APHS *news*

Winter 2024

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APHS Music at Holkham Hall

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Principal's Letter



As we draw closer to the festive season, it is my pleasure to reflect on the remarkable journey we have shared over the past term at Alderman Peel High School.

As always, the autumn term has been one of Ambition, Pride, Happiness and lots of success. A particular highlight has been seeing our Year 7 students settle into life at APHS with such enthusiasm and positivity. The vast majority of them attended the Manor Lakes residential, where they displayed outstanding teamwork and determination - a fantastic start to their secondary school journey. The role modelling they have received from all older students has been outstanding and has really helped to build a sense of belonging for all.

This term has seen students and staff at APHS achieve national awards; compete in international tournaments; win local fixtures and competitions; make beautiful music; show creativity in reading and writing; engage in extra-curricular maths competitions; contribute to the local community and undertake an exceptional number of extra-curricular opportunities.

The arts have been another area of exceptional success this term. Our Christmas production of Shrek was nothing short of spectacular, playing to sell-out audiences and showcasing the extraordinary talents of our students and staff. From the captivating performances to the stunning set design, it was a production to remember and a true highlight of the term.

Unfortunately, we must say goodbye to Mrs Walker (Teacher of Science), who is taking up a new post at another Norfolk school. We wish her all the very best in her new role and we are Additionally, we extend our heartfelt thanks to Mrs. Patricia Lankester, our former vice-chair of the Governors, who has stepped down from the governing body due to unforeseen circumstances. Her commitment and service to the school in championing: students from disadvantaged backgrounds; the arts in all their forms; and the Wells community, will continue to motivate us all going forward.

At the same time, we are delighted to welcome back Mrs Hardman (Assistant Principal), from her maternity leave. We would also like to extend our gratitude to Miss Beech, who did an excellent job as Assistant Principal in her absence, ensuring continuity and strong leadership during this time.

Before we break for the holidays, I would like to extend my heartfelt thanks to our dedicated staff, whose tireless efforts ensure that our students receive the best possible education and care. Student behaviour and conduct this term has overall been exemplary and we would like to thank all parents and carers for their support in helping us achieve the best possible environment for staff to work and students to learn.

We wish you all a wonderful Christmas and hope that the new year brings you the best of health and happiness.

Matt Hardman
Principal

Y7 Residential

At the beginning of November we had a fun filled weekend at Manor Lakes. For the 3 days that we were there we did an obstacle course, canoeing and kayaking across the lake, wall climbing which was quite challenging, a scavenger hunt around the site, archery, volleyball axe-throwing and even had a disco in the evening. I really enjoyed taking part in everything but my favourites were axe-throwing, as I have never done this before and kayaking was great fun. Being the beginning of November I didn't fancy a swim, so I made sure I stayed in my kayak, unlike some brave people who wanted to go in the water.

The whole weekend was a great opportunity to get to know new people in my year group.

Thank you to Miss Beech for organising such a wonderful trip and to all the members of staff that gave up their weekend to make this possible. I had a great time.
Archie R







Y7 Residential















Y7 Highlights

So far I have really liked it at APHS, and I have made lots of new friends. What with the amazing school trip and multiple experiences -such as the citizenship days and mufti day- It has been a school worth going to. I have enjoyed taking part in extra activities, such as being a fairy tale creature in Shrek, joining dodgeball, crochet, orchestra, drama, art, and music theory clubs, and having piano lessons with Mr Preston. It's been a great first term.

Alma

My highlights of year seven have been joining new clubs. If you join clubs you can make new friends just from that and you get to have fun from it .You don't have to good at it to do it - it's to have a bit of fun. Another fun thing was going on residential .It's a good place to try thing new and also make new friends. Take all the opportunity you have in year seven.

Poppy

I really enjoyed our residential it was a great way to strengthen bonds with other people and the friends we have. My favourite parts were the rock climbing, axe throwing and kayaking. Another big highlight is clubs and tournaments because you meet people the have similar hobbies and you also meet people out of school.
There is not much homework given out and if there is it is usually easy or fun like learning how to play on the keyboard or singing. The teachers are kind and they are fabulous at there job. Over all I enjoy high school a lot.

Nikola

So far since joining APHS I have enjoyed the house music competition, it was fun to compete against the other houses. The rugby development day was a good experience and I learnt some new skills. The residential to Manor lakes was a great time and I made lots of new friends, my favourite activities were Axe Throwing and Climbing

From Connie

It's a joy to be at this school and there has been many highlights so far such as, all the lessons, having hot chocolate and biscuits, making new friends & getting to know the teachers. But I think the highlight of my high school life so far that helped with some of the stuff that I mentioned was the Manor Lakes residential. There were fun activities like volleyball, kayaking and canoeing, the disco and learning new talents such as archery and axe throwing. It has been a pleasure to be accepted at this school and to be here right now and I can't wait for more to come.

Thanks everyone.
Solomon E



Misc

Ukranian Bake Sale

10M organised a bake sale to raise money for Ukrainian soldiers. With the help of our generous students and staff, we raised £135.55, that's 271 cakes.

Dereham Aid Centre thank us all for our contribution. We have been able to purchase first aid kits, bandages, battery chargers and military grade socks for soldiers on the front line. All equipment will be driven across to Ukraine on Jan 1st 2025.

Here is a lovely picture of the girls who worked so hard to make it happen.





These are the sorts of people who will be receiving our donations:

Crochet Club

We have had a fantastic turn out to our lunchtime Crochet Club! Many of our students have been very eager learn how to turn their hand to this ancient skill! A huge box of wool and hooks were kindly donated by Mr Arrowsmith and Ms Seretney. We are looking to learn the foundation stitches like chain, single and double crochet in order to make something collectively like a Granny Square blanket or crochet flowers so... watch this space!
Mrs Smith







Pastoral

Introducing .... Bertie!!

As some of you may remember, we previously had a Pastoral support dog called Cooper as part of our team at APHS. Cooper has now retired from his duties and is enjoying his days relaxing.

We now have the gorgeous and delightful Bertie in training to become a member of the Team Pastoral.

He has already made a great impression with students who are also very keen to see him in social time. Bertie has already been of great comfort to students who have spent time in the Pastoral building. Staff have also enjoyed having him with us!!

Bertie will be continuing his training over the coming weeks. If your child is not confident around dogs, please tell them to just make us aware but we also ask students when they arrive at our building and if they prefer he can be in a separate space. We really hope that as Bertie is very gentle and just wants to be around people that he can snuggle against while getting some fuss, he will also help these students to feel more confident around dogs.

Welcome to the Team Bertie!!







Chill Out Room

The Pastoral Team have launched the new chill out room in their building!! The room is a quiet and calming space for students with a variety of support items available for students to use.

There is a calming light projector with a variety of colours and a guide for students to help them pick a colour that may help them.

Students were invited to create a design of a door sign including the naming of the room and Matilda W won with her beautiful design naming the room 'Chill Out'.

We hope the room is another useful tool of support available to students at APHS.



Maths

100 Club

Having just listened to the soundtrack from Top Gun, and listened to the clip from the movie "You are the best, the Elite", several mathematicians took on the challenge of the 100 Club Grand Final. Contestants were encouraged to eat biscuits as part of their pre match warm up!

Several members of both the maths department, and leadership team were in attendance to support and encourage the participants. Thank you also to Mrs Smith who not only entered, but also achieved a very impressive result.

To be invited to this event pupils have to answer correctly over 100 times tables (up to 12x12) in 3 minutes.

The competition was fierce, but the results were as follows;
1st Solomon E 141 (Year 7)
2nd Charlie O 136 (Year 9)
3rd Ewan M 124 (Year 11)

All these pupils are taking less than one and a half seconds per question - simply remarkable!

Well done all for taking part. Will you win next time?





In the realm of numbers and equations

In the realm of numbers and equations
Where logic reigns supreme
Mathematics holds the secret
To unlock mysteries unseen

In the Fibonacci sequence
The beauty of numbers unfolds
A pattern repeating endlessly
In nature's secrets it beholds

Tackling trigonometry with measured care
Solving for x we must be aware
The pressure builds as time ticks away
On our quest for exquisite x



Modern Foreign Languages

At the end of the summer term, 49 of us (45 pupils and 4 teachers) went on our yearly Language trip. This year, we made our way down to Carcassonne, in the Languedoc (south of France), and then to Barcelona, in eastern Spain. On arrival, we stored our suitcases in the Auberge and went to explore the city of Carcassonne, which is famous for its medieval walls and castle. In the Middle Ages, the Languedoc was independent and only became part of France after the 12th century; at the time, an alternative religion (Cathar) developed in the region; this displeased the Pope, who sent various crusades. Carcassonne was the only city / castle which survived the wars and it is now a listed UNESCO World Heritage site.

The following day, we made our way to the Abbaye de Fontfroide, for a guided visit. Fontfroide is one of the oldest wine-producing Cistercian abbeys. Afterwards, we drove to to the coastal village of Gruissan, where you will have a guided walk around the Salin (salt marshes). We learnt how salt is collected and why it is pink. There was an opportunity to collect our own salt during the visit. Then, we went to an olive grove called l'Oulibo where they showed us how to make olive oil. We also had the opportunity to sample several types of olives and olive oil and we could also purchase some. After dinner, we were able to go and watch one of the most incredible firework displays in Europe, for the July 14th celebrations, above the medieval city.

The following day, we made our way to the village of Lastours, home to the famous four Cathar castles. Our long hike up the mountain was rewarded with a magnificent view of the area, including the Roman via, which linked the South of Gaul to Spain. In the afternoon, we drove to the Grotte de Limousis (which is the biggest cave dug by an underground river in the region), where a guided visit had been booked. On our way back to Carcassonne, we walked to the harbour to go on a cruise on the Canal du Midi, during which we were able to enjoy panoramic views of Carcassonne. We also experienced going through locks, which was amazing. During the cruise, we stopped in the Jardin d'Oc, to visit the old Maison Cantonnière (that used to be the place when the lock keeper lived)







Modern Foreign Languages







On our last morning in Carcassonne, we had a guided visit of the medieval castle, as well as a guided walk around the ramparts (city walls).Then, we got back on the coach and made our way to Spain. On the way, we stopped in Girona, where we had a guided visit of the medieval city. For the fans, Girona was used to shoot the famous series "Game of Thrones" and we were shown 3 of the locations. When we arrived in our Spanish accommodation, we only had time to settle in! On our first full day in Barcelona, we began with a walking tour of the old part of the city at the Plaça de Catalunya, famous for its fountains and sculptures. From there, we walked down the Rambla (a kilometre long boulevard full of street performers, restaurants and shops) to the famous indoor market of La Boquería where we had time to explore the various stalls and wares on offer. After visiting the market, we went to MUHBA, a history museum that conserves, researches, communicates and exhibits the historical heritage of Barcelona, from its origins in Roman times until the present day. From the museum, we walked back down the Rambla, to the Monumento de Colón and the harbour, where we embarked for a boat trip around Barcelona harbour. We saw huge cruise ships, as well as a few of the catamarans involved in the America Cup. On our last full day, we went to Montserrat, where we had a visit of the Basilica, made famous by a statue of the Black Virgin. Then, we took the funicular up to the top of the mountain, where we enjoyed amazing views of Montserrat and the whole of Catalonia. Afterwards, we made our way to Barcelona for a guided tour of the Sagrada Familia cathedral (Antonin Gaudí's as yet unfinished masterpiece and arguably the most famous monument in the city). We had some free time to explore the basilica before going to the famous Poble Espanyol, a village of artisans and craftsmen designed to represent the diverse architecture and culture of Spain in over 100 different buildings. There we had have free time to explore. And finally, the following day, we had to leave...

Everybody made such an amazing effort to speak French and Spanish at every opportunity. All in all, it was another great and successful trip and everybody enjoyed it very much! See you again next year, same time, same place!!!

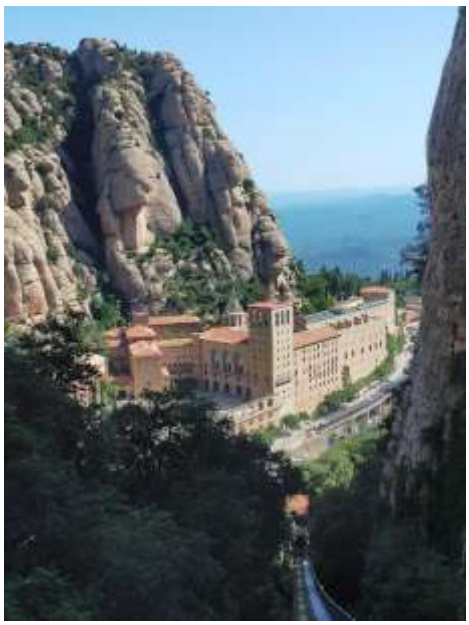
Ms. Lagrange

Modern Foreign Languages















English

Year 8 English Author Visit at Wells Maltings

Year 8 pupils were invited to meet local author Richard Lambert at the Maltings on Friday 4th October as part of Wells Festival of Literature and Landscape. The organisers of the festival were also extremely generous in raising funds for all of our year 8 students to receive a gift of Richard's latest book: 'Shadow Town'. It has been super to see so many of our students reading and enjoying it.

During our visit, Richard gave a talk about his experiences of becoming a writer and encouraged the students to exercise their own imaginations in their own writing activities. They were eager to participate, as noted by Richard, who said:

I've done a lot of talks and workshops for children and teenagers now and your students were the most enthusiastic and engaged that I've met. They were really up for being creative. So a big thank you to you and to your students for diving right in. It's immensely rewarding for me to have experienced their enthusiasm, humour, wit, and creativity. Also, I've never had such a round of applause at the end - including a few of the children giving me a standing ovation! Gosh!











Christmas stocking ideas

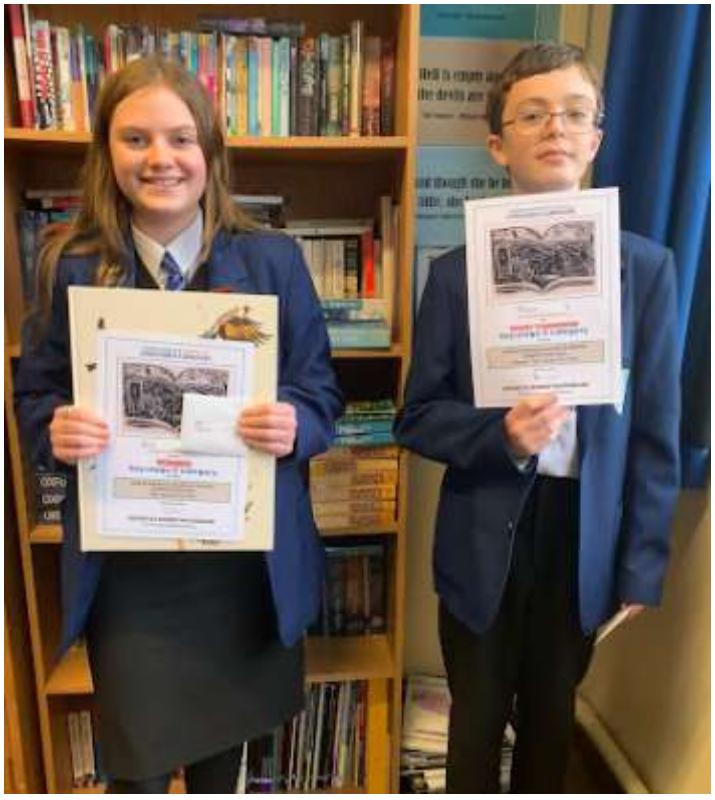
Year 7 have just finished reading 'The Lion, The Witch and The Wardrobe' with their English teacher, and Year 9 have come to the end of 'The Giver' by Lois Lowry. Both of these books are parts of wider series that would make excellent stocking fillers this Christmas!

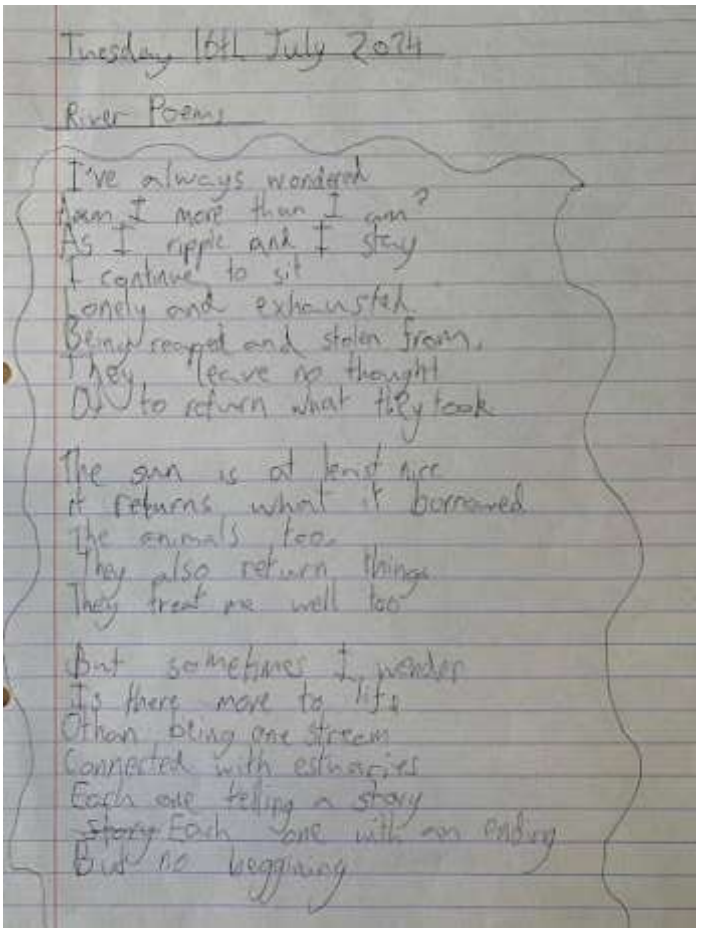
KS3 Poetry Competition

In the summer term, KS3 students were invited to take part in a Poetry Competition in preparation for the Wells Festival of Literature and Landscape in October. The theme for this year was 'Sounds of the River'. Numerous children took part and submitted their poems with admirable pride. The poems were judged by Robert Macfarlane, a British nature writer and literary critic. He had some kind words to share about the poems:

"Reading these young poets' river-poems was a joy! Vivid, passionate, precise, fast-flowing, deep-pooling: there was a glorious variety of tones, styles and forms in evidence, often lit by background artwork. It was exciting to see how empathetic many of the poets had been towards rivers: these often-forgotten presences with whom we share our landscapes and our lives. The eyes of children see brightly and the hearts of children feel keenly -- both wonder and anger were present in the poems; wonder at the voices and gifts of rivers, and anger at the ways they have been mistreated. To all the pupils who entered -- please, keep writing, watching and listening to the living world as you have done. It will always answer you back."

The winner of the KS3 group was Erin H-B in Year 9 and received the prize of a beautiful illustrated book called 'The Lost Words: A Spell Book' by Robert Macfarlane. Thomas N in Year 8 was also noted as 'highly commended'. Both participants also received certificates and book tokens.





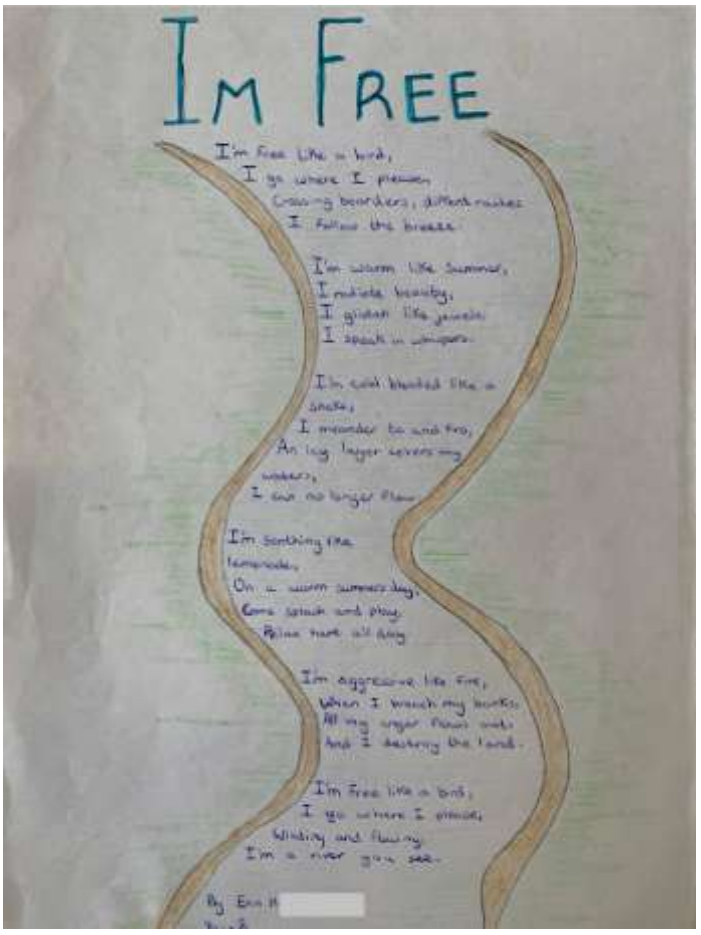
Tuesday 16th July 2024

River Poems

I've always wondered
how I move than I am?
As I ripple and I stay
I continue to sit
Lonely and exhausted
Being ravaged and stolen from.
They leave no thought
Do to return what they took

The sun is at least nice
it returns what it borrowed
The animals too.
They also return things
They treat me well too

But sometimes I wonder
Is there more to life
Than being one stream
Connected with estuaries
Each one telling a story
~~Sorry~~ Each one with an ending
But no beginning



English Open Evening

At the Open Evening in September, KS3 pupils helped to transform the English department into the fantasy world of Narnia, where it is “always winter, but never Christmas”.

















Computer Science

Year 7 School Christmas Video

A Festive Minecraft Adventure
This December, the Year 7 students at Alderman Peel High School are bringing a unique twist to their annual Christmas video. Inspired by the popular Minecraft song "Diggy Diggy Hole," the students have rewritten the lyrics to fit a festive theme, creating a delightful blend of holiday cheer and gaming fun.

While the original song's lyrics focus on dwarves digging deep into the earth, the new version shifts the narrative to Santa at Christmas time. Many Year 7 members of the Computer Science club toiled long and hard to write a song with a fun yet Christmassy feel. Various Year 7 classes have come together to sing and film the video. At the time of writing this article, it is still a work in progress, but we are aiming to finish it in time for its premiere at the end-of-year assembly. A lot of fun has been had by all of Year 7 working on this video.



Software Update - A Bonus for Christmas

In lessons, we have some software called Canva that allows students to create a variety of documents. It is online and enables students to create presentations, flyers, and even videos. To use the software, they need to first log in with their nsix email and then access Canva.com on the internet.

In Year 9 Computer Science and in Year 8 and 9 Design Technology, students use software for drawing vector images and editing photos. Now that the school has a Canva license, students can also use this software at home. It is available for PCs, Macs, and iPads and can be downloaded from Affinity Canva Free for Schools.

https://affinity.serif.com/en-gb/affinity-canva-free-for-schools/

I will put this link in the students' CS Google Classroom to make it easier to download. Students, please ask your parents' permission before installing this software. To use this software you will need to log in using your school nsix email account.

We are sorry we cannot provide individual support to install this software, and by doing so, you do so at your own risk.

A selection of KS3 student work done on Canva Presentations, Graphics and Websites!













Computer Coders in Year 8



Our talented year 8 students have been applying their mathematical knowledge, spelling and computational thinking to learning Python Computer Coding. Python was created by Guido van Rossum in 1991, who didn't name it after a snake, but his favourite TV programme, Monty Python.

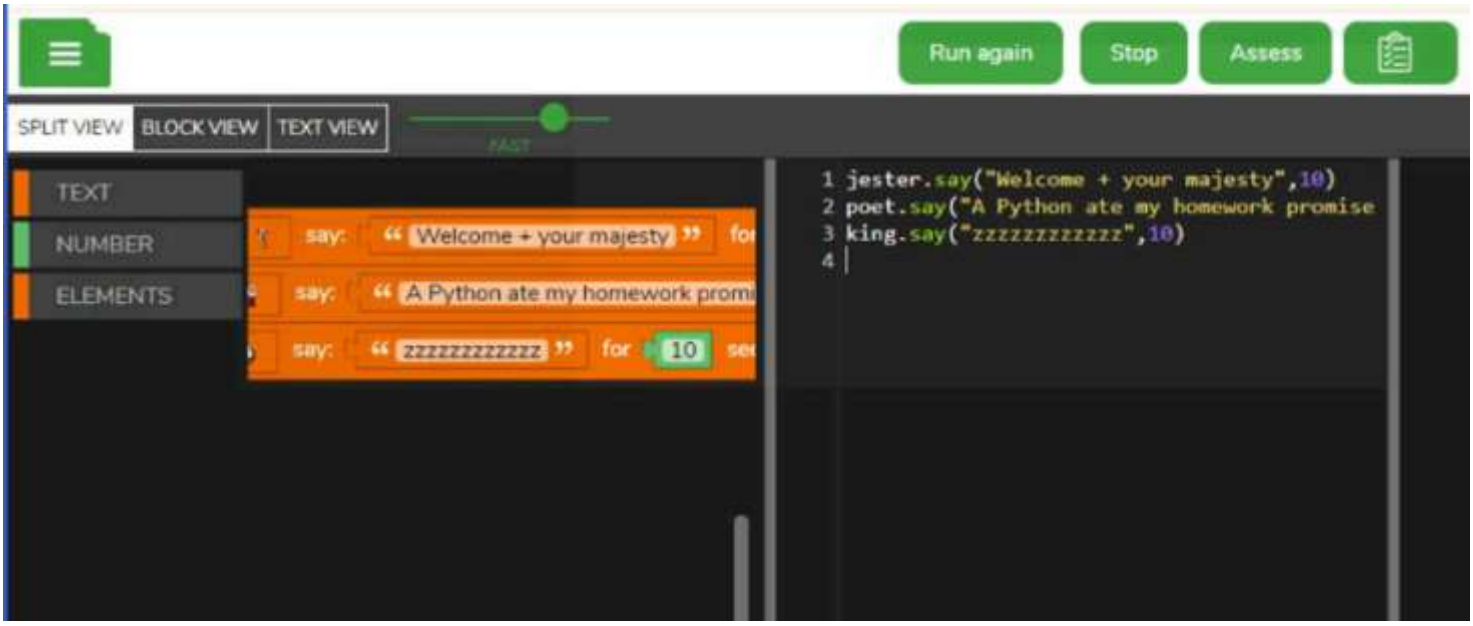
Our students have been using an integrated development platform for coding. They are using Python in Pieces which brings together a block like coding which is present in scratch but also produced python code, which the students can learn to create and write directly.

We are extremely impressed by all their coding and how helpful they have been to each other.

Well Done to year 8
Ms. L. Holmes and Mr. Corby







Expressive Arts - Drama

Shrek Jr! The Musical

After last year's triumph of Matilda Jr, The Musical, I was instantly crazed about what our next show was going to be and with the amount of talent on display we thought it only right to turn our hand to another musical in which all years could be involved. It goes without saying that we would like to thank all those who have given their time to the rehearsals, learning lines and choreography, sourcing costumes and creating props, and all the various aspects that have come together to help create a demanding show such as Shrek! As ever, we found ourselves privileged to be working with amazing and talented students who made this a fantastic experience for us. Students have been so committed, and taken so much ownership over their craft - thank you so much and we must say they have done us all proud throughout the process.

This year my team and our wider team have supported me no end, which made me feel very lucky and privileged, working with such supportive and talented colleagues. I would also like to take the time to thank the site team, Governors and the rest of the Senior Leadership Team, who once again have supported us, the show and the students to make this happen; from supporting rehearsals to selling tickets, to collecting equipment, stepping into new roles and more. The Arts continue to thrive here at APHS and we are committed to our motto #artsforall to encourage as many students as possible to fall in love with being on stage and to demonstrate the creativity that surrounds it. Our entire back stage team was led by students from George B (as stage manager) Eve F, Maddy R and Raphael W-B (deputy stage managers) to our stage hands all in Y9. All students acted with fantastic professionalism which meant the adults could indulge in the show itself.

Ted L (Y10) shone incredibly as the lead role of Shrek, with his great voice and comedic timing, he was so engaging to watch. With fantastic characterisation provided Alex P (Donkey), Olivia M (Fiona) and Millie Rose R (Lord Farquaad) all in Y10; these supporting roles made the show extremely special and enjoyable to watch.

Alongside our leads we had some fantastic choral work which enabled many students from Y7-11 make their mark on stage and provide the audience with some laugh out loud moments.

We would like to say a huge thank you to all of the parents, carers, ex-students and friends; without the support you have given us and the students, the show would not have been possible and the department would not have had the enjoyable experience of working with your children. We are very proud of every student involved in the show and behind the scenes working hard to make Shrek Jr a success and we are sure you will join us in congratulating all 200+ of them!



Expressive Arts - Drama

Below is a list of the immediate creative team who made this production happen:

Musical Directors: Mr J Lott (Teacher of Music) & Mr B Howell (Lead Teacher of Peripatetic Music)

Year 7 Lead and Directorial Assistant: Miss L Cowell (Teacher of Drama and English)

Set and Props Design: Mrs A Light (Lead Teacher of Art)

Choreographer: Miss D Frammingham (Alumni 2021)

Back Stage:

Technical Lead Operator: Mr B Shaw (Site Team)

Technical Operator: Sidney W (Year 11)Technical support: Mr D Frohawk (ICT Technician)

Stage Manager: George B (Year 11)

Deputy Stage Managers: Eve F, Maddy R and Raphael W-B (Year 11)

Stage Hands: Jude M and Max M (Year 9)

House Band: Mr H Lascelles (Peripatetic Teacher of Drums) Toby W (Year 10) Holly H and Mollie S (Year 11) Gymnastics Lead: Holly F (Year 11)

Additional Choreography: Jemima S, Erin T, Izzy D, Izzy H, Ava J Y-B, Sylvie O (Year 9)

Gymnastic support and backstage Make-up: Miss D Steward (Teacher of PE)

Props and Costume support: Mrs D Balderstone (Technician of Art and Design)

Set support: Mr J Thomlinson (Technician of Art and Design)

Tickets: Mrs M Jagger, Mrs K Gibson and Miss J Tuck

Miss C Beech Director (Head of Expressive Arts & Assistant Principal)

Photography from SmithGelder



Expressive Arts - Drama







Expressive Arts - Drama







Expressive Arts - Music

We are delighted to have such a vibrant music department at Alderman Peel High School! With a wide variety of music lessons on offer, we aim to support our students throughout their high school journey, enriching their education and supplementing their other subjects.

For any questions regarding music lessons at Alderman Peel High School, please don't hesitate to contact us. We look forward to hearing from you:

Mr Lott (Music Teacher) and
Mr Howell (Peripatetic Music Lead).
jlott9hr9@nsix.org.uk
bhowell5hrp@nsix.org.uk

APHS Music Tour 2024 – 21st–24th July

We are thrilled to announce the APHS Music Tour to Germany's Rhine region!

Highlights include:
• APHS Choir performing at the iconic Cologne Cathedral
• Rock Bands electrifying the stage in exciting venues
• Soloists (vocal and instrumental) showcasing their talents in formal events

For more details, scan the QR code or collect a letter from APHS reception.

Performances

• 6th November: Rotary Young Musicians Award
Congratulations to Iryna O (Year 10), who was awarded second place at the event held at Springwood, King's Lynn.

• December 2024: APHS Music at Holkham Hall
A special mention to the students who provided beautiful background piano music for the candlelit tour season at Holkham Hall:
• Alma P (Year 7)
• Alex P (Year 10)
• Melody B (Year 9)
• Mimi U (Year 9)
• Iryna O (Year 10)
Well done to all APHS students for creating a warm and welcoming atmosphere inside the stunning Marble Hall.

• 17th December: Christmas Carols at The Maltings
The APHS Choir will perform festive carols, spreading holiday cheer.

• 18th December: Christmas Carols at The Wells Community Hospital The APHS Choir will perform to bring seasonal joy to the local community.

• 18th December: Christmas Carols at The Dabbling Duck
Piano students will perform carols, creating a delightful holiday atmosphere.

• 20th December: Carol Service at Syderstone Church APHS Pianists will provide beautiful organ music for the service.



APHS Choir & Orchestra Rehearsals

• APHS Choir – Rehearsals take place every Monday lunchtime. Open to everyone – come along and join in!
• APHS Orchestra – Rehearsals are held on Wednesday lunchtimes. All instrumentalists are welcome.

Expressive Arts - Music





24th October: House Music

The House music event was back this year and was a great success. With whole school participation and there were some great performances from bands and soloists. Congratulations to Trent who were this years winners!

APHS Anthem Music Video

The APHS Anthem – Beating Heart of the Community – features lyrics by talented Year 11 student, Matilda Silk. Stay tuned for the official video release.

Music Theory Club

Join our Music Theory Club to enhance your musicianship and prepare for potential theory certifications. This fun and supportive club includes:

- A social element with biscuits and drinks
- Opportunities to earn a Music Theory Badge
- A chance to develop your understanding of music in a relaxed atmosphere Open to all new and returning students.

APHS Music Lessons – Sign Up Now

Instrumental and vocal lessons are available to all APHS students. Whether you are a beginner or looking to refine your skills, our APHS Peripatetic Team is here to help:

- Mr Howell – Piano, Brass, Music Theory
- Mr Hobday – Strings
- Mrs Murphy – Singing and Piano
- Mr Coombs – Guitar
- Mr Preston – Piano and Music Theory
- Mr Lascelles – Drum Kit
- Mrs Beeston – Woodwind

Exam Achievements

Congratulations to our hardworking students on their recent music theory and practical exam successes:

- Leila W – Grade 1 Theory Distinction
- Rosie S-W – Grade 1 Theory Merit
- Alma P – Grade 1 Theory (results pending)
- Henry C – Grade 1 Theory Distinction (results confirmed)
- Eloise O – Grade 1 Theory Distinction
- Riley W – Grade 2 Theory Distinction
- Leo D – Grade 2 Theory Distinction
- Ollie S – RockSchool Grade 1 Piano (recording exam soon)

Expressive Arts - Art

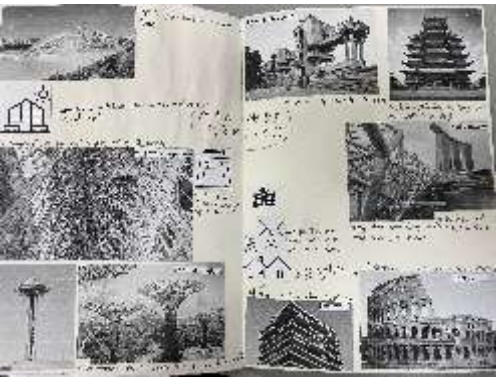
Year 8 Art & Design

Our year 9 students have been exploring natural and man-made structures and learning about researching and developing ideas in the way an artist or a GCSE Art and Design student would. They have exploring Natural structures through observational drawing and photography and have been learning about man-made structures including Greek Architecture and Greek Orders.

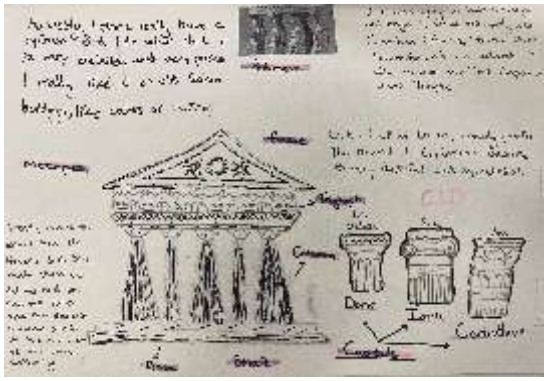
They have been improving how they use their sketchbooks and present their ideas, opinion and research.

We are extremely impressed by the pride they have taken in their work.



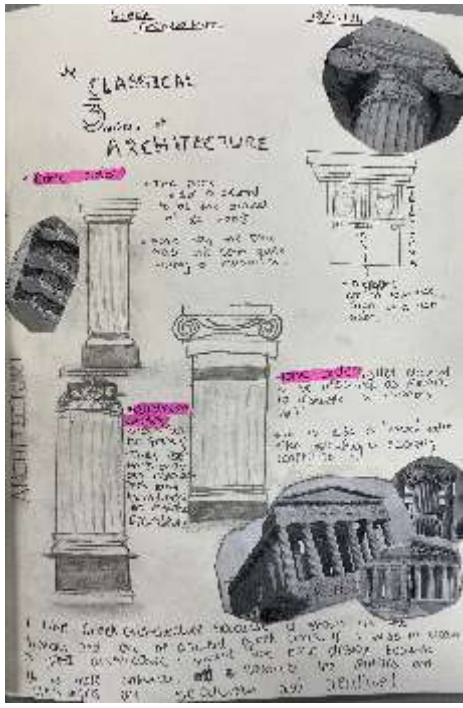












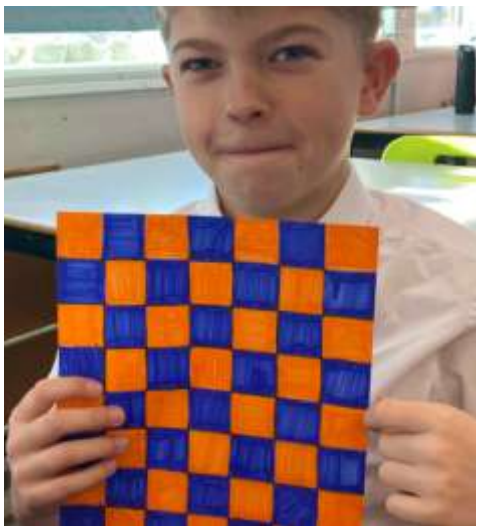
Expressive Arts - Art

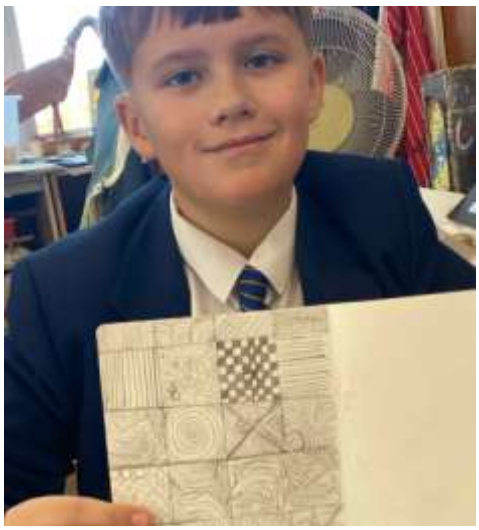
Year 7 Pattern Explorers

Our year 7 students have been exploring the elements of art and focusing in on pattern. They have created own inspiring patterns for homework and in class are responding to a range of stimuli and learning all about pattern. We are super impressed by all our year 7s and their positive engaged in art making.





Expressive Arts - Art



Set Designers and Makers

Our amazing art students are busy involved in making set for the school play Shrek. Year 7 students are exploring making leaves turning the hall into a jungle and other students too have been trying out their skills in making props and other aspects of the production. We are really looking forward to seeing what it will look like.

Expressive Arts - Art

Clay Shoes for Exhibition in the Maltings

Our highly talented year 8 students have been exploring shoes. They had done observational drawings of shoes, designed and created their own very own shoe in clay. These will be painted and then displayed in the Maltings to coincide with remembrance of the Holocaust. We all really enjoyed teaching clay slab construction techniques and clay modelling. We can't wait to see what they will look like painted. Congratulations to year 8.





















Expressive Arts - Art

Have you ever been to The Kings Lynn Museum?



We were invited by the Kings Lynn arts outreach programme, with our Year 11 Art group, to explore ideas for their GCSE exam theme 'Fragments'.

We were thrilled to have artist, Mary Blue, as our co-ordinator and tour guide.

We explored and discovered an inspiring, rich, treasure trove of art and historical artefacts including works by Walter Dexter, Andy Warhol and fragments of history and design, such as of keys and medals. Mrs Light .









Students inspired by a visit to the Town & Country gallery at St George's Guildhall .
'Lay of the Land: ' Landscape Exhibition .

















Expressive Arts - Art







Year 11 respond to our art trips and prepare for the exam theme 'Fragments'

Chloe W Exploring London as a theme, above left and George B, right, was inspired by family history through generations in Kings Lynn, including the wonderful image of his grandfathers shop!









GCSE coursework assessment pieces by Grace , Serena, Rufus and Bobby, created using some of the recent, generous donations we have gratefully received . Such as palettes, frames and easels! Thank you to Joan, Heather & Mary Blue!





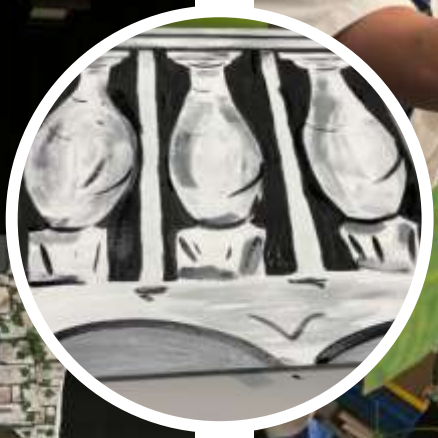
Expressive Arts - Art

Set design for Shrek the musical

Thank you to all our wonderful art students who have helped staff put the set together for Shrek . So many helping hands.... Across all years. Such kind, busy & selfless students ! It has been a lot of fun ! Mrs Light











Expressive Arts - Art

Year 11 Students work inspired by the GCSE Art trip to Kings Lynn . Lay of the Land exhibition, featuring East Anglian inspired landscapes.















Our Remembrance service at APHS

We were blown away by the response to the poppy homework that we set all our art students. They have made some very exciting and unusual creations.
The school hall looked wonderful as a mark of respect and remembrance, during the service.
Mrs Light









Expressive Arts - Art

Northampton Shoe Museum
Art & DT Research Trip : Year 8

Students listened to the history of shoe making, were able to ask questions and investigate shoes throughout the centuries .








‘In Their Footsteps’

Year 8 Art and Year 9 DT have been on an emotional and meaningful creative journey, learning about WW2, , studying, drawing and making shoes in preparation for honouring the Holocaust Anniversary, with a cross curricular Shoe Exhibition”Future Footsteps” at the Wells Malting’s Gallery, in January .







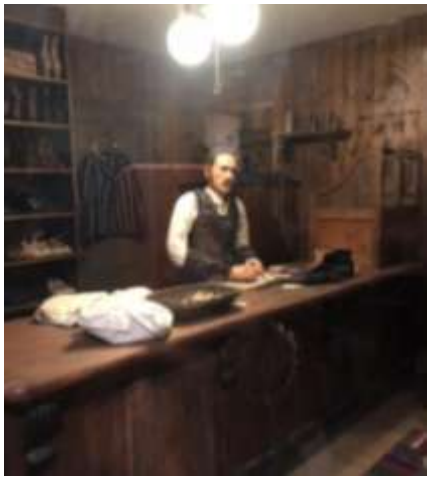




Expressive Arts - Art

‘Shaped by shoes’

The Northampton Shoe Museum : Year 8 Art and Year 9 DT students had a great time learning about shoes and exploring the fabulous show museum, rich in history and making skills . This was in preparation for our ‘FUTURE FOOTSTEPS’ APHS Student Exhibition, to mark the 80 th Anniversary of the Holocaust, which will be shown at the Wells Maltings in late January. More information to come soon.

















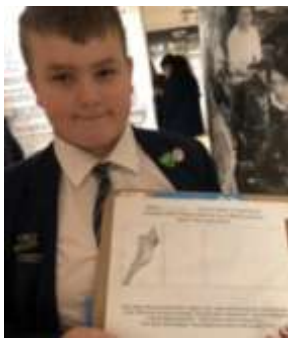
Students at work

Exploring texture, shape and design through drawing, even trying on shoes from the ages! Students had fun finding out about the rich history of shoe designs, styles and functions

















Expressive Arts - Art

Wells Christmas Tide Tree

Christmas tree decorations for the Wells Christmas tide tree . Thank you Year 7 for your lovely decorations . Mrs Light















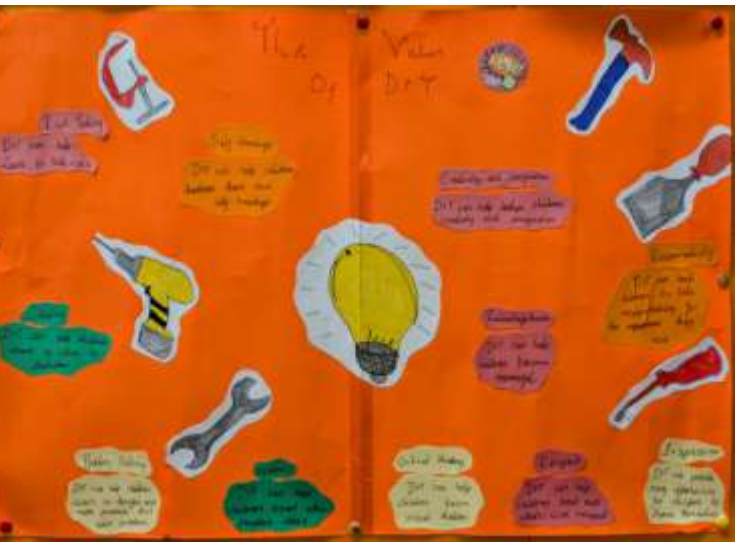


Design & Technology / STEM

Year 7: Graphic Design

Year 7 students started their Design & Technology journey at APHS by researching the value of the subject to gain an understanding of the impact of design and technology on our daily lives and the key skills they will be learning. They were tasked with designing a creative poster to convey what they had learned to display in the D&T classroom and Mrs Moffat and Ms Holmes were extremely impressed with the high standard! Here are some excellent examples:













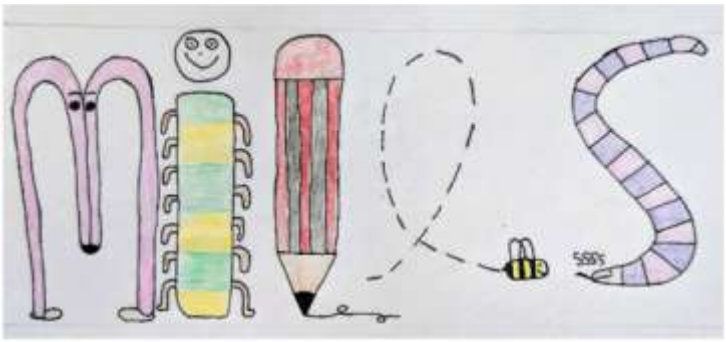


Design & Technology / STEM

They then learned about typography and the importance of choosing the right fonts as a graphic designer. Their brief was to design their own logo for a business card that represented themselves and their interests. As part of this unit they researched 'Google Doodles' to gain ideas and inspiration, which resulted in some great homework and some very creative logos like these fantastic examples!

























Design & Technology / STEM

Year 7: Pop-ups!

Following on from the typography unit, they learned about how to make the two basic pop-up mechanisms (a box and v-fold) in order to design and make a quality pop-up card. Well done to Alfie, Harrison, Seb, Bryce, Noah, Alma, Freya and Lissie who produced excellent research mood boards on their chosen card theme. We look forward to seeing the final pop-up cards!






Here's Joseph M, Zachary B, Henry M and Ruby B sharing their practice pop-ups!


DESIGN&TECHNOLOGY

Papers & Boards

Y7 POP-UP CARD/CALENDAR

UNIT SKILLS/INTENTIONS	UNIT OUTCOMES

CONTEXT	DESIGN BRIEF
	To design a fun **AS** pop-up card or calendar. You must decide on the **target market** and the **theme** of your pop-up **prototype**.

KEY WORDS & PHRASES			
pop-up	fold	paper	My idea/theme is...
mechanism	crease	card (board)	This is a good design because...
engineering	score	adhesive (glue)	This design won't work because...
prototype	gully	scissors	I will change this design by...
function	spine	craft knife	To appeal to the target market I will...
target market	box fold	metal safety ruler	The pop-up mechanism(s) I will use are...
theme	v-fold	cutting mat	I can add more movement/layers by...
research	parallelogram	rotary trimmer	I can add detail/decoration by...
product analysis	internal	standard stock form (A1)	I could remove...(simplify)...
investigate	external	gsm (grams per square metre)	I could combine...
existing products	angle	weight	I encountered problems with...
aesthetics	design	surface decoration	I overcame this problem by...
ergonomic	annotate	font style	To improve the design I would...
inform	evaluate	legibility	To improve the function I would...











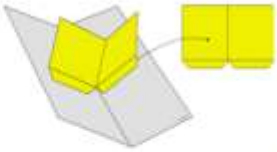


Pop-up Card Moodboard By Freya D 18\11\24





Aesthetics: Christmas theme, christmas colours and reindeer illustrations.


Mechanism: For my pop-up card i would like to do a v-fold like the pics above.

I have chosen a christmas theme for my pop-up card so i have searched the web for cards that i have been able to magpie ideas from. I have chosen these images because i really like how neat the cutting out was and how the cards look so elegant. I have chosen the v-fold because I feel this fold best fits in with the card. I think these pop-up cards are designed for older children and adults because younger children could easily rip them as they appear quite fragile.



Design & Technology / STEM









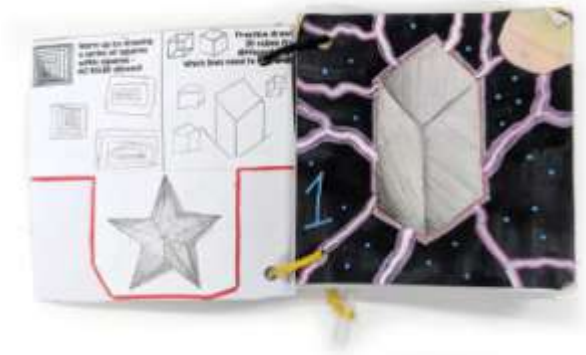


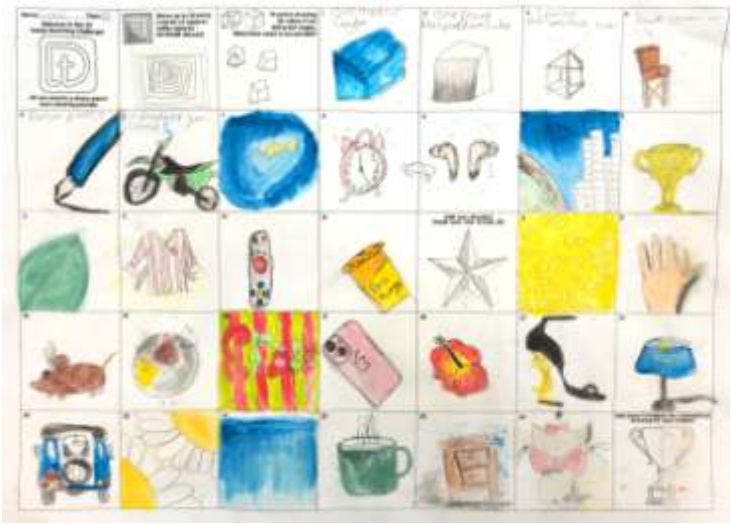


Year 8: Communicating Design Ideas

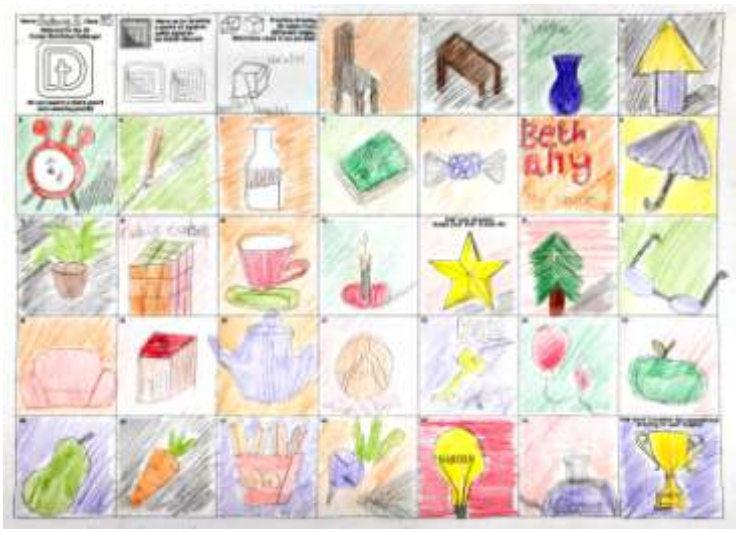
Year 8 have been focusing on learning a range of 2D and 3D drawing techniques to be able to communicate their design ideas. These were all on a Lego theme and included orthographic, isometric, crating, one-point and two-point perspective. To encourage Year 8 to practice their drawing skills, the homework this term has been to complete a 'Sketch-a-day' Challenge and here are some excellent examples submitted by Poppy, Melody, Shelby, Ethan, Charlotte, Duncan, Kurtis, Grace and Bethany who will all receive a prize!

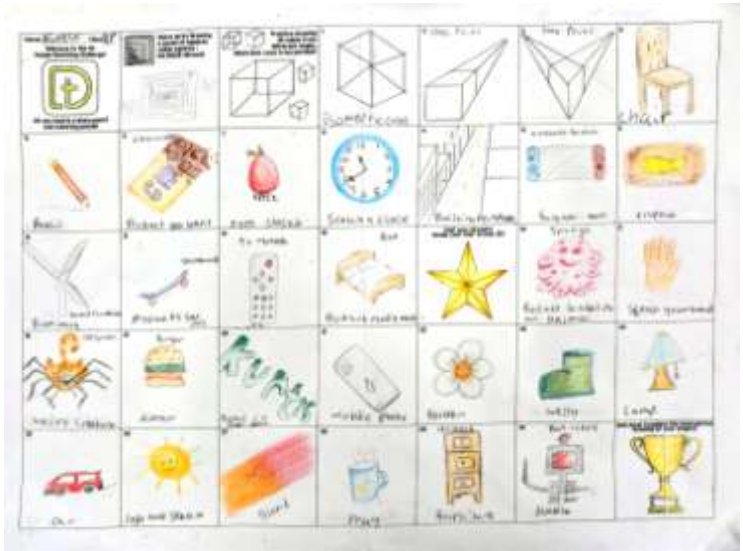












Design & Technology / STEM



Year 9: Future Footprints Commemorating The Holocaust

We are proud to continue our collaboration with the Wells Maltings this academic year, showcasing our students' creative talents in the Handa Gallery. This year's exhibition, marking the 80th anniversary of Holocaust Memorial Day on 27th January 2025, reflects on the theme of remembrance through the iconic symbol of shoes.

Shoes have long represented the loss and suffering of Holocaust victims. As part of this project, our Year 8 Art students and Year 9 D&T students have been learning about the experiences of Jewish people during World War II, the history and craftsmanship of shoemaking, and the principles of shoe design. This has inspired them to create their own unique 3D shoes, using a variety of materials and techniques.

These individually designed shoes honor the countless footsteps stolen during the Holocaust, each a poignant reminder of lives lost. The students' work is part of the 'IN THEIR FOOTSTEPS' project, organised by Learning From the Righteous, a Holocaust education charity that combats racial hatred by emphasising the relevance of the Holocaust in today's world.The exhibition will also feature the work of artist Jenny Stolzenberg, known for her powerful collection of ceramic shoes that celebrate the individuality of Holocaust victims.To learn more about the project, visit the official website: Learning From the Righteous.To deepen their understanding, a group of Year 8 and 9 students visited Northampton Museum on 8th November. They explored the museum's extraordinary permanent shoe collection, featuring a range of fascinating and unusual footwear, and participated in workshops about the history and techniques of shoemaking.

We are thrilled to see the creative journey our students have undertaken in preparation for this exhibition and invite you to visit the Handa Gallery to experience their powerful contributions. The exhibition will be open daily (except Tuesdays) 10am-4pm from 25th January to 22nd February 2025.

Design & Technology / STEM

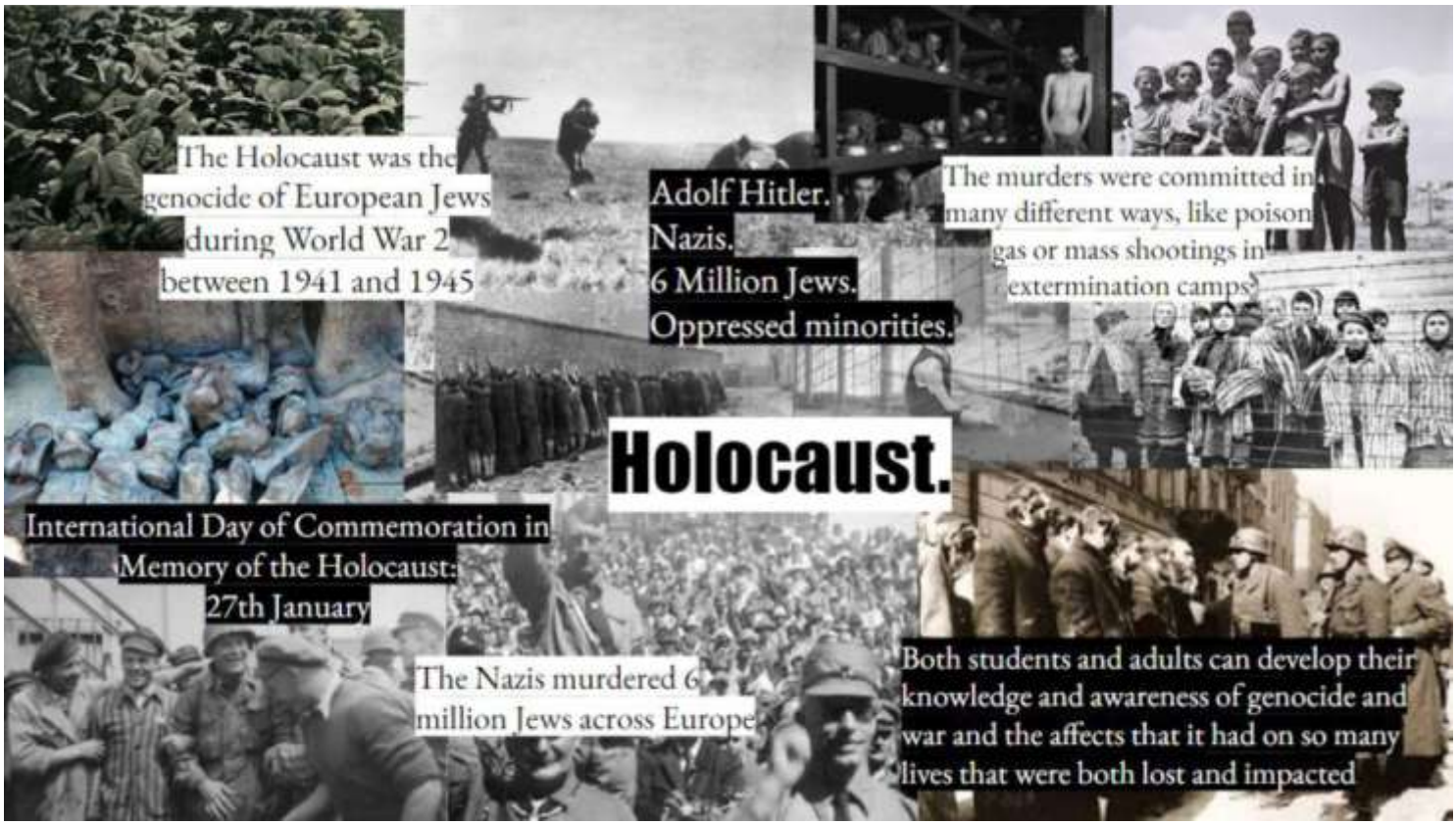
The Year 9 D&T students were given the brief to 'design and manufacture a textile shoe to represent their chosen target user, who is either:

1. Someone who died in the Holocaust, imagining the future they lost.

2. Yourself in the future, representing your future life and career.

The shoe must be as environmentally friendly, with minimum wastage and ideally made from recycled fabric and natural materials.' Here are some excellent examples of research work the Year 9 students produced in response to the design brief:

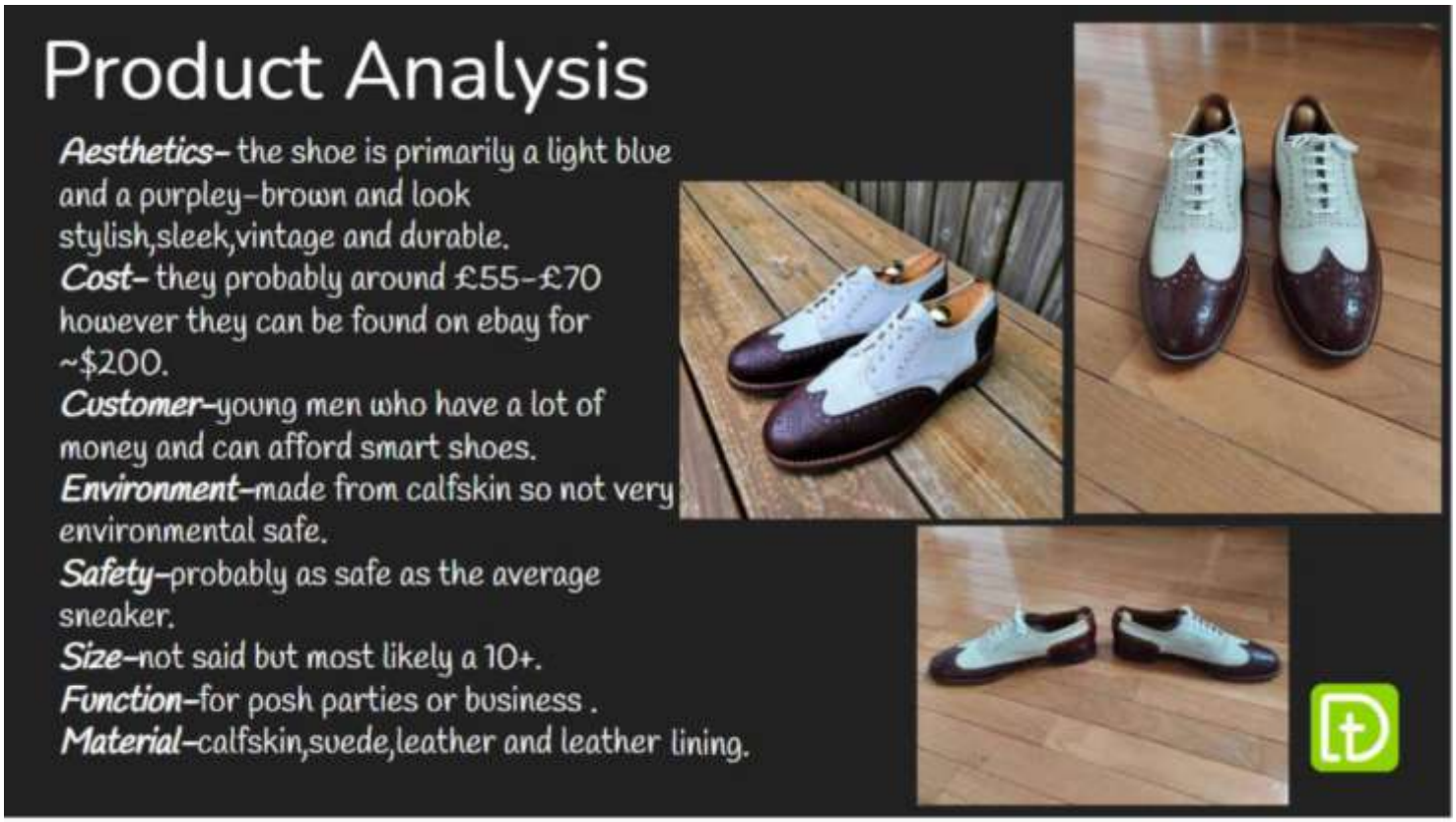








Design & Technology / STEM



Year 9s exploring Northampton Museum's 'Shoe making & history' workshop and their permanent shoe collection:










Design & Technology / STEM





























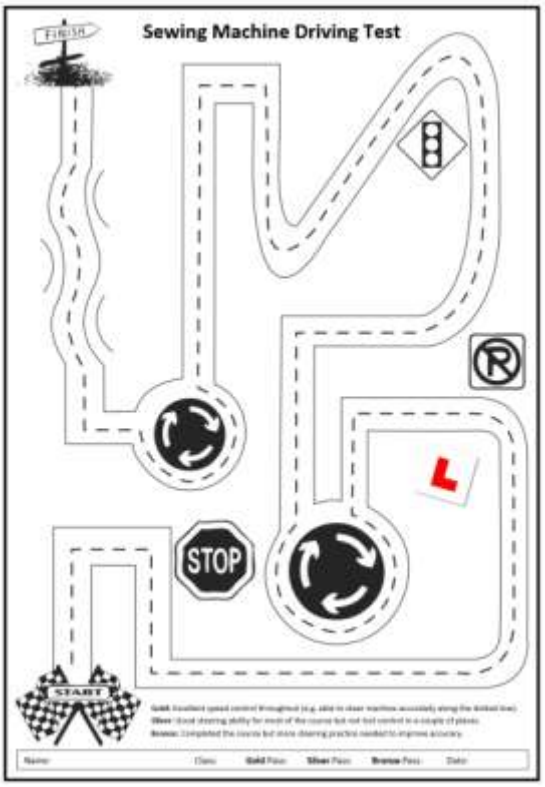




Design & Technology / STEM

Year 9 students taking their sewing machine driving licence!

















Design & Technology / STEM

3D printed heals, soles and 3D scanned versions of Jenny Stolzenberg's ceramic shoes

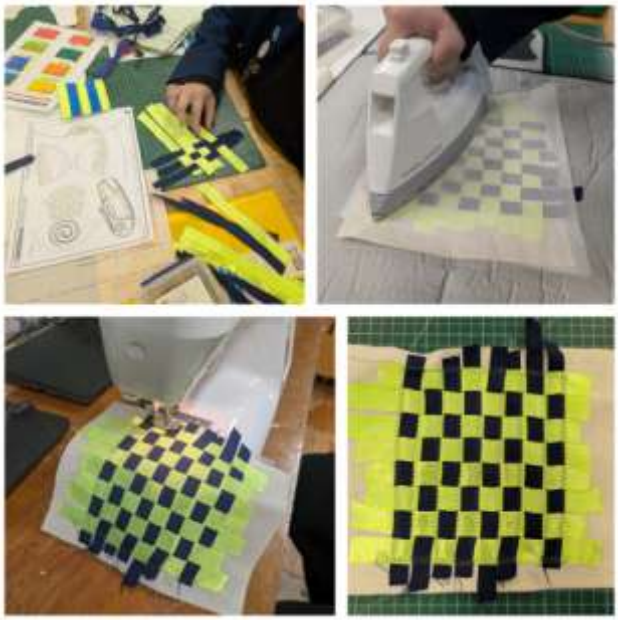




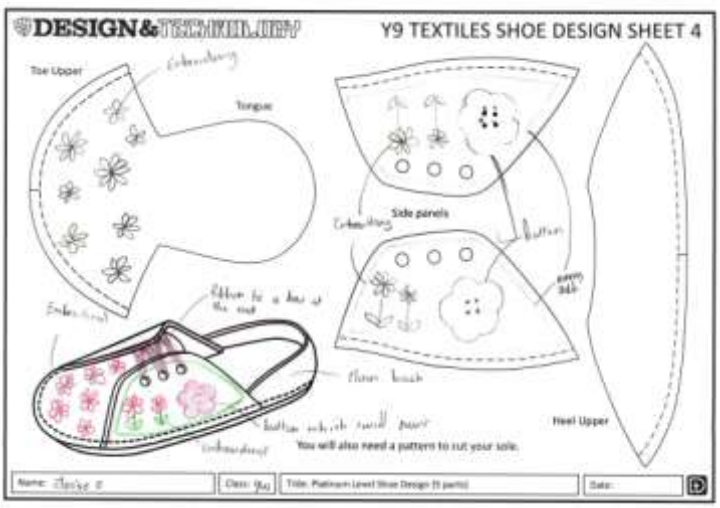


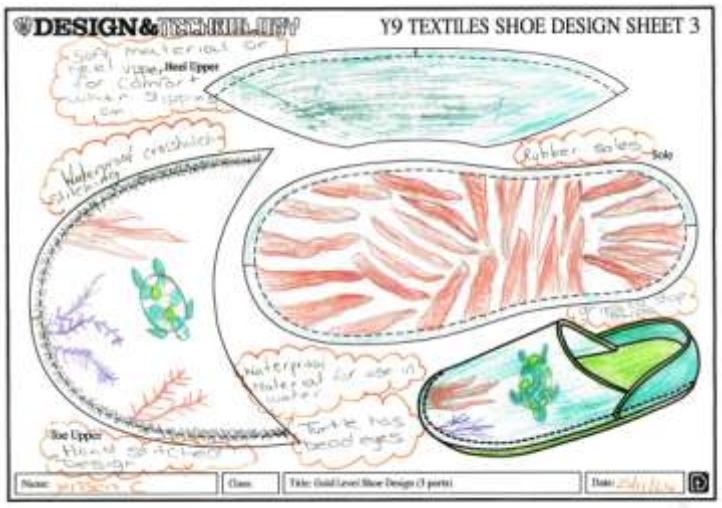


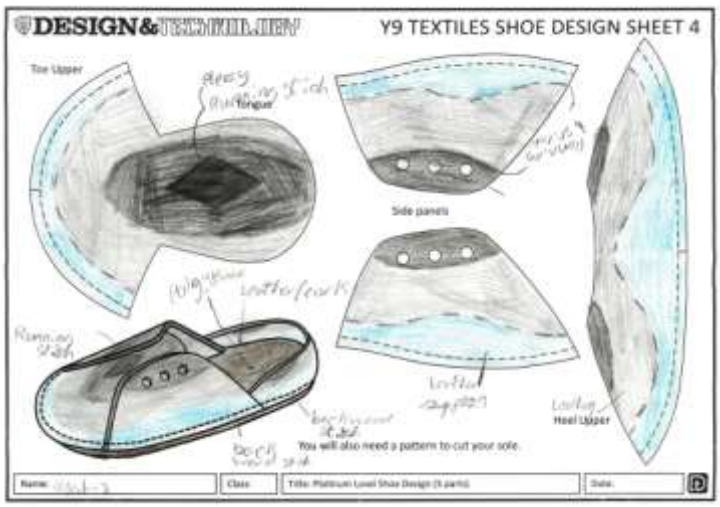

Design & Technology / STEM

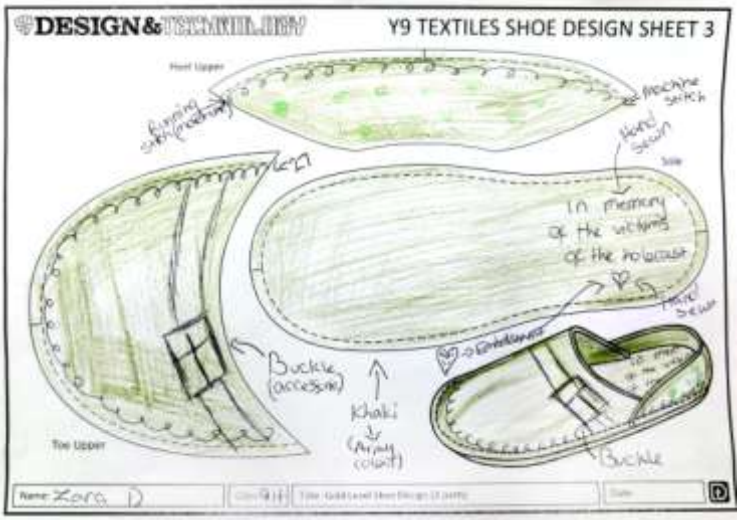








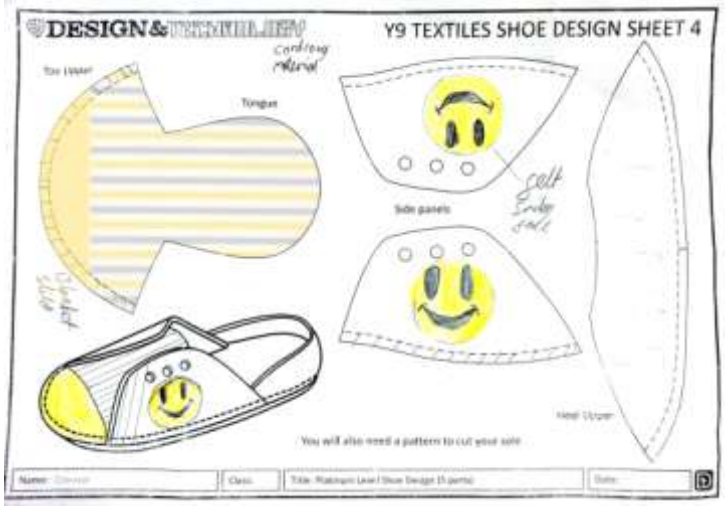


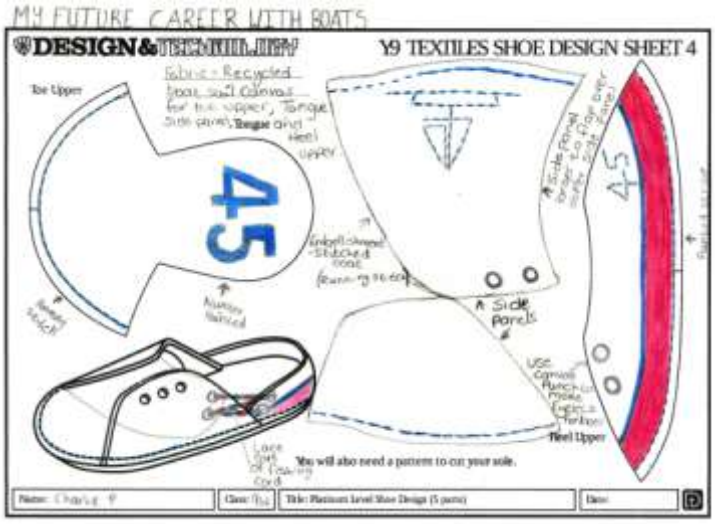


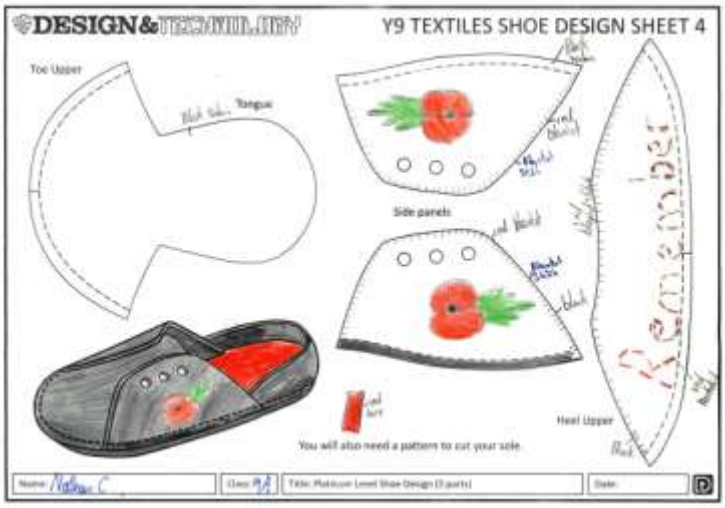
Students designing their shoes

Design & Technology / STEM









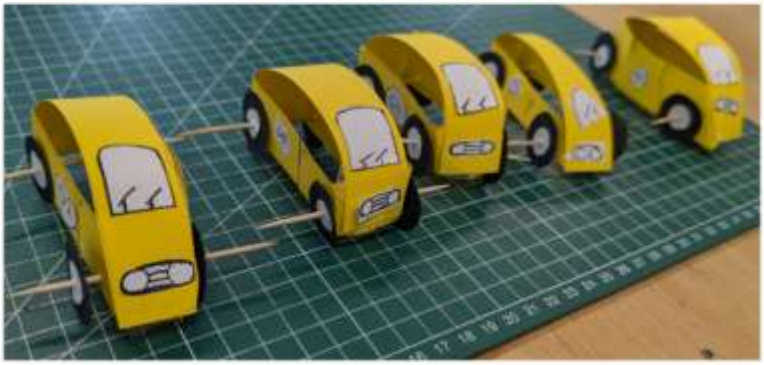
Year 10: New & Emerging Technologies

Year 10 made a great start to their GCSE course learning about the first topic, 'New and Emerging Technologies', which included how jobs roles and production techniques have changed due to advances in automation, robotics and communication technology. Linked to this topic, their first 'Production Challenge' was to make as many paper cars like the one pictured in 45 minutes!

The teams enjoyed applying what they learned about efficient workflow and quickly assigned roles and formed an assembly line to speed up batch production. Some even developed their own Kaizen to speed up manufacture! Well done to the yellow team for making the most cars that passed the quality control checks with flying colours!







Design & Technology / STEM








Following on from this task, the Year 10's were then set an 'Enterprise Challenge' to design and make a range of products using recycled bottle tops to be sold during 'Global Entrepreneurship Week'. The winning team is the one that makes the most profit and they will get to choose which charity all the profits will go to! Special recognition needs to go to Iris and Cloe who demonstrated the recycling process during the Y6 Open Evening and gave away lots of free keyrings to next year's prospective students!





Design & Technology / STEM


















I'm so impressed with the creativity and enthusiasm demonstrated by all the teams and I'm sure several are going to be young entrepreneurs of the future! Watch this space to find out which team is triumphant!

Design & Technology / STEM

In addition, Year 10 enjoyed the challenge of disassembling 'old tech' to see if it was 'designed for disassembly/maintenance' or 'planned for obsolescence! Thanks to Mr Pembery for sharing his technical knowledge and special tool kit which was needed to get in to some products!

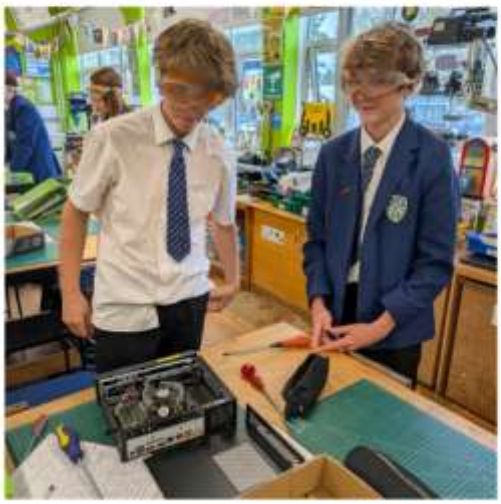













Design & Technology / STEM

As part of their energy generation unit, Year 10 were set the challenge to build a wind turbine to raise a cup from the floor to desk level! Well done to Dale and Lucas from 10A for succeeding with flying blades!












They then had fun exploring smart materials (thermochromic, hydrochromic, photochromic), especially the ergonomic polymorph pencil grips!









Design & Technology / STEM

Year 11: NEA Context:

Educational Toys and Games!Year 11 are working on their GCSE coursework project (worth 50%), which this year requires them to design and make a product on the theme of 'Educational Toys and Games'.

To help provide them with real experiences of working with live briefs, several members of staff and local business people have kindly agreed to act as clients and give the students feedback on their design ideas and prototype models throughout their design process. Each student chose a client and specific target market from the list below, who set them a design brief related to educational toys and games.

CLIENT/COMPANY	TARGET USER	PRODUCT FUNCTION/OUTCOME
Annie Golding, ELE & ME	Pre-school Children	Toys for early learning and play
Miss Sperry, APHS PASTORAL	Children 11-16	Individual mindfulness/stress busting games
Mr Wilding, APHS PE	Children 11-16	Sports, health & fitness games
Simon Prince, WELLS COASTAL HUB	Elderly	Games to exercise body & mind in fun way
Leanne Neave, RSPCA NORFOLK	Families with pets	Mental stimulation/enrichment games

On 28th November, we were excited and privileged to welcome Vicky London, Product Development Manager from Orchard Toys (www.orchardtoys.com), to speak to our Year 11 students about their company's game design process and to share some of their new game prototypes for our students to test! Such a valuable experience that will definitely support their own coursework designs!

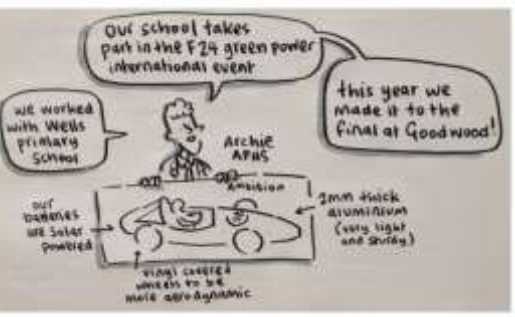




Gresham's STEAM Careers Convention 2024

On 15th November, a group of our KS4 D&T students were invited to visit Gresham's STEAM Fair in their impressive Dyson Building. The students enjoyed chatting with a range of exhibitors about their potential career routes and came away with lots of freebies – sadly not the Lotus! They also loved having their comments and caricatures captured on the STEAM CAREERS CONVENTION display thanks to Graphic Designer, Rebecca Osbourne @beccavosbourne.













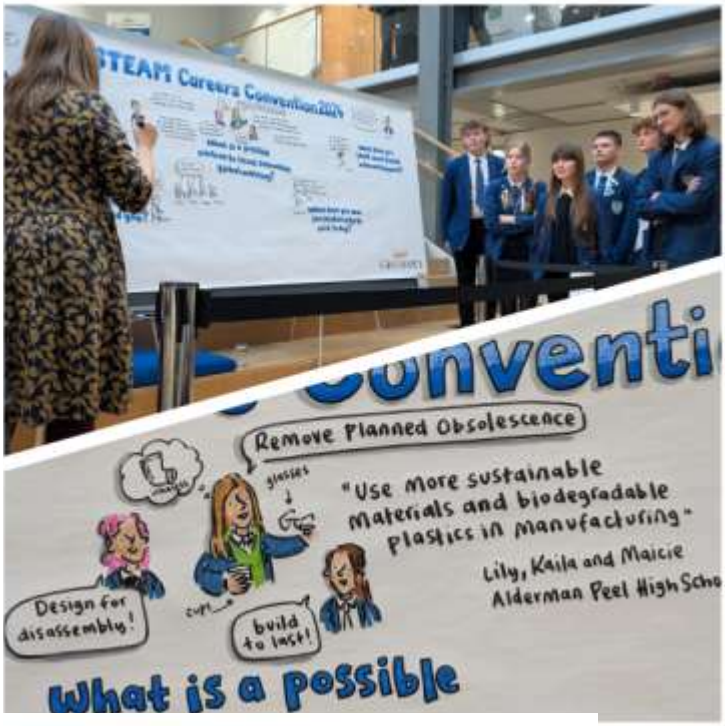




Design & Technology / STEM





















D&T / STEM Clubs

SEW GOOD CLUB

Sew Good Club loved trying out needle felting using cookie cutters as templates! Thankfully only a few minor injuries! Well done to Jess and Tilly who are well on their way to earning their 'Sew Good' Badges! Check out their fabulous felt Christmas decorations.







STEM Greenpower Kit Car Club



During the summer holiday, our STEM kit car club were very proud to take part in @WellsCarnival parade on Carnival Day (August 10th) to represent our school. Massive thanks to Kieron Scillitoe & Gavin 'The Stig' Bilbey for helping to make it happen and for showcasing what the students have achieved in our STEM club. Well done to Lucas for doing a few laps of the Carnival arena and for the team coming second in our class winning £40 for our club!

D&T / STEM Clubs
















D&T / STEM Clubs

Big thanks to @WellsCarnival & @HolkhamEstate for their generous grants towards our @Greenpowertrust #STEM kit car primary & secondary club for the 3rd year running! Here's our very grateful staff who all received generous grants from @WellsCarnival & @HolkhamEstate for our various clubs, events & resources!











Since our club started up again this academic year, it's been so great to see the older students working together and supporting the Year 6 students from Wells and Burnham Primary to build the Goblin kit car.



















Greenpower Regional Heat @Lotus

Well done to our APHS Poseidon Team who smashed their previous time and came 8th in their class at the second F24 regional heat at Lotus Test Track, Hethel on Sunday 21st September. Big thanks to Gavin and Steve from Scillitoe Bros Garage for their invaluable support on the day! Sadly it wasn't quite enough to qualify for the final but a lot of lessons were learned and they'll be back next year to try again!



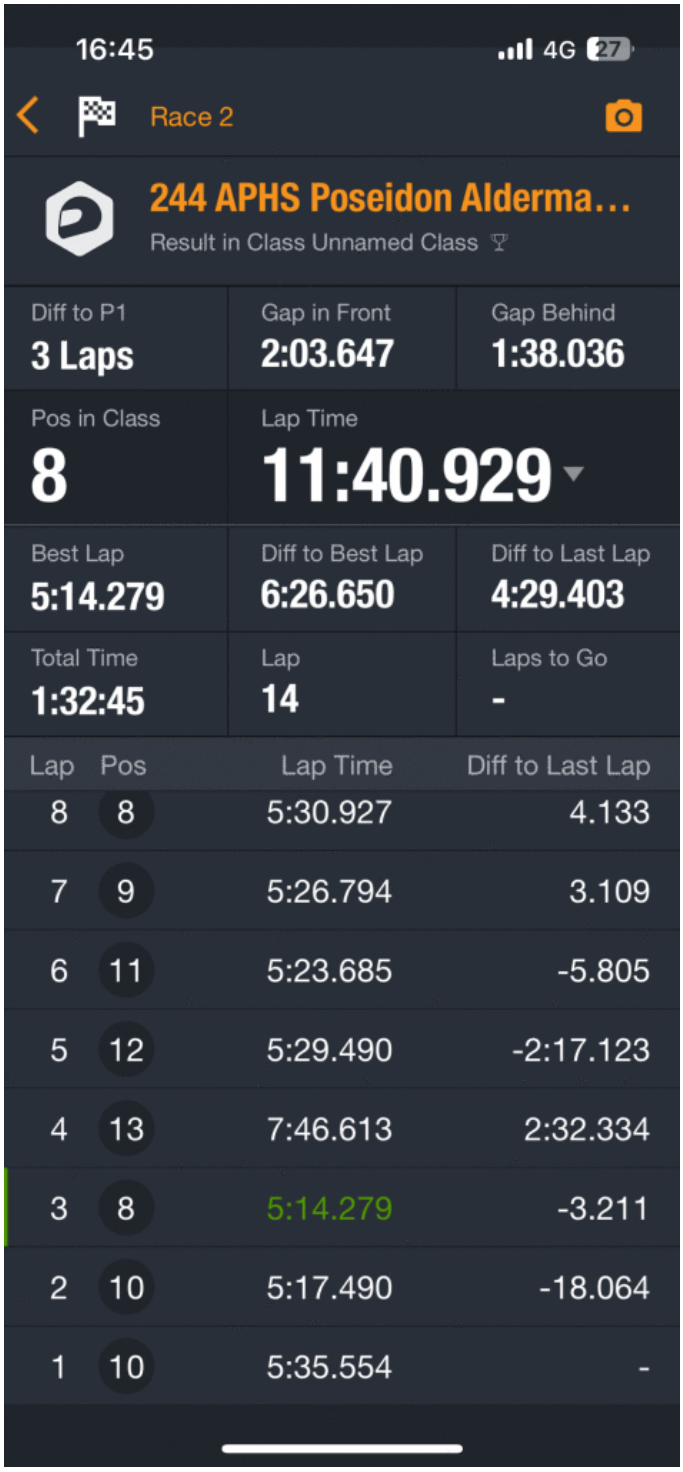












Greenpower International Final @Goodwood

Despite only APHS Ambition qualifying for the Greenpower International Final, both of our teams attended the famous Goodwood Motor Circuit on Sunday 13th October 2024, thanks to additional funding from Dudgeon Offshore Wind Farm via Norfolk Community Foundation, and ongoing support from Kieron Scillitoe from Scillitoe Bros.

The generous funding helped to cover the cost of two nights accommodation for 12 of our students at a Youth Hostel in Brighton (£1,759) and the race fee (£105) for APHS Ambition, and Kieron kindly covered the cost of the van needed to transport the cars (£460) plus plenty of refreshments for the students! Big thanks also need to go Barry Shaw from our site team, for driving the school minibus and Louise Boswell for accompanying him and providing snacks for the journey!

As planned, all our team members got to enjoy the amazing opportunity of racing on the famous Goodwood Motor Circuit which we decided was more important than trying to win the race. Thanks to the efforts of Kit Paffett, Poseidon's graphic designer, we still came away with a winning award for the Best Team Portfolio!

















D&T / STEM Clubs



























D&T / STEM Clubs

On 21st November, we were pleased to welcome some enthusiastic new STEM club members who got straight on with the job of helping to build our primary Goblin kit car and presented Kieron Scillitoe with a framed display board featuring photographs of our teams achievements as a thank you for their amazing ongoing support.















Celebrating a Proud Moment: Winning the D&T Teaching Award

On Friday, 11th October, I had the incredible honour of attending the 24th Design & Technology Association Annual Excellence Awards Ceremony at the stunning British Motor Museum. It was an unforgettable evening shared with my husband, where we marvelled at the museum's amazing collection of classic cars and connected with fellow D&T teachers who share my passion for our subject.



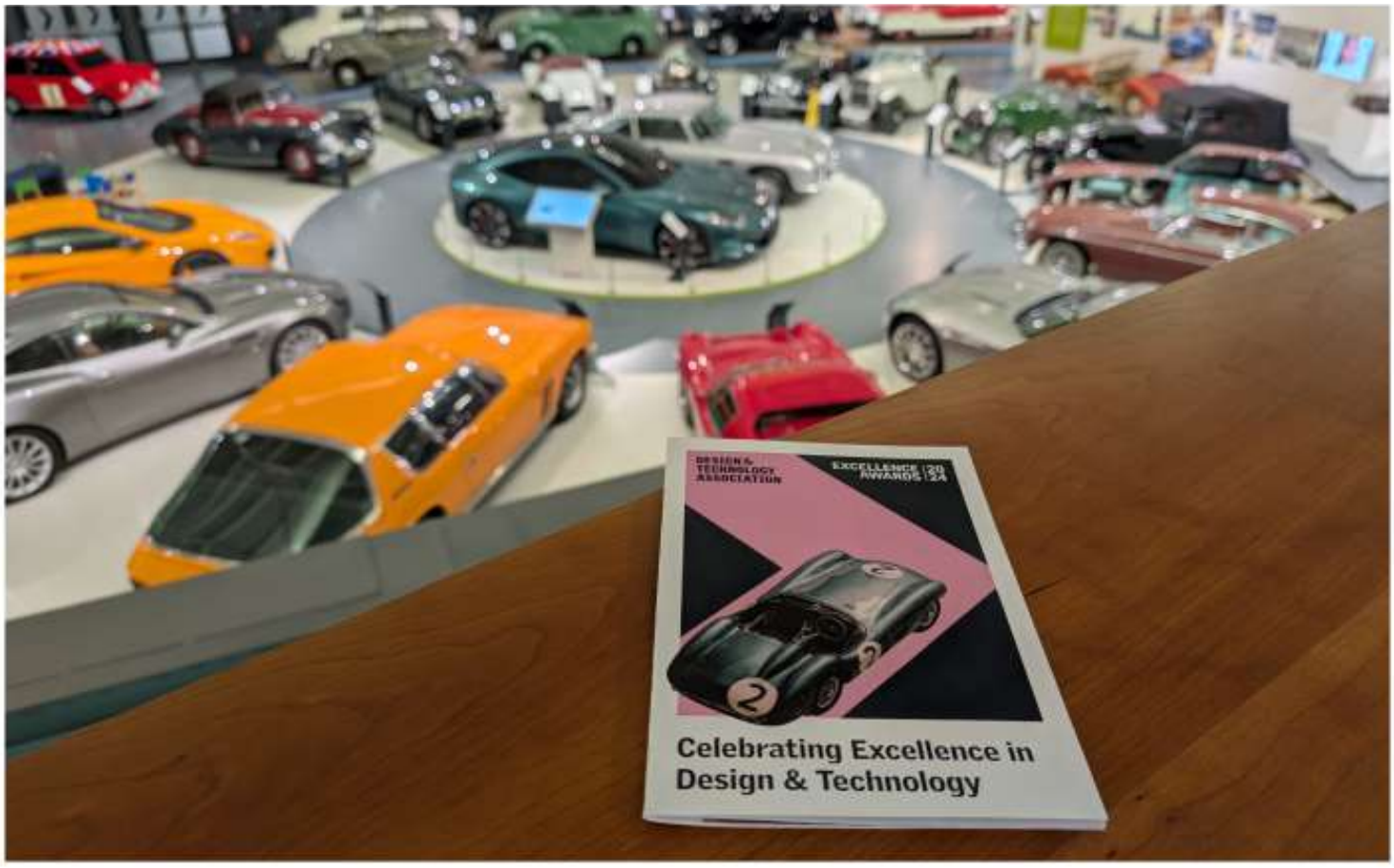












D&T Teaching Award

The highlight of the night was being presented with the award by Tony Ryan, CEO of the Design and Technology Association. In his speech, he said:

“Amanda Moffat is to be congratulated on her well-deserved award. She has transformed the Design and Technology (D&T) curriculum at Alderman Peel High School, addressing the local shortage of designers and engineers, particularly in North Norfolk’s renewable energy sector. She has implemented extensive STEM opportunities through partnerships with businesses, schools, and industry leaders. Amanda’s efforts include organising extracurricular workshops, competitions, and collaborations with local employers, enhancing student learning and engagement. She has secured over £30,000 in grants and sponsorships to fund innovative projects and support D&T programs. Amanda’s work has increased student interest in D&T and STEM, leading many to pursue apprenticeships and further education in these fields. Her dedication and contributions have greatly impacted students, the school, and the community.”I was deeply touched by these kind words and feel incredibly proud of what we’ve achieved together as a community.

Since receiving this award, I’ve been overwhelmed by the outpouring of congratulations from friends, colleagues, and the wider community. I want to take this opportunity to say a heartfelt thank you to everyone for your kind words and generous support. This achievement wouldn’t have been possible without the incredible partnerships we’ve built to inspire and support our students.A special thank you goes to the local businesses, community groups, and individuals who have generously contributed their time and resources to provide amazing learning experiences for our students, both inside and outside the classroom. Your support has been invaluable.



D&T Teaching Award

Shout-Outs to Our Supporters

I'd like to recognise some of the incredible people and organisations who have made a difference:

- Kieron Scillitoe & Gavin Bilbey @ScillitoeBros
- Annie Golding @Ele&Me
- Neil & Richenda @Neil Thompson
- Pat Weston @WellsCarnival
- Rebecca King @Pinewoods Holiday Park
- Lucy Gillet, Steve Twyford, Harry Wakefield, James Spedding, et al @HolkhamEstate
- Simon Laurinaitis-Prince @CoastalHealth&Wellbeing
- Mark, Robin, Chris, et al @WellsMensShedders
- Simon Daykin @WellsMaltings
- Sophie Skipp @Dudgeon Offshore Wind Farm
- Wendy Pritchard @Rescue Wooden Boats
- George Rolt @ConsultArc
- Cathy Gates @WellsFairTrade
- Jeremy Barker @Biffa
- Sarah Reynolds @LaserlyDesigns
- Jessica Walkden @jaw_studio_

Last but certainly not least, thank you to Bal Tawana, our Assistant Principal, for his unwavering support and for nominating me for this award!





Watch My Nomination Video

As part of the nomination process, I created a video showcasing some of the work I have done linking with local businesses and our wider community. You can watch it by scanning the QR code below—you might even spot a few familiar faces! Thank you once again for helping make this moment possible. Together, we're shaping the future of Design & Technology and inspiring the next generation of innovators.

SCAN ME

Mrs Amanda Moffat
Teacher of Design & Technology and STEM Coordinator

PE & Sport

Cluster Sports Competition results

Touch Rugby 14/10/24: Winners – Langham Village School6-a-side Football 18/11/24: Winners – Burnham Market Primary School

NNSSP Primary XC – Sports Leaders

On Tuesday 22nd October a group of Year 8 and 9 sports leaders had the pleasure of course marshalling the North Norfolk School Sport Partnership Primary Cross Country event held at Gresham's School. They were wonderful representatives of Alderman Peel High School and encouraged all runners throughout the day.

North Norfolk Cross Country Event

Congratulations to the following APHS students that finished in a top ten place and have qualified for the Norfolk Schools Cross Country Championships which will be taking place at Wymondham College on Tuesday 14th January 2025.

- Luka E (Year 7)
- Jack M (Year 8)
- Thomas M (Year 9)
- Jude M (Year 9)
- Ellie-Grace T (Year 11)



Indoor Cricket

Both the U13 and U15 boys have taken part in their own Indoor Cricket competitions that are organised by Norfolk Cricket Board and are hosted at The SportsPark at UEA. The U15's performed well, with many of them new to this format of Cricket. The U13's finished their afternoon unbeaten through wins against Springwood, North Walsham and Notre Dame and have now qualified for the Finals Day event in April.

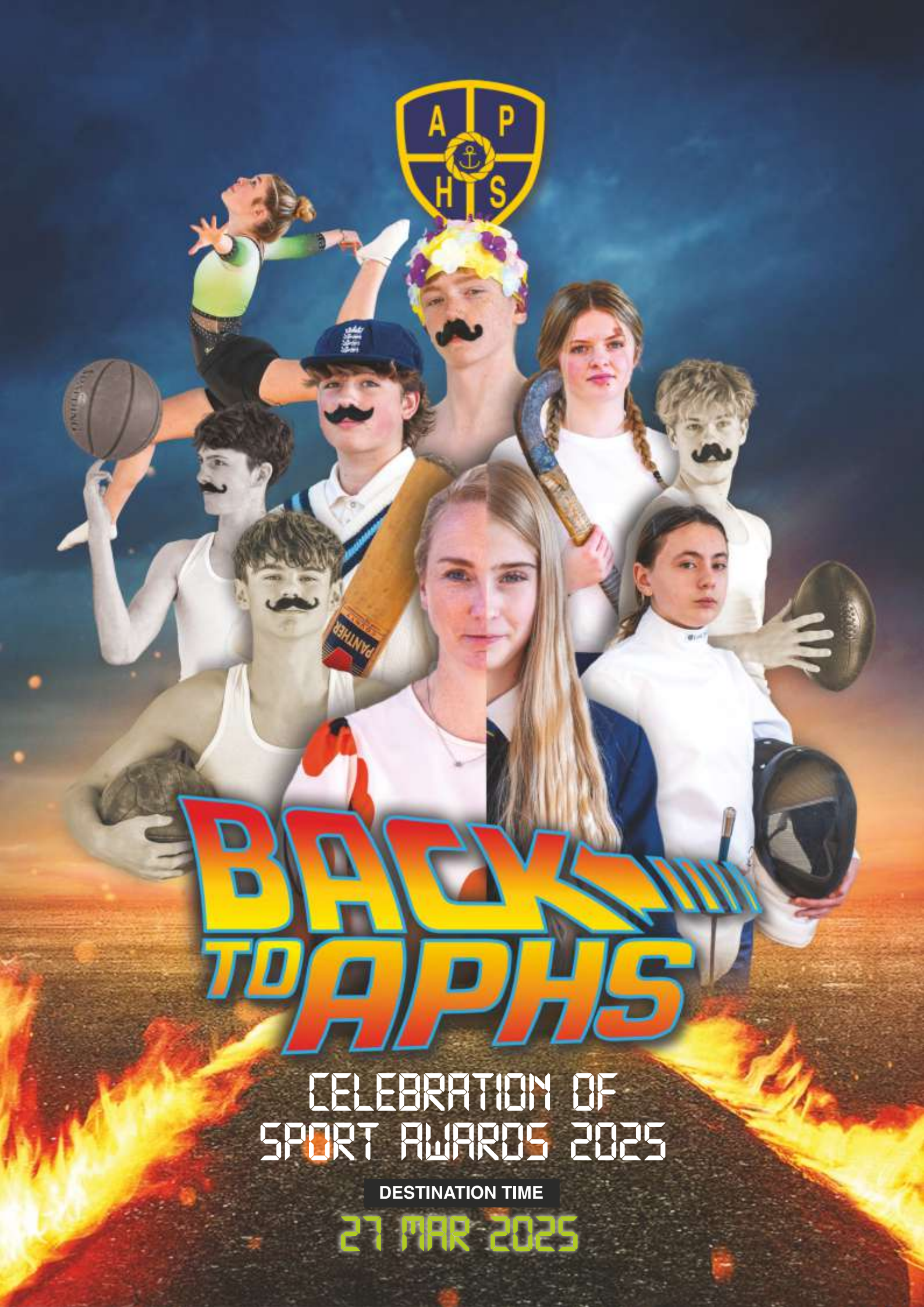




Equal Access School Award

The APHS PE Department has been awarded an Equal Access School award, which recognises our hard work to ensure all girls can play Football within school.




A P
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BACK TO APHS
CELEBRATION OF SPORT AWARDS 2025
DESTINATION TIME
27 MAR 2025

PE & Sport

Rugby

U16 State School County Cup:

APHS 24 – 31 Wymondham High School
Tries scorers: Oliver R x2, Finn M-N, Seb P
Conversions: Arthur D x2
APHS are now due to take on Acle Academy in the Rugby Plate 1st Round on Tuesday 10th December.








U15 Emerging Schools Rugby Festival

The Y10 Rugby team took part in the U15 Emerging School Rugby festival at North Walsham RFC on Wednesday 18th September. They finished runners-up in their morning pool with victories against KES, Nicholas Hamond, UTC and a narrow loss to Hethersett. This saw them face Neatherd in an afternoon semi-final, where the boys found themselves to be unlucky to be the losing side.

North Walsham RFC Development Days

Year 7 and Year 8 boys have both benefited from separate Rugby Development Days that are organised by North Walsham Vikings coaches and players. Students receive skills practice circuit in the morning followed by interschool matches in the afternoon. Unfortunately, the Year 9 boys Rugby Day was postponed due to poor weather conditions, however the U14 team did take on Nicholas Hamond in a competitive fixture held at Fakenham RUFC.




PE & Sport

Judo

The PE Department had the pleasure of welcoming The North Norfolk Judo Club into Year 7 PE lessons to give our latest in take a taster session in the discipline of Judo. The North Norfolk Judo Club run an after school club at APHS every Thursday, which is free for APHS students to attend. Mila M (Year 9) starting her Judo journey with the club less than 2 years ago and recently competed in the British Judo Council Nationals and won a spectacular Gold medal!



Student's Sporting Achievements:

A huge congratulation to Grace D (Year 9) who has made the England Roller Hockey U17 female squad selection.



Well done to Amelia C (Year 8) who recently competed at the Norfolk Gymnastics County competition where she placed 4th (0.05 off a Bronze medal). She also took part in a Wiltshere competition and placed 4th overall, with a Gold medal on Vault and a Team Gold.



Thomas M (Year 9) took part in The East Anglian Athletics Association Cross Country at Nowton Park this half-term and came 14/36 in the U15s 4k race and was the 1st Norfolk Year 9 over the line. The pace he completed the course in was equal to a 17:50 5k!

It was a busy summer of sailing for Oliver B (Year 10). During Horning Regatta Week he entered all races he was eligible for and came away with four trophies across the week, as well as four silver spoons. He also won a trophy with the spring series of racing which ran from May-July.



PE & Sport

Hockey

This term has seen a number of fixtures for some of our hockey players across the year groups. The start of the year was kicked off with a great game of hockey for our U14 team who played a friendly fixture against Fakenham. They were an incredibly supportive team who helped each other to develop their skills and understanding of the game, and allowed them to bring home a win.

After this, it was the turn of the U16 girls' team to compete in the Tier 4 Hockey County Competition. After a defeat in their first game, all the girls worked incredibly hard, supporting each other and listening to feedback resulting in them securing a win in their last two games. This meant they came away with a 2nd place finish after narrowly missing out on 1st place.

The final game of this term was a U16 friendly fixture against Gresham's, with the APHS team being made up of students from year 8 through to year 11. All students played incredibly well and were incredibly kind and supportive of each other and we came home with a great 6-0 win!

The PE department would like to send a special thanks to the continued support from Justin Freeman for running our afterschool hockey club and always supporting at fixtures through coaching and umpiring.









PE & Sport

Twickenham

Due to some of our students' excellent attitude and demonstration of the rugby core values at our Touch to Twickenham competition at Sixways Stadium last June, they were invited to be a part of an incredible experience. On the 26th November, we travelled to London to have a pitch access day at Twickenham. Throughout the day students got to play T1 Touch Rugby on the pitch, we got to meet Red Roses Rugby player Shaunagh Brown, as well as getting to have a tour of the England Rugby changing rooms. It was a magnificent day and one which all of us will remember forever.











Netball



Netball fixtures have been at an all-time high over the last term with weekly friendly fixtures taking place. A number of students across year groups 7-10 have represented the school, as each week a team from a different year group has travelled over to Fakenham Academy, who have kindly hosted the fixture each week. All students have played fantastically, with every fixture involving a good competitive game, a great atmosphere, all which has allowed the students to learn and develop their netball skills and understanding.

We also had our U16 netballers take part in the area rounds of the National Schools Competition. Following a defeat in their first game, all the girls worked incredibly hard to secure themselves a win in their last 2 games which meat they qualified as runners-up for the county round. On Saturday 30th November we then travelled to UEA to compete in the county round. After a first game defeat the girls gave the next 3 games their absolute all, which saw them qualify for the semi-finals. They then faced some strong competition in their final two games and did extremely well to finish 4th overall. We are extremely proud of the girls for their performance!







PE & Sport

Girls Active Leadership Workshops

During November, some of our year 10 girls visited UEA to participate in the Girls Active Leadership Workshops. The girls had a fantastic day learning about inclusive practice, first aid, coaching and sports officiating. They also got to meet number 1 Netball Umpire Gary Burgess!







APHS Instagram

We have also recently moved over to Instagram from X and will now be posting all of our PE updates on this account. Please find us on Instagram at @APHS_PE or use the QR code below to give us a follow to see what we get up to!

@APHS_PE

PE & Sport

Football

The APHS football teams have had a very successful start to the year. Year 7s have played their first couple of games for the school. Being a football mad year group we was able to take 2 teams over to Fakenham for games, both coming away with narrow defeats. However, there was some excellent football on display throughout. POTM from the respective teams were Luka E and Barney A.

Year 8s and 9s also have both had very competitive fixtures against Fakenham this term. Some end to end football in both games and excellent skills shown throughout made for some exciting football. The year 8s came back to APHS with a 2-0 thanks to goals from Riley L and Jack M. POTM was joint between Jack M and Jake D. The years 9 had a very end to end game of football with Fakenham, coming away from the game with a 4-3 win, there was superb attacking play from both teams. A hattrick from Theo L and another from Toby L made the difference. POTM was Jack M.

Our year 10 and 11 team played out some highly competitive matches this term. The year 10s played out a very battling 0-0 draw with Fakenham. Some excellent defensive performances on the night, saw a joint POTM being awarded to Henry G and Luke B. The year 11s played a double header one night against Fakenham and Cromer. After a narrow defeat to Fakenham in the first game of the night, going down to a 2-0 defeat. POTM was Austin for a magnificent display in midfield. In the second game of the night, the year 11s came out with an excellent 3-2 win against Cromer. Two goals from Oscar and one from Ewan saw APHS take the win. POTM for the second game was awarded to Alexia C.













PE & Sport

Girls Football

The girls team at APHS have had a good start this season with some excellent games against Fakenham. Our year 7 girls played their first match for the school against Fakenham. Fakenham came away deserved winners on the night but our girls played some superb football and represented the school excellently. POTM for the game was Ophelia D with some incredible saves. Our year 8 girls also had a fixture against Fakenham, again coming away with a narrow 2-1 defeat. However, they played superbly throughout. Some great saves from Lily S kept us in the game throughout but unfortunately, we just come up short against a strong Fakenham side. The opposition POTM was awarded to Amelia C and our POTM was awarded to Imogen H. With more girls football still come with year 11 and 9 festival hubs being hosted a Aylsham High School before Christmas, it is really great to see so many girls representing the school playing football. Additionally, before Christmas there is an indoor girls futsal game being played against Fakenham which will give the girls further chance to showcase their skills.





Girls Rugby

Both our year 7 girls rugby team and our year 9 girls rugby team have had the opportunity to learn new skills taking part in Rugby development days at North Walsham Rugby Club. They had the chance to learn new skills and then had the chance to implement these skills into games against other schools in the afternoon. With both year groups winning all of their matches. For the year 9s the top tackler was awarded to Pixie W and lead try scorer was Tilly M.





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