



**Hellesdon High School  
& Sixth Form Centre**

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# JOURNEY TO EXCELLENCE

**Evening 1 – Starting your Journey to Excellence – Thursday 12 October 2023**

We are part of...



F O R C H I L D R E N , F A M I L I E S A N D C O M M U N I T I E S



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# Principal's Welcome

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**WENSUMTRUST**

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What are my priorities for this year...

1. To **provide you** with the tools you need to achieve outstanding results
2. To **provide you** with the environment you need to achieve outstanding results
3. To **provide you** with the support you need to achieve outstanding results

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EXCELLENCE**

## **What is the 'Journey to Excellence' programme?**

This forms part of our Raising Achievement offer to all Year 11 students. The aim is to build wrap-around support for our students during the most academically challenging time of their lives.

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## **What will we cover?**

Through these sessions we will provide you with updates on your timeline to examinations, as well as essential guidance around key topics:

- Starting your Journey to Excellence
- If not now, then when?
- Time to be Selfish

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## What's coming down the road?

Start of Year 11



Your second PPE window (mocks)



Results Day



Your first PPE window (mocks)



Your actual GCSEs begin



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FOR CHILDREN, FAMILIES AND COMMUNITIES



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So... how do  
you want to  
feel in 10  
months' time?

Results Day



Aug  
24

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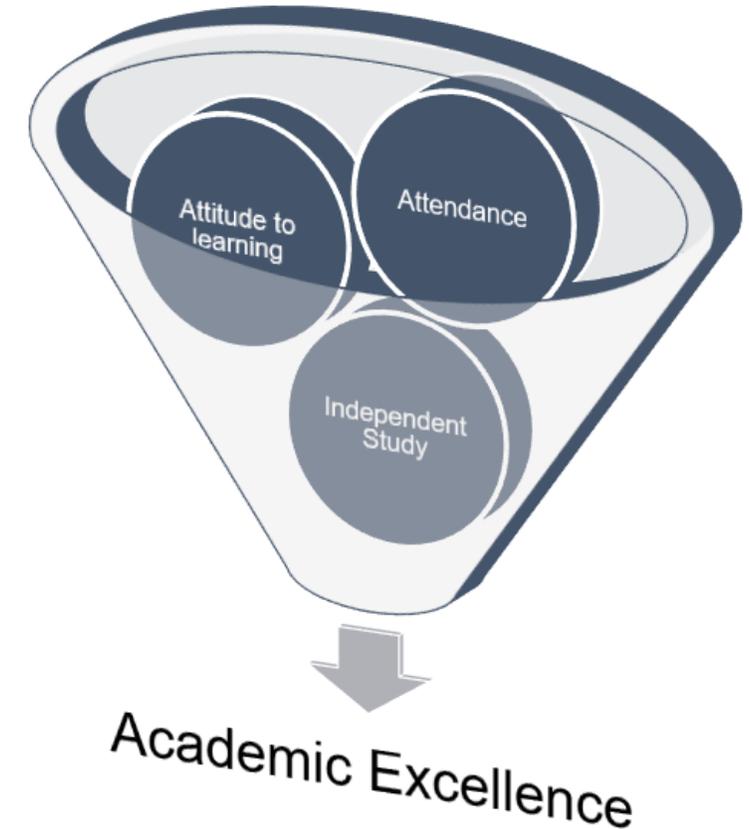
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- **Attendance** – being in the building is the first and biggest influence on your chances of success
- **Attitude to learning** – capturing the knowledge your teachers share in each minute of each lesson will make you confident and ready for exams
- **Independent study** – if you are unavoidably absent, or know there's something you haven't understood, take responsibility for addressing it... it's your learning!

**What changes do you need to make today to improve your chances tomorrow?**





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Improving attendance

**IF NOT  
now  
WHEN?**

Avoiding Conflict

Completing independent learning

Prioritising YOU

Engaging in every second of lessons

Attending additional support

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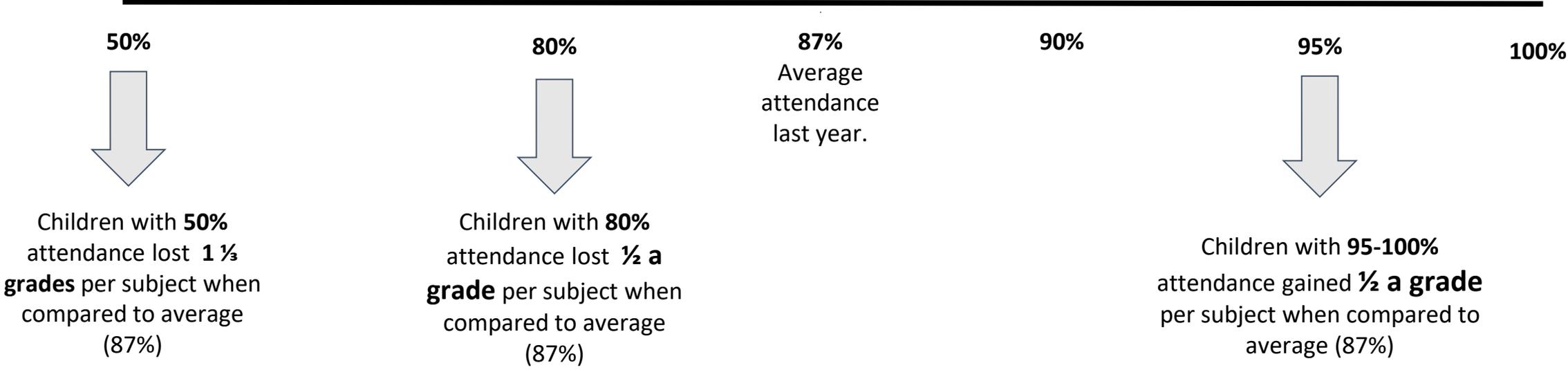
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Mr Stevenson is available for any concerns you have about your child's attendance in year 11.



Simply put, the more you're in school the more likely you are to be successful!

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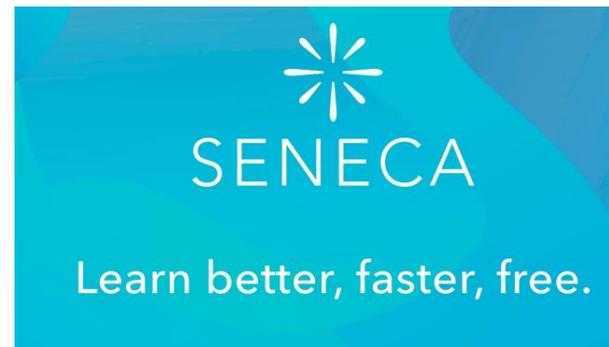
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## Our investment in Year 11...

Seneca Premium has been purchased for all our year 11 students to ensure that they have the tools they need to address gaps, revise knowledge and be confident in their exams.



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## Getting the Best out of Seneca

Students:

- ✓ Complete your homework
- ✓ Target the things you are worried about
- ✓ Address gaps from absence
- ✓ Take control of your learning

Teachers:

- ✓ Identify gaps and areas of weakness across individuals or the class
- ✓ Change lessons to meet your needs
- ✓ Plan support to meet your needs

Parents:

- ✓ Sign up and reward your child's effort and achievement

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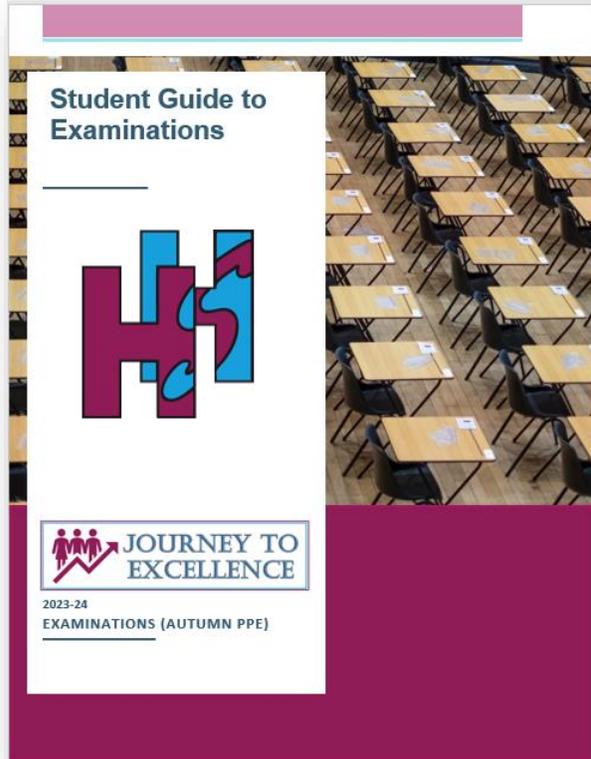
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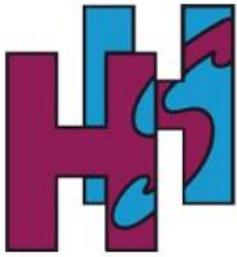
You will soon receive your guide to examination which contains some key information about how the school is shaped around your exam success.

We restructure the day timings to ensure you have good rest between your exams, revision opportunities, and consistent rooms.



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## Changes to the School Day

Breakfast on arrival at 8am to ensure you are focused and fuelled.

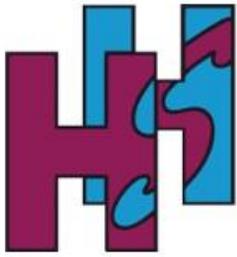
A consistent middle of your day so that you can keep your routines and mentally reset for the next exam.

Session	Time	Activity	Student Guidance
MORNING EXAM ARRANGEMENTS	0800	Arrival and Breakfast	<ul style="list-style-type: none"> <li>• Arrive for 8am</li> <li>• Register at the registration table inside the entrance to the dining hall</li> <li>• Collect breakfast</li> <li>• Bring your revision resources and calmly prepare for the morning exam</li> </ul>
	0820	Warm-ups	<ul style="list-style-type: none"> <li>• Participate in retrieval activities for key knowledge, led by your subject teachers</li> </ul>
	0835	Exam Room Opening	<ul style="list-style-type: none"> <li>• Listen to your teacher's final messages</li> <li>• Depart the warm-up room and make your way calmly to your exam room by the assigned route</li> </ul>
	0845	Exam Sitting 1	<ul style="list-style-type: none"> <li>• Place your bag at the back of the stage</li> <li>• Find your seat</li> <li>• Listen to the invigilator's instructions</li> <li>• Do your best!</li> </ul>
	1015 (approx.)	End of Exam Sitting 1	<ul style="list-style-type: none"> <li>• Depart the room in silence</li> <li>• Collect your bag</li> <li>• Return to your timetabled lessons</li> </ul>
	1025	Break	<ul style="list-style-type: none"> <li>• Get some fresh air</li> <li>• Hydrate</li> </ul>
MID-DAY	1045	Lesson	<ul style="list-style-type: none"> <li>• Engage in your normal lesson with exemplary effort</li> </ul>
	1135	Lesson	<ul style="list-style-type: none"> <li>• Engage in your normal lesson with exemplary effort</li> </ul>
	1225	Lunch	<ul style="list-style-type: none"> <li>• Get some fresh air</li> <li>• Eat, hydrate</li> </ul>

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Short revision  
before each exam to  
remind you of the  
key knowledge

Booster sessions to  
ensure you know  
exactly what to  
expect in your exam  
the next day.

AFTERNOON EXAM ARRANGEMENTS	1300	Registration	<ul style="list-style-type: none"><li>• Arrive at the dining hall by 1250</li><li>• Register at the registration table inside the entrance to the dining hall</li><li>• Bring your revision resources and calmly prepare for the afternoon exam</li></ul>
	1310	Warm-ups	<ul style="list-style-type: none"><li>• Participate in retrieval activities for key knowledge, led by your subject teachers</li></ul>
	1325	Exam Room Opening	<ul style="list-style-type: none"><li>• Listen to your teacher's final messages</li><li>• Depart the warm-up room and make your way calmly to your exam room by the assigned route</li></ul>
	1330	Exam Sitting 2	<ul style="list-style-type: none"><li>• Place your bag at the back of the stage</li><li>• Find your seat</li><li>• Listen to the invigilator's instructions</li><li>• Do your best!</li></ul>
	1500 (approx.)	End of Exam Sitting 2	<ul style="list-style-type: none"><li>• Depart the room in silence</li><li>• Collect your bag</li></ul>
POST-EXAM	1505	Booster/Intervention	<ul style="list-style-type: none"><li>• Attend your booster or elective promptly</li></ul>

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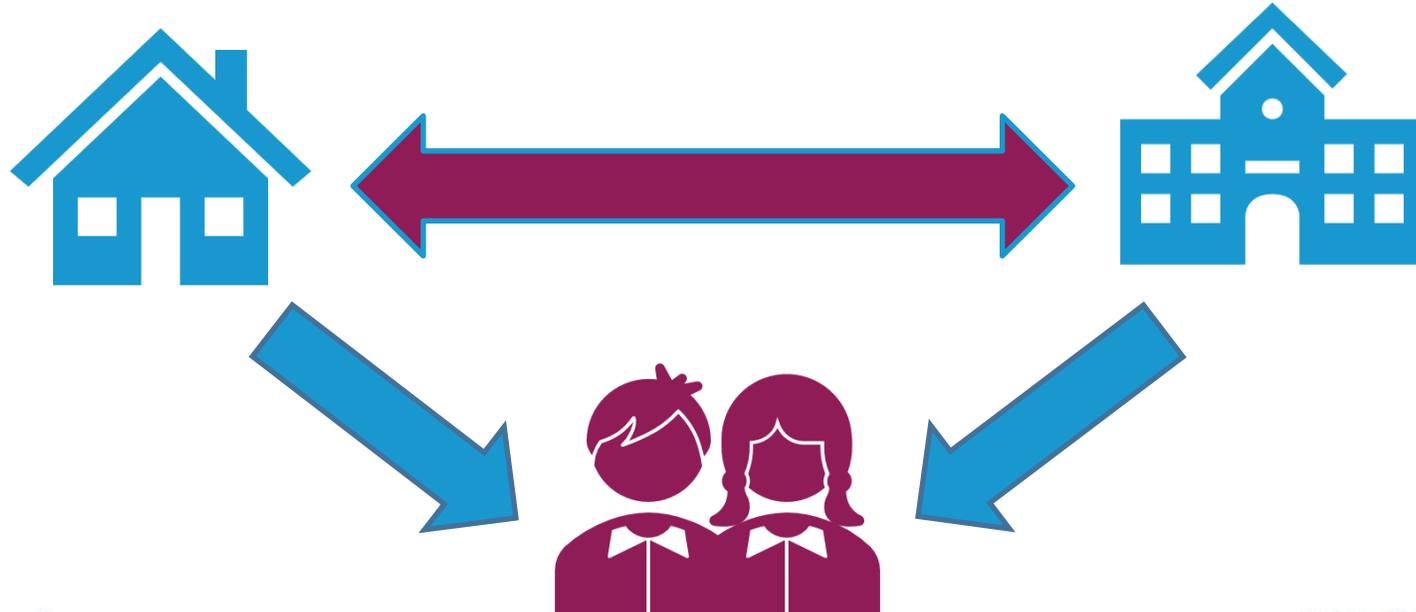


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## Everyone's role in Success

A unified message and good communication between the school and home, provides consistency and routine for your child



Your support for your child is one of the most impactful ways of raising their achievement

The school will provide high quality lessons, interventions, and extended learning opportunities to give your child all they need to achieve

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# Everyone's role in Success

**... but ultimately, they are your results. We believe you are capable of excellence. Your parents believe you are capable of excellence. Your determination and resilience will make you capable of excellence.**

Your  
child

raising their  
achievement



provide  
ons,  
and  
ing  
opportunities to give  
your child all they need  
to achieve

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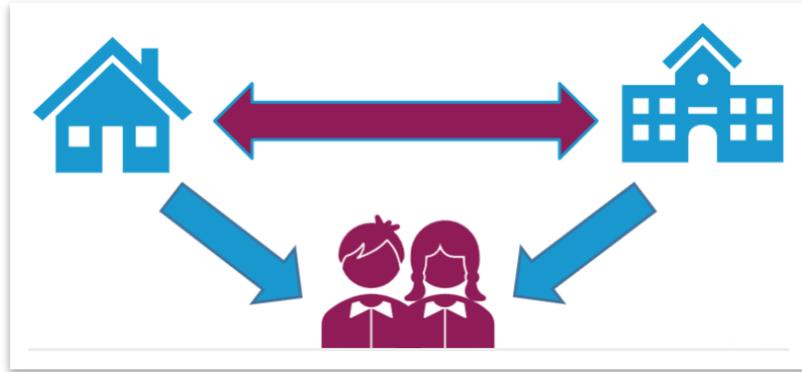


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IF NOT  
*now*  
WHEN?

SENECA  
Learn better, faster, free.



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# What now...?

Please join us for refreshments, and visit our excellent staff who are here to provide additional support in the following areas:

- Subject leaders for guides on how to support your child in the run up to the first PPEs
- The SEND stand to ask for support with your child's reasonable adjustments
- SLT are available if you have any questions about the programme for Y11
- Attendance support desk
- Hellesdon Sixth Form desk for questions about your ambitions
- Well-being support if you're concerned about how you are coping

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