

# March Newsletter

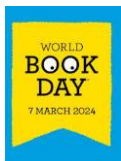
## PARENT TEACHER MEETINGS

If you have missed signing up for one these meetings, which are taking place next week, please speak to your child's teacher or the office. It is important for teachers to give you an update on how your child is doing both socially and academically, now that we are just over half way through the school year.

## STAFFING UPDATE

As you know, Allie Judge is leaving Lodge Lane at the end of this term. We have appointed Mrs Rachel Campbell to take over on a Monday and Tuesday in Panda Class.

## WORLD BOOK DAY



As you know from the February newsletter, we are celebrating World Book Day on Thursday 7<sup>th</sup> and Friday 8<sup>th</sup> March.

On Thursday, we have a fairy tale theme and on Friday pyjama day- dressing up is optional and there are some ideas on the February newsletter. If your child does not want to dress up, please send them in their school uniform.

On Thursday, we have a World Book Day themed menu (see end of newsletter).

## SAFEGUARDING

Because of our day-to-day contact with the children we are particularly well placed to observe outward signs of abuse, changes in behaviour or failure to develop. We have a duty to protect children from abuse; however, our role is in recognition and referral, not investigation or intervention. We are required by law to follow procedures laid down by the Norfolk Safeguarding Children Partnership if we see signs, which suggest that one of our pupils may have been the victim of abuse.



We are part of...



Use of the procedures in this way is an obligation placed on the school by legislation and in no way infers that any parent/ carer is being accused of wrong-doing.

Lodge Lane is registered with Operation Encompass. This means that Norfolk Police will contact the school concerning any domestic incidents which involve the families of our children the day after the incident occurred.

Our designated safeguarding leads at Garrick Green are:

Rebecca Dewing  
Nici Bragger  
Shelley Leggett  
Rachael Aitken



### **COMIC RELIEF**

We will be raising money for Comic Relief on Friday 15<sup>th</sup> March. We will be having an optional non-uniform day where children should donate a suggested minimum of £1.

We will not be selling red noses in school again this year. The red noses that are available to purchase from Amazon for £2 are suitable for children over the age of 3 and are recyclable.

If children want to have a red nose with face paints, a sticker etc. instead of the official red nose then of course, that is fine. If your child is not joining in then please send them in their normal school uniform.

### **EASTER**



We finish for Easter on Wednesday 27<sup>th</sup> March at 3pm and school starts again on Monday 15<sup>th</sup> April.

We are part of...



MARCH			
4 <sup>th</sup> March	YR Parent/Teacher meetings	8.30-10am 2-3.30pm	Panda and Tiger Parents
5 <sup>th</sup> March	Y1 Parent/Teacher meetings	8.30-10am 2-3.30pm	Owl and Turtle Parents (Turtle times will vary)
6 <sup>th</sup> March	Parent/Teacher meetings	4-6.30pm	All year groups
7 <sup>th</sup> March	World Book Day including themed menu	See details above.	
8 <sup>th</sup> March	Pyjama Day	See details above.	
8 <sup>th</sup> March	Y2 Parent/Teacher meetings	8.30-10am 2-3.30pm	Hedgehog and Rockhopper Penguin parents
15 <sup>th</sup> March	Comic Relief		
27 <sup>th</sup> March	END OF TERM School re-opens Monday 15 <sup>th</sup> April 2024		

We are part of...

**WENSUM TRUST**

norse  
CATERING

# World Book Day

**Thursday 7th March 2024**

**Homemade 'Superhero' Sausage Roll  
or Vegetarian 'Superhero' Sausage Roll (v)**

Inspired by 'Greg the Sausage Roll; Lunchbox Superhero'  
by Mark and Roxanne Hoyle

**served with 'Thank You' Baked Potato Wedges**

Inspired by 'Thank You, Baked Potato' by Matt Lucas

**Daisy's Garden Peas**

Inspired by 'Daisy: Eat Your Peas' by Kes Gray

**'Mmmm, Tasty' Ketchup**

Inspired by 'Ketchup on your Cornflakes?' by Nick Sharratt

\*\*\*

**Miss Trunchball's Chocolate Fudge Cake**

Inspired by 'Matilda' by Roald Dahl



We are part of...

**WENSUM TRUST**



**norse**  
CATERING

# World Book Day

**Thursday 7th March 2024**

## Allergen Aware Menu

**Homemade Pork Meatball 'Superhero' Sub  
Or 'Superhero' Plant Sausages in a Roll (Ve)**

Inspired by 'Greg the Sausage Roll; Lunchbox Superhero'  
by Mark and Roxanne Hoyle

**served with 'Thank You' Baked Potato Wedges**

Inspired by 'Thank You, Baked Potato' by Matt Lucas

**Daisy's Garden Peas**

Inspired by 'Daisy: Eat Your Peas' by Kes Gray

**'Mmmm, Tasty' Ketchup**

Inspired by 'Ketchup on your Cornflakes?' by Nick Sharratt

\*\*\*

**Miss Trunchball's Iced Chocolate Cupcake**

Inspired by 'Matilda' by Roald Dahl



NON-DAIRY



NON-EGG



NON-GLUTEN



NON-SOYA



NON-NUTS



NON-PEANUTS



NON-SESAME SEEDS



NON-FISH



NON-CELERY



NON-MUSTARD



NON-LUPIN



NON-CRUSTACEANS



NON-SULPHUR DIOXIDE



NON-MOLLUSCS

We are part of...

**WENSUM TRUST**



Friends of Catton Park

**Saturday 30 March 2024**

**Starts at 10:30 am**

# EASTER EGG HUNT

**Start in the picnic area outside Buxton Lodge  
NR6 7DB just up from the Oak Lane gates**

**£3.50 per child**

Includes entry to hunt, prize and children's refreshments (drink & bun)

Children to be accompanied by an adult

Hunt instructions given at 10:30 am - we will do our best to  
accommodate latecomers but cannot guarantee this

**Tickets are available until 2pm Thursday 28 March from:**

Old Catton Parish Council Offices, Church Street, during office hours  
(10 am - 2 pm Monday to Friday), or email [friendsofcattonpark@gmail.com](mailto:friendsofcattonpark@gmail.com)

Please purchase your tickets in advance - cash and cards accepted at PC office

Adults - why not join us for a cake or biscuit with coffee or tea after the hunt -  
£2.50 for hot drink and cake - no need to book



Please leave your dogs at home -  
many thanks for your  
understanding!



We are part of...

**WENSUM TRUST**





Lodge Lane Infant School



# Online Safety Newsletter

March 2024

## Managing Screen time from Internet Matters

Are you worried your child has too much screen time or would like more advice on how to support your child in managing their screen time? Internet Matters have a wealth of information on their website to help support you.

This first link discusses how to get the most out of screen time and how to talk to your child about screen time based on their age:

- <https://www.internetmatters.org/issues/screen-time/protect-your-child>

This second link provides advice on how to tackle too much screen time and what the signs of too much screen time might be:

- <https://www.internetmatters.org/issues/screen-time/deal-with-it/>

This final link provides a guide on how to balance screen time:

- <https://www.internetmatters.org/resources/creating-a-balanced-digital-diet-with-screen-time-tips/>



## Fortnite Battle Royale

Fortnite Battle Royale is rated PEGI 12 because it features moderate violence which means it is not suitable for persons under 12 years of age.

It is important to remember that when rating games, PEGI do not take into consideration the communication features of a game. Fortnite does include a chat facility, which adds further risks.



### What is Fortnite?

There are different versions of Fortnite, including Battle Royale, which is free to play (although in-app purchases are available). In Battle Royale up to one hundred players compete against each other.

### What do I need to be aware of?

- **Chatting to strangers and inappropriate language:** Fortnite contains voice and text chat. Due to the nature of the game, your child may be chatting to strangers and may hear inappropriate language. Ensure your child knows how to report players for any inappropriate behaviour.
- **In app purchases:** All users can purchase V-Bucks directly through the game so make sure you don't store your card details within the game/device and restrict purchases.

### Parental Controls

Fortnite includes several parental controls to help you make it a safer environment for your child including disabling voice chat, filtering language and setting privacy settings. Also, remember to set up age-appropriate parental controls on the device your child is playing on.

### Further information

Virgin Media outline how to set up the different parental controls available: <https://www.virginmedia.com/blog/parental-controls/gaming-fortnite>

## Does your child need a mobile phone?

If you are thinking about giving your child their own phone, then you might find this article from Family Lives useful as it discusses things you need to consider:

<https://www.familylives.org.uk/advice/primary/health-and-development/does-your-child-need-a-mobile-phone>

We are part of...

**WENSUM**TRUST

FOR CHILDREN, FAMILIES AND COMMUNITIES

# I

You will probably know that Instagram is used to post photos and videos, but did you know that it can also be used to message, voice/video call and send disappearing messages? Users can also upload to 'Stories' (which disappear after 24 hours), broadcast live and upload reels (short videos).

You must be over 13 years of age to set up an account. To create an account, you must enter a date of birth (but it is not verified). *When you set up an account for users under 16 years old, the account is set to Private. This is the recommended setting so that your child approves who follows them and sees their content.* Even if your child's profile is private, their bio (at the top of their profile) can still be seen by everyone. Check they have not included personal information here e.g. they should not be wearing their school uniform in their photo.

Instagram includes several privacy settings, so go through these with your child and ensure they are set appropriately. Settings include:

- Messages/Group chats – set who can message you/add you to groups.
- Story replies – you can turn this off or choose who can message you.
- Hidden words – turn this option on to hide comments/messages that may be offensive. You can also add your own custom words or emojis.

Make sure your child understands that there is a risk that content they upload can be shared with others without their permission as other users can screenshot it.

## Supervision

You can set up supervision on your child's (aged 13-17) Instagram account. This gives you access to a set of tools including the ability to see who they follow/who follows them, how much time they are spending on Instagram, set a time limit and view accounts your child has blocked. Your child can also share when they have reported anything to Instagram with you. Learn more here: <https://help.instagram.com/658522825492278>

## Safety Features

Ensure your child knows how to report posts and people, how to unfollow and block people, delete and turn off comments. View here: <https://help.instagram.com/269765046710559>

## Quiet mode

Your child can activate quiet mode, so they do not receive notifications (to provide less distraction whilst studying and at night time).

## How can I keep my child safe on Instagram?

The NSPCC have published a blog with everything that you need to know: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/keeping-children-safe-on-instagram/>

## More information

- Visit the family centre to learn more about the features available: <https://familycenter.instagram.com/>
- Download a parent's guide to Instagram: <https://help.instagram.com/299484113584685>

## Do you need help managing your child's device?

You can use Google Family Link or Apple Family Sharing to help you depending on your child's device.

### Google Family Link

This is a parental control app from Google that lets you:

- See activity reports showing how long they spend on each app.
- Approve or block new app downloads.
- Set screen time limits.
- Find their location (using their device).

You will need to download an app and then decide appropriate settings.

<https://families.google.com/familylink>

### Apple Family Sharing

You can set up Family Sharing in the settings of your device. Family Sharing allows you to:

- Share Apple subscriptions.
- Share purchases from the App Store.
- Approve what children purchase/download.
- Limit screen time.
- Share locations and find devices.

<https://www.apple.com/uk/family-sharing/>

### Monitoring Apps (paid for)

In addition, there are apps that you can pay for that you may find provides a better solution for you. Whilst we cannot recommend a specific product, these are some examples that you could review and test using a free trial:

- Norton Family: <https://uk.norton.com/products/norton-family>
- Qustodio: <https://www.qustodio.com/en/>
- Family Time: <https://familytime.io/>

We are part of...

**WENSUM TRUST**