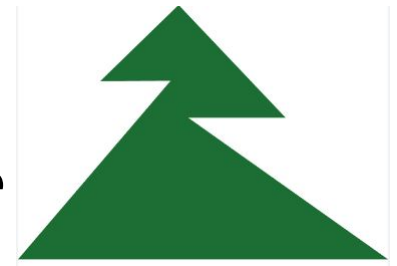


*Become the best that you can
be: for learning, for life, for future
success.*



Firside Junior School Newsletter

Friday 3 October 2025

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WENSUMTRUST

FOR CHILDREN, FAMILIES AND COMMUNITIES

A message from the Leadership Team

Well today has really felt like autumn! Although we have been lucky recently with some nicer days, today reminded us that we are actually in October and, with that, comes a shift in weather. Today, although a little drizzly, we were still able to get the children outside for some important fresh air and the opportunity to run around and release some energy. We want to be able to get the children outside as often as we can over the coming months, however, this is very dependent on children having the right clothing for those colder, wetter days. Today, there were a number of children telling us that they didn't have coats in school. Please make sure that your child has their coat in school every day, even if the weather looks reasonable in the morning - it can change easily at this time of year! Please make sure all coats (and other items) are clearly named so that they can find their way back to their owners should they go missing.

We only have 3 more weeks before half term and lots to fit in. We emailed earlier today regarding some karate taster sessions that we are running over the next two weeks which will mean some extra PE kit days for your child - we have also put this information further down in this newsletter.

Congratulations to the children who were today appointed as their Class Ambassador and, along with our Team Captains, will form out Student Council for this year - we look forward to working with them.

Have a lovely weekend.

Mrs Robinson (Executive Head Teacher)

Mr O'Malley (Head of School)

Mrs Seagrave (Assistant Head of School)

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Dates for your diary

- Mon 6 Oct** Year 6 National Child Measurement Programme
- Fri 10 Oct** Hello Yellow for World Mental Health day - see info below
- Mon 13 Oct** FOF AGM - see flyer below
- Tues 14 Oct** Open classroom event for parents after school 3:30pm-4:45pm
- Wed 15 Oct** Open classroom event for parents of 6C after school 3:30pm-4:45pm
- Tues 21 Oct** Open Evening for Year 2 parents and children
- Fri 23 Oct** Last day of term
- Mon 3 Nov** First day of new term

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Open classroom events

On Tuesday 14 October we will be opening up all of our classrooms to parents for you to come and look at your child's books (all classes apart from 6C - theirs will happen on Wednesday 15th October instead). This is an opportunity for you to see all of the hard work that they have been doing in their lessons this term. Class teachers will be available in their classrooms to answer any questions you may have.

Classrooms will be open to parents from 3:30pm once we have dismissed the children out of school at the end of the day.

Classrooms will be available after school until 4:45pm. You can either come in straight after school or pop back in later in the evening before 4:45pm.

We look forward to seeing you there!

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Hello Yellow for World Mental Health Day

Our school will be taking part in Hello Yellow on Friday 10th October (World Mental Health Day) to raise awareness and funds for YoungMinds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We're taking this opportunity as a school community to come together and show our students that we're with them and they're never alone with their mental health.

We'll be taking part by having a wear something yellow day. Children can replace an item of uniform with an item of yellow e.g. yellow socks, yellow t-shirt, yellow hair band. You can donate to support our school's fundraising by clicking this link <https://fundraise.youngminds.org.uk/fundraisers/firsidejunior>

Most importantly, we want to share the resources which YoungMinds offer to support parents and carers if you ever need help and advice to support your children.

This includes:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

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Karate taster sessions

We have been offered some karate taster sessions over the next few weeks therefore children will need to be in their PE kits on these days. This will be in addition to their usual PE kit days.

Tuesday 7th October - All of Year 3 + 6P

Thursday 9th October - All of Year 4 + 6B

Tuesday 14th October - All of Year 5 + 6C

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Friends of Firside AGM

Friends of Firside
AGM

**MONDAY 13TH
OCTOBER 2025
7PM
AT THE BULL**

FOR MORE INFORMATION PLEASE
EMAIL
friendsoffirside2022@hotmail.com
OR ASK AT THE SCHOOL OFFICE

We are part of...

Coats4Kids

We have been contacted by the Jim Agnew Memorial Charity who are partnering with Coats4Kids again this year to provide a free winter coat for primary age children in Norfolk whose families are struggling to buy one. Your family does not need to be in receipt of Universal Credit or Free school meals to qualify - this is open to anyone who is experiencing financial hardship and would benefit from a voucher for a new school coat.

In order to register your interest in a voucher, please contact the school office. We will then be in contact if we are able to offer you a voucher. If you require more than one voucher, please state this is your email / contact with the school office. The coats on offer are of good quality and made to last meaning that they can be passed down to younger siblings. More information is available on their website <http://www.coats4kids.org.uk/>

Please note that the packaging and coat have no Coats4Kids branding on them therefore there is no indication on the items that they received from the charity.



NSUMTRUST

Year 2 Open Evening



**OPEN EVENING
2025**

TUESDAY 21 OCTOBER

TOURS WILL TAKE PLACE AT:

3.30pm

4.15pm

5pm

To book a tour please...

Follow this [Booking Link](#)

Call us: 01603 426550

Find out more...

www.wensumtrust.org.uk/firsidejunior



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Tel: 01603 426550 | Email: office@firside.norfolk.sch.uk

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NITIES

PE / Games lessons

On PE days, we would like the children to wear their PE kit to school.

A reminder of PE / Games / swimming lessons are below:

	PE	Games	Swimming
Monday	3M	All Year 5	5T
Tuesday	3B, 3L, 6P and 6B		
Wednesday		All Year 3, 4 and 6	
Thursday	6C, 4T, 4RL		5T
Friday	4L, 5W and 5A		

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Uniform reminders

Thank you to everyone for looking so smart on their return to school. A reminder that we do expect the children to be wearing their school ties now. Summer dresses and shorts can be worn until October half term.

A reminder that PE kit should include black shorts / jogging bottoms, a **white** logo PE polo top or plain **white** polo shirt (old style logo t-shirts are also allowed) and a black jumper / hooded top or green / black logo fleece. A full uniform and kit list is available [on our website](#).

We know that lots of the girls prefer to wear cycling shorts for PE but please can we ask parents to ensure that cycling shorts cover thighs.

Please be aware that games lessons are usually outside unless particularly wet. We recommend jogging bottoms and fleeces / hoodies on this day.

As always, with 350 identical, or very similar items of clothing, it is vital that all items of clothing are named clearly.

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We are nut free

A reminder to all families that we aim to be a nut free school. This is due to severe allergies in some children in our school. Please help us to keep them safe by refraining from including nut products in your child's lunchbox or snack. Nut products might include: whole nuts, nuts in cereal bars, peanut butter and Nutella.

We ask that all parents follow this guidance as food allergies can be very serious. Thank you.



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Second-hand uniform shop

We have a uniform sale permanently in the School Office where we have a range of second-hand and new uniform for sale.

If you need any pieces, please do pop by the office to see what we have. All items are just £1.

We are always looking for donations of second-hand uniform in good condition. Particularly jumpers, cardigans, ties and PE fleeces. All the money raised from our uniform sales go back into buying things for the school.

We do have a few second-hand coats and shoes available too.

Thank you.

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Contacting teachers

If you need to speak with your child's teacher about anything, please do get in touch. Our first open classroom event is coming up soon where you will be able to find out about how your child has settled in the first few weeks. If you need to speak with your child's teacher before this date then you can leave a message with the the school office or email office@firside.norfolk.sch.uk and we can pass these on to the relevant teacher. Often teachers will be able to have a quick chat on the playground however please be aware that in the mornings especially, the teachers are busy preparing for lessons.

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Useful extras...

Make sure you follow us on Facebook. We'll be sharing regular updates about what we get up to in school on there. If your child has full photo consent they might feature on our page! You can find our page by [clicking here](#) - make sure you like and follow us!

The Friends of Facebook (FOF) also have a page where they post about their fundraising efforts. You can find their group by [clicking here](#).

There is also a parent group on Facebook which you might find helpful for asking questions. You can find the group by [clicking here](#).

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