









Introducing our Spring/Summer School Lunch Menu, offering high quality, varied dishes using local and seasonal ingredients where possible!

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from East Anglian suppliers.

## We use wholewheat flour in our bread and pastry recipes!

In addition to this menu, we offer a number of themed menus to celebrate holidays and seasonal events please check details with your school.

## A full allergen list for this menu can be found on our website <u>www.norsecatering.co.uk</u>

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

> If you think your child/children may be eligible for a free school meal visit www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk Please note the menu may be subject to change to meet local needs.

	Week						
	One	Monday	Tuesday	Wednesday	Thursday	Friday	
	Hot Option 1	Margherita Pizza and Tomato Pasta Salad (v)	Beef Meatballs with Tomato Sauce in a Sub Roll with Potato Wedges	Roast Chicken with Stuffing, Mashed Potato and Gravy	Chicken and Sweetcorn Pasta	Breaded Fish Fingers and Chips	
	Hot Option 2		Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	BBQ Plant Balls with Steamed Rice (v)	Tomato and Courgette Omelette and Chips (v)	
	Jacket Potato	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	
	Served with	Peas and Sweetcorn	Mixed Salad	Carrots and Green Beans	Mixed Vegetables	Peas or Baked Beans	
	And for Pudding	Orange Cupcake	Strawberry Ice Cream	Toffee Cream Shortbread	Cocoa Krispie Bar	Summer Berry Muffin	
	Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn and Orange Cupcake	Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Strawberry Ice Cream	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Toffee Cream Shortbread	Tuna Mayo or Cheese Sandwich, Sultanas, Orange Wedges and Cocoa Krispie Bar	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Summer Berry Muffin	
Week One: 15 Apr   6 May   3 Jun   24 Jun   15 Jul   16 Sept   7 Oct — Fresh Fruit Available Daily							

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	Two					
		Monday	Tuesday	Wednesday	Thursday	Friday
٠	Hot Option 1	Margherita Pizza and Potato Wedges (v)	Breaded Chicken Goujons in a Wrap with a Dip and Savoury Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Cheesy Pasta (v)	Breaded Fish Fingers and Chips
	Hot Option 2		Plant Sausages and Tomato Pasta (Ve)	Vegetable and Tomato Pastry Plait with Roast Potatoes and Gravy (v)	Cauliflower, Chickpea and Potato Curry with Steamed Rice (v)	Garden Vegetable Goujons and Chips (v)
	Jacket Potato	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans
<b>N</b>	Served with	Sweetcorn	Crunchy Veg Sticks	Carrots and Peas	Mixed Vegetables	Peas or Baked Beans
	And for Pudding	Vanilla Cupcake	Cocoa Oatcake	Shortbread	Fruit Jelly	Cherry Bakewell Cupcake
	Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn and Vanilla Cupcake	Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Cocoa Oatcake	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Shortbread	Tuna Mayo or Cheese Sandwich, Popcorn, Orange Wedges and Fruit Jelly	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Cherry Bakewell Cupcake
Week Two: 22 Apr   13 May   10 Jun   1 Jul   2 Sept   23 Sept   14 Oct — Fresh Fruit Available Daily						able Daily

Margherita Pizza and Potato Wedges (v) Margherita Pizza and Potato Wedges (v) Margherita Pizza and Potato Wedges (v) Potato and Gravy Cheese and Tomato Potato and Gravy Cheese and Tomato Pasta Bake (v) Cheese and Potato Pastry Pinwheel with Chips (v)   Jacket Potato Jacket Potato with Tuna, Cheese or Beans <th>Week</th> <th></th> <th></th> <th></th> <th></th> <th></th>	Week					
Hot Option 1Margherita Pizza and Potato Wedges (v)Beef Bolognese with PastaChipolata Sausages with Yorkshire Pudding, Mashed Potato and GravyBBQ Chicken with Savoury RiceBreaded Fish Fingers or Salmon Fingers and ChipsHot Option 2Margherita Pizza and Potato Wedges (v)Loaded Tomato and Bean Bake (v)Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)Cheese and Tomato Pasta Bake (v)Breaded Fish Fingers or Salmon Fingers and ChipsJacket PotatoJacket Potato with Tuna, Cheese or BeansJacket Potato Tuna, Cheese or BeansJacket Potato Tuna, Cheese or BeansJacket Potato Tuna, Cheese or BeansJacket Potato with Tuna, Cheese or BeansJacket Potato Tuna, Cheese or Beans <t< th=""><th>Three</th><th>Monday</th><th>Tuesday</th><th>Wednesday</th><th>Thursday</th><th>Friday</th></t<>	Three	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 2Loaded Tomato and Bean Bake (v)Prant Sadsages with Yorkshire Pudding, Mashed Potato and Gravy (v)Cheese and Tomato Pasta Bake (v)Cheese and Potato Pastry Pinwheel with Chips (v)Jacket PotatoJacket Potato with Tuna, Cheese or BeansJacket Potato with Tuna, Cheese or Beans	 Hot Option 1			Yorkshire Pudding, Mashed		Breaded Fish Fingers or Salmon Fingers and Chips
Jacket Potato Tuna, Cheese or Beans <	Hot Option 2			Yorkshire Pudding, Mashed		Cheese and Potato Pastry Pinwheel with Chips (v)
And for Pudding   Cocoa Mousse   Lemon Shortbread   Marble Cake   Banana Flapjack   Iced Sprinkle Cake     Ham or Cheese   Ham or Cheese   Ham or Cheese   Cheese and Tomato   Sandwich Bizza Finger   Sandwich Bizza Finger   Cheese and Tomato   Sandwich Bizza Finger   Sandw	Jacket Potato					Jacket Potato with Tuna, Cheese or Beans
Ham or Cheese Ham or Cheese Cheese and Tomato Sandwich Parts Pot Sandwich Parts Pot Sandwich Parts Pot Sandwich Potest Pot Sandwich Potest Pot Sandwich Potest Pote	Served with	Crunchy Veg Sticks	Broccoli	Mixed Vegetables	Sweetcorn	Peas or Baked Beans
Sandwich Salad Sticks Sandwich Dizza Einger Cheese and Tomato Sandwich Doprogram Posts Pot Salad Sticks	And for Pudding	Cocoa Mousse	Lemon Shortbread	Marble Cake	Banana Flapjack	Iced Sprinkle Cake
Packed Lunch   Popcorn and Cocoa Mousse   Melon Wedge and Lemon Shortbread   Pasta Pot, Salad Sticks, Sultanas and Marble Cake   Orange Wedges and Banana Flapjack   Sultanas and Iced	Packed Lunch	Sandwich, Salad Sticks, Popcorn and	Sandwich, Pizza Finger, Melon Wedge and	Pasta Pot, Salad Sticks,	Sandwich, Popcorn, Orange Wedges and	Pasta Pot, Salad Sticks, Sultanas and Iced

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct — Fresh Fruit Available Daily