

8th November 2022

Dear Parent/Carer

## **Non Uniform Day & Service Area Drop Day 1 - Thursday 10th November 2022**

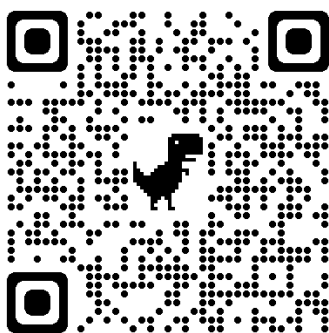
We will be holding our first collapsed curriculum 'Service Area Drop Down Day' of this academic year on Thursday 10th November. The students will be off timetable to work with a service area for a morning and afternoon. They will be given an opportunity to experience a range of activities and experiences organised by the staff and senior prefects within that service area.

This year as part of the Charity service area for drop down day we will be holding a non-uniform day to support Nelson Journey. This charity supports children and young people in Norfolk who've experienced the death of a significant person. They provide a range of resources and services, and accept referrals from families and professionals for those who may need our support. Since 1997, Nelson's Journey has helped thousands of bereaved children and young people in the county.

All donations for this non-uniform and fundraising event will be collected online. Please support us by going to <https://www.justgiving.com/fundraising/acle-academy-nelsonsjourney-nonuniformday>

and make a donation to our specific Acle Academy Just Giving page. 100% of the money raised will be going to Nelson's Journey and can we please ask that donations are made before Thursday 10th November.

Additionally, if you scan the below QR code on your smartphone this will take you directly to the Just Giving page.



We are extremely proud of our students who are always willing to engage enthusiastically in charity based events. We will also ensure pupils are educated about the work Nelson's Journey does.

May we take this opportunity to thank everyone at home for your donations to this event and in  
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Please see <https://nelsonsjourney.org.uk/> for more information about the work this organisation does.

Please find details below which give you a bit more insight into the range of activities planned for the day. A brief overview is provided below. **All pupils will be attending in non-uniform** for the full day but some activities might advise particular clothing depending on what they plan to do. Please check the below information carefully.

#### **Schedule for Service Area Day 1**

<b><u>Service Area</u></b>	<b><u>AM</u></b>	<b><u>PM</u></b>
<b>Study Support</b>	Year 7	N/A
<b>Wellbeing</b>	Year 11	Year 9
<b>Enrichment</b>	Year 9	Year 8
<b>DICE</b>	Year 8	Year 7
<b>Community</b>	N/A	Year 10
<b>Charity</b>	Year 10	Year 11

**Wellbeing - Year 11 (AM), Year 9 (PM): Direct any queries to Mrs Thompson**  
[ktompson@acle.norfolk.sch.uk](mailto:ktompson@acle.norfolk.sch.uk)

The Wellbeing service area will be joined by year 11 students all morning and year 9 students all afternoon. Some students have selected the gardening option and will spend the whole morning or afternoon doing this activity. The students will be improving our school community garden and working on improving certain areas of the school site which will help student well-being.

**Students must wear suitable clothing and footwear for the activity as they may get dirty!**

The remaining students will rotate around four activities spending between 30-45 minutes on each one. The activities are -

Mindfulness/Meditation

Dancing

Games

Mural colouring

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**Community- Direct any queries to Mr Becker**

**[mbecker@acle.norfolk.sch.uk](mailto:mbecker@acle.norfolk.sch.uk)**

The Community service area will be working closely to improve the environment of the school and will be running a series of activities on rotation with Year 10 throughout the afternoon. This will include priming and preparing benches to be painted, painting school benches, a school litter-pick as well as a planning session with Mr Becker on how the students would like to see the school environment improved and what we can all do to work together to further enhance our school for all of our pupils. All the groups for these events will be communicated to pupils in advance of Thursday.

The Community service area will also lead a small delegation of pupils down to Acle Church in the morning to pay our respects for Remembrance Day and lay a wreath in honour of soldiers who fought in past wars. We believe it is important to foster a clear understanding of remembrance and pupils have also had assemblies this week on this topic which has linked heavily to our local history.

**On the day:**

Wear sensible clothes which you don't mind getting dirty/paint on.

**Year 7 (PM) Charity Direct any queries to Ms Segurado**

**[dsegurado@acle.norfolk.sch.uk](mailto:dsegurado@acle.norfolk.sch.uk)**

This year as part of the Charity service area for drop down day we will be running a number of varied activities. The children will have the opportunity to take part in; journal writing, a clay poppy workshop, a baking session, a Nelson Journey charity workshop, and a 'triathlon'. All of these activities help to support, learn, build an understanding of charities, and raise funds for our school's chosen charities, Nelson's Journey and The Acle Foodbank.

As part of the day, some children will have the chance to be on our team triathlon where they can work as a team to complete the distance of a sprint triathlon, 16 miles or 25 kilometres, or an Olympic triathlon of 51.5km or 32 miles. They will be rowing (rowing machine), cycling (exercise bike) and running.

We would really appreciate your support with these events through, firstly sending your child in non-uniform or P.E kit (if in the triathlon).

Cakes that will be baked and decorated will be on sale in school on the following day, with all the funds going to the Acle foodbank. And lastly, if you are happy to donate to the triathlon to support these students the link is here.

**<https://www.justgiving.com/fundraising/acle-academy-nelsonsjourney-nonuniformday>**

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**DICE - Direct any queries to Ms Bell**

[rbell@acle.norfolk.sch.uk](mailto:rbell@acle.norfolk.sch.uk)

The focus of the DICE service area is on diversity, inclusion and equality, and we aim to increase our student's understanding of these issues and the wider world.

Our drop down day includes a range of external speakers and a variety of activities. Younger students will also work in close collaboration with our senior prefects, all of whom have a passion for issues of equality and diversity.

On our first drop down day of the year, Year 8 will be involved in an hour-long workshop, on the origins of racism and the impact Victorian politics have had on modern ideas about race. They will also watch the 2018 film, 'The Hate You Give,' which is based on a book written for young adults. It tells the story of an incident of racially motivated police brutality in the USA. From these sessions, the students will begin to get an understanding of how racism has become part of society and the negative impacts it continues to have on people of colour and society as a whole.

Year 7 will have a talk from the Norfolk LGBTQ+ Project, who work with schools across the county to encourage inclusivity off LGBTQ+ people. In the talk they will be introduced to key terminology associated with the LGBTQ+ community and will learn about where they can get further support or learn more about LGBTQ+ issues if they want to. Students will also create identity boards to help them consider their own identities, how they were shaped and why identity is so important.

**Enrichment Direct any queries to Mr Southerden**

[tsoutherden@acle.norfolk.sch.uk](mailto:tsoutherden@acle.norfolk.sch.uk)

The Enrichment team will run 3 separate activities which pupils have chosen in advance:

**Multi-sports with Mr Frost and Miss Richards**

[srichards@acle.norfolk.sch.uk](mailto:srichards@acle.norfolk.sch.uk)

**Description:**

Join Miss Richards, Miss Wacey and Mr Frost on a sport-themed outing to East Norfolk College where you will experience their state of the art sports hall and 3G football pitch. You will take part in an action-packed session playing a range of sports such as football, basketball, handball and badminton.

**On the day:**

You will need to wear a full Acle PE kit so you are recognisable on the college site. You will need moulded boots, shin pads and trainers. A jacket and tracksuit bottoms are advised for the football activities outside. Drinks and snacks should also be taken.

**Go Green with Mr Kennedy**

[ikennedy@acle.norfolk.sch.uk](mailto:ikennedy@acle.norfolk.sch.uk)

**Description:**

Gardening has been proven to be good for mental health, self-esteem, focus and physical health. We will be improving our school community garden and having a few laughs along the way. In this session we will be working on improving some of the less pretty areas of the school site. This is an outdoor event and you need to be willing to brave the weather to help our climate, improve our school and have a bit of fun too.

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On the day:

Wear suitable clothing for the weather and bring a spare set just in case. Any form of digging equipment would benefit the event.

**Combat Laser, Airsoft Shooting Gallery, Laser Clays and Teambuilding**

Laser Tag - With inflatable bunkers and barricades to hide behind, battle it out with your peers whilst building teamwork and communication skills. Less pain and less mess but all the adrenaline and fun!

Laser Clay Pigeon - Using specially adapted shotguns, practise your target acquisition and reaction times with a clay pigeon shoot in a small team. Scores will be calculated across your whole team so make sure to encourage your peers.

Airsoft shooting gallery - test your accuracy and skill at the airsoft shooting gallery with an interactive target system and scoring system.

Keep talking and nobody explodes - Put your teamwork and communication skills to the test with a VR bomb disposal task.

Team Building Challenges - Continue to develop your teamwork, leadership and problem solving skills with a variety of team challenges.

This is an outdoor event. Please dress appropriately.

On the day:

Wear suitable clothing for the weather (and bring a spare set just in case)

**Year 7 (AM) Study Support: Direct any queries to Mr Carrier**

[rcarrier@acle.norfolk.sch.uk](mailto:rcarrier@acle.norfolk.sch.uk)

Students will be competing in a variety of quiz-show inspired games which will utilise the following study/revision skills:

- Oracy
- Information Processing
- Numeracy
- Problem-Solving
- Cooperation

Points will be earned for respective forms, with the winners receiving a special form prize! No uniform or specific clothing required. Pupils have been sub-divided into teams within their form group and these will have been shared and communicated with pupils before Thursday.

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If you have any questions or queries regarding the drop-down day on Thursday please contact the service area lead if it is in relation to the activities being run or feel free to contact myself.

Yours sincerely



Mr J Sayce  
Assistant Principal for Progress and Achievement  
& Teacher of History  
[jsayce@acle.norfolk.sch.uk](mailto:jsayce@acle.norfolk.sch.uk)

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