



Burnham Market Primary School
Friars Lane, Burnham Market
Norfolk PE31 8JA
www.wensumtrust.org.uk/burnhammarket
01328 738354
office@burnhammarket.norfolk.sch.uk

5th September 2025

Welcome Back – lovely to see you all 😊

As a school team, we are delighted to welcome you back after the summer holidays. It's been great to welcome all our new families and we are looking forward to seeing our Year R (Seals) on Monday.

PE Kit & Earrings!

Please ensure your child wears the correct PE kit on PE days, football shirts are not allowed. We will be getting a stock of PE hoodies, these will be available to purchase via SCOPAY in the coming weeks so please watch this space.

All piercings must be removed for PE lessons or if your child is taking part in a school sports club/fixture. Taping will no longer be allowed. If your child is unable to remove their own earrings, please do this at home before they arrive at school, school staff will not be responsible for removing any earrings. The Association for PE (AfPE) strongly recommend these guidelines and therefore as a school we will be adhering to them." Schools have a duty of care to ensure students are able to participate actively without unnecessarily endangering themselves or those that work around them. The Association for PE (AfPE) strongly recommends the practice of removing all personal effects at the commencement of every lesson to establish a safe working environment. This applies to all ear and body piercings." We would really appreciate your cooperation with this. Mrs Morrell spoke with all pupils on Wednesday and passed on the same message.

Medical needs

As we start a new academic year please make sure that you update us with any changes to your child's medical needs, including a change of GP. It is important that we have the correct information.

Food Allergies

A reminder that we are a nut free school, this includes peanuts and all tree nuts such as hazelnuts and almonds. We cannot have any products containing nuts eaten at school. If your child likes chocolate spread sandwiches please make sure that it is a nut free chocolate spread. We also cannot have any food which contains shellfish. Shellfish includes prawns, crab and mussels for example. Many thanks for your cooperation with this.

Y6 Bikeability – Wednesday 10th and Thursday 11th September

Most of our Y6 pupils will be undertaking Bikeability Level 1 & 2 next week, the course has been fully funded and will be delivered by 2 instructors from Outspoken Training. Over the 2 days they will learn how to ride safely on the road and will be out locally getting used to our roads! The children that will be on the course need to wear long sleeves and long bottoms (tracksuit bottoms/leggings), trainers and layers for their top half including a coat. Bikes will be stored inside overnight and helmets can be provided if your child does not have one at home.

Extra - Curricular Clubs

We have lots of clubs running this half term which is very exciting. We will announce them all in assembly on Monday morning and inform the children where each lunchtime club is and how to sign up. **All after school clubs require SCOPAY permission and in some cases incur a small charge.**

We are part of...



FOR CHILDREN, FAMILIES AND COMMUNITIES



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Lunch time:

Monday	BMX	Y3-6
Wednesday	Touch Rugby	Y3-6
Thursday	Football	Y4-6
Friday	Ball Games Film Library/Book Club	Y1-3 Y5&6 All

After school:

Monday	BMX	Y3-6	3.15-4.15	
Tuesday	Archery	Y3-6	3.15 - 4.15	£3.50 per session
Wednesday	Choir	Y3-6	3.15 – 4.00	

Dates:

- 8th September** – New Year R (Seals) start
- 10th & 11th September** – Y6 Bikeability
- 18th September** - Residential Parent Meeting
- 29th September** – 1st October – Y5/6 Residential to Hilltop
- 23rd September** – Gladiator Visit - Steel will be in the house!
- 6th October** – Individual and Sibling Photos
- 20th October** – Cluster Touch Rugby Y4-6
- 24th October** – Last day of Term
- 3rd November** – School Starts
- 10th November** – Cluster 6-a-side Football Y4-6
- 8th December** - Cluster Quicksticks Hockey Y4-6

Designated Safeguarding Leads in school: Mrs Stroulger, Miss Clarke, Mr Williams and Mrs Beck

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LUNCHTIME

WEEK 3
 Autumn Winter 2025/26
 *Dates to be entered by RO managers, as start dates vary by unit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Cheese and Tomato Pizza Slice with Wedges (B)	Lasagne (C)	Roast Pork, Skin on Roasties and Gravy (C)	Chicken & Sweetcorn Pie with Mash (B)	Golden Fish Fingers & Chips (B)	
MEAT-FREE MAGIC Macaroni Cheese (C)	Vegetable Ratatouille with Rice (B)	Carrot & Stuffing Puff Pastry Plait, Skin on Roasties with Gravy (B)	Root Vegetable and Bean Stew with Mash (A)	Vegetable Fingers with Chips (A)	
RAINBOW ALLEY Vegetable Sticks	Sweetcorn	Roasted Roots	Peas	Baked Beans	
BIG TOPPING Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	
DESSERT TROLLEY Sweet Potato Chocolate Brownie (C)	Jelly (C)	Eve's Apple Pudding & Custard (B)	Muesli Bars (B)	Vanilla Cookies (B)	

AVAILABLE DAILY
 DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER
 AVAILABLE EVERY DAY
 TOPPED PASTA
 HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE (C)

What impact has your meal had on planet Earth today?
 A Very Low, B Low, C Medium, D High, E Very High

LUNCHTIME

WEEK 1
 Autumn Winter 2025/26
 *Dates to be entered by RO managers, as start dates vary by unit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Cheese and Tomato Pizza Slice with Wedges (B)	Meatball Marinara Pasta (B)	Roast Chicken, Stuffing, Skin on Roasties and Gravy (C)	Bangers, Mash and Gravy (B)	Golden Fish Fingers or Salmon Fingers and Chips (B)	
MEAT-FREE MAGIC Baked Sweetcorn Fritters with Wedges (A)	Cheesy Pea Frittata with Pasta Salad (B)	Roasted Vegetable Strudel, Skin on Roasties and Gravy (B)	Veggie Bangers, Mash and Gravy (A)	Cheesy Bean Wrap with Chips (B)	
RAINBOW ALLEY Vegetable Sticks	Mixed Salad	Carrots and Cabbage	Mixed Greens	Peas	
BIG TOPPING Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	Beans, Cheese or Tuna Mayo (B)	
DESSERT TROLLEY Butterfly Pastry Biscuits (B)	Strawberry and Pineapple Jelly (B)	Banana Bread and Custard (B)	Apple Cinnamon Buns (B)	Lemon Drizzle Cake (B)	

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 DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

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FOOD FESTIVAL
#7 Autumn

WEEK 2
Autumn Winter 2025/26
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as start dates vary by unit

LUNCHTIME

PRIMARY TRADITIONAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT <small>Vegetables and Salads</small>	Vegetable Lasagne B	Creamy Chicken & Sweetcorn Pasta C	Roast Gammon, Skin on Roasties and Gravy C	Mild Chilli Con Carne with Rice C	Golden Fish Fingers and Chips B
MEAT-FREE MAGIC <small>Veggie Dish</small>	Green Veg & Butter Bean Pie with Wedges B	Veggie Whole Grain Pasta Bolognese B	Cheddar & Broccoli Crustless Quiche B	Vegetable Bean Chilli with Rice B	BBQ Veggie Wrap with Chips B
RAINBOW ALLEY <small>Vegetables and Salads</small>	Sweetcorn	Broccoli	Carrots and Peas	Mixed Greens	Baked Beans
BIG TOPPING <small>Filled Jackets</small>	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B
DESSERT TROLLEY	Chocolate Popcorn Bars B	Orange and Peach Jelly C	Apple Tea Cake and Custard B	Iced Vanilla Sponge Cake B	Carrot Cake B

What impact has your meal had on planet Earth today?

A	B	C	D	E
Very Low	Low	Medium	High	Very High

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AVAILABLE EVERY DAY

TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE

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