

# Year 10 Health & Social Care – PPE

## Wave

### What is a PPE?

- Pre-Public Exams
- An opportunity to identify your current progress in Health & Social Care
- An opportunity to identify what support you may need in Health and Social Care

### What is the Structure of the Health & Social Care PPE?

- 1 Paper
- 70 Marks
- Combination of short answer and longer answer questions

### What Content is on the Health & Social Care PPE?

<i>Topic Area 1: The Rights of Service Users in Health and Social Care Settings</i>		
<i>Types of Care Settings</i>	<p><u>Health Care</u></p> <ul style="list-style-type: none"> <li>• Dental Practice</li> <li>• GP Surgery</li> <li>• Health Centre</li> <li>• Hospital</li> <li>• Nursing Home</li> <li>• Opticians</li> <li>• Pharmacy</li> <li>• Walk-In Centre</li> </ul> <p><u>Social Care</u></p> <ul style="list-style-type: none"> <li>• Community Centre</li> <li>• Day Centre</li> <li>• Foodbank</li> <li>• Homeless Shelter</li> <li>• Residential Home</li> <li>• Retirement Home</li> <li>• Social Services</li> <li>• Support Group</li> </ul>	
<i>The Rights of Service Users</i>	<ul style="list-style-type: none"> <li>• Choice</li> <li>• Consultation,</li> <li>• Confidentiality</li> <li>• Equal and Fair Treatment</li> <li>• Protection from abuse and harm</li> </ul>	
<i>Benefits to service users when rights are maintained</i>	<ul style="list-style-type: none"> <li>• Empowerment</li> <li>• High self-esteem</li> <li>• Service users' needs are met</li> <li>• Trust</li> </ul>	

Topic Area 2: Person-Centred Values		
Person-centred values	<ul style="list-style-type: none"> <li>• Individuality</li> <li>• Choice</li> <li>• Rights</li> <li>• Independence</li> <li>• Privacy</li> <li>• Dignity</li> <li>• Respect</li> <li>• Partnership</li> <li>• Encouraging decision making of service user</li> </ul>	
Benefits of applying person-centred values	<u>Benefits for service providers</u> <ul style="list-style-type: none"> <li>• Clear guidelines</li> <li>• Job satisfaction</li> <li>• Quality of life</li> <li>• Choice and consultation</li> <li>• Develops skills</li> <li>• Sharing of good practice</li> </ul> <u>Benefits for service users</u> <ul style="list-style-type: none"> <li>• Standardisation of care</li> </ul>	
	<ul style="list-style-type: none"> <li>• Quality of care</li> <li>• Quality of life</li> <li>• Develop strengths</li> </ul>	
The 6 C's	<ul style="list-style-type: none"> <li>• Care</li> <li>• Compassion</li> <li>• Competence</li> <li>• Communication</li> <li>• Courage</li> <li>• Commitment</li> </ul>	
Effects on service users' health and wellbeing if values are not applied	<p><u>Physical</u> Pain, Discomfort, Illness, Injury, Fatality, Malnutrition, Dehydration</p> <p><u>Emotional</u> Low self-esteem, stress, anxiety, depression, anger, sadness, withdrawal</p> <p><u>Intellectual</u> Thinking, Problem solving, Learning new skills, Developing knowledge, Interacting with others, Participating in daily life</p> <p><u>Social</u> Poor relationships, Poor social skills, Isolation, Withdrawal, Feeling excluded, Not valued</p>	
Topic Area 3: Effective Communication		
Verbal Communication Skills	<ul style="list-style-type: none"> <li>• Adapting to the context</li> <li>• Clarity</li> <li>• Empathy</li> <li>• Patience</li> <li>• Appropriate vocabulary</li> <li>• Tone</li> <li>• Volume</li> <li>• Pace</li> <li>• Team working</li> </ul>	

### **Where Can I Find Revision Resources?**

**In the R032 Exam Google Classroom: R032 Exam – Principles of Care in Health & Social Care Settings**

**you will find...**

- R032 checklist
- R032 key terms
- Knowledge PowerPoints
- Revision cards

### **What will help?**

- Effective revision
  1. From memory – Recall: look, cover, write, check
  2. Practice Questions
- Use our planning and revision resources