

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Donate a Christmas gift to the local homeless shelter	2 Donate to your local food bank	3 Help at home with the shopping	4 Help a family member with a chore
5 Make friends with someone new	6 Encourage someone	7 Write a thank you letter	8 Hand make a Christmas decoration	9 Give your friend a hug	10 Donate old books/ toys to a charity	11 Tidy your bedroom!
12 Find out something new about someone	13 Open the door for another person	14 Leave a happy note for someone to find	15 Think of someone who has shown courage and tell them how much you admire them	16 Say thank you to someone who has helped you	19 Help someone wrap their presents	18 Cook a family meal
19 Pay someone a compliment	20 Hand deliver cards to friends & family	21 Phone or video call a friend or relative you have not seen for a while	22 Smile at everyone you see today	23 Share with a friend something helpful you have learned today	24 Have a lovely day with your family	25 Merry Christmas and a Happy New Year