

Alderman Peel High School - Learning to make the difference!

News @ Peel

Winter 2022



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Dear Parents, Carers, Students and the wider APHS Community.

It is astonishing to think that the Autumn term has already flown past and we are now at the Christmas break. As this has also been my first term as Principal of this wonderful school, it fills me with enormous pride to reflect on what has been achieved by students and staff since September. It is important to recognise that this is the first Autumn term for three years (since 2019) that has taken place without disruption caused by Covid-19 restrictions or schools having to switch to some form of remote learning. It has been fantastic to enjoy a packed schedule of high quality lessons, trips, visits, additional activities and unique experiences. As you browse through this newsletter I think you will be amazed by just how much has taken place.

A particularly proud moment was welcoming all of the prospective parents at our APHS Open Evening in September. Seeing the school being showcased in such a fantastic way - followed by a huge number of tours over the subsequent weeks - has led to the highest ever number of applications to APHS for September 2023. Being part of this oversubscribed school is a very special privilege.

Throughout this term, we have been focusing on ensuring that behaviour for learning is exactly as it should be to allow students to learn and achieve. I would like to thank the APHS Leadership Team and Pastoral Team for their hard work and commitment to making this happen. We have a new behaviour policy starting in January and we are delighted overall with how students have responded to these changes. Lessons are calm, purposeful and the students have been excellent in raising the bar.

I would like to congratulate the whole of year 7 and any other new students who joined us since September on such a successful first term at APHS. You have very quickly adopted those values of Ambition, Pride, Happiness and Success. This is evident in the number of smiling faces we see as we walk around the school each day. The 'Attitude to Learning' (AtL) data and attendance data for year 7 is exceptional, so well done for becoming fully inducted members of the school community.

When you think about the experiences highlighted in this newsletter, such as: Year 7 Hilltop trip; the Lord Mayor's show; Remembrance Day; Robotex competitions in Estonia; Music concerts at Holkham Hall and APHS; Greenpower Kit Cars; PE fixtures and competitions; show jumping competitions; 'Maximise your potential' workshops; school productions; and everything in between it is no wonder that everyone is feeling very tired at the end of this term!

I would like to sincerely thank all of the hardworking staff of APHS for such a brilliant first term and for the support we have received from parents. We would also not have been able to achieve all that we have this term without the support of the school governors and the Wensum Trust.

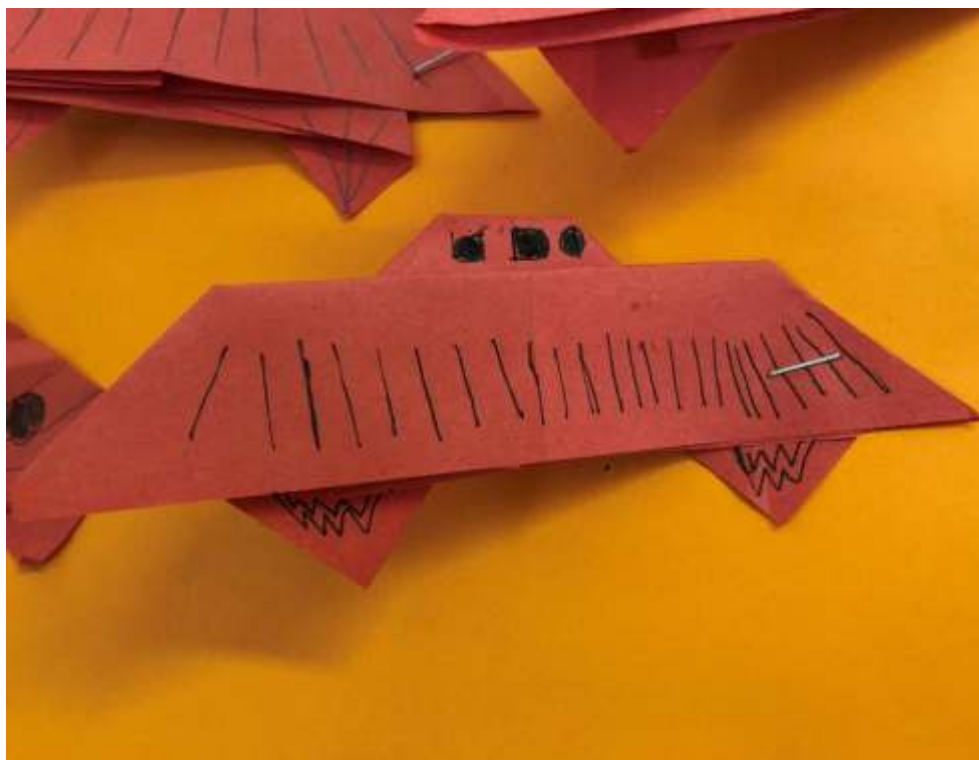
I wish you all a wonderful Christmas break - however you choose to celebrate this - and I wish you all a healthy and very happy New Year.

Matt Hardman
Principal



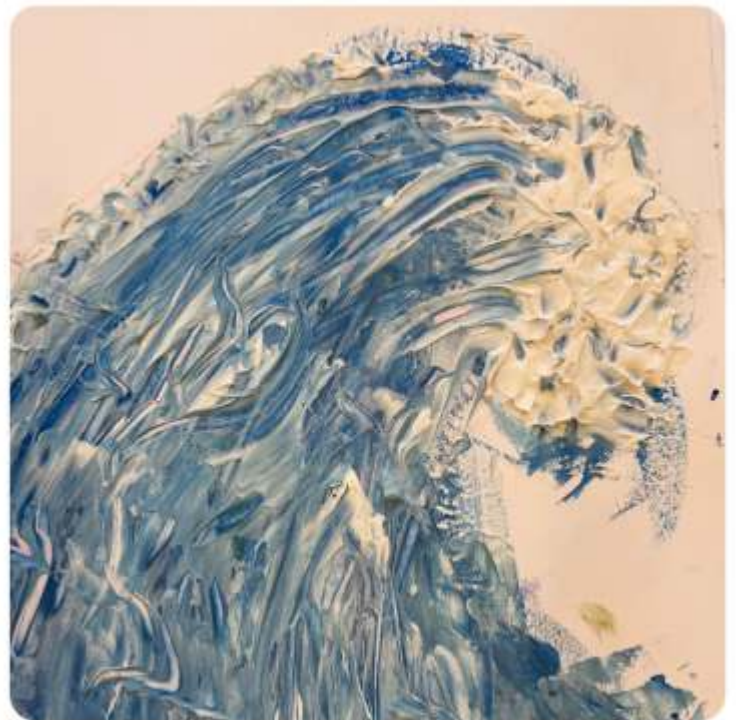
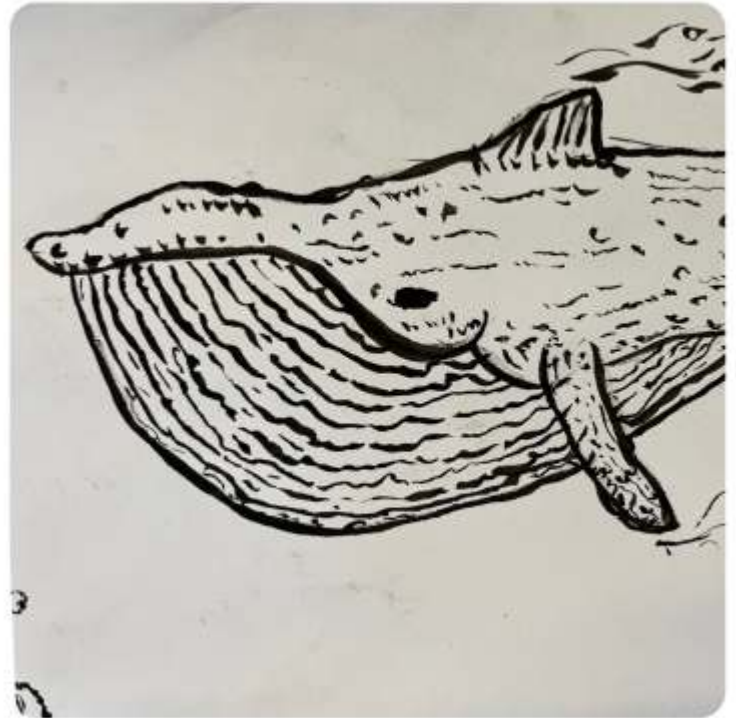
Year 7 & 8 Origami Competition

A select group of students in Years 7 & 8 have been taking part in some origami making. Sir Isaac Newton Sixth Form in Norwich ran a Space Origami competition across the whole of Norfolk. The photo below shows the APHS entry. You can see all the hard work our students have put into making origami spaceships, planets and stars. Great fun was had by all! Results will be announced just before Christmas.



Year 7

In the first half of the term Year 7 have learnt all about the basic ingredients of Art, Line, Tone, Texture, Shape etc. This half-term they got to use these ingredients to explore Patterns from around the world.



Year 8

Year 8's theme this term has been World of Water – First they explored the work of other artists such as Hokusai and Maggi Hambling before creating their own "Fish in a Dish" Designs. Soon they will turn these into Clay Sculptures.



Year 9

Year 9 have been working on the theme Structures and Architecture. They have been looking at iconic buildings and shapes from around Wells-next-the-Sea ranging from Plants to Buildings and Boats!



KS4

Here is a selection of work from Year 11's current theme of "Edible"



It's always a busy time in the Expressive Arts Department and the following photos show just how busy we've been with events and fun-filled learning.

The images you see below are from the following:

- Y7 Drama students learning about staging in class
- MAGT Theatre trip to The Last Motel @ Wells Maltings (September)
- GCSE Drama Theatre Trip to Time and Tide @ Wells Maltings (October)
- Our annual GCSE Drama Trip to see Blood Brothers @ The Orchard Theatre, Dartford
- Christmastide Sing-along @ Wells Maltings in association with Wells Primary School
- Candlelight Tour and Concert in association with Gresham's School and Holkham Hall in which APHS Voices and our Ukrainian students took to the Marble Hall to perform to the public in the beautiful setting
- Art students painting the set for the Christmas show APHS Presents... A Night at the Musicals!
- Our poster for Christmas Show designed by the talented Mrs Moffat from the EMT department, in which by the time you read this will have performed two fabulous set out nights at APHS which featured no less than 220 students, almost half, of our school population!





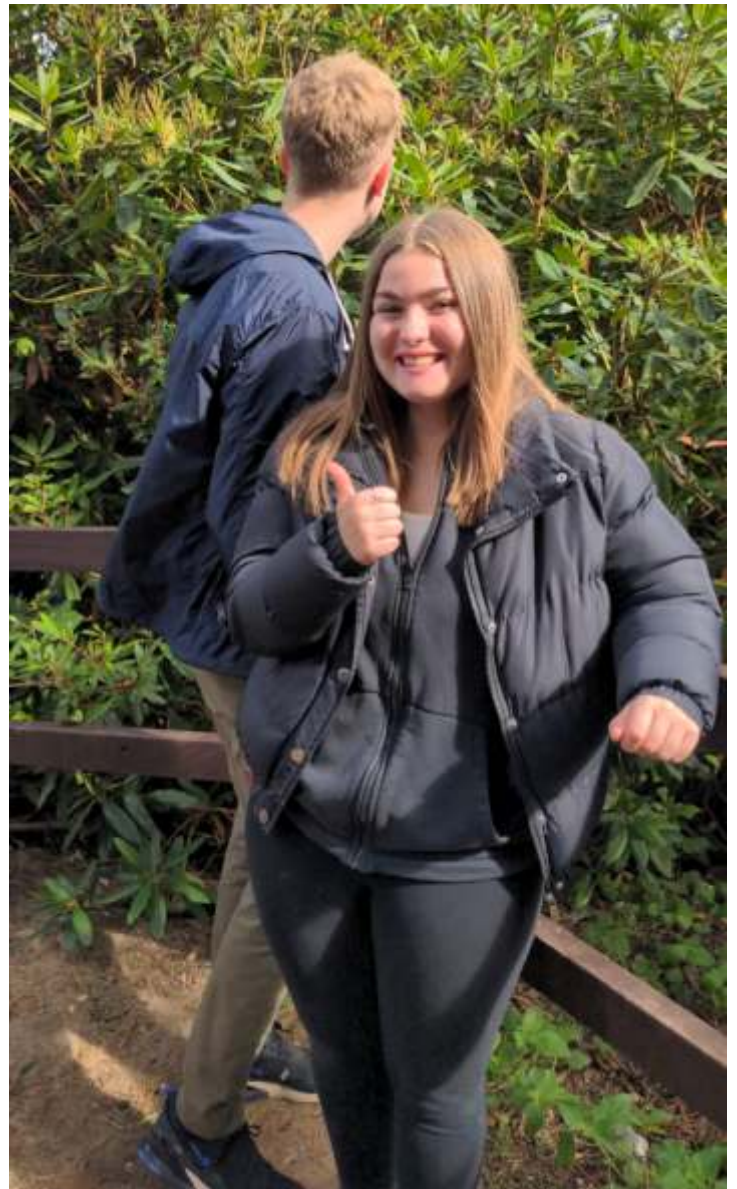


The level of dedication, talent and determination we have seen from students this past term has been a pleasure to witness and nurture. Many students take the opportunities in the Expressive Arts Department and dedicate most of their free time to and for that we are very grateful.

Expressive Arts and Prefects also supported Y7 Hilltop Adventure weekend in September. Here are words from Deputy Head Girl, Jemima C (pictured with fellow Deputy Head girl Hazel H) about the experience:

On the 17th to 18th of September, the school offered the great opportunity to take the new year 7 students to Hilltop, an activity centre that offers a range of activities for the year 7 to take part in, ranging from high ropes and zip wires to archery and obstacle courses. This allowed the year 7 to get to know each other, make new friendships and experience a role of responsibility due to being away from home. In addition to this the Prefect team came along to join in and help out with the groups, allowing the year 7 to see and talk to us older students.

Us as the new Prefects loved all the activities too, especially the Big Swing which we had to pretend we weren't terrified of! Spending time with the year 7 allowed them to feel more comfortable about coming to talk to us about any of their worries or needs back at school, as they could build a relationship with us throughout the Hilltop experience.



House Music:

On Friday 21 October, we were able to hold our first House Music competition since 2019. Our students worked exceptionally hard in the weeks leading up to this and all the rehearsals paid off as the final performances were truly exceptional. This year's theme was 'Epic Movie Songs' and students competed across several categories.

The Big Song which included all KS3 for each house was won by Mersey with their rendition of Gangsta's Paradise. The solo song was won by Evie H in Y11 of Shannon, singing a song from The Princess and the Frog.

The final category, House Ensemble was won by Waveney who performed 'Kiss Me' from She's All That. The overall competition was judged by two volunteers from the Wells Carnival Committee and five points separated all four houses. The results are below:

- Waveney – 116 Points
- Trent – 115 Points
- Shannon – 112 Points
- Mersey – 111 Points.



Performances This Term:

4th November - Choir Masterclass with Michelle Wolfe from Greshams.

25th November - Christmas Carols at The Maltings.

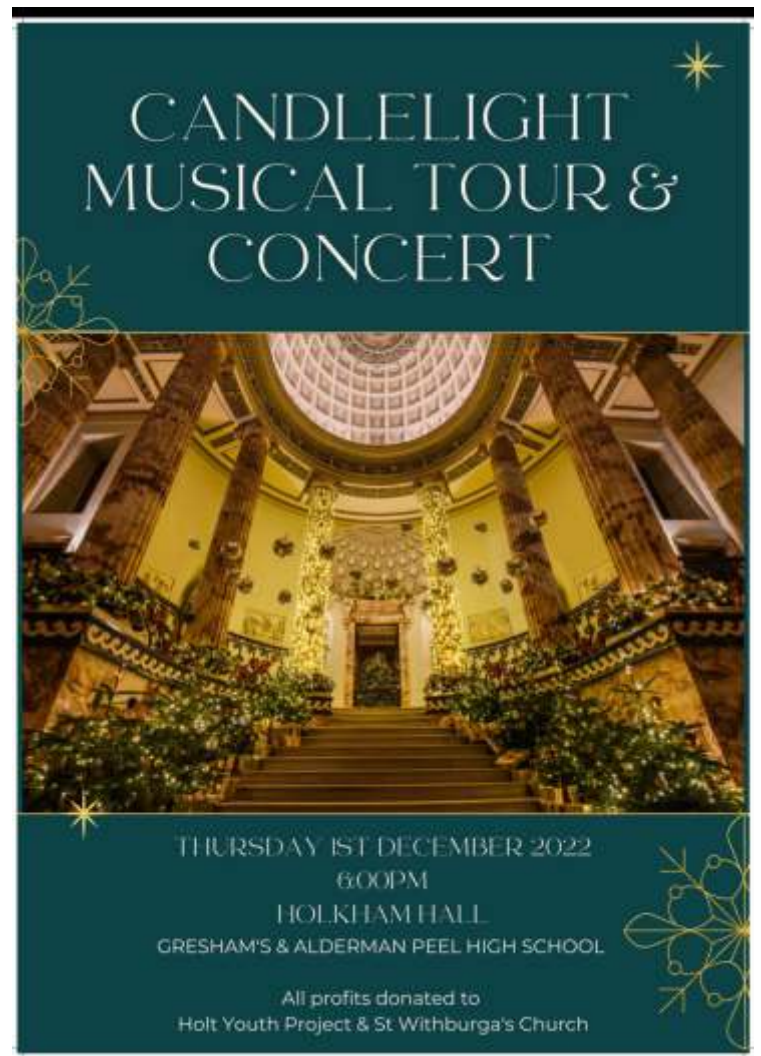
1st December - Music Gala at Holkham Hall
(in collaboration with Greshams)

8th and 9th December - APHS Christmas Show

13th December - Carols at The Dabbling Duck (TBC)

19th December - Carols at Corn Exchange, King's Lynn
(includes APHS musicians)

20th December - Christmas Service at Thornage Church
(including APHS pianists)



Bands:

Our bands are growing in popularity and success this year. We regularly have 12 students taking part in year 8. Year 9 girls have formed a band this year and year 10 continue to develop their sound in their rehearsals. Each band are busy working hard for our upcoming Christmas Show, A Night at the Musicals.

Graded Exam Results:

Yvie M (Year 10) - Piano Jazz Exam - Grade 3 - Merit

Gabriel T (Year 10) - Guitar Rockschoo - Grade 5 - Distinction



Student of the Term Award (new to APTS)

Each member of the Peri Team would like to showcase the following music students based on their effort, attainment and progress:

- Instrument (Music Teacher)
- Drums (Mr Lascelles) - Charlie F (Year 10)
- Guitar (Mr Ashby) - Gabriel T - (Year 10)
- Woodwind (Mr Taylor) - Oliver B - (Year 8)
- Singing (Miss Cowell) - Charlie L - (Year 9)
- Strings (Mrs Ballard) - Daisy B - (Year 7)
- Piano (Mr Howell and Mr Preston) - Maisy W (Year 8) and Leo Drewery (Year 7)

Year 7: Graphic Design

Since starting their D&T journey at APTS, the Year 7 students have been learning about typography and the importance of choosing the right fonts as a graphic designer.

Their first task was to design their own logo for a business card that represented themselves and their interests (taking inspiration from Google Doodles), which resulted in some very creative results like these great examples!



Following on from the typography unit, they learned about how to make the two basic pop-up mechanisms (a box and v-fold) in order to design and make a quality pop-up card or calendar.

Well done to Jorja and Lily who were inspired to create these wonderful pop ups at home, in addition to their amazing classwork!



Year 8: Communicating Design Ideas

Year 8 have been focusing on learning a range of 2D and 3D drawing techniques to be able to communicate their design ideas. To encourage them to practice their drawing skills, the homework this term has been to complete a 'Sketch-a-day' Challenge and here are two excellent examples submitted by Polina and Elyos!



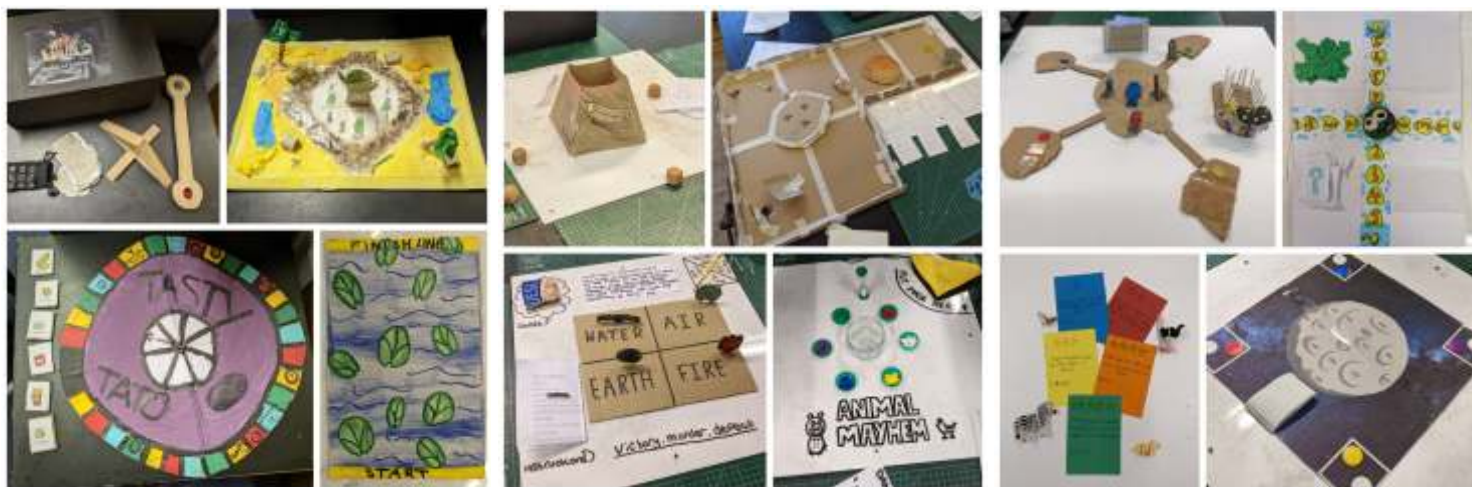
Year 9: Big Potato Games Competition

Year 9 have been designing board games as part of an exciting new competition called the 'The Small Fries Inventor Championships' run by British board game publisher, Big Potato Games, who specialise in fun party games. The exciting part is that APHS has been invited by Big Potato Games to be one of only a handful of secondary schools to pilot the competition and if they like one of our students prototype games they may make it into a real game and then the winning students would get a percentage of the royalties for every game sold! Before designing their own games, the students researched a range of Big Potato Games and had the opportunity to play some of their best sellers to help with their ideas and inspiration.



Working in teams, they then created, tested and developed some really imaginative game designs which can be seen in these photos.

Year 9: Big Potato Games Competition contd.



Well done to all the teams who completed their presentations and pitch videos. The winners will be announced on 12th December, so not too long to wait to find out if you're game will become the next best seller!

Year 10: New & Emerging Technologies

Year 10 have been learning about their first theory topic, 'New & Emerging Technologies', which includes how job roles and production techniques have changed due to advances in automation, robotics and communication technology. Linked to this topic, they have been set an 'Enterprise Challenge' to design and make a range of products using recycled bottle tops and plastic bags to be sold during 'Global Entrepreneurship Week'. The winning team is the one that makes the most profit and they will get to choose which charity all the profits will go to!



Year 11: Caring for animals

Year 11 are working on their GCSE coursework project (worth 50%) which requires them to design and make a product on the theme of 'Caring for animals'. To help provide the students with a real client and potential design ideas, Leanne Neave, Education and Events Manager for the Mid Norfolk & North Suffolk Branch of the RSCPA, kindly visited the school and gave an informative presentation about the work that they do and suggested several product ideas to meet the needs of the animals in their care. Leanne will be coming back in the New Year to feedback on the students design ideas.



Greenpower F24 Electric Kit Car

Another exciting new D&T/STEM Club Project that we are going to be involved in for the first time this year, is to design, build and race an electric kit car at Lotus' Hethel Test Track in Norwich!

We needed a team of 12-14 enthusiastic and dedicated students from Years 7-10, with an equal mix of boys and girls interested in D&T/STEM, who would be prepared to regularly attend our weekly after school D&T/STEM Club every Thursday 3-4pm. We advertised our new project and asked students to write a short paragraph saying why they would like to be involved and what skills they would bring to the team. We had so many excellent applications that we couldn't choose between them so we held a D&T/STEM Challenges Event after school on Thursday 6th October and invited all who had applied to attend. Mr Heron, Mr Tawana, Mr Sutton and myself then had the difficult job of selecting our team for this year, based on their teamwork, communication and problem-solving skills.

Since selecting the APhS Greenpower Team, they have been busy unboxing the kit car, beginning to build the chassis and organising fundraising to help pay for the car and all the additional accessories including the body kit and race wear.

BECOME A GREENPOWER SPONSOR TO SUPPORT OUR APHS F24 TEAM

Greenpower F24 is an exciting new **APHS STEM** project to design, build and race an **electric kit car** at **Lotus' Hethel Test Track** in Norwich!

Your support will help our **Greenpower Team** to pay for the kit car, bodywork and essential race wear costs.

Choose your sponsorship level:

- £25 Bronze
- £50 Silver
- £100 Gold
- £200 Platinum
- Other amount (contact for more details)

Please share with anyone you know who would be willing to sponsor us!

Join our existing sponsors, you'll be in good company!

If you are interested in supporting our Greenpower F24 Team please email Mrs Amanda Moffat amoffat5rr6@nsix.org.uk



Well done to Hollie, Archie, Lucas and Tom who helped set up and man a stand at the APhS Careers Convention on 10th November and successfully gained several sponsors! Special thanks to Mr Pembery, Mr Frohawk and Mr Sutton for regularly attending the club to support the students in building the car and massive thanks to the generous financial support from *Norfolk Community Foundation* through *Sheringham Shoal & Dudgeon Community Funds*, plus *Wells Carnival* and *Holkham Estate*. If you would like to sponsor our team to help pay for specialist tools, body kit and race wear, or you would like to get involved in supporting our student team, then please email me: amoffat5rr6@nsix.org.uk



Lord Mayor's Parade, London

As Wells-next-the-Sea is the home of the new Lord Mayor of London, Nicholas Lyons, invited the town's 'Quay Workers', along with students from APHS, to take part in the Lord Mayor's Parade in London on Saturday 12th November. As part of our contribution, we held an art competition calling for students to create images that captured the iconic elements of Wells-next-the-sea. Well done to the following students whose artwork was chosen to be printed on large scale banners that lined the procession:



Jorja B (Y7 Wells Beach – multi media collage)



Nell Conway & Sienna Greenhill (Y9 East Hills & Lifeboat Horse)



Alexi E (Y9 Wells Quay with Albatros)



Alice J (Y7 Wells Beach & Lifeboat)



Chloe W (Y9 Wells Beach Huts)



In addition to these printed banners, we wanted hand held placards so we chose to laser cut beach huts and crabs. Each of the students taking part had a beach hut that they could decorate and personalise to parade around London. Big thanks to Di Pink who came into school to help the students decorate their beach huts in style and to Michael at Acle Academy who helped to laser cut our red acrylic crabs when our laser cutter died!



The day of the parade was a long one. We set off from Wells at 5.15am to arrive in London and take up our position of fifth in the parade at around 9.00am. The parade set off at 11am and was approximately a 2 mile walk. Then at around 4pm, we set off back to Wells, arriving at around 8pm. Despite the early start everyone was so excited to be part of this once in a lifetime, momentous day! Here are some amazing photographs of our students in the parade thanks to Simon @ Sorted.tv that captured their mood beautifully!





Quotes from those involved in the parade:

Year 11

Lillie N

"When I was told I would be taking part in the Lord Mayor's Parade, my first reaction was subtle until I realised how much of a big deal it was! Then I became super excited and we all had such a great time – the whole day was amazing! The worst part was getting up so early to set off from Wells at 5.15am!"

Chelsey C

"When I first arrived in London I felt somewhat overwhelmed by the sheer number of people, floats and all the buildings towering over me, but as we got going and the people were cheering and waving, I felt a huge sense of pride in our community! The worst part was having to walk miles!"

Sophia P (Head Girl)

"I loved being part of the parade and it was great to see the Lord Mayor overjoyed at seeing his home town wishing him luck and waving back as we paraded past! I loved that people were exclaiming "that's his hometown!" The worst part was when some of the people didn't wave back!"

Year 10

Jack W

"I knew it was going to be a big event but I was surprised at how big – and how long!"

Year 9

Chloe W

"I enjoyed parading past all the beautiful buildings, especially St Paul's Cathedral!"

Alexi E

"I really enjoyed seeing London and appreciated its beauty for the first time – especially walking along the Thames embankment!"

Year 8

Jacob W & Lucas W

"It was great to see all the fantastic floats and the architecture in London was amazing!" Kieran D "I loved the enjoyment of everyone involved and seeing all the smiling faces!"

Year 7

Jorja B

"I thought it was such a cool experience despite having to walk a long way! It was great to see all the smiling faces lining the streets all the way round London!"

Alice J

"I had a brilliant day and was excited to see so many smiling faces cheering us on. Although it was overwhelming at first, I felt safe and it was like being famous!"

And here's mine!

"What a fantastic, once in a lifetime experience for our Alderman Peel High School students @lordmayors_show and they were amazing ambassadors for our community!"

We were all super excited to be part of the parade and it was such a surreal feeling seeing so many smiling faces all watching us! We felt like celebrities and several of the students were giving high fives to members of the public as we walked past!

I loved seeing all the other impressive floats and colourful participants that made up the procession – especially the Merchant Taylors' camels and the knights in shining armour on horseback! The worst part was having to dodge all the horse poo as we walked round!

We all had such a fantastic day taking Wells to London! Well done to everyone involved in getting us there and making it such a day to remember!"

Gresham's STEAM Fair

Year 10 D&T & Art students, along with the Greenpower Team, were invited to visit Gresham's STEAM Fair on 17th November in their new Dyson STEAM building. The students enjoyed chatting with the impressive list of exhibitors about career routes and came away with lots of freebies – sadly not the Lotus!

Well done to Naya who correctly guessed the number of established trees on the Holkham Estate and won £50 worth of Holkham vouchers!



Tom M, Tommy and Nathan.

Every Thursday on week B we work round the school litter picking and we have noticed that the Radnor splash bottles are always the biggest factor in the litter. We would like to cut down on the usage of plastic bottles in school.

Ed M, Kaitlin P, Joel C.

This year our group will be tackling the schools sustainability in energy and waste, our initial plan was/is to research and plan to get some more sources of sustainable energy, a wind turbine is our aim, but after speaking to Mr Hardman, getting a wind turbine is still in discussion. We will be meeting Chris Everard from the Wensum trust about this, but also what is an underlying issue - the sustainability of the canteen. We will be working closely with Holkham and senior members of staff in the school to address the issue of waste in the canteen.

Alex P, Lucas W, Charlie P, Max M, Jake J and Robert S.

We are starting a new project which is recycling electronics and sending them to recycleyourelectronics.org.uk. Sylvie O, Isabella D, Isabelle H, Ellie D, Evelyn B. We help with the litter pick during tutor time. We bring the litter Pickers and bags and will let your tutor know beforehand!

Cloe K, Ava H, Leyla Burthun, Hollie Lovick

We are checking the recycle boxes. They contain batteries, bottle lids and used pens. So please send more in!

Nathan O & Alfie YB

We are collecting good quality used blazers so we can give them to students in need. Contact Mrs Johnson if you wish to have one or have one to give!

Rachel P, Sophia P, Chelsea C, Lillie R

As a team we aim to get rid of single use plastic within the school, particularly in the canteen. Instead we aim for there to be biodegradable containers and cutlery and a decrease in the use of plastic water bottles within the school.

Lily R, Maddy R, Solly C

Our eco team is working towards achieving the 'Green Flag' for our school and archive a more eco-friendly school. To help our environment all around the school and Wells-Next-the-Sea.

Charlie B, Emily J, Kodie S-B, Oscar B-S

Every Friday, we have been going in pairs to both Waveney Close and Market Lane to collect litter from around our immediate area.



Christmas Jumper Day (Thursday 8th December 2022) is Save the Children's annual event which raises money for children in the UK and across the world. Every December, millions of people across the United Kingdom (and beyond!) put on a festive outfit at their workplace, school or with friends and make a donation to help give children the magical future they deserve.

Great to see some Year 7 students with their Christmas Jumpers on and donating £1 to Save the Children.

After winning the regional Lego robotics Line Follower competition in July Alexi and Lily joined Sheringham High School Student David in Tallinn, Estonia to compete on the international stage. They were the only British representatives competing in the Line Follower category this year and fought across 2 heats against stiff competition and came a very respectable 10th place!



Snowdonia 2022

This year we travelled to Snowdonia in Wales. Here we saw all the sites and learned about glacial erosion and the effects of it. We also looked at rocks and our natural surroundings such as, trees and hills. We learned all about places like Electric Mountain and mount Snowdon.

It was a great and educational trip for us all. We will then go on to learn more about it during our GCSE's. Students going through with Geography GCSE also get the chance to go again and learn more about glacial erosion in further depth.



Year 6 Open Evening

Our annual Year 6 Open Evening saw the school open its doors to a full house of parent/carers and students. Our students and staff showed the Year 6 parents/carers and Year 6 students what makes Alderman Peel High School the school of choice for North and West Norfolk!

Again, APHS are over-subscribed in Year 6 for 2023/2024 (just from first choices). With applications from 26 different primary schools, (we only have six primary schools in our school catchment). The final letters for school places will arrive from Norfolk County Council on 1st March 2023. Alderman Peel High School continues to be a school that makes huge impact on student's futures!



APHS Careers Convention 2022

Alderman Peel High School hosted its 2022 Careers Convention where students had the opportunity to talk to representatives from colleges, 6th forms, training providers, as well as local businesses.

The Career Fair gave students who were unsure of which career path they want to take a chance to explore their options.

It was a fantastic turnout of parents/carers and students from Years 8, 9, 10 and 11.



Gresham's Sixth Form Scholarships

I am pleased to announce that four of our Year 11 students were successful in obtaining scholarships to study A Levels at Gresham's Sixth Form. They were successful in obtaining these scholarships against a very competitive field and a very demanding interview process.

The Scholarships are dependent on the students obtaining very high GCSE results (with the support of their teachers I am sure they will obtain these grades). In the photo: Jemima C (Academic Scholarship), George W (Sports Scholarship), Esmay O (Drama Scholarship) and Olga B (Academic Scholarship).



Excelsior Sailing Residential 2022

Last summer 30 students were given the unique experience of spending 4 nights and 5 days on the Excelsior ship.

A huge thanks to Holkham Trust, Norfolk Boat and the Excelsior Trust for their enormous financial generosity to enable these residentials to happen. Also big thanks to Mr Murkin, Mrs Murkin, Mrs Harrison, Mrs Watkins, Mr Nash and Mrs Noakes for accompanying the students.

Maddie R, Year 9 has summed up the residential beautifully:

"This boat trip was an amazing experience for everyone. My group was small, a mix of different people and I barely knew or was close to anyone. That to begin with was scary for me. I thought it was going to be a hard couple of days, but it turned out to be one of the best things I have experienced. I had never been sailing on a big, enormous boat like this one. I genuinely think that I want to explore careers because of how fun and engaging it was.

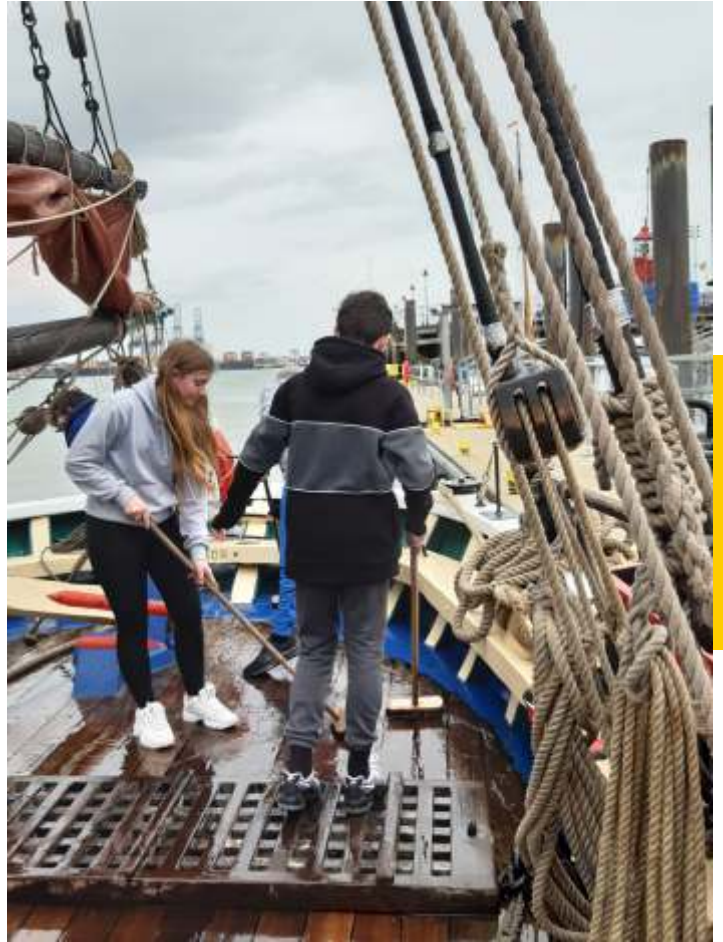
I would say I took away a lot from the trip, I made new friends, became closer to existing friends whom I have 'inside jokes' with, but most importantly I have developed life skills. I got to experience what hard work really is, and at the end, I had accomplished something great. By successfully sailing this grand boat without crashing it, with a team of people, whom I now can call my friends, pretty incredible.

I also had to adapt to the new surroundings and the feeling of being in a new place and a new way of trying to walk without stumbling overboard. The sleeping routine was a huge challenge, I had to get up at 4:00am, but the upside to this was I did get to see that beautiful early morning sunrise. We all, as well as being able to sail, got the chance to go on the rowing boats, and face our fears by climbing up the rigging. I was the only one who made it to the top, which I am really proud of myself for achieving. It was an absolutely amazing experience we all got to try.

The whole APHS crew bonded with the lovely Excelsior crew on the boat. They even gave up their time to teach us about different signals and lights on the sea. They were so nice and even taught me how to play monopoly like a pro. Over time the crew grew to realise our group was the best at everything on the boat (so they told us!) We made a reputation for putting up the sails so well.

I absolutely loved visiting all the other ports and towns I had never been to, when we would board the boat again we would talk, share stories and play board games with everyone. Those times on the boat really were the funniest and most enjoyable parts of the trip and now I get to call those people my friends. We all learnt so many things on the trip that will stay forever with me and I know I will definitely talk about for years to come. I would encourage anyone who got the opportunity to say YES and do it, it's life changing and I would love to do it all again."





Netball National Schools Competition

Both our U14 and U16 netball teams competed in the area rounds of the National Schools Netball competition hosted at Reepham High School. There were some great performances from both teams and this resulted in both the U14 and U16 teams just narrowly missing out of qualifying for the next stage and finishing 3rd overall. U14 players of the tournament: Lily and Poppy. U16 player of the tournament: Ella.



Festival of Sport

On Saturday 13th and Sunday 14th August a number of current year 9 and 10 students attended the Festival of Sport hosted at Holkham to assist as sports leaders. Across both days, all students were absolutely fantastic in supporting children attending the event, fully immersing themselves into their role as sports leaders and receiving plenty of high praise from both parents and coaches. In addition to this, a number of students' day was made when they got to meet some sporting legends. We want to say a massive thank you to all the students who gave up their weekend in the scorching heat to help out!



U16 Rugby through to the State School County Cup semi-final

Having been drawn against a Gresham's B side in the Round of 16 for the U16 County Cup, the Y10 and Y11 boys listened carefully to a half-time team talk to produce an outstanding second half performance to win emphatically 43-5. Try scorers: Dylan C x2, Stan R x2, George W, Charlie G and Arthur L.

This saw the boys face a Wymondham College B side in the Quarter Finals. The match took place in some horrendous weather conditions and both teams struggled at times to handle the greasy ball. However, a breakaway try and conversion within the final 5 minutes of the game saw APHS march onto the Semi Finals, where they will face the winner of Framingham Earl and Aylsham in the new year. Try scorers: Eli C, Stan R, Dylan C.



U14 Rugby Emerging Schools Competition

Following a Rugby Development Day at North Walsham Rugby Club the week before, a number of the same Y8 and Y9 boys returned to Scottow Park to take part in the U14 Emerging Schools Rugby competition. The boys topped their pool group by finishing undefeated from matches against Springwood HS, Fakenham Academy, Reepham HS, Dereham Neatherd and Sheringham HS. A Quarter Final win against Wymondham HS then saw the boys face Aylsham HS in the Cup format. Defeat for APHS narrowly saw the boys miss out on a place in the Final of a County event.



NWRFC Development Days

Year 7 Boys, Year 9 Boys and Y8/9 Girls have all attended Rugby Development Days at North Walsham Rugby Club this term. The structure of these days sees students take part in a basic skills carousel delivered by North Walsham Vikings players and coaches. These tend to feature a series of games each designed to develop catching, passing, the breakdown, tackling and evasion. Following lunch, all attending teams took part in a round robin event featuring competitive matches against each other.

- U12 Boys Player of the Day: Levi B
- U14 Boys Player of the Day: Lando C
- U13/14 Girls Player of the Day: Mila M

Furthermore, a number of boys and girls PE sets within specific year groups, who have completed units of work on Rugby, have really benefited this term from having North Walsham Vikings and capped England U18 player, George Loose coaching them the sport alongside a PE member of staff. This is all part of the excellent partnership between The Wensum Trust and North Walsham Rugby Club. The sport is definitely growing at our still relatively small secondary school and is seeing us mixing it with some heavyweight, traditional 'rugby' schools!



Cluster Primary Touch Rugby

On Monday 17th October the first Cluster Primary sports competition took place in Touch Rugby. We were lucky enough to have North Norfolk Nomads player, coach and touch rugby expert, Soul Phoenix join us for the event. Soul has been coaching in Wells Primary, Burnham Market Primary and Langham Village School in preparation for this competition and the high standard of touch rugby definitely reflected this. A tightly contested afternoon concluded with Burnham Market Primary finishing victorious and leaving with the annual trophy.



Year 7 Taster Session with North Norfolk Judo Club

On Friday 30th September Sensei Matt and a number of members from the fantastic North Norfolk Judo Club helped lead a brilliant introductory Judo session all of Year 7 in their timetable PE lesson. The after school club is on every Thursday and new members are welcome to come and give it a throw!



Eastern Area Closed Judo Tournament

Saturday 8th October Honey H - Silver Mila M - Gold Both students were incredible, not just in competition, but in the way they supported their teammates and represented themselves and the North Norfolk Judo Club.



British Judo Council National Championships

Sunday 20th November North Norfolk Judo Club were blown away by the courage, the commitment and the judo that all of their players demonstrated at the BJC National Championships. When they started their club a little over a year ago, they never expected to go to their first Nationals and see their players perform so well.

- Mila M - Silver
- Honey H - Silver
- Max M – Silver
- Sensei Tom - Open Weight Dan Grade Gold and o100 Dan Grade Silver



Cross Country in PE lessons and Rudolph Run

We are proud of our traditional off-site course and always encourage students to set and aim to better their personal best time over a 2.5km course throughout a number of KS3 PE lessons in the build up to the end of term.

On Tuesday 13th December 2022 all Year 7, 8 and 9 students will be completing the Cross Country course to raise money for Nelson's Journey in a 'Rudolph Run' within their PE lessons (<https://www.youtube.com/watch?v=EA9drkFtEok>).

Nelson's Journey is a Norfolk charity supporting bereaved children and young people after the death of a significant person in their life up to the age of 18. A £1 payment option will be opened up on Scopay ahead of the Rudolph Run and students will be encouraged to run in a Christmas garment e.g. Xmas jumper, santa hat/outfit, reindeer antlers, etc.



APHS & Norfolk Schools Christmas Show jumping Competition

Mrs Hardman organised the 11th annual schools show jumping competition on Saturday 26th November, at Lime Kiln Farm. Three riders from APHS competed against 30 other competitors from 10 schools across the County. Amelia S in Y7 came 6th in the 70cm, having only ridden this pony a few times. Mollie S Y9 & Skye S Y10 just missed out on winning the pairs with a cracking time, finishing a very respectable 2nd. Skye S Y10, then narrowly missed out on winning the 90cm, a beautiful, well ridden round, achieving a superb 2nd place. Very proud of all the riders. Huge thank you to the team of staff who helped run the event. Miss Steward, Mr Hardman, Ms Spink, Miss Leader and Mrs Johnson.



North Norfolk Football League

U12 Football

The U12 squad won a closely contested match in their first school football fixture on 3rd November against Fakenham Academy. The team scored 3 great goals to win 3-2 and have shown great promise for future games together. Goal scorers include Seb T, Theo L and Albie W but also included strong performances from a number of players. We now look forward to potentially finishing our group of fixtures against other North Norfolk schools before the end of the season.

U13 Football

The U13 squad travelled to Fakenham and played out a thrilling 3-2 game, this time with FAN coming out on top. The team even went two goals up in the game but couldn't hold onto the points in a highly competitive game. Goals from Freddie O and Henry B gave the team hope and will hopefully stand them in good stead for any other games in the North Norfolk league after the Christmas holidays.

U14 Football

The U14 squad finally got to play together in Alderman Peel colours after a few stop-start seasons in the North Norfolk school football league. Travelling to local rivals Fakenham, an organised defensive display and clinical attacking play saw us win 4-1 with goals from Oscar C (2), Ewan M and Freddie G. A match against Sheringham awaits before the finals of the North Norfolk league after the Christmas break.

U15 Football

Alderman Peel hosted the U15 North Norfolk first round ties with the team coming away with 7 points and topping their mini-league. With Cromer unfortunately unable to attend and conceding a 3-0 loss, the U15's managed a 1-1 draw with Fakenham Academy with a goal from Ewan M and then defeated Sheringham 1-0 with a late goal from Archie Y. The U15's will now look forward to the final round of ties to be played in the new year.

U16 Football

Alderman Peel also hosted the U16 North Norfolk first round ties with the team coming away with maximum points. With Cromer unfortunately unable to attend and conceding a 3-0 loss, the U16's managed to beat Fakenham Academy 2-1 with goals from Joe H and Sacha G and defeated Sheringham 1-0 with a goal from Ted H. The U16's will also now look forward to the final round of ties to be played in the new year.



Individual Sporting Success

Sailing

After having sailing lessons over the summer, Oliver B (Year 8) entered the Bronze class at the Horning Sailing Regatta recently and finished an impressive 1st place in his category.

This is a real confidence booster for Oliver, who will look to enhance these skills further in the future, keep up the hard work Oliver.



Cricket

On the 14th October this year, Hayden L (Year 9) was awarded his county cap at the Norfolk Youth Cricket Dinner and Presentation. Hayden is part of our very successful boys cricket team who were Norfolk school runners-up last year and we are super excited to see the team progress over the next few years.



Cross Country

Edward M (Year 10), Charlie F (Year 10) and Thomas M (Year 7) have eagerly awaited the cross country season and started off with some impressive runs.

In the Houghton Hall Cross Country event in early November, all three boys were placed in the top 3 for their respective age categories. Edward M taking 2nd place and Charlie F taking 3rd place in the U15 race and Thomas M taking 2nd place in the U13 race. This followed the Ryston Runners series where Thomas and Edward managed to again pick up a second place in their races.

We look forward to our APHS cross country team attending the North Norfolk finals in December.



Norfolk Football

After a gruelling trial period for many of our talented footballers at the school, we are delighted to announce that Ted H (Year 10), Finn S (Year 10), Joe H (Year 9) and Izzy N (Year 9) all made it all the way through and will spend this season representing their respective age Norfolk football squad. This is a great achievement and bodes well for the future for each of these talented footballers. We must also mention a number of other students who unfortunately missed out this time but keep working hard and we are sure your time will come.

House Competitions

On Tuesday 1st November years 8,9&10 took part in their first house competition of the school year. These always turn out to be really competitive lessons as students return from their chosen activity to see how the other houses/sports have got on. We keep a running total of the scores on the PE white board which students check to see which house is the overall winner at the end of the day. The result from the year 8,9&10 competition was as follows.

- Joint 1st- Mersey & Waveney
- 3rd- Trent
- 4th- Shannon

This is the first time we have ever had joint winners in a house competition! Year 7 took part in their house competition a little later on in the half term. However this was just as competitive and it was great to see Year 7 enjoying their first house competition. The year 7 competition finished with Shannon being the overall winners.

Hockey at APHS

Hockey at APHS has grown over the past 3-4 years. We now have more students than ever who are taking part in the sport either within school or at their local clubs outside of school. A lot of this growth is due to the links that APHS now have with North Norfolk Hockey, and in particular Justin Freeman (Hockey Coach). Over the past few years now, Justin has been coming into APHS to run a Hockey club. This has then resulted in a number of students being able to continue their hockey passion further by getting involved in North Norfolk Hockey. We are very lucky at APHS to have these links and we are very excited to see the sport develop even further both at APHS tournaments, but also with our students at club level. If anybody is interested in starting APHS Hockey club or finding a link to a club outside of school please speak to Mrs Abbott.

So far this academic year we have had the U14's and the U16's girls teams represent APHS at the area tournaments and fixtures. Both age groups played some fantastic hockey but a shout out goes to the U14 girls hockey team for finishing third at the area tournament at Greshams. APHS were the only team that did not lose to Wymondham College and we held them to a well battled 1-1 draw. After Christmas all of the boys hockey tournaments take place and we are just as excited to see what the boys can do.





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