possible time. The winning Line follower "Jo Not So Slow" The line following event proved much more challenging with difficult lighting conditions making completion of the course very difficult. Alexi and Lily (APHS) with their robot "Jo Not So Slow" were the first team to complete the course in practice with a stunning time of 34 seconds. Alexi and Lily nervously set it off and completed the first part of the course well, did a little wobble at the crossroads but carried on. There was only a few corners to go to win, the tension was electric, "Jo Not so Slow" kept going and with a loud cheer passed the point on the course reached by the other robots. Alexi, Lily, and "Jo Not So Slow" had won the overall competition.

The prize giving was preceded by a talk from Equinor about off shore wind farms and careers in Engineering. At the prize giving all Winners were given a 'Goodie' bag and it was confirmed that they would be flying out to compete in the World Championships In Estonia this November.

Presentation of the Prizes, Sumo and Line Follower Congratulations to Alexi and Lily and of course "Jo Not So Slow".



## Weather Station News

Year 9 CS club are currently setting up a brand new weather station, replacing the old school weather station that had suffered wind damage. Our year 9 weather team (William, Ruby and Yasmine) are aiming to have the weather station up and running for the new term. They are hopeful that we can include this weather information on the school website. Watch this space for future weather related updates and some new and exciting Club projects.

## Keystage 4 - Information

Year 11 have just completed the course and we all are awaiting their final grades in August. Good luck year 11. Year 10 have completed two projects and will start their final two coursework units next year.

Deadlines (reminders for parents and students):

Photography unit submission deadline WB 9th January 2023

Games design or Web design unit submission deadline WB 27th March 2023

## E-Safety Advice

Help keep yourself and your child up to date in internet safety matters this summer. This helpful e-safety website provides information for parents and students to stay safe online line this summer.

By spending a little time with your child going through these resources together, you can help refresh your own and your child's e- safety awareness.

Resources for parents and children 11-13: <https://www.internetmatters.org/advice/11-13/>

Resources for parents and children 14 and above: <https://www.internetmatters.org/advice/14plus/>



We are all year 10 Eco Councillors, Mia W, Rachel P and Chelsey C.

We have been keeping up with the eco flag by completing tasks given in order to retain our Eco Green flag for schools. This is a great way we can celebrate our ecological achievements at APHS. Don't forget to look out for our green flag proudly waving on the flag pole outside the school.

We are the year 8 Eco Councillors - Charlie b, Emily j, Oscar b-s, Kodie s-b

This year we have been collecting pens lids and batteries. There are several recycling placed dotted around school for us to collect. Once we have enough we can then send them off to be reused or recycled in a eco-friendly way.

We are the year 8 Eco Councillors- Maddy, Louise, Lily and Solly

In eco council we have been attempting to arrange a trip to Holkham nature reserve. This was to see the different types of nature and to use it to improve on our school. We have also been visiting other nature reserves to compare them to our schools wildlife. This is an ongoing plan to improve our knowledge and other on the nature around us.





## Eco Council Head East Year 9

On a bright spring day at the beginning of June, Eco Council embarked on a trip to Easthills with the purpose of litter picking and to learn more about the location and its wildlife. Kitted out with wellies, coats and litter picks the team set off for Wells harbour where we were met by Wells harbour office who took us across by boat to Easthills.

Easthills is located to the east of Wells harbour, opposite the pine woods. It is a barrier island similar to Scolt Head which lies off the west end of Holkam beach. As we learnt from Andy Bloomfield, NNR warden from Holkam Estate, Easthills was created by longshore drift depositing gravel and sand that formed a bank. Later, this land form has been stabilised with pine trees, planted by The Estate, to provide shelter for wells harbour.

As we learnt from the super-enthusiastic and knowledgeable Andy, Easthills and the neighbouring saltmarsh is of international importance. It has multiple designations in recognition of its importance to wildlife, in particular waders such as pink footed geese. We were lucky enough to come across some nests that had belonged to Oyster Catchers.

In terms of litter picking, we managed to collect 1 full bin bag of plastic, glass bottles and other general waste. Most of this had been washed up, some had been left behind by visitors.

What a brilliant day! It was a real reminder of what a special place we live in. After seeing the effects of waste on the environment we all need to reduce, reuse and recycle to keep places like Easthills a safe haven for wildlife and a beautiful place to visit.

Thank you to wardens from Holkam estate, the crew at wells harbour and Mrs Johnson and Mrs Harrison. Without you all this trip would not have been possible.

## Year 7s

Exciting start on their APHS eco council journey, with planting Bee bombs around school ground to encourage wildlife. A trip to the Lobster hatchery. Learning how the Wells harbour office and local fishermen are trying to make lobster fishing sustainable for the future.

We have made rotas for the whole school to get involved with litter picking. Made a whole school Kahoot game for World Earth day and lots lots more. We encourage any new year 7s to join in our Eco council it's fun we have learnt a lot about our environment and look forward to doing more for our school and the environment in the future. Come join us.





## Olympeel Games 2022

On Friday 8th July we were delighted to welcome the local community, parents, carers, family and friends to the school for our very special sports day – the Olympeel Games!

Hazel H was the chosen student to be our torch bearer this year and led the school onto the school field where tutor groups paraded their tutor flags. After a wonderful day of sports fun, these were the following results;

Track & Field 1st - Trent (539 points)

2nd - Mersey (396 points)

3rd - Waveney (315 points)

4th - Shannon (267 points)

Olympeel Games Events 1st - Mersey (376 points)

2nd - Trent (356 points)

3rd - Waveney (317 points)

4th - Shannon (278 points)

Demonstrating the Olympic/Paralympic value of Respect

1st - Lillie N

2nd - Ella D

3rd - Chelsea C

Demonstrating the Olympic/Paralympic value of Excellence

1st - Ella G

2nd - Finn ML

3rd - Finn S

Demonstrating the Olympic/Paralympic value of Friendship

1st - Harry B

2nd - Sierra JL

3rd - Skye F

Demonstrating the Olympic/Paralympic value of Inspiration

1st - Irina O

2nd - Will C

3rd - Poppy T

Demonstrating the Olympic/Paralympic value of Courage

1st - James P

2nd - Alfie YB

3rd - Archie C

Demonstrating the Olympic/Paralympic value of Equality

1st - Naya J

2nd - Logan I

3rd - Luke B

Demonstrating the Olympic/Paralympic value of Determination

1st - Charlie B

2nd - Bradley N

3rd - Kadence W

Jan Royston Dedication award

1st - Dylan C

2nd - Lily R

3rd - Ryan P

Tutor Flag Design

1st - 8M Japan

2nd - 8S Greece

3rd - 8T Mexico

Tutor Motto

1st - 10T Egypt 'If you think you're going to win you're in deNILE, we will make you cry for your MUMMY'

2nd - 7C New Zealand '7 C says save our seas'

3rd - 8W Australia '8W are a Koala-ty team.....winning is a crocodile dun-deal'







## U13 Cricket Hardball

The U13 cricket team have had a fantastic summer and can proudly boast of being the second best team in the county!

The boys finished top of their group with three wins from three games, beating competitive teams from KES, Wymondham College and Reepham. Following this, the U13 team headed to Sprowston Cricket Club for finals day and lost out to an outstanding City of Norwich school in the final.

The boys' success in their first year of school hardball cricket is very pleasing and we look forward to next season where we will aim to progress even more as a team. Well done to Rhys L, Hayden L, Arthur D, Arthur VA, Freddie G, Seb P, Austin M, Oliver B, Luke B, Alexi E, Finn MN and Charlie L.



## WPNS Sports Day

On Wednesday 6th July Wells Primary and Nursey School had they Sports Day hosted by staff from APHS. To assist with the running of the event, a number of year 9 APHS students attended as sports leaders, each working together to run events for the primary school students to take part in. Students were a credit to themselves and the school, being excellent role models to the younger students and their help throughout the day was invaluable. Miss Sheedy and Miss Steward would like to say a personal thank you to the following students: Ella.G, Sydney.H, Alex.C, Eli.C, Gabriella.B, Joe.H, Kaitlin.P, Ella-Mae.D, Jack.W, Millie.B, and Dylan.L.

## House Competitions

To finish off the summer term PE had their latest house competition. Across all year groups, students took part in a variety of activities including cricket, table tennis, rounders, basketball or water polo to represent their house. With scores varying across the year groups, it was a close finish with only 6 points difference between 1st and 2nd. The overall rankings were: 1st Trent, 2nd Mersey, 3rd Shannon and 4th Waveney.



## Celebration of Sport Awards Evening

Students, parents, staff, governors and local sponsors celebrated sporting commitment and achievements at Alderman Peel High School's annual Celebration of Sport Awards Evening on Thursday 31st March 2022.

During the school day ten selected Year 8 students were treated to a Q&A and kayaking session with our 2022 Guest of Honour, Liam Heath MBE. Students and staff were astonished to see how Liam made balancing in his canoe look so easy!

The evening commenced with a fantastic gymnastics performance, before four of the school's Sports Young Ambassadors took to the stage for a motivating opening address giving particular reference to the theme of 'we are back, bigger than ever!' Liam Heath MBE then took to the stage and told a packed audience about his career highs and his journey towards become the most decorated GB canoeist.

All nominees for the evening received a certificate, while winners receiving a glass trophy. After a short interval the main award winners were revealed with them receiving a silver salver and wooden plaque.

Photos from the evening can be seen and purchased from the following website:

<https://photos.ido-photography.co.uk/gallery/aphs2022/>

The password to view them is: APHS2022

The PE Department would publically like to thank all those within the local community who supported and sponsored the evening as well as the Wensum Trust, Leadership Team and Governors.



Sport	Recognition of Outstanding Commitment	Excellence and Outstanding Achievement
Table Tennis	Charlie G	George W
Rugby Union	Jody S	George W
Tennis	Nathan R	
Hockey	Lily R and Maddy R	Jonah R
Athletics	Charlie G	Abbi Mc
Swimming	Dylan L	Ed M
Judo	Jack K	
Trampolining	Jemima C	
Dodgeball	Austin Mc	
KS3 Netball	Selin O	Ella G
KS4 Netball	Trinity L	Abbi Mc
Girls Football	Alexia C	Izzy N
KS3 Football	Seb P	Joe H
KS4 Football	Jonah G	Ted H
Gymnastics	Iris H	Holly F
Basketball	Bradley N	
Equestrian		Charlie C
Cricket	Sam W	Millie T
Cross Country	Ed M	Abbi Mc
Dance	Jemima C	Lily C
GCSE PE Theory	Finn S	Sid S
GCSE PE Practical	Esmay O	Abbi Mc
OCR Sport Studies	Olivia S	Cerys G

MAIN AWARD	WINNER(S)
GIRLS EXEMPLARY ATTITUDE TO PE	Jemima C
BOYS EXEMPLARY ATTITUDE TO PE	Finn S
ENDEAVOUR IN GIRLS SPORT	Ella G
ENDEAVOUR IN BOYS SPORT	George W
SIBLINGS EXCEPTIONAL COMMITMENT	Lily R, Maddy R and Jonah R
INSPIRE TO ASPIRE LEADER	Lily F
LEADER OF THE FUTURE	Hazel H
GIRLS COMMITMENT TO APHS SPORT	Honey H
BOYS COMMITMENT TO APHSSPORT	Charlie G
GIRLS OVERALL OUTSTANDING SPORTING ACHIEVEMENT	Darcy F
BOYS OVERALL OUTSTANDING SPORTING ACHIEVEMENT	Ted H
PARENTS SPECIAL RECOGNITION	Mr and Mrs Henman
THE CHRIS COUBROUGH UNSUNG HERO	Arthur D
THE PHILIP PLATTEN TEAM OF THE YEAR	Tri-East Lockdown Challenge Winners
THE KIRSTY HARDMAN SPIRIT OF SPORT AWARD	Finn S
SPORTS PERSONALITY OF THE YEAR	Jonah G



## Wensum Trust Representative Team Rugby matches

Following a number of Rugby Days at Scottow Park a number of Year 7-9 APHS male and female Rugby players were selected to represent a Wensum Trust Representative team against a Vikings Representative team on Saturday 2nd April 2022. APHS students alongside Hellesdon and Acle pupils gave a very good account of themselves with stand-out performances from Stan B and Luke B in the Year 7 boys team!

## U15 Cricket results

Lost to Framingham Earl 140/0

APHS 136/10

Player of the Match: Josh H

Lost to Notre Dame 153/4

APHS 126/6

Player of the Match: Rhys L

Beat Wymondham High 86/10

APHS 88/4

Player of the Match: Dylan C



## School Games Colour Run

Twenty-eight Year 7-9 APHS students were chosen to take part in a Norfolk School Games colour run event at the start of July. The event saw students completing five laps of a 1km course, however upon completing each lap they would have various colours of powdered paint thrown upon them. Thank you to Mrs Somerton for accompanying students on the trip and for taking part in such a fun event!



## Race for Life

On Friday 24th June all Year 7-10 students took part in a Race for Life within their timetabled PE lessons. Students had a choice between a 2.5km walk, a 3km walk/gentle jog or a 5km run whilst wearing pink/red. The event was to raise money for Cancer Research UK via ex-Head Girl, Annabelle S's fundraising page: <https://fundraise.cancerresearchuk.org/page/annabelles-race-for-life-2160> Incredibly the page currently sits at £1,162.00 which is 232% above the target that she set.

## Y7/8 Girls 5-a-side Football competition

Two teams took part in a 5-a-side Football event at Aylsham High School on Friday 10th June. One of the teams progressed out of the pool by winning it before beating Aylsham in a quarter final match. They narrowly lost 3-2 to Sprowston in their semi-final, but beat Cromer 2-0 in the 3rd/4th place play-off to finish a respectable 3rd out of 16 teams!



## APHS Cluster Sports Competitions

Swimming Gala – 28/03/22

Winners – Langham Village School

Tri-Golf – 23/05/22

Winners – Burnham Market Primary School

Mini Tennis – 13/06/22

Winners – Burnham Market Primary School

Kwik Cricket – 27/06/22

Winners – Burnham Market Primary School

Beach Volleyball – 11/07/22

Winners – Langham Village School

## Ski Trip Update (date change)

The PE Department are now in a position to confirm that the dates for the 2023 Ski Trip to Tonale, Italy will be Tuesday 4th April to Tuesday 11th April 2023. There will be a Ski Trip Parent Information Evening at 6pm on Tuesday 18th October 2022 in the main hall at Alderman Peel High School which will be led by Marcus Bishop, Director of TM Ski & Travel Ltd.





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