



AGES 16-19

# PHYSICAL EDUCATION TEACHING PROGRAMME

PROSPECTUS  
2022/23



COMMUNITY  
SPORTS  
FOUNDATION



# OVERVIEW

The launch of the Physical Education Teaching (PET) programme is an exciting new step in supporting year 11 school leavers who have aspirations to pursue a career combining education and sport. The bespoke course draws upon expertise from some of the county's most recognised providers allowing for a full pathway of support.

Based at Hellesdon High School, students will have the ability to choose their own education package, choosing from a suite of A-level and vocational subjects alongside additional coaching qualifications and meaningful work experience.



## AIMS & OBJECTIVES

### Aim:

To provide a pathway for like-minded individuals with a passion to pursue a career as a PE professional through a carefully planned pathway of academic and vocational experiences.

### Objectives:

- Provide regular contact with positive, professional role models who can use their own individual experiences to support student progression.
- Provide environments that engage, support, develop and challenge students at every opportunity.
- Provide experiences and information linked to careers teaching physical education with clear, supported and individual pathways in place.

“  
the programme means there is now a structured pathway in place for year 11 students who want to pursue a career in the physical education sector.”

James Reeve,  
Hellesdon High School PE Department

## THE EDUCATION

Students are able to tailor their own academic package from a range of A-level and vocational qualifications.

With each individual choice being student led, each applicant will be provided with a one-to-one discussion to finalise their education plans.

Subjects available to study include, but are not limited to: English, maths, biology, chemistry, sociology, physics, psychology, languages, geography, business studies, ICT, photography, economics and, of course, PE!

## PROGRESSION

Through the programme's partnership with the University of East Anglia (UEA), students who achieve the required entry grades are guaranteed an offer to study their physical education degree at the university.

The UEA partnership also ensures graduates have the opportunity to further their degree by applying to the University's PGCE teaching qualification, ensuring that there is now a supported pathway in place focusing on achieving the goal of a career as a PE teacher.

## THE EDUCATION

Physical education and school sport Over the two years, students will complete three additional qualifications to support them with their progression into a career within physical education. Delivered over two hours each week, the core qualification will be the Level 2 Certificate in "Supporting Physical Activity and School Sport". Students will understand the roles and responsibilities of working in a school setting whilst developing knowledge of teaching styles, pupil assessment and meeting individual needs.

Coaching qualification To further develop individual's coaching ability, students will complete both the Level 1 and Level 2 Multi-Skills qualifications. These awards allow for further focus on how to develop fundamental movement skills such as agility, balance and coordination and progress the generic sporting skills of travelling, throwing, catching and striking.

## FOOTBALL

Throughout the two year programme students will have the unique opportunity to benefit from in-school work placements delivering PE across all four key stages.

Engaging with The Wensum Trust schools at infant, junior and high school level will provide "real life" opportunities to put into place the skills being developed through the programme.





## COMMUNITY SPORTS FOUNDATION

CSF helps over 38,000 people every year to achieve their goals through sport, supporting some of the most disadvantaged, disabled and talented people across Norfolk. The Foundation's vision is to help people achieve their goals by delivering quality, innovative services through football and sport.

CSF will be supporting students through the delivery of the PE and school sport qualification alongside the multi-skills awards.



## UEA University of East Anglia

The University of East Anglia is a world leading research institution, renowned for student experience. It has a very highly regarded sports and physical education provision.

The university will be supporting students with their degree level exit routes and potential PGCSE progression, alongside additional academic support and site visits to the university campus.



## Hellesdon High School & Sixth Form Centre

Hellesdon High serves not just the local community of Hellesdon, but also the wider areas of Norwich and beyond. The fact that students are willing to travel considerable distance to experience the ambitious but caring environment of learning at Hellesdon High School is a true measure of its success.

Hellesdon High will be supporting students through the delivery of their core education programme through a blend of A-level and vocational options.



## WENSUM TRUST

The Wensum Trust is a not-for-profit education trust with 11 academies arranged into three geographical hubs across Norfolk. It provides a complete education journey from early years to sixteen plus, creating seamless transitions and delivering an ongoing commitment to providing rich and diverse experiences, such as this programme, which enable it's students to develop, flourish and reach their full potential.

The trust will be supporting students by hosting in-school placement opportunities.



# APPLY NOW.



To register your interest for a place on the programme please scan here or apply online via: [hellesdon.net](https://hellesdon.net)

or call **01603 424711**

or email [office@hellesdonhigh.norfolk.ach.uk](mailto:office@hellesdonhigh.norfolk.ach.uk)



COMMUNITY SPORTS  
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**WENSUM TRUST**

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