



## Alderman Peel High School

Alderman Peel High School  
Market Lane, Wells-next-the-Sea  
Norfolk, NR23 1RB

[www.wensumtrust.org.uk/aldermanpeel](http://www.wensumtrust.org.uk/aldermanpeel)

01328 710 476

[office@aldermanpeel.norfolk.sch.uk](mailto:office@aldermanpeel.norfolk.sch.uk)

November 2022

Dear Parents and Carers

Alderman Peel High School is once again participating in a Goodwill Advent Calendar. Your support for the last four years has been truly amazing and very much appreciated by the recipients of the donations. Last year we had over 1000 items donated. I am hoping we can do the same, if not better this year. However, we recognise that this year has been very challenging for us all.

Each day of the calendar has been allocated a gesture of good will. Two of the days involve asking for donations to a local homeless shelter and a local food bank. The school will be delivering any donated items to the charities in time for Christmas. My hope is that these good deeds will not only be positive contributions in the community but also promote self-esteem and random acts of kindness as well as teaching the children about unity and doing what's right. Kindness can cost nothing and I would like the students to feel the value of always being kinder than they need to be. I feel that focusing on acts of kindness during Advent will be a great learning experience and also spread some joy.

I have asked the students to provide at least one item for each charity and below is a list of suitable items. Please feel free to donate as many items as you wish. These items can be brought into school at any time. There is no need to wait for the actual date on the calendar. The final date for donations to be brought into school will be Tuesday 13th December.

Our kindness mission statement:

- Spread the word – encourage other people to join in and become happiness heroes
- Have fun and enjoy making other people happy
- To be kinder than you need to be

Donations will be split between **Wells Community Hospital** (The Trussell Trust food bank) and **King's Lynn Food Bank**.

We are part of...



FOR CHILDREN, FAMILIES AND COMMUNITIES



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These are the main items they are in need of. However, please no baked beans, soup, nappies, pasta, sugar or lentils as they are inundated with these items!

Tinned fish	Squash	Tinned puddings
Tinned meat	Long life juice (small containers)	Jam
Tinned veg	Tinned rice	Deodorant
Pasta sauces	Shampoo	Toilet roll
Small jars of coffee	UHT Milk	Shower gel
Tea bags	Small packets of biscuits	

### Purfleet Trust Homeless Shelter:

They are asking for donations of **new** goods to give as Christmas gifts as they may be the only gifts their clients will receive this Christmas. The long winter evenings can be an anxious time and things like adult colouring books, craft activity sets and puzzle books or jigsaws can really help to promote mental wellbeing. They have more male clients than female at the moment.

socks	Chocolates and sweets
hats	Thermal t shirts
gloves	Hairbrushes/combs
scarfs	Toiletry gift sets
underwear (small/medium)	Adult colouring and puzzle books
Jigsaw Puzzles	Craft activity sets ( adults)

A very sincere and heartfelt thank you for your support in this. I wish you all a Merry Christmas and every best wish for 2023.

Mrs E Thornton

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