

27 February 2026
w/c 2 March – Week: 1



MESSAGE FROM..... MISS MASON, ASSISTANT PRINCIPAL

Have you seen our recent curriculum spotlights on social media? We have been showcasing different subjects so that you are able to see what your children will be learning in their different subjects and how the knowledge and skills are sequenced over time.

Curriculum Spotlight
COMPUTING
Year 9

Mobile App Development

- Identify and fix common coding errors
- Understand the principles of event-driven programming and its applications in mobile apps
- Use block-based programming languages to create sequences including sequencing and selection
- Use user input and variables in an event-driven programming environment
- Design and implement basic mobile app features to meet user requirements

Representations Going Audio-Visual

- Perform basic image editing tasks using appropriate software
- Perform basic sound editing tasks using appropriate software
- Use software tools to enhance the quality of images and sounds
- Describe how digital images are composed of pixels and how their colour is represented in a library
- Describe key terms like 'pixels', 'resolution', and 'colour depth'
- Understand the principles of sound representation including 'sample', 'sampling frequency', and 'sample size'

Cybersecurity

- Understand what data is, how it differs from information, and why it is valuable to companies and cybercriminals
- Learning about the tactics used by cybercriminals to trick people into giving away their personal information
- Identifying various types of malware, such as viruses, trojans, and ransomware, and understanding the damage they can cause
- Understanding how the Data Protection Act and Computer Misuse Act that help protect data and prevent cybercrime
- Learning about different methods to protect computers and networks, including firewalls, anti-malware software and strong passwords

Python Programming with Data

- Write programs to display messages, receive input, and use arithmetic operators
- Make and use lists
- Locations and control flow: loops, break, continue, and else
- Understand how to connect different system arrays
- Use selection (if-statement) to control the flow of program execution
- Control the concept of data types and their usage in Python
- Describe what algorithms and programs are and how they differ

Hellesdon High School

Our Curriculum

Curriculum Overview

Subject Pages

Year 9 Options: A Journey to Excellence

Year 10 & 11 Journey to Excellence

Did you know that you can also find an overview of the curriculum of each subject area from year 7-13 on our website?

If you go to the 'Our Curriculum' tab on the website and click on 'subject pages', you will be taken to the curriculum area for each subject. From here you can select each subject and open the learning journeys for each year. Learning journeys outline what students cover across the year, what they need to know and be able to do at each stage

In This Section

- Year 7
- Year 8
- Year 9**
- Year 10
- Year 11
- Year 12
- Year 13

Year 7 Girls
PHYSICAL EDUCATION
TERMS 1 & 2

NETBALL

- Passing: Short & long
- Stage 1 defending: Marking
- Dodging: Explosive movement
- Footwork: Pivoting
- Shooting: 1 / 1 / 1
- Game play: Positions

DANCE

- Spatial & dynamic content: Direction & levels
- A theme for dance: Convey emotion
- Choreographic devices: Motif, climax & canon
- Relationship content
- Development of a theme
- Dance formation: Travel to change formation

RUGBY

- Handling: Running with the ball
- Passing: Passing & receiving
- Tackling: Basic technique
- Attacking: Beat an opponent
- Rucking: Introduction

ATHLETICS

- 100m/200m: Starts & technique
- 300m: Bend running
- 800m: Pacing
- Long Jump: Technique
- Discus & Shotput: Standing throw
- Javelin: Standing throw
- Shotput: Standing throw

ROUNDERS

- Bowling: Underarm bowling
- Batting: Forehand static
- Batting: Forehand dynamic
- Backstop: Role & technique
- Fielding: Catching & stumping
- Throwing: Underarm & overhead

Year 8 Geography Learning Journey

TERM 1

Half term 1 – Rivers and Flooding

- How does water affect the world?
- How do rivers, mountains and topography affect different river features?
- How is flooding caused and managed?

Half term 2 – Globalisation and Development

- How do development levels vary around the world?
- What factors have helped create the world's superpowers?
- How do TNCs operate?
- How do geography concepts affect different groups of people?

TERM 2

Half term 3 – Tectonic Hazards

- How do tectonic plates create hazards?
- Why do the impacts of tectonic hazards vary?

Half term 4 – Weather and Climate

- What makes the weather in the UK?

TERM 3

Half term 5 – Climate Change

- How does the greenhouse effect work?
- How are humans contributing to the greenhouse effect and what can we do about it?
- Why are the impacts of Climate Change on people and the environment?

Half term 6 – Consolidation and Current Events




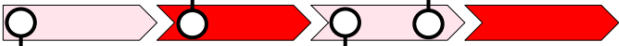





- What 'Geography' has happened this year?
- What areas of geography do we need to improve on?
- How do we review to embed knowledge in our long term memory?

Year 8 - Autumn Term

Year 8 - Spring Term

Year 8 - Summer Term

From here you can select each subject and open the learning journeys for each year. Learning journeys outline what students cover across the year, what they need to know and be able to do at each stage

	Knowledge Organiser	History	Year 8	Term: Autumn 1	Industrial England and the British Empire
<ul style="list-style-type: none"> Children were paid much less than adults and factory owners were looking to cut costs. Their small size made also them ideal for operating machinery in confined spaces. Many families were so poor that even their children had to work to contribute to the household income. 		<ul style="list-style-type: none"> Sources like letters, diaries, and court records can provide personal insights into the lives of ordinary people. Employment data can reveal demographic changes and living conditions. 		<p>agriculture The growing and harvesting of crops and raising animals or livestock.</p> 	
<p>Why were children employed in the new factories?</p>		<p>How can we uncover the lives of the unheard populations in Britain from 1750 to 1900?</p>		<p>migration To move from one country to another to live or work.</p> 	
		<p>Why did crime and diseases increase between 1750 and 1900, and how did they affect urban life?</p>		<p>settlement A colony or any small group of people.</p> 	
<p>How did Britain change between 1750 and 1900?</p>		<ul style="list-style-type: none"> Rapid urbanisation led to overcrowded slums. Inadequate sanitation led to diseases like cholera and tuberculosis. Widespread poverty and unemployment drove many to crime. In response, public health initiatives and modern policing were introduced to address these social problems. 		<p>trade Buying and selling of goods and services.</p> 	
<ul style="list-style-type: none"> Industrialisation: Britain transformed from an agrarian to an industrial society, with the rapid growth of factories and mechanised production. Urbanisation: Populations shifted from rural to urban areas, expanding cities like London, Manchester, and Birmingham. Technological Advancements: Steam engines, railways, and the telegraph revolutionised transportation and communication. 				<p>empire A group of countries or states presided over by a single ruler.</p> 	
				<p>industry The processing of raw materials into manufactured or consumable goods.</p> 	
				<p>urbanisation Expansion of a city or metropolitan area.</p> 	

A knowledge organiser is a document that summarises the knowledge from a specific topic, unit, or subject. It's designed to be a readily accessible resource for students to use in school and at home to review, revise, and understand key concepts. Knowledge organisers are used to help students retain and recall information.

THEME & WORD OF THE WEEK
 for week commencing 2 March
THEME - National Careers Week
WORD - Legislate

DATES FOR YOUR DIARY


5 March – World Book Day

5 March – Year 8 Parents' Evening, 4.00pm – 7.00pm

10 March – Year 10 Parents' Evening, 4.00pm – 7.00pm


GENERAL NEWS/STORIES








World Book Day: 5 March – we will be celebrating World Book Day in school next week – please see poster with all activities we have planned!



World Book Day 2026

Thursday 5th March

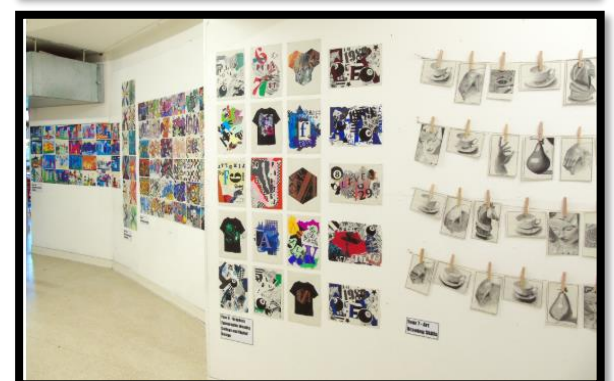


<h3>Wild East</h3> <p>To celebrate reading for pleasure, each lesson throughout the day will begin with a chapter from <i>Wild East</i> – an award-winning young adult verse novel about finding your voice and chasing your dreams. The novel is set in Norwich and written by local author Ashley Hickson-Lovence.</p> 	<h3>Decorate Our Doors</h3> <p>Each Key Stage Three tutor group will decorate their door, recommending books they love to others. The competition will be judged by Mrs Watts (Executive Principal), Miss Powrie (Head of KS3), Miss Beardmore (Literacy Lead) and Mrs Oz (School Librarian) on Friday 13th March. Prizes will be awarded to the winning tutor within each year group.</p> 
<h3>Book Bingo Launch</h3> <p>This year's Book Bingo will launch on World Book Day! Read a book from one of the squares to earn a stamp. Complete a full line to win a prize! You have until Friday 10th July. Pick up your bingo card from the library and see your English teacher for your stamps.</p> 	<h3>Book Scavenger Hunt</h3> <ol style="list-style-type: none"> During social time, form teams of up to three. Collect an entry sheet from the library. Complete the scavenger hunt by matching 10 book covers, blurbs and main characters from posters all around school. Submit a complete entry in the library by Friday 6th March to earn a prize! 
<h3>Book Swap Shop</h3> <p>There will be a book swap in the library at lunch time. If you have an age-appropriate book you no longer read, bring it in and swap it for something new to take home.</p> 	<h3>There's More...</h3> <ul style="list-style-type: none"> Make a book hedgehog in the library every day this week. Heads of Year will be sharing their favourite books in assembly. Get reading inspiration from our new library displays. Lower school will take part in a reading café during their library lesson. 
<h3>FREE Book for All!</h3> <p>Every student will receive a token for a free World Book Day book! You can pick up your book from most book shops and supermarkets (including ASDA, Tesco, Waterstones, WHSmith and Books2Door online) until 15th March.</p> <p>All KS3 students will explore the books in an English lesson this week...</p>  <div style="display: flex; justify-content: space-around;">       </div>	

Women in STEM Day (11 February) - Women in STEM (Science, Technology, Engineering and Mathematics) day was 11 February. Teachers within our Science department are all very passionate about raising attainment and aspirations for all. Our Science results showcase this and we are proud to celebrate women in STEM. Please go to our [news story](#) to read more.



KS3 Art Exhibition –we are proud to share with you some of the outstanding art work of our KS3 Students that is now displayed within our Art department. Click [here](#) to go to our webpage to read more about the exhibition and see more photos.





Hellesdon High School

HHS Facebook – we have lots of exciting information on our Facebook page, student spotlights, curriculum spotlights and lots more! visit our page [here!](#)

ATTACHMENTS

- Lego Church Information
- Easton College Sports Centre Offer



NEWS FROM OUR SIXTH FORM

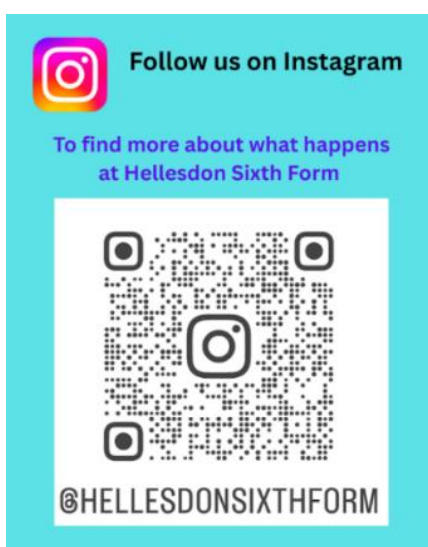
Welcome back and well done to our Y13 who have completed their PPEs! As a year group they have been really focused and shown great maturity over the past few weeks in the build up and execution of their PPEs. Over the coming weeks they will be reflecting on feedback and responding by refining their final exam strategies. PPEs are a great 'stepping stone' which will provide much needed advice and guidance on how to improve for their final exams in May/June.

Future Careers Expo - Thursday, 5 March

All Y12 students and a selection of Y13 and Y11 students will be attending this at the Norfolk Showground next week.

Y13 Parents Evening -Thursday, 19 March 4-7pm

The Parents' Evening System is now open for bookings, any questions, or concerns, please email sixthform@hellesdon.net.



Attendance Matters



We're committed to working with parents and carers to ensure your child feels happy and safe in school. If you have any questions or concerns, please contact the school office.

Call us: 01603 424711

Email us: principal@hellesdonhigh.norfolk.sch