



**Hellesdon High School
& Sixth Form Centre**

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JOURNEY TO EXCELLENCE

Evening 2 – Preparing for PPEs – Thursday 14 March 2024

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Principal's Welcome

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What are my priorities for this year...

1. To **provide you** with the tools you need to achieve outstanding results
2. To **provide you** with the environment you need to achieve outstanding results
3. To **provide you** with the support you need to achieve outstanding results

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**JOURNEY TO
EXCELLENCE**

Improving attendance

**IF NOT
now
WHEN?**

Avoiding Conflict

Completing independent learning

Prioritising YOU

Engaging in every second of lessons

Attending additional support

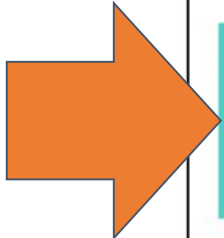
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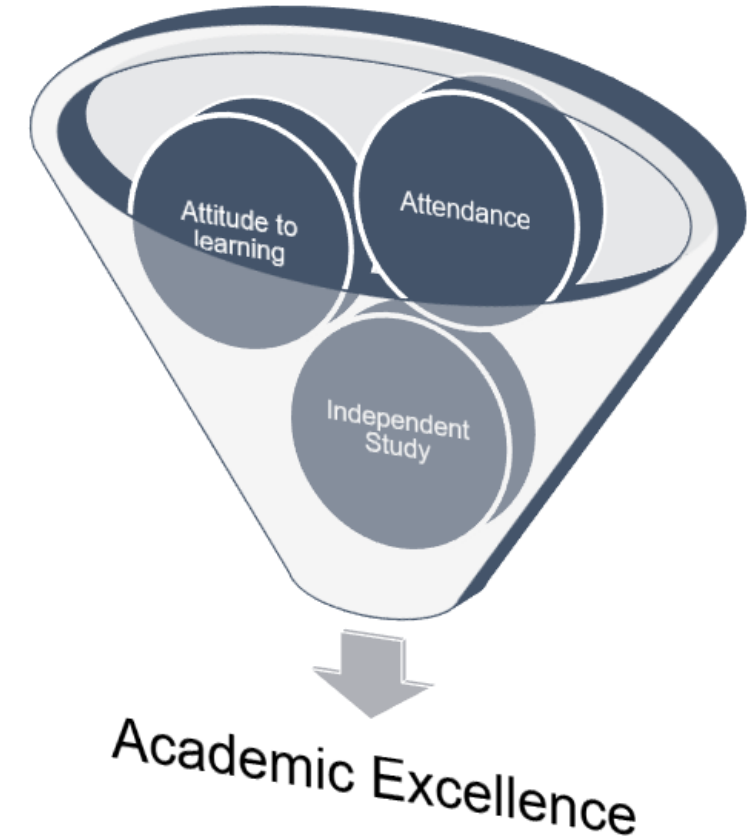
Journey to Excellence - Overview





- **Attendance** – being in the building is the first and biggest influence on your chances of success
- **Attitude to learning** – capturing the knowledge your teachers share in each minute of each lesson will make you confident and ready for exams
- **Independent study** – if you are unavoidably absent, or know there's something you haven't understood, take responsibility for addressing it... it's your learning!

What changes do you need to make today to improve your chances tomorrow?





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Year 10 Attitude to Learning...



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Attendance

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Name: *Jane Smith*

Attendance: 95% 

| Subject | Grade Achieved |
|--------------------|----------------|
| English Language | 5 |
| English Literature | 5 |
| Maths | 5 |
| Science (combined) | 5-5 |
| History | 5 |
| Spanish | 5 |
| PE | 5 |
| ICT | 5 |

**Student working
towards potential**

- Strong passes achieved in all subjects
- 5+ Ebacc achieved
- Access to any future course and career path.

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Name: *Jane Smith*



Attendance: 87%

Student working below potential

| Subject | Grade Achieved |
|--------------------|----------------|
| English Language | 5 |
| English Literature | 4 |
| Maths | 4 |
| Science (combined) | 4-5 |
| History | 5 |
| Spanish | 4 |
| PE | 5 |
| ICT | 5 |

- Good passes achieved in all subjects
- 5+ Ebacc not achieved
- Some courses that require a grade 5 may no longer be accessible to student despite being within ability.

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Name: *Jane Smith*

Attendance: 80%



Student working well below potential

| Subject | Grade Achieved |
|--------------------|----------------|
| English Language | 4 |
| English Literature | 4 |
| Maths | 3 |
| Science (combined) | 4-5 |
| History | 4 |
| Spanish | 3 |
| PE | 5 |
| ICT | 4 |

- Maths needs to be retaken in Y12
- Some courses that require a grade 4 in English and Maths may no longer be accessible to student despite being within ability.

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Name: *Jane Smith*

Attendance: 50%



| Subject | Grade Achieved |
|--------------------|----------------|
| English Language | 3 |
| English Literature | 3 |
| Maths | 2 |
| Science (combined) | 3-4 |
| History | 3 |
| Spanish | 2 |
| PE | 4 |
| ICT | 3 |

**Student working well
below potential**

- Maths and English need to be retaken in Y12
- Very limited options post-16.

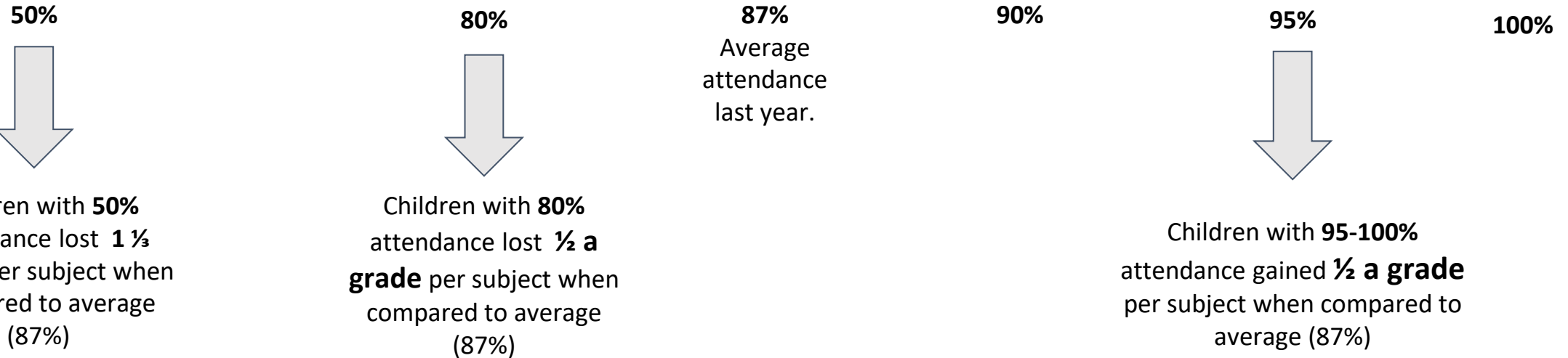
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Simply put, the more you're in school the more likely you are to be successful!

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Lowest
number of C2s
in the school

Lowest number of
C3s in the school

Behaviour and attitudes in Y10

Consistently high
numbers of
achievement
marks.

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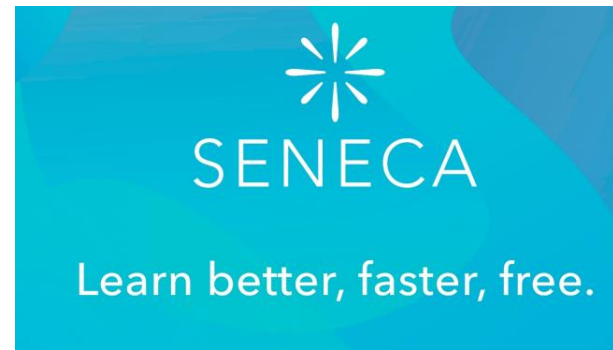
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**JOURNEY TO
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Our investment in Year 10...

Seneca Premium has been purchased for all our year 1 students to ensure that they have the tools they need to address gaps, revise knowledge and be confident in their exams.



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Nearly all can access Seneca



221
Active students



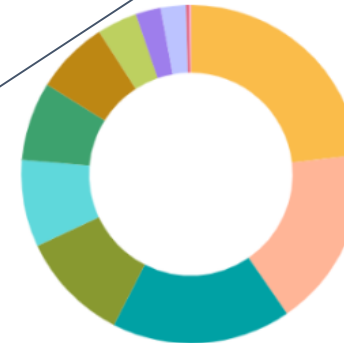
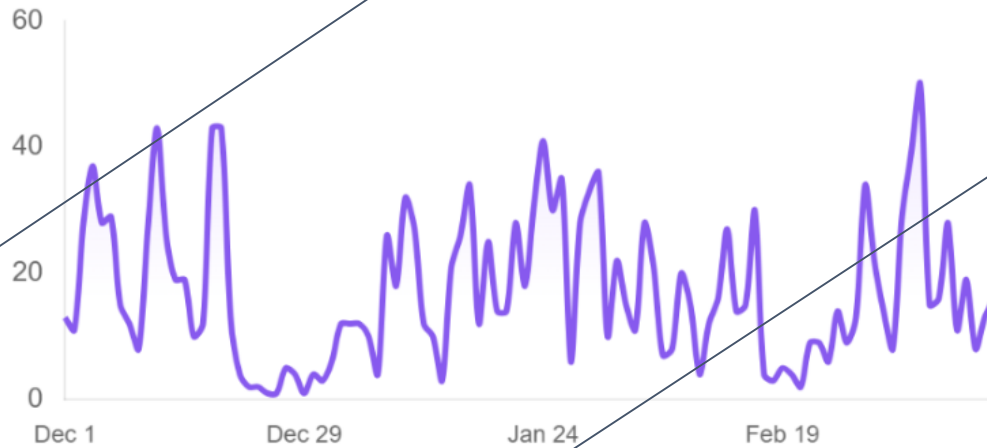
628h 6min
Study time



77%
Average score

Some serious hours of study being clocked up

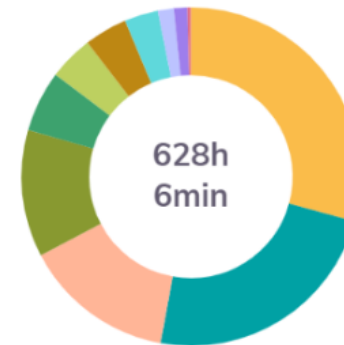
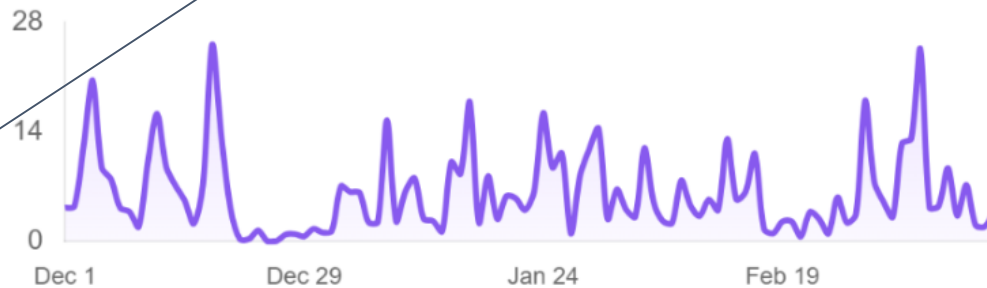
Active students



| | |
|-----------|-----|
| Science | 145 |
| Geography | 108 |
| Maths | 107 |
| MFL | 66 |
| Business | 52 |
| History | 47 |
| Other | 101 |

Students that are using it are doing well but still being challenged

Study time



| | |
|------------------|------------|
| Science | 183h 47min |
| Maths | 148h 19min |
| Geography | 90h 42min |
| MFL | 76h 16min |
| History | 36h 36min |
| Computer Science | 26h 48min |
| Other | 65h 34min |



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What next...?

- ✓ KEEP IT UP!
- ✓ Revision for PPEs
- ✓ Improve those AtLs!
- ✓ Attend, attend, attend!
- ✓ Complete your **Seneca assignments** getting the highest percentages possible
- ✓ Complete **independent revision** for areas of your learning that need to be improved
- ✓ Watch your confidence and grades increase

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Why PPEs (mocks) matter to you

- ✓ A chance to test what knowledge you have gained and retained over the last period of learning
- ✓ A chance to evaluate what your current effort and attitude to learning is likely to allow you to achieve
- ✓ A chance to see what support you might want to request
- ✓ A chance to experience exam pressure and how you react to it
- ✓ A chance to build exam management skills (timing, question decoding, etc.)

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Why PPEs (mocks) matter to your teachers

- ✓ An opportunity to evaluate what you might need to re-learn before the real exams
- ✓ An opportunity to evaluate what you are really good at and don't need additional work on
- ✓ An opportunity to identify what your true potential is and how we can help you achieve it
- ✓ An opportunity to identify where you might need additional support in relation to exam management skills and working under pressure.

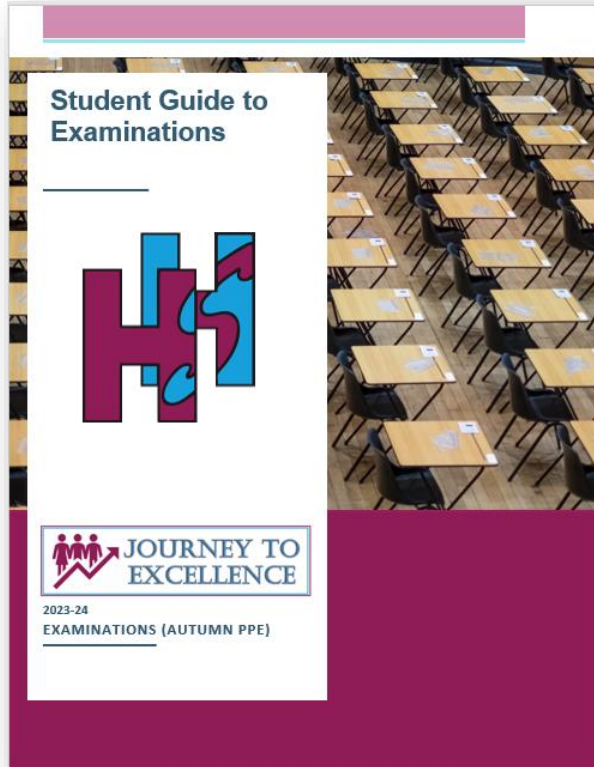
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Your guide...

- ✓ Structure of the day
- ✓ The Exam timetable
- ✓ Frequently Asked Questions
- ✓ Behaviour
- ✓ Etc.



*Familiarity Breeds
Confidence*

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What will your exam day look like?

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Changes to the School Day

Breakfast on arrival at 8am to ensure you are focused and fuelled.

A consistent middle of your day so that you can keep your routines and mentally reset for the next exam.

| Session | Time | Activity | Student Guidance |
|---------------------------|----------------|-----------------------|---|
| MORNING EXAM ARRANGEMENTS | 0800 | Arrival and Breakfast | <ul style="list-style-type: none"> • Arrive for 8am • Register at the registration table inside the entrance to the dining hall • Collect breakfast • Bring your revision resources and calmly prepare for the morning exam |
| | 0820 | Warm-ups | <ul style="list-style-type: none"> • Participate in retrieval activities for key knowledge, led by your subject teachers |
| | 0835 | Exam Room Opening | <ul style="list-style-type: none"> • Listen to your teacher's final messages • Depart the warm-up room and make your way calmly to your exam room by the assigned route |
| | 0845 | Exam Sitting 1 | <ul style="list-style-type: none"> • Place your bag at the back of the stage • Find your seat • Listen to the invigilator's instructions • Do your best! |
| | 1015 (approx.) | End of Exam Sitting 1 | <ul style="list-style-type: none"> • Depart the room in silence • Collect your bag • Return to your timetabled lessons |
| | 1025 | Break | <ul style="list-style-type: none"> • Get some fresh air • Hydrate |
| MID-DAY | 1045 | Lesson | <ul style="list-style-type: none"> • Engage in your normal lesson with exemplary effort |
| | 1135 | Lesson | <ul style="list-style-type: none"> • Engage in your normal lesson with exemplary effort |
| | 1225 | Lunch | <ul style="list-style-type: none"> • Get some fresh air • Eat, hydrate |

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Short revision
before each exam to
remind you of the
key knowledge

| | | | |
|-----------------------------|----------------|-----------------------|---|
| AFTERNOON EXAM ARRANGEMENTS | 1300 | Registration | <ul style="list-style-type: none">• Arrive at the dining hall by 1250• Register at the registration table inside the entrance to the dining hall• Bring your revision resources and calmly prepare for the afternoon exam |
| | 1310 | Warm-ups | <ul style="list-style-type: none">• Participate in retrieval activities for key knowledge, led by your subject teachers |
| | 1325 | Exam Room Opening | <ul style="list-style-type: none">• Listen to your teacher's final messages• Depart the warm-up room and make your way calmly to your exam room by the assigned route |
| | 1330 | Exam Sitting 2 | <ul style="list-style-type: none">• Place your bag at the back of the stage• Find your seat• Listen to the invigilator's instructions• Do your best! |
| | 1500 (approx.) | End of Exam Sitting 2 | <ul style="list-style-type: none">• Depart the room in silence• Collect your bag |
| POST-EXAM | 1505 | Booster/Intervention | <ul style="list-style-type: none">• Attend your booster or elective promptly |

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For all mock examinations, we ask for three things...

Commitment

Resilience

Effort

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Commitment

Prepare for all your examinations by reviewing the knowledge you need to be successful.

Resilience

Exams are designed to be challenging. Be ready for this and do not give up. Answer the question in front of you with the knowledge available to you.

Effort

Do your best in all your subjects.

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Put simply...



- Additional support and work that isn't needed
 - Loss of time
- Potential additional examinations and assessments
 - Not receiving the support needed to achieve

**Show us your best and we can show you
how to get better!**



- Know what you are good at
- Know what you need to do to improve
- Get the support you want and need
 - Achieve your potential!

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PPE Examinations – Student Actions

1. Know what examinations you have coming up and when
2. Know what knowledge is being tested in your mocks
3. Plan time for revision and recall of key knowledge for each mock
4. Turn up to school punctually, hydrated and having eaten breakfast
5. Check you have the full range of equipment each day (calculators!)
6. Talk to your teachers, head of year and parents about any concerns you have
7. Do your best in each and every mock examination.

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Your Questions...

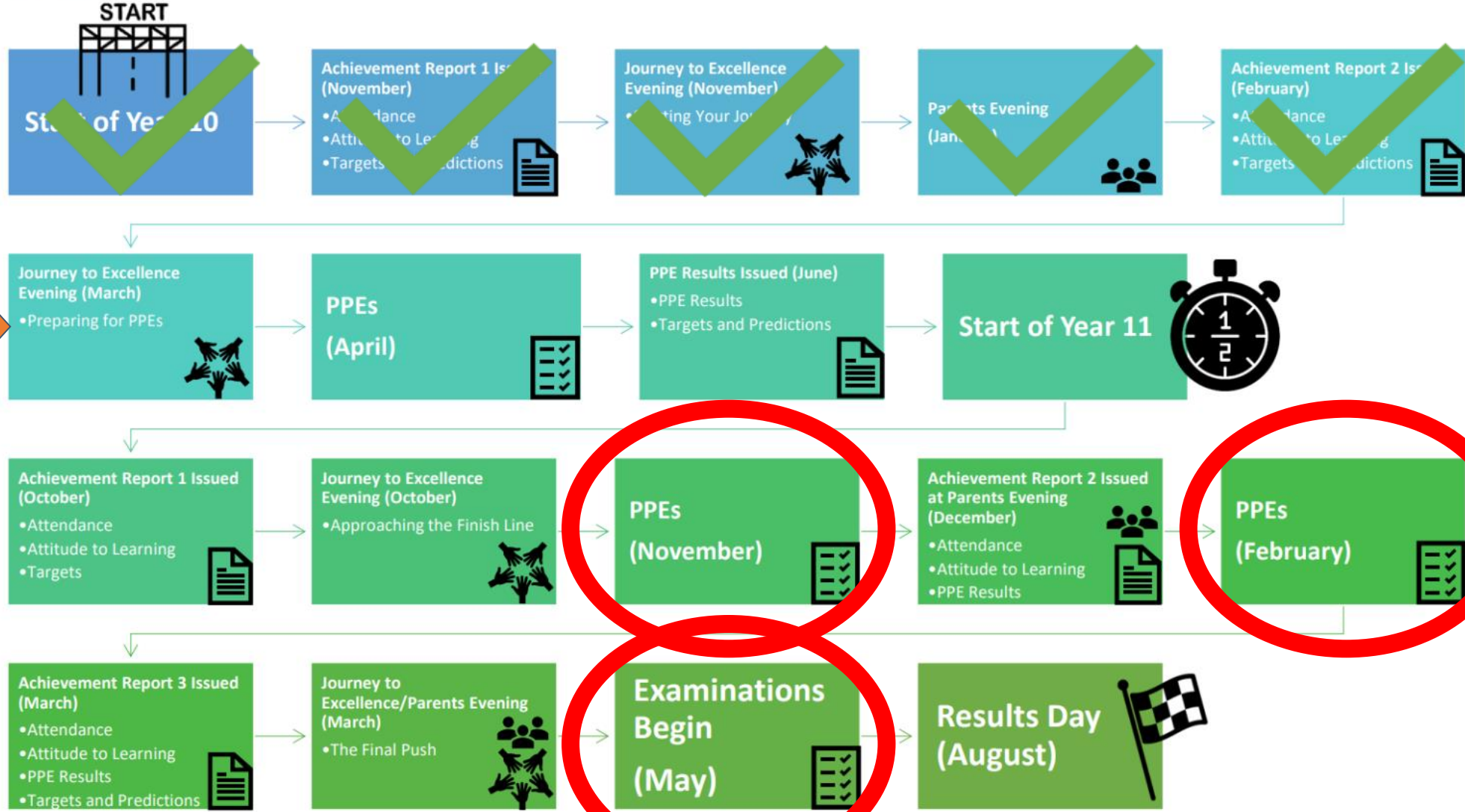
- Any book recommendations for studying
- GCSE and mock dates
- Expected revision time during week to consolidate classroom learning.
- How do the grade numbers work?
- How can I support my child with her exams stress
- How to best help him

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Journey to Excellence - Overview





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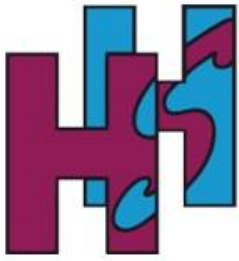
Historically an old A grade

Historically an old C grade

Understanding GCSE grades

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| Year 9, 10, 11 Grades | Year 10 and 11 Vocational Grades |
|--------------------------|-------------------------------------|
| 9 | Level 2 Distinction* |
| 8 | Level 2 Distinction |
| 7 | Level 2 Merit |
| 6 | Level 2 Pass |
| 5 (Strong Pass) | Level 1 Distinction |
| 4 (Good Pass) | Level 1 Merit |
| 3 | Level 1 Pass |
| 2 | U |
| 1 | |
| U | |



- **Expected revision time during week to consolidate classroom learning**

On average a student should aim to complete around an hour's revision/homework per subject per week. Although for revision this is best broken up into 20min chunks and spread across the week.

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- **How can I support my child with their exams stress**
 1. Acknowledge that exams are high pressure and challenging - that's why we practice them
 2. Create a family focus around them - lots of discussion and opportunities to reflect
 3. Good routines can provide security and confidence - sleep, eat, rest, repeat
 4. Remind your child that **their** best will be good enough
 5. Balance!
 6. Talk to us!

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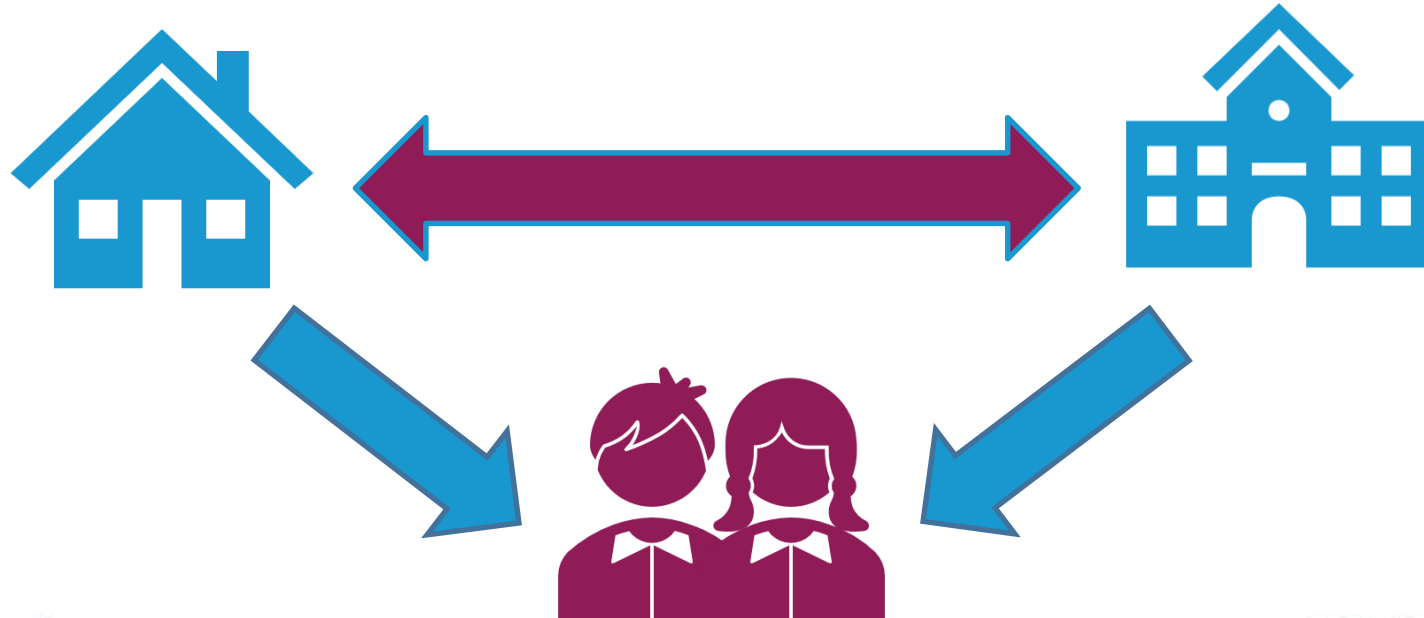


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Everyone's role in Success

A unified message and good communication between the school and home, provides consistency and routine for your child



Your support for your child is one of the most impactful ways of raising their achievement

The school will provide high quality lessons, interventions, and extended learning opportunities to give your child all they need to achieve

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Everyone's role in Success

... but ultimately, they are your results. We believe you are capable of excellence. Your parents believe you are capable of excellence. Your determination and resilience will make you capable of excellence.

Your
child

raising their
achievement



provide
opportunities,
and
helping

opportunities to give
your child all they need
to achieve

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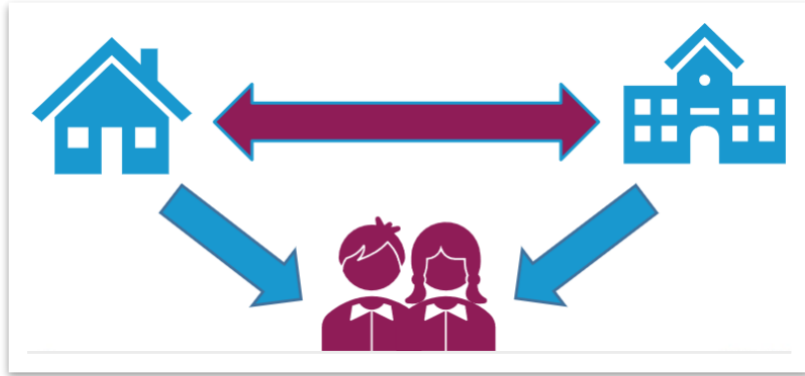


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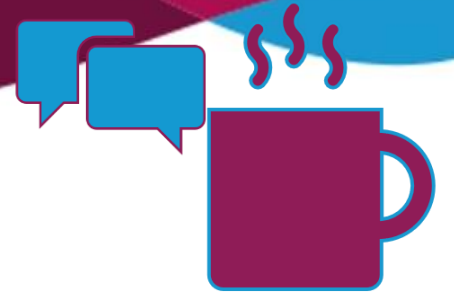
IF NOT
now
WHEN?

SENECA
Learn better, faster, free.



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What now...?

Please join us for refreshments, and visit our excellent staff who are here to provide additional support in the following areas:

- Subject leaders for guides on how to support your child in the run up to the first PPEs
- SLT are available if you have any questions about the programme for Y11
- Attendance support - Mr Stevenson
- Hellesdon Sixth Form desk for questions about your ambitions

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