

Year 11 Health & Social Care – PPE

Wave 1

What is a PPE?

- Pre-Public Exams
- An opportunity to identify your current progress in Health & Social Care
- An opportunity to identify what support you may need in Health and Social Care

What is the Structure of the Health & Social Care PPE?

- 1 Paper
- 70 Marks
- Combination of short answer and longer answer questions

What Content is on the Health & Social Care PPE?

<i>Topic Area 1: The Rights of Service Users in Health and Social Care Settings</i>		
<i>Types of Care Settings</i>	<p><u>Health Care</u></p> <ul style="list-style-type: none"> • Dental Practice • GP Surgery • Health Centre • Hospital • Nursing Home • Opticians • Pharmacy • Walk-In Centre <p><u>Social Care</u></p> <ul style="list-style-type: none"> • Community Centre • Day Centre • Foodbank • Homeless Shelter • Residential Home • Retirement Home • Social Services • Support Group 	
<i>The Rights of Service Users</i>	<ul style="list-style-type: none"> • Choice • Consultation, • Confidentiality • Equal and Fair Treatment • Protection from abuse and harm 	
<i>Benefits to service users when rights are maintained</i>	<ul style="list-style-type: none"> • Empowerment • High self-esteem • Service users' needs are met • Trust 	

Topic Area 2: Person-Centred Values		
Person-centred values	<ul style="list-style-type: none"> • Individuality • Choice • Rights • Independence • Privacy • Dignity • Respect • Partnership • Encouraging decision making of service user 	
Benefits of applying person-centred values	<u>Benefits for service providers</u> <ul style="list-style-type: none"> • Clear guidelines • Job satisfaction • Quality of life • Choice and consultation • Develops skills • Sharing of good practice <u>Benefits for service users</u> <ul style="list-style-type: none"> • Standardisation of care 	
	<ul style="list-style-type: none"> • Quality of care • Quality of life • Develop strengths 	
The 6 C's	<ul style="list-style-type: none"> • Care • Compassion • Competence • Communication • Courage • Commitment 	
Effects on service users' health and wellbeing if values are not applied	<p><u>Physical</u> Pain, Discomfort, Illness, Injury, Fatality, Malnutrition, Dehydration</p> <p><u>Emotional</u> Low self-esteem, stress, anxiety, depression, anger, sadness, withdrawal</p> <p><u>Intellectual</u> Thinking, Problem solving, Learning new skills, Developing knowledge, Interacting with others, Participating in daily life</p> <p><u>Social</u> Poor relationships, Poor social skills, Isolation, Withdrawal, Feeling excluded, Not valued</p>	
Topic Area 3: Effective Communication		
Verbal Communication Skills	<ul style="list-style-type: none"> • Adapting to the context • Clarity • Empathy • Patience • Appropriate vocabulary • Tone • Volume • Pace • Team working 	
Non-verbal Communication Skills	<ul style="list-style-type: none"> • Eye contact • Facial expressions • Gestures • Positioning • Body language • Sense of humour 	

Where Can I Find Revision Resources?

In Miss Powrie's Google Classroom: R032 Exam – Principles of Care in Health & Social Care Settings you will find...

- R032 checklist
- R032 key terms
- Knowledge PowerPoints
- Revision cards

What will help?

- Effective revision
1. From memory – Recall: look, cover, write, check
 2. Practice Questions
- Use our planning and revision resources
 - Self-refer to private study (In the 6th Form Study Centre P8 Tuesday, Wednesday & Thursday)
 - Book a 1:1 with Mrs Laskey