

Newsletter – 11th November 2022



Remembering Sacrifice



This week our assemblies have focused on Remembrance Day and the importance of it to our cultural, social and national history.

Students have explored the stories of key individuals from Acle who sacrificed their lives in both the First and Second World Wars and have learned about the strategic importance of Acle as a defensive post in WWII, following the evacuation of British and French troops from Dunkirk in May-June 1940. Moreover, students examined the significance of Remembrance from a different perspective in the context of this year's reflections on the 40th anniversary of the Falklands War as well as the current ongoing conflict in Ukraine. We have encouraged students to engage in conversations about the importance of this annual, national event and what it represents.



We are part of...

WENSUMTRUST

Mini Plant Oxford Tour

Key Stage 4 Product Design students enjoyed an exclusive iFactory tour at the Mini plant in Oxford on 31st October. The iFactory is where the 5-door, 3-door and Clubman chassis are constructed. Students walked around the fully automated factory watching the ABB robots in action with an audio commentary given by a member of staff with over 30 years' experience.

After the tour of the iFactory, students were transported down to the assembly line where they witnessed the interiors of the Mini being constructed. The Oxford plant creates 1,000 Minis a day and employs over 3,000 staff.

This was a brilliant experience for students and has supported their understanding of examined content on LEAN, Just in Time manufacturing systems and past designer Sir Alec Issigonis.





SIR ALEC ISSIGONIS. THE ORIGINAL TRAILBLAZER.

Without Sir Alec Issigonis, there would be no MINI.
Born in the Greek port of Smyrna (now Izmir, in Turkey) in 1906, Sir Alec Issigonis moved to the UK in 1923 and studied mechanical engineering at Battersea Polytechnic.
His distinctive drawings had a touch of Da Vinci about them, and after being recruited by Morris Motors in 1936, he designed the second generation Morris Minor. Launched in 1942, this affordable family car became an icon of British motoring.
However, it was for the revolutionary Morris 'Mini' Minor in 1959 that Sir Alec is best known. A triumph of ingenious engineering, it would earn him a knighthood's few years later.
By 1961, Sir Alec was Technical Director at British Motor Corporation. He retired from the motor industry a decade later, although he continued to work as an adviser for the company until 1987. Sir Alec died in 1988, aged 81, leaving a remarkable legacy of innovative and highly influential designs.





MOVEMBER

Last week Mr. Southerden delivered assemblies to all year groups about Movember and the important work this charity is doing for men's mental health. The assemblies encouraged pupils to talk more about their emotions and to seek help early rather than "man up".

Mr. Southerden was extremely impressed by the maturity of the students when talking about difficult topics and has already acted on feedback from pupils who would like to see Mental Health ambassadors and a men's mental health group set up.

The assembly also covered prostate cancer and testicular cancer with a visit planned from the charity Oddballs in the near future.

If anyone would like to donate to Acle Academy's Movember Fundraising efforts please follow the link below:

<https://movember.com/t/acle-academy-mo-team>



Year 7 Safer School Assembly

On Thursday 3rd November year 7 took part in an extended assembly delivered by Mr Paul Johnson from the Safer School Partnership team at the Norfolk Constabulary. The presentation focused around the subject of Internet safety and included learning about the associated risks of online apps, games and social networking as well as the personal and criminal consequences of the misuse of the Internet. The students were also informed about associated crimes, malicious communications, respectful behavior and assault. The students behaved in an exemplary manner, contributed with ideas and asked some brilliant questions! Mr Johnson was most impressed with our students.

There is some additional information about the session here

<https://www.norfolk.police.uk/advice/child-protection/safer-schools-partnerships>

The Youth Engagement & Safer Schools Team have a very useful family internet agreement which can be downloaded from the same webpage.

If you would like more information about keeping your child safe online please check out parentinfo.org further information can also be found on some apps, games and social networks they are using, check out the NSPCC's Net Aware site net-aware.org.uk



Year 7 Careers Day

Throughout the morning on Wednesday 2nd November year 7s took part in a careers drop down event where they met a range of employers who they got to interview in order to try and work out what profession they were from. They met a probation officer, an Engineer working with Green Energy, and a Deputy Charge Nurse from the NNUH amongst others. Our visitors commented on how great the students were and the excellent questions they posed about skills, values, what kind of tools they used and if they were part of the key worker sector. The event aimed to make students aware of a range of careers and to combat some of the stereotypes that exist about career options and different professions. The students all took an active role, and represented the school really well.



Reflex Theatre Consent Workshop – Year 10

On Thursday 9th November the Reflex Theatre Company visited Acle Academy delivering a two hour performance and workshop for our Year 10 students.

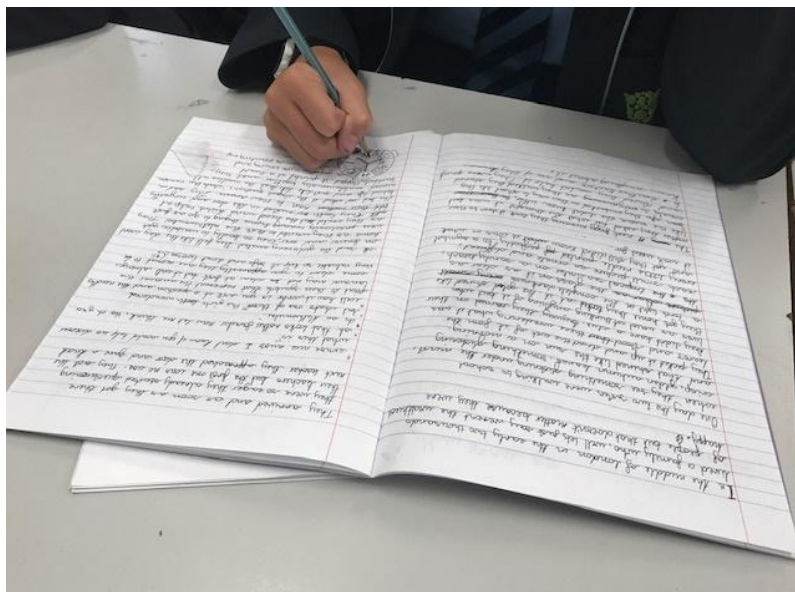
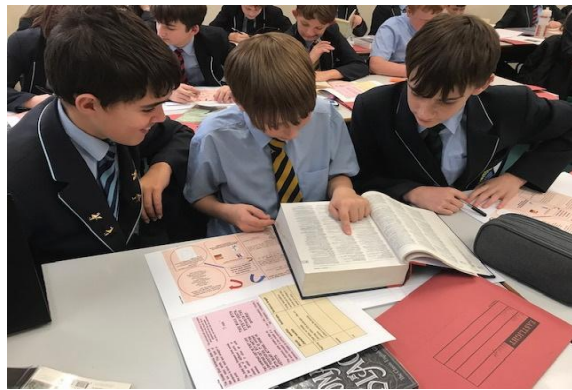
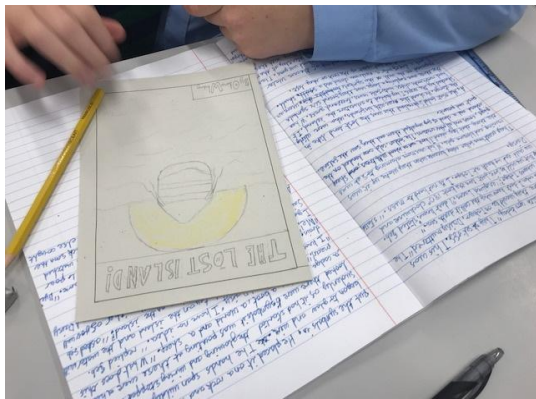
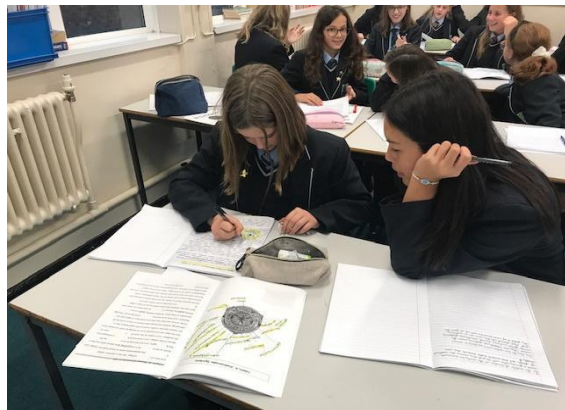
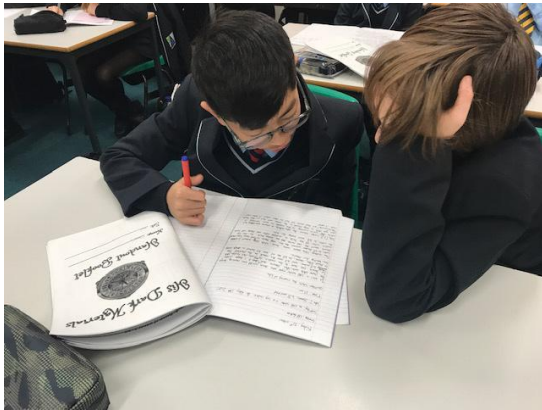
They performed one of their Theatre in Education productions, “Trust Me”, a production that has been developed in consultation with the Magdalene Group and the Safe & Sound Group. ‘Trust Me’ focuses on RSE Curriculum issues such as ‘Online Safety, Consent and Safeguarding Against Child Sexual Exploitation’. These issues form part of the current RSE curriculum, and are incredibly important to raise, ensuring your child is informed and aware of how to protect themselves and to establish trusting, safe, healthy relationships.

The Year 10s were absolutely amazing! Their contributions in the workshops were noted by the team and they were all praised on their politeness. Our visitors were most impressed and are hoping to come back in the springtime to deliver a workshop to Year 9.



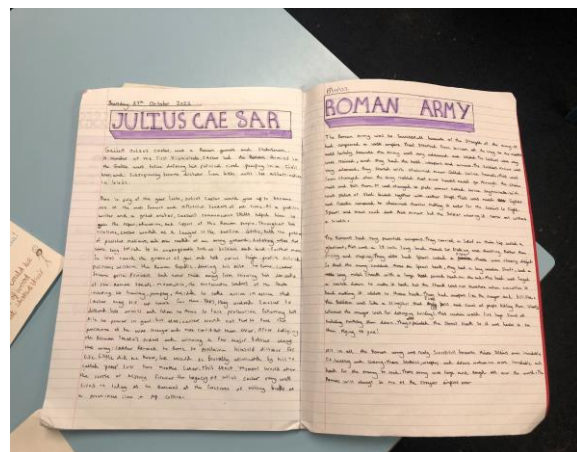
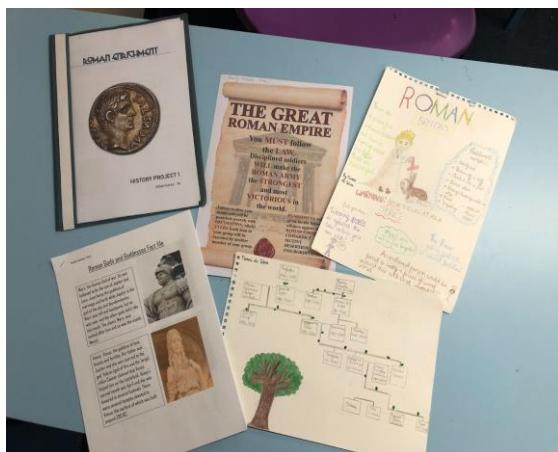
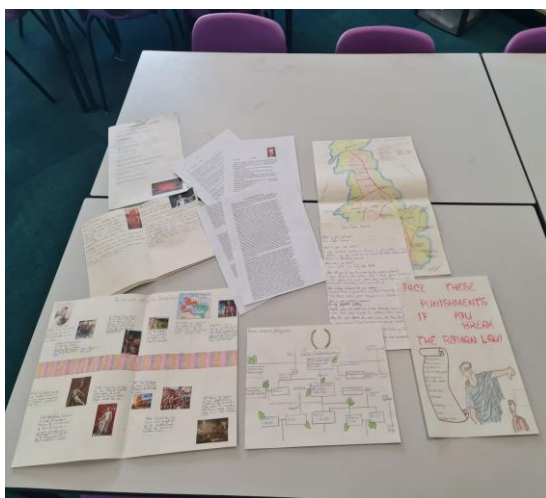
English

In English recently the students have been working on creative writing. They have thoroughly enjoyed the planning, editing and writing process, and the chance to use their imaginations. As well as independent work, the students have worked collaboratively to peer assess and share advice and ideas. The work produced has been outstanding.



Y7 History - Romans Enrichment Homework

Students in Year 7 were asked to get creative with their History homework over the last couple of weeks and have more than stepped up to the challenge! Students were given the opportunity to extend their learning and deepen their understanding of the Roman Empire with a range of enrichment tasks. Work ranged from beautifully created family trees of the Roman Emperors to illustrated and informative posters on discipline and punishment; detailed timelines, fact files on Gods and Goddesses and even interviews with Julius Caesar himself!



GCSE Reunion

We look forward to inviting our class of 2022 leavers and their parents to the Year 11 Reunion on 17th November 6.30pm-7.30pm. It will be a lovely opportunity to be presented with their examination certificates and to meet up with friends and teachers. Staff will attend this event and will be handing out certain awards to recognise just some of their exceptional achievements. To help us with the planning of the evening please RSVP via the google link below if you are the parent of a former Year 11 leaver from 2022.

[RSVP Here](#)

If any former Year 11 pupils can't make the event they can collect their certificates from Friday 18th November from the school office. If they cannot collect in person, the person collecting for them must bring in a signed letter from the student with consent to collect on their behalf together with ID.

Remembrance

This morning (11.11.22) at 11am senior prefects from the Community service area and student representatives from the Acle Detachment of the Norfolk Army Cadet Force attended a short wreath laying service with the Royal British Legion at Acle War Memorial.

Members of the public commented on the fantastic standard of behaviour and uniform of our students and cadets. The beautiful handmade wreath was produced by students and staff of the Creative Industries faculty and shall be returned to the memorial on Sunday during the full service of remembrance.

We are proud to have been a part of honouring those who have served and continue to serve our country.

Mr Southerden

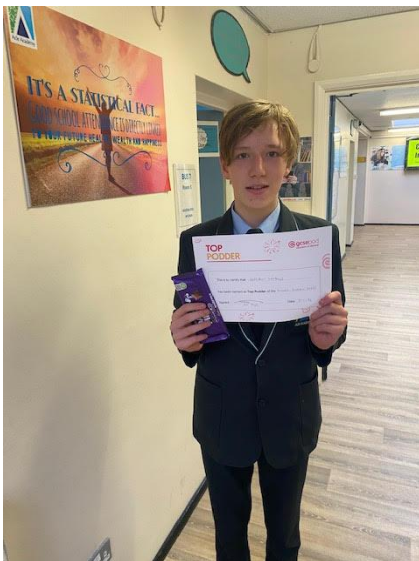




GCSEPod Revision Competition

As always, we strongly encourage our students, especially those in Key Stage Four (Year 10 and 11) to use GCSEPod regularly to improve their revision skills as well as their understanding of key content for all their subjects. We are very proud of the hard-work put in by our students as many are engaging with GCSEPod well and some are using it exceptionally well to improve their grades.

A big congratulations to Year 11 students, Edward D-C (not pictured), Isaac R (not pictured) and Alasdair W for being the highest content watching and question answering students for the month of October 2022. Furthermore, a massive well done to Kira C in Year 10 who not only watched the most 'pods' and answered the most questions in her year group but actually was top of the whole school for October 2022! Well done Kira.



I am very keen to promote the regular use of GCSEPod and as such **I will be running a further competition open to all Year 10 and 11 students in the coming weeks. I will be rewarding and giving prizes away to the students who engage most with GCSEPod from November 1st- through to December 16th.** We will be judging this based upon how many 'pods' the students watch and how many Check and Challenge questions they complete. There will be points available for doing both of these things and a league table will follow at the end of December. I will be promoting this competition in form time next week as well as the Year 10 and 11 assembly.

If you have any questions about GCSEPod then please do not hesitate to contact me and I'll be happy to help - Mr Sayce. jsayce@acle.norfolk.sch.uk

When used effectively, GCSEPod can have a BIG impact on final grades!

Data from over **3,500** students shows that higher GCSEPod users are more likely to exceed their predicted grades by a larger margin than those who don't use GCSEPod.

Year 11 Impact Analysis

On average, regular users of GCSEPod achieved

0.7 more Progress 8 points than non-users

On average, the highest users achieved

20 Attainment 8 points more than non-users

Regular users of GCSEPod achieve, on average,

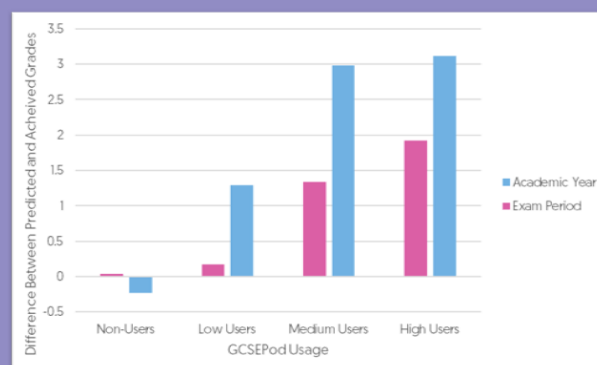
1 grade higher per subject than non-users

Data collected from 3,528 Yr 11 students, across 24 schools

Start now and use often

Just like training for a marathon, you need to **start early and train little and often**.

Students who used GCSEPod over the **WHOLE year**, not just during exams, achieved **greater results**.



TOP TIPS

Mock exam preparations- Mr Sayce

The first round of mock exams are coming up fast now for Year 11 and they being on the 28th November and run for two weeks.

It is vitally important that all students are preparing effectively for these mock exams and regular revision in small doses is the key to success in the mocks but also the real exams.

If your child needs any help or support with revision for the mock exams please contact either myself or Miss John and we'll support them in getting ready for this important part of the year.

Please also find below my top tips for revision which I believe are very important to helping students achieve their potential in the exams.

Top 10 tips for successful revision:

1. **Short bursts of revision** (30-40 minutes) are most effective. Your concentration lapses after about an hour and you need to take a short break (5-10 minutes).
2. **Find a quiet place to revise** your bedroom, school, the library and refuse to be interrupted or distracted.
3. Make sure you **don't just revise the subjects and topics you like**. Work on your weaker ones as well.
4. **Make your own revision notes** because you will remember what you have written down more easily. Stick key notes to cupboards or doors so you see them every day. Rewrite the key points of your revision notes; read them out loud to yourself. We remember more than twice as much of what we say aloud than of what we merely read.
5. **Use online resources-** Use GCSEPod frequently and remember to complete the check and challenge questions. This resource is proven to make a massive difference on your GCSE grades if used regularly. The Acle Academy Revision Zone on the school website has every revision resource you need for every subject! (Hover over students- click on revision resource zone (make sure you login via your school Gmail)
6. **Use different techniques.** Make your own learning maps, use post it notes to write key words on, create flash cards. Record your notes and listen to them back on your phone or voice recorder. Ask friends and family to test you. Use highlighter pens to mark important points. Chant or make up a rap song.
7. **Practice past exam papers** or revision tests available on the web. Initially do one section at a time and progress to doing an entire paper against the clock.
8. **Ask for help-** You will need help at some stage, ask parents, older brothers and sisters, teachers or friends. If there is a teacher with whom you get on well at school ask for their email address so you can clarify points you are unsure of whilst on study leave. Use websites specifically designed for revision.
9. **Don't get stressed out!** Eat properly and get lots of sleep!
10. **Believe in yourself and be positive.** If you think you can succeed you will; if you convince yourself that you will fail, that's what will probably happen. Don't let others convince you that they aren't working. Focus on yourself and what you can do to be successful. It will pay off!

Top tips for Studying at home



STICK TO A ROUTINE

Agree a structure with your parents that closely resembles a normal school day. Consider making your daily timetable visible so everyone in the house is aware of your routine. Schedule for breaks, lunch and snacks as well as physical exercise



KEEP A HEALTHY LIFESTYLE

Prepare healthy lunches and snacks the night before so you have the maximum amount of time to relax during your breaks the next day. Monitor your online activity so you don't find yourself spending too much time in front of a screen – take breaks involving fresh air and physical activity.



STAY CONNECTED

When you aren't doing school work or revising, keep in contact with your friends. Talk with your parents and teachers where possible to make sure you share your thoughts and feelings



CREATE A WORKSPACE

Assign a workspace in your house that will be used for your school work. Make sure the space is clear and tidy with reliable WiFi. Keep distractions to a minimum.

Coping with exam stress

DEALING WITH EXAM STRESS

Don't let the stress of exams overwhelm you. Stay in control with these top tips.



gcsepod
education on demand



BELIEVE IN YOURSELF

If you work hard and stay focused with positive energy, stress will be reduced. Believe in yourself and have the confidence to succeed.



GET ORGANISED

You'll feel more confident and in control if you make a list of everything you need to study and create a schedule.



MAKE SLEEP A PRIORITY

Without getting the proper rest it will be even harder to retain information. A good sleep of between 7-9 hours every night helps you have a relaxed and well-rested mind and body.



OVERCOME PROBLEMS

If you find you don't understand some of your material, getting stressed out won't help. Instead, take action to address the problem directly by seeing your teacher or revising on GCSEPod.



EXERCISE

A healthy body = a healthy mind. Encourage your child to do at least 20 minutes of physical activity a day to help improve their focus and keep them relaxed.



EAT RIGHT

Ensure your child is eating three healthy meals a day and limit their caffeine and sugar intake. Power foods for your brain include blueberries, salmon and nuts!

TALK ABOUT YOUR NERVES

Nervousness is a natural reaction to exams but bottling it up will only make it worse. Talk to your child about how they're feeling, it will help them to relieve any stress and worrying they may be experiencing.



KEEP THINGS IN PERSPECTIVE

Exams will seem like the most crucial thing, but in the grander scheme of things it's only a small part. Remind your child of this and tell them, they can only do their best and that's enough!

Ukrainian word/phrase of the week

As part of our efforts to increase student leadership and provide opportunities for pupils to support our wider community we have now implemented a 'Ukrainian word/phrase of the week'. This is an idea put forward by one of our junior prefects, Diana D and she wants to do this in an effort to help our students communicate more effectively with their Ukrainian peers. Each week we will share a word/phrase with all pupils in form time and pupils will learn how to pronounce the phrase and will be encouraged to use this in their conversations with our Ukrainian students. Please find an example below of the work that Diana has prepared as an initial offering to form time for next week.



Ukrainian words/ phrase of the week



1- Hello, how are you?

1- Pryvit, yak spravy?

- How to pronounce this- 'Preveet Yak Spravy'

2- I'm okay, what about you?

2- Ya dobre, a ty?

How to pronounce this- 'Ya Dobray a te'

Week 1- 14th November 2022

Service Area Day – Thursday 10th November

Enrichment Service Area

The enrichment service area aims to offer opportunities for students to explore new hobbies, build communication skills, teamwork and most importantly have fun. Year 8 and 9 were the first year groups to enjoy our programme of events. Some students developed their woodworking and gardening skills with Mr Kennedy making planters to brighten up the school and their homes. Students worked quickly to build planters made from reclaimed pallets kindly donated by Mowers2Go in Acle. Results were impressive and students enjoyed developing their carpentry. Miss Richards, Mr Frost and Miss Wacey offered a multisport event at East Norfolk with students having an opportunity to play some of their favourite sports and give some others a try for the first time. This energetic session built confidence and teamwork and returned students energised/exhausted. Combat Paintball visited the school site to offer Laser tag alongside an airsoft shooting gallery where some amazing scores were achieved. Students tested their communication in a Virtual Reality bomb disposal game and while some attempts were extremely successful others had a rather more hilarious outcome including trying to find somewhere to hide as the bomb exploded. For the first time this year students also had the opportunity to try their hand at Clay pigeon shooting using a state of the art laser clay system. Again some amazing marksmanship was shown with many students expressing an interest in joining shooting clubs outside of school to further develop their skills. Mr Southerden and the enrichment service area prefects would like to thank all the pupils who participated for their enthusiasm, engagement and great behaviour. Mr Southerden would like to personally thank all the staff (including 2 of our current PGCE trainees) for their time and dedication to providing such fantastic opportunities.



Study Support Service Area – Year 7 AM

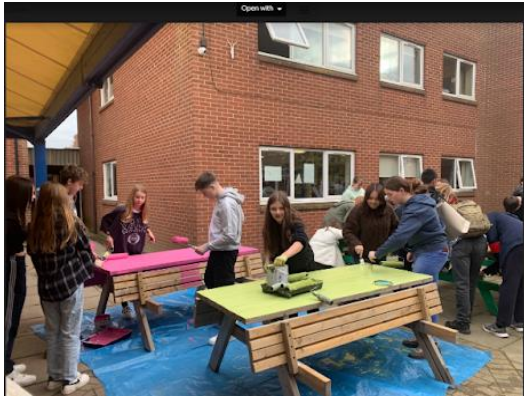
Year 7 engaged with a variety of study skills by rotating through a number of quiz-show inspired games. The games included: Countdown, Would I Lie to You?, The Hit List, Taskmaster and Catchphrase which gave form groups the opportunity to compete in using the following skills:

- Oracy
- Information Processing
- Numeracy
- Problem-Solving
- Cooperation

The students enjoyed earning points for their forms, with Taskmaster being particularly singled out for praise as a variety of games including picking up the biggest item with chopsticks and making something spin for the longest time taxed the ingenuity of the teams! The overall winner will be announced next week, with a special prize for the form who earned the most. The Study Support service area is ably run by our prefect team of Matthew B, Martia L, Matthew M and Oliver M. Special thanks must go to Emma B who, as student head of the service area, originated the idea for the day's events and displayed excellent leadership and organisation skills!

Mr R Carrier

Community Service Area



The Community team only had the Year 10's in the afternoon. Some feverish activity saw a full sweep of the school site litter picking and a start made on removing floor markings used for the Covid 'One-way' system. The most noticeable outcomes of the effort put into the day were the five benches that were prepped and painted and the work on starting to get other benches ready for painting and repair.

The Head and Deputy Prefects of the Community Service Area also attended the memorial wreath laying at the Acle War Memorial on Friday, a small mark of their pride in our wider local community and a mark of our gratitude for the sacrifices made by others from within that community.



Well-Being Service Area

Dancing

We had a lovely dance instructor come into school for the day. Billie taught the students a Bollywood dance routine to Jai Ho. Her instruction was easy to follow and we got to learn a routine step by step. The end result was a full dance ending up with us in a line, alternating our hand movements to create a visual spectacle.

Bollywood dance is an important part of Indian culture, it is unique in its ability to tell a story through bodily movements. It's fun and very expressive and there's a lot of deep meaning behind music in the films. Bollywood dancing requires lots of movements from your hands, feet, face and neck. It gave us a chance to come together as a group and have some fun.

Games

One activity the students took part in for the Wellbeing group was learning different cards games. We decided to do this because of not only the thinking skills required for such games, but also the social aspect with different games being easily accessible with friends, families and siblings. The students had an enjoyable time learning games like 31 and participating against other students. Some students asked if we could start a lunchtime cards club which Mr Hurren is going to look into providing.

Colouring

Following research colouring is a healthy way to **relieve stress**. It calms the brain and helps your body relax. This can improve sleep and fatigue while decreasing body aches, heart rate, respiration, and feelings of depression and anxiety. Year nine and eleven students worked on a mural of the River Thames in London & Great Yarmouth. Students had a section of the map to colour in any way that they wanted. Each piece was then stuck together to form the mural. The finished art works are amazing & students worked hard to complete their piece of the map.

Mindfulness/Meditation

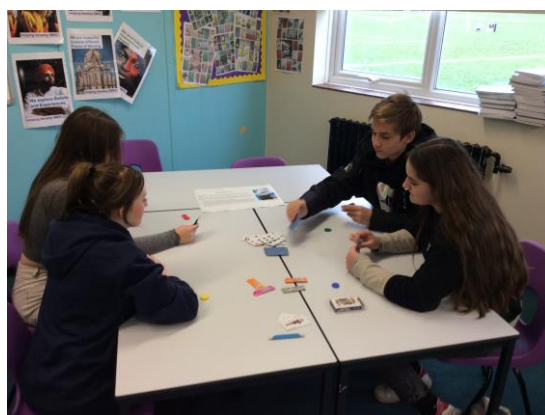
We had the wonderful Sally Davis from Leap Mindfulness come in to do sessions around mindfulness and meditation with our year nine and eleven students. We talked through how to be more mindful and which strategies can help with anxiety and stress. In the afternoon we practised some meditation which the students found to be really relaxing. Lots of them said they would like to do more of it.

Gardening

Go Green (TM).

A group of year nine and eleven students worked in the garden ensuring that the garden was prepared and ready for the winter months. The garden becomes very overgrown when not being tended to regularly. Students worked tirelessly to cut hedging, reline borders and re-establish the compost heap in preparation for warmer months. Gardening is good for self-esteem and reducing stress. It gives you a chance to focus on something and put your mind to work with a goal and a task in mind.

Well-Being



Charity

What a busy day of activities we held for the children in the Charity service area. All supporting several great Charities who our head prefects have chosen to work with; Acle Foodbank, Nelson's Journey and the Royal British Legion. The day consisted of Year 10s and Year 11s being part of a triathlon, journal writing, a clay workshop, baking and a workshop with our visitor from Nelson's Journey.

The Triathlon group were set the challenge of completing a sprint triathlon 16 miles or 25 kilometres. If they wanted an extra challenge they could have aimed for the full triathlon distance of an Olympic triathlon of 51.5km or 32 miles. They rowed (rowing machine), cycled (exercise bike) and ran as a team aiming for a good time, however the goal was to finish the distance. All proceeds were donated to the charity Nelson's Journey. It was a great challenge, and thank you for your support and sponsorship, this was greatly appreciated.

Throughout the day our catering Year 10 and 11s baked and decorated over 400 cakes for a school bake sale to raise money for the Foodbank, great work everyone! The cake sales at lunch and Friday break were very popular.

To mark Remembrance Day and the poppy appeal the pupils were set the task of creating a clay poppy each. All the poppies were for a final display in the main corridor of school. This gave us a good chance to reflect on why the poppy is such an important symbol of peace and hope for the future.

Our journal session provided a good opportunity for well-being, reflection and skills to support with mental health. It was a chance to look at ways to relieve stress and support our young people to understand and process feelings through journal writing and activities.

A very big thank you to all staff, prefects and the students for all their support and getting involved in this great day!

We will keep you posted on how much has been raised over the past week. We are currently in the process of counting all the donations. Please note if you missed the link to donate for the non-uniform day or wish to support the efforts in the triathlon, please follow this link <https://www.justgiving.com/fundraising/acle-academy-nelsonsjourney-nonuniformday>



DICE

The first DICE drop down day of the year was a great success, with both Year 7 and Year 8 participating in different workshops around the school. The senior prefects were a huge part of the day and special thanks goes to them for their work in the run up to the day and the day itself.

Year 8 focused on the origins of racism and its impact on society. They began the day with a workshop on the legacy of imperial racism and considered how, although we are no longer in the imperial era, many of the myths about race continue to damage society to this day. They then went on to consider the impact of institutional racism on modern society through a screening of the 'Hate U Give,' which is a film based on a book by Angie Thomas for young adults, about racialised police brutality in the United States. Many of the students were very moved by the film, and are keen to further their understanding about institutional racism.

In the afternoon Year 7 were learning about the importance of self-identity and also began to learn about the LGBTQ+ community, and why it is important to support them whether they are in the community themselves or not. The Norfolk LGBT+ Project came into school to speak with the Year 7s about, to answer any questions they may have and to explain to students where they can get support if they are or feel they may be in the community. The Year 7s were very mature and inquisitive in the workshop and learned a lot. Following their talk with the Norfolk LGBT+ Project, they went on to do a workshop on identity and created identity boards, in a DICE competition. The winner of the competition will be receiving a £10 Amazon voucher. Winners will be notified next week.



Could you volunteer?

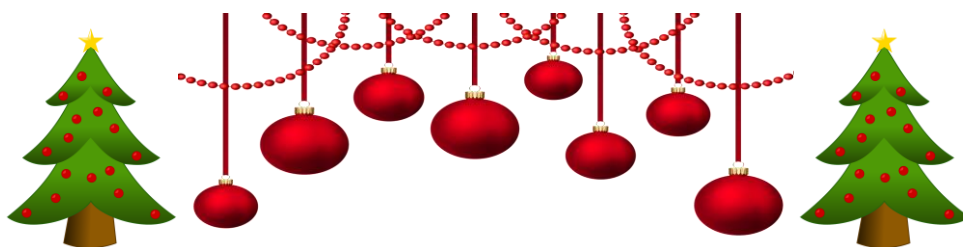
We would love to hear from parents or carers that may be interested in volunteering at school. This could take the form of helping students with reading, sharing a passion for a sport, craft or hobby through an after school or lunch time club or if you speak French or German, perhaps helping our students practice with speaking in MFL?

Our students appreciate the opportunity to work with adults who are not teachers and it also helps give them perspective into the world beyond school and home.

The school would provide full training, support and DBS checks. To register an interest, please contact the main school office.

Celebrating our students' success

At Acle we value celebrating our students' successes in school and also outside of school. If your child has achieved success in activities outside of school, we would love to hear about them and help celebrate their achievements. Please share information with your child's Head of Year or email info@acle.norfolk.sch.uk



Acle Food Bank Donations- Christmas Appeal

We were overwhelmed by the wonderful donations for Acle Foodbank at our non-uniform event at the end of last half term. Thank you so much for your support. As this was so successful we have decided that we would like to do this again at Christmas rather than the usual £1 donation. This time we will be asking families to consider donating Christmas treat items in addition to the basics. It would be wonderful if you could bear this in mind when shopping over the next few weeks.

Parent/Carer Free webinar

This November, youth mental health charity [stem4](https://stem4-org-uk.zoom.us/webinar/register/WN_84-jx9W4RjmjBPl1zcgV2A) is focusing on supporting the mental health of boys and young men.

Whilst there is a focus on building confidence and self-esteem in girls, boys can struggle with self-esteem too. Boys and young men often have to conform to gender stereotypes which set standards based on 'strength', both physical and emotional, as well as encourage competition and advantage.

Boys and young men often express low self-esteem differently. Some may act out through challenging behaviours, whilst others may 'escape' into distraction behaviours or withdraw.

The webinar focuses on:

- early warning signs of low self-esteem and self-worth in boys and young men;
- identifying when eating issues might turn into eating disorders;
- management of muscle dysmorphia;
- practical ways in which parents and carers might engage with and address some of these concerns.

Follow the below link to register

https://stem4-org-uk.zoom.us/webinar/register/WN_84-jx9W4RjmjBPl1zcgV2A

stem4 WEBINARS FOR PARENTS AND CARERS

BUILDING SELF-ESTEEM AND POSITIVE BODY IMAGE IN BOYS AND YOUNG MEN

Thursday 24th November 7:30pm via Zoom

This webinar will cover early warning signs of low self-esteem and low self-worth in boys and young men, how to identify when eating issues might turn into eating disorders, management of muscle dysmorphia, & practical ways in which parents and carers might engage with and address some of these concerns.

Register for free at:
stem4.org.uk/movember/

Registered Charity No 1144506

stem4
supporting teenage mental health

Our Wensum Trust Vision & Strategic Aims

Our vision is to work together to help every child to develop into high achieving, confident, healthy, caring and resilient members of their family and community; creating a pathway to support their career aspirations, independence and contribution to society.

We value the need to develop positive relationships with every child and every family in order to achieve this vision. We aim to work together to understand and respond to individual circumstances, regardless of background or early life adversities, and to offer the appropriate care during challenges along the way.

Our Strategic Framework

Our new framework has been designed to guarantee that the needs of the whole child are met and that our schools offer every child the best possible support throughout their learning journey.



At the core of our values is our own, unique **definition of success:**

Children are in school, participating and enjoying their learning and feeling safe; with a sense of belonging and with aspirations towards a future path. Our children are resilient, articulate and, by the time they leave us, they are learners for life.

More information can be found via the link below

<https://www.wensumtrust.org.uk/information/our-vision-and-strategic-aims>

We are part of...

WENSUMTRUST

FOR CHILDREN, FAMILIES AND COMMUNITIES

Lost PE Kits

We are experiencing a high volume of calls from parents regarding lost PE kits and equipment. Please could you check your child's bags, garments and equipment. Please return anything that does not belong to them to the school office. Thank you.

A little extra help

We are pleased to report that on average 50 extra students are accessing a hot snack at break time in addition to the state funded free school meal. The school now offers students in receipt of free school meals a free breakfast and free hot snack at break time and the free school meal at lunch time.

Head of Year Structure

Our pastoral team ensure students are happy, healthy and well supported. Please contact your child's Head of Year for any pastoral queries.

Head of Year 7- Miss Walsingham gwalsingham@acle.norfolk.sch.uk

Head of Year 8 - Miss Nichols snichols@acle.norfolk.sch.uk

Head of Year 9 - Ms Jarvis kjarvis@acle.norfolk.sch.uk

Head of Year 10 - Mrs Perkins cperkins@acle.norfolk.sch.uk

Head of Year 11 - Ms John ijohn@acle.norfolk.sch.uk

Medication

Should you need your child to take any temporary medication at school, this must be dropped off to the office with a note. Long term medication permission will be required where we hold medication on an ongoing basis. Please contact Ms Frary lfrary@acle.norfolk.sch.uk or Mrs Thompson kthompson@acle.norfolk.sch.uk for this.



Homework Club is held on Tuesdays and Thursdays in Room 9 until 4.30pm. There is always a member of staff available to help with homework, classwork and coursework.

Pupils can sign up for the late bus on the day.

We would really like to see students come along so they are able to complete their work in a quiet space with support available if needed.

Any questions please contact Mrs. Mills at lmills@acle.norfolk.sch.uk

Reminder for all students who use County transport buses

Students can only travel on the bus they have a bus pass for, friends who don't normally travel on the same bus cannot use the service to meet up after school.

Uniform donation

If your child has outgrown their uniform, we would gladly accept any donations so we can help other families with our second hand uniform shop. Please pass any donations to the main school office.

Rag Bin donations

Please remember we have a rag bag bin at school and will gladly accept donations of clothes and shoes. The rag bag bin is now a permanent heavy duty collection bin and is situated near the bike sheds for ease of making donations.

Polite reminder about our mobile phone and earbuds policy

We operate a policy of no mobile phones or ear buds/headphones at school. All students are reminded of our 'See it, Hear it, Lose it' policy. This rule does extend to any part of the school premises and after the bell has gone when students are waiting for buses or walking across the field. Staff will confiscate these items if seen and will ask parents to collect them.



The PTA's Annual General Meeting is scheduled to take place at 7pm on Tuesday 29th November at school. The PTA warmly welcomes any parents or carers who would like to attend.



Please remember to check ClassCharts for daily updates and messages. ClassCharts is used to communicate house points, behaviour points and interventions. We also use this platform for parent announcements. Parent help guides are available on our school website. If your child has lost their log in, please ask their form tutor or the school office who will be able to provide child and parent login details. Parents and students can view their child's timetable via ClassCharts. Please note you can no longer exchange instant chat messages with teachers or support staff.

Dates for your diary

15th November - Self Harm Parent Workshop 6 - 7pm

17th November – Year 11 Leavers 2022 Reunion 6.30pm

24th November – Year 10 parents' evening 4.30-7.30pm.

15th December – PTA Christmas Disco (year 8-9 only)

16th December – School closes at 1pm for Christmas break.

4th January – School reopens for students



PTA

Acle Academy PTA is looking for new members and would love to hear from any parents or carers that are interested in supporting. The contribution of your time can be as little or much as you are able to offer. We are particularly looking for a treasurer. The PTA can be contacted via pta@acle.norfolk.sch.uk

Contact details

The majority of our communication is electronic so it is really important that we maintain accurate records of parental contacts. If you change your home address, email address or phone number, please inform the school office so we can ensure you receive important information.

CHRISTMAS LUNCH – WEDNESDAY 14TH DECEMBER

Dear Parent/Carer,

Norse Catering will be offering a Christmas Lunch on Wednesday 14th December at a cost of £2.30. Due to limited oven space, there will not be any alternative hot lunches available on this date but there will be other snacks and sandwiches available. As in previous years, only students having a Christmas Lunch will be permitted in the dining hall.

Roast Chicken with Stuffing and a Pig in Blanket

Or

Roast Vegetable Wellington (v)

Vegan option is also available

Served with Roast Potatoes, Seasonal Vegetables and Gravy

Dessert

Christmas Pudding with Custard Or Black Cherry Brownie with Cream

Or Gluten Free Cake with Cream

Please complete the reply slip to order your lunch and return to the kitchen by Friday 2nd December. Please tick if you are entitled to a free school meal (FSM) or enclose your cash payment with the slip.

Return to the school kitchen with payment by Friday 2nd December 2022.

Name..... Form..... FSM.....

Please Select Your main:

Roast Chicken Vegetarian Vegan.....

Please select your dessert:

Christmas Pudding Black Cherry Brownie Gluten Free Cake.....

Signed Parent/Carer.....

We are recruiting!

We currently have the following vacancies in our team:

- Lead Invigilator
- Invigilator
- Mid-day Supervisor
- English Progress Tutor
- Minibus Driver

If you would like to find out more details about any of these posts, please see our website for further details or feel free to contact the school for an informal chat.

<https://www.wensumtrust.org.uk/acleacademy/about-us/our-vacancies>



Product Design requires more High Density Polypropylene for their Polymers recycling project. If you are willing to contribute please could we ask that the items are washed out before being brought in.



Many thanks
Mr Green