



Key Term	Definition
Assertive	Being self-assured and confident without being aggressive
Passive	Accepting or allowing what happens or what others do
Aggressive	Ready or likely to attack or confront
Peer pressure	Behaviour or actions that are influenced or changed by friends and acquaintances
Discrimination	The unfair treatment of different people, based on race, age, sex etc.
Moral dilemma	When you're not sure what the right thing to do is
Resilience	Bouncing back from difficulties, and trying again.

PSHRE Classroom Expectations

Openness	Keep the conversation in the room	Non-judgmental approach
Right to pass	Make no assumptions	Listen to others
Use of language	Ask questions	Seeking help and advice

Where to get support

Starting a new school can bring challenges. In school you can get support from your form tutor, wellbeing (Miss Thetford), the school nurse (Miss Fox) your Head of House, pastoral, or any trusted adult.

If you find yourself in a situation that is making you angry, focus on relaxing your body. Relax your muscles, and try to breathe slowly.

Y7 RE 1 - Comparative Religions

Key Term	Definition
Religion	A system of faith, belief and worship
Monotheism	A religion that believes in one God
Animism	A belief that spirits live in the natural world
Atheism	Belief in no religion
Agnosticism	Not being sure whether you believe in God or not
Worship	Connecting with or showing respect for God
Pilgrimage	Making a special journey to a religious place

Where religions are based

Christianity → worldwide, especially where people speak English.
 Islam → most common in the Middle East.
 Judaism → worldwide, especially Israel and USA
 Hinduism and Sikhism → India
 Buddhism → East and South-East Asia.

What religions have in common

Beliefs about God, life and death

Stories that inspire people

Ceremonies, celebrations and rituals

Rules for how to live your life

Public and private worship

Shape and influence the world we live in

Golden Rule: treat others how you'd like to be treated



Christianity



Buddhism



Sikhism



Judaism



Islam



Hinduism

Y7 RE 2 - Christianity

Christianity in the UK

Christianity continues to influence life in the UK, for example through celebrations of Christmas and Easter, some shops closing on Sundays, wedding and funerals being held in churches and some of our laws.

Key Term

Definition

Secular society

The church and government are separate

Pluralist society

Multiple religions existing in one country

Prophecy

A prediction about what will happen in the future

Nativity

The story of Jesus' birth, celebrated at Christmas

Miracle

A positive event that cannot be explained by science

Crucifixion

When a person is nailed to a cross and left to die

Jesus' Birth



Mary was told she would have a baby boy, who would be the son of God. She gave birth in a stable, and was visited by a group of shepherds, who were told about Jesus by an angel. Three wise men also came, who gave Jesus myrrh, frankincense and gold.

Jesus' Life



Jesus taught people about God and how to be loving and kind to each other. He also performed miracles, such as feeding 5000 people with a few loaves of bread and fish, healing a man who couldn't walk and bringing Lazarus back to life.

Jesus' Death



Jesus brought his followers together for a Last Supper. Judas betrayed Jesus, telling soldiers where he was so they could arrest him. Jesus was killed for his religious beliefs. He came back to life 3 days later, which Christians celebrate at Easter.