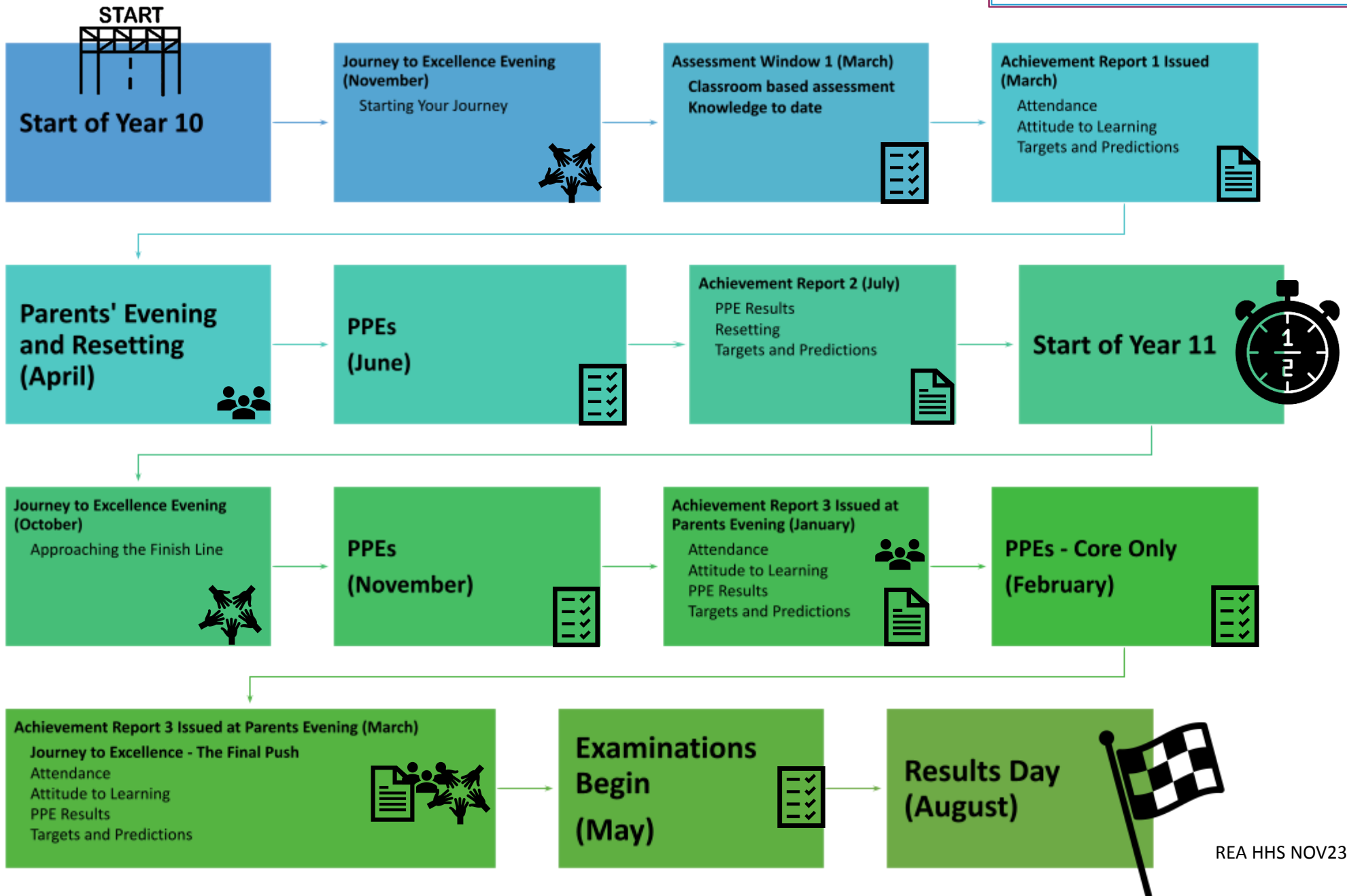


Journey to Excellence - Overview





REVIEW

Know what needs to be revised

Complete review questions then mark

Organise what you already know on a blank page

Identify gaps

Create a revision plan – focus on what you find hard



REVISE

Use active revision techniques e.g. flashcards

Regularly self-test (do something with those revision resources)

Use spaced repetition – revisit knowledge before you forget

Apply your learning e.g. concept maps/create exam questions and example answers

Review your revision techniques as you go on (not working? try another)



REASSESS

Ask others to assess you e.g. quizzes

Complete review questions then mark

Complete multiple choice and short answer quizzes

Complete past exam papers



REFLECT

Evaluate your performance

Did your performance improve following reassessment?

What revision techniques worked?

What will you change about your approach to revision?

What needs revisiting in the short, medium and long term?

RIGHT TIME AND PLACE

Find a quiet place

Turn off phone

Turn off music

Start as early as possible in your course

Revise in moderation

Take a break

