



Spring/Summer Allergen Aware Menu



Packed Lunch Menu—Heather Avenue Infant School

Our Allergen Aware Menu is free from most of the top 14 legal allergens and is closely aligned with our Primary School Packed Lunch Menu.



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS



NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS



Week One

Monday

Ham Roll
or
Cheese Roll
Salad Sticks
Popcorn
Homemade
Cupcake

Tuesday

Ham Roll
or
Cheese Roll
Pizza Finger
Melon Wedge
Iced Fruit Smoothie

Wednesday

Cheese and Tomato
Pasta Pot
Salad Sticks
Sultanas
Homemade
Shortbread

Thursday

Tuna Roll (no mayo)
or
Cheese Roll
Sultanas
Orange Wedges
Popcorn Bar

Friday

Cheese and Tomato
Pasta Pot
Salad Sticks
Sultanas
Homemade Cake

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct

Week Two

Monday

Ham Roll
or
Cheese Roll
Salad Sticks
Popcorn
Homemade
Cupcake

Tuesday

Ham Roll
or
Cheese Roll
Pizza Finger
Melon Wedge
Iced Fruit Smoothie

Wednesday

Cheese and Tomato
Pasta Pot
Salad Sticks
Sultanas
Homemade
Shortbread

Thursday

Tuna Roll (no mayo)
or
Cheese Roll
Popcorn
Orange Wedges
Fruit Jelly

Friday

Cheese and Tomato
Pasta Pot
Salad Sticks
Sultanas
Homemade
Cupcake

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct

Week Three

Monday

Ham Roll
or
Cheese Roll
Salad Sticks
Popcorn
Iced Fruit Smoothie

Tuesday

Ham Roll
or
Cheese Roll
Pizza Finger
Melon Wedge
Homemade
Shortbread

Wednesday

Cheese and Tomato
Pasta Pot
Salad Sticks
Sultanas
Homemade Cake

Thursday

Tuna Roll (no mayo)
or
Cheese Roll
Popcorn
Orange Wedges
Homemade
Shortbread

Friday

Cheese and Tomato
Pasta Pot
Salad Sticks
Sultanas
Homemade Iced
Sprinkle Cake

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct

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CATERING

Whilst every precaution has been taken to avoid cross contamination. No guarantee can be given for the absence of allergens.