

April  
2026



Part of the  
**WENSUM TRUST**  
Arden Grove Infant School

We wish you all a restful and enjoyable break and hope you are able to spend some special time together as a family and friends. Please look at the end of this newsletter for events that are happening in the next few weeks.

We look forward to welcoming the children back after the holidays and hear all about their holiday adventures. We look forward a busy and happy term of learning, discovery and fun with the brighter days of spring.

As always, thank you for your continued support. We truly value the strong partnership between home and school and look forward to sharing many lovely moments with you and your children in the weeks ahead.

Mr Cook and the Arden Grove Team

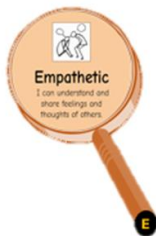
**Monday 13<sup>th</sup> April- INSET day. No children in school this day.**

**First day of Summer Term is Tuesday 14<sup>th</sup> April!**

Next half term we will be focusing on our school value of **Aspirational**.

**I want to achieve great things today and for the rest of my life.**

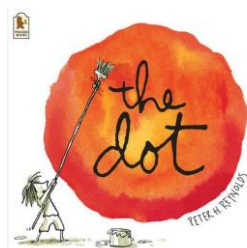
Being aspirational is important because wanting to achieve things and get better at things in life can help us have happy and successful lives whatever that may look like for you.



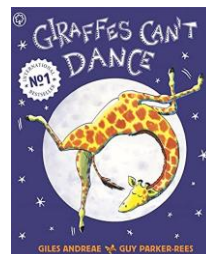
## Stories to share about being ASPIRATIONAL



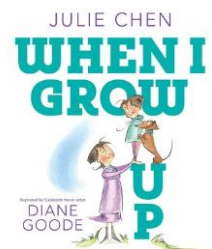
<https://www.youtube.com/watch?v=9KFqeD1QdG4>



<https://www.youtube.com/watch?v=EpMNXbkLu6c>



<https://www.youtube.com/watch?v=Zzb5Acl-n7o>



<https://www.youtube.com/watch?v=KKc9slTacYU>

## Whole School Attendance for Spring Term: 93.8%

**World Book Day**- A massive thankyou for all your efforts for world book day! We had a wonderful day and it was great to see all the children joining in with many dressing up in fabulous costumes!



**Red Nose Day**- It was so lovely to see families supporting Comic Relief by wearing Red and Red Noses. Thankyou for your kind donations we are proud to announce we raised £107.75.



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## Upcoming Events in School

**Wednesday 6<sup>th</sup> May- Aspirational Day-** Come dressed as what you hope to be when you grow up. Once again we are inviting children to share their aspirations and come dressed as their future hopes, dreams or jobs!



**Friday 8<sup>th</sup> May- David Attenborough Day-** We will be celebrating David Attenborough's centenary!

We will take part in activities to celebrate 100 years of David Attenborough and our wonderful wildlife. We are inviting children to come dressed as their favourite animal **or bring your favourite soft toy animal.**

### Arden at 50!



Arden Grove's first year was 1975-1976 so we have waited for the nicer weather and are busy planning exciting events to celebrate Arden Grove being open for 50 years! Your child will have brought home a sheet to enter a competition to design a special Arden Grove 50<sup>th</sup> Logo! We will choose a winner and use this design as part of the festivities! Logos should be handed back to your child's class



teacher or the school office by Friday 17<sup>th</sup> April.

**As a reminder for your diary; parents and families are invited in for a picnic on May 15<sup>th</sup> after sports day and from 12pm on Friday 12<sup>th</sup> June for the 50<sup>th</sup> celebrations.**

### Have Your Say: New Education White Paper Consultation

The Department for Education has recently published its new Schools White Paper, Every Child Achieving and Thriving, outlining the Government's long-term vision for education, including significant reforms to curriculum, SEND provision and wider childhood support. **Every child achieving and thriving** Alongside the White Paper, a national consultation on proposed SEND reforms—SEND reform: putting children and young people first—is now open and will run until 18 May 2026. Parents are strongly encouraged to take part and share their views. Your voices play a vital role in shaping policies that affect our children's futures.

Link to the consultation:

<https://www.gov.uk/government/publications/every-child-achieving-and-thriving>

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## **HSA events**

Please see below the information about the HSA's exciting upcoming events! We are always grateful for the HSA's hard work and organisation and also for all the support they receive. Please do get involved!

The poster is set against a light teal background with white starburst patterns. At the top center is the Arden Grove Home School Association logo, which includes a rainbow and a tree. The main title 'EASTER PARTY' is written in large, bold, pink and white letters. Below the title, there is a block of text describing the event, followed by the date '10 APRIL 2026'. The time '4PM - 6PM' is indicated with a clock icon, and the location 'HELLEDON COMMUNITY CENTRE' is shown with a location pin icon. A pink box at the bottom left contains the word 'TICKETS' in white, a QR code, and the ticket prices: 'Adults £3' and 'Children £6.50'. To the right of the QR code, it says 'Buy tickets via QR code or Contact Emma on 07734389283'. On the right side of the poster, there is a large illustration of a white rabbit with pink ears and whiskers, sitting next to several colorful Easter eggs. One egg is yellow with blue and red polka dots, and another is blue with yellow and red polka dots. A pink banner on one of the eggs says 'FREE EASTER EGG WITH EVERY CHILD TICKET!'. A large pink ribbon is also visible on the right side.

<https://buytickets.at/ardengrovehomeschoolassociation/2106793>

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# SECOND HAND TOY SALE



IN THE  
SCHOOL  
HALL

APRIL  
17TH  
2:30-3:15

**PLEASE DROP ANY DONATIONS TO THE OFFICE**

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# GARAGE Sale

10AM - 2PM

16th May 2026

**£5 a pitch**

Help us raise funds for Arden Grove Infant and Nursery School (1046754) AND Hellesdon High School (1141627)

**Contact Emma (07734389283) or  
Louise (07787298654)  
to book**

Closing date 10th May to be added to the Map.



### **Behaviour before and after school**

Parents must be vigilant on ensuring their children are being safe and calm before school. We have had some parents worried that children are not being supervised or supported and becoming very excitable before school. As another reminder children **MUST** not be on any of the school equipment at any time outside of school hours even if supervised.



### **Tidy Corridors**

Recently, our corridors have become quite cluttered. We've also noticed that many bags are now carrying large numbers of key rings and toys, and some of the larger backpacks are unfortunately causing our wall pegs to break.



Untidy corridors are more dangerous for children and adults. We see tidy pegs as a way of promoting independence and care for their things however due to the large amount of items on each peg this is very tricky for little people.

To help us keep the corridors tidy, safe, and manageable for the children, we kindly ask that pupils bring only what they need each day:

- their **school book bag**
- a **warm coat**
- **A** practical water bottle
- and, if needed, a small, practical lunch bag

We would be grateful if key rings and toys could stay at home and if children could avoid bringing oversized backpacks. This will make a big difference in helping us maintain an organised space where belongings stay safe and children can move around easily.

### **Safety at Drop-off and Pick-up**

We urgently remind all parents and guardians that the safety of our families is our absolute top priority. Recently, we have seen a concerning increase in unsafe driving and parking behaviors around the school gates. While we understand mornings and afternoons are busy, convenience must never come at the expense of a child's safety.

For the immediate safety of all children, please adhere strictly to these rules:

**Keep the zig-zags clear:** Never stop or park on the yellow zig-zag lines, even for a moment. These exist to ensure children can see and be seen when crossing.

**Watch your speed:** Drive extremely slowly in the school area and always expect the unexpected.

**No dangerous manoeuvres:** Avoid U-turns, three-point turns, and reversing near the school gates.

**Respect our neighbors:** Do not block local driveways, mount pavements, or double-park.

**Park and Stride:** We strongly encourage families who must drive to park a few streets away and walk the short remaining distance to school. It reduces congestion and is a healthy start to the day.

Thank you for your immediate cooperation, patience, and commitment to keeping our school community safe.

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## Mental Health Support Team Updates and Information

### Support for You and Your Child

We're the **Mental Health Support Teams in Schools (MHST)**, offering early help for children who may be struggling with anxiety or managing their emotions. If you're worried about your child—whether at home or at school—you can speak to your school's **Mental Health Lead (Mr Cook)** or **SENCO (Mrs Leggett- [senco@ardengrove.norfolk.sch.uk](mailto:senco@ardengrove.norfolk.sch.uk))** to request a referral to our service.



### Upcoming Webinars for Parents and Carers

We also run a series of **free online webinars** designed to help parents and carers better understand and support their child's emotional wellbeing. These sessions are relaxed, informative, and open to all families in our partner schools.

Please find below the dates and times of the upcoming webinars:

Friday 17th April at 10:00am- **Child Anxiety**  
Wednesday 22nd April at 6:30pm- **Managing big emotions**  
Friday 1st May at 10:00am- **Sleep**

Wednesday 6th May at 6:30pm- **Child Anxiety**  
Friday 15th May at 10:00am- **Managing big emotions**  
Wednesday 20th May at :30pm- **Sleep**

Please click on the link to join our webinars: <https://nhs.vc/norfolk-waveney-mhst-webinars>

## Schools and Communities Team- Online Course: Parenting neurodivergent children

Raising a neurodiverse child can be joyful, but also complex and overwhelming. This course is designed to support you with compassionate, practical strategies that meet your and your child's unique needs. In this online course, we will explore responsive and low demand parenting strategies, managing change and transitions, communication, distressed behaviours, sensory issues, carer burnout, looking after yourself and more. This course is aimed at parents and carers of neurodivergent children, teens and young adults whether there is a diagnosis or not.

This online course has been written by parents and experienced parenting professionals with years of experience supporting families with relevant issues. The parents who have created this course understand the challenges, small wins and the overwhelming moments and have lived experience of raising neurodivergent children, teens and young adults. The strategies and tools come from real-life experience.

Follow this link to find out more and sign up: [https://www.familylives.org.uk/how-we-can-help/online-parenting-courses/parenting-neurodivergent-children?fbclid=IwDGRjcAQpLQljBGNrBCKs\\_WV4dG4DYWVtAjExAHNyDGMGYXBwX2lkDDM1MDY4NTUzMTcyOAABHrS1Uny6oxdowgwNRelhZaVgSp\\_PH9GJHWe46m7MoigNht\\_Rpig9F1BfW1OX\\_aem\\_9gR1hASMrrbFOl6DJzxK\\_g](https://www.familylives.org.uk/how-we-can-help/online-parenting-courses/parenting-neurodivergent-children?fbclid=IwDGRjcAQpLQljBGNrBCKs_WV4dG4DYWVtAjExAHNyDGMGYXBwX2lkDDM1MDY4NTUzMTcyOAABHrS1Uny6oxdowgwNRelhZaVgSp_PH9GJHWe46m7MoigNht_Rpig9F1BfW1OX_aem_9gR1hASMrrbFOl6DJzxK_g)

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## Local Events outside of School

**Gateway Vineyard Church Community Events-** As a local church in Hellesdon, we're keen to support the community in creative ways and know how challenging it can be to keep kids entertained in the school holidays without blowing the budget. So we're hosting two free events, either side of the Easter weekend, for families to enjoy together.

The poster has a yellow background with a subtle pattern. At the top left is a circular logo with a stylized 'G'. The word 'Hellesdon' is in a yellow rounded rectangle. The title 'EASTER STORY TRAIL' is in large, bold, yellow-outlined letters. Below it, 'Sat 28th March 10-12' is in a yellow rounded rectangle. The text 'Sign up for free' and the URL 'gtwy.ch/eastertrail' are in another yellow rounded rectangle. A QR code is centered below the URL. A third yellow rounded rectangle contains the text 'Follow clues to find Easter characters dressed up around Hellesdon, find them all and win a free Easter Egg'. A final yellow rounded rectangle at the bottom contains '+ Refreshments, crafts and toys at our Easter café'. The bottom of the poster features a row of LEGO minifigures, including a soldier, a knight, a man in a white robe, a woman, a man in a red robe, and an angel, set against a background of a landscape with a cross and a tombstone.

**G**

**Hellesdon**

# **EASTER STORY TRAIL**

**Sat 28th March 10-12**

Sign up for free  
[gtwy.ch/eastertrail](https://gtwy.ch/eastertrail)



Follow clues to find Easter characters dressed up around Hellesdon, find them all and win a free Easter Egg

+ Refreshments, crafts and toys at our Easter café

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GATEWAY VINEYARD CHURCH

# EASTER FAMILY FUN

Wednesday 8<sup>th</sup> April 10:30am-12:30pm

Join us at the Chapel for a fun family event with games, crafts, snacks and more.

Sign up for free at: [gtwy.ch/easter](http://gtwy.ch/easter)



The Chapel  
Chapel Court, Hellesdon,  
Norwich, NR6 5NU



[www.gatewayvineyard.church](http://www.gatewayvineyard.church)



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RAFFLE

ROBOT  
BATTLES

RIGHT GOOD BUILDS

# NORWICH BRICKSHOW

## 23-24 MAY 2026

OPEN ACADEMY NORWICH NR7 9DL  
A CHARITY SHOW BY BRICK FANS FOR BRICK FANS

MARKETPLACE

FAMILY  
FUN



SCAN TO  
BUY TICKETS!

OPENING TIMES  
SAT 23 MAY 10AM - 5PM  
SUN 24 MAY 10AM - 4PM

TICKETS  
£7 / UNDER 3S FREE



ALL FOR CHARITY

FairyBricks



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**Term dates**

April 2026						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2026						
M	T	W	T	F	S	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2026						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2026						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Key : White dates - schools open to pupils Yellow dates - pupil holiday  
Blue dates - Inset Days Red dates - bank holiday

April	
Monday 13 <sup>th</sup> April	INSET day- No children in school today
Tuesday 14 <sup>th</sup> April	Summer 1 Term Begins
Friday 17 <sup>th</sup> April	HSA Preloved Toy Sale
May	
Monday 4 <sup>th</sup> May	Bank holiday
Wednesday 6 <sup>th</sup> May	Aspirational Day
Friday 8 <sup>th</sup> May	David Attenborough Day- Come dressed as your favourite animal or bring your favourite soft toy animal
Tuesday 12 <sup>th</sup> May	Year 1 Phonics Workshop- 2:40pm
Friday 15 <sup>th</sup> May	Sports Day (Back up date Friday 22 <sup>nd</sup> May)
Tuesday 19 <sup>th</sup> May	KS1 Rugby Workshop- In School
Monday 25 <sup>th</sup> - Friday 29 <sup>th</sup>	Half Term Break
June	
Monday 1 <sup>st</sup> June	Summer 2 Term Begins
Date TBC depending on tides	Reception Beach trip
Tuesday 2 <sup>nd</sup> June	KS1 Rugby Workshop- In school
Tuesday 9 <sup>th</sup> June	Reception New parents talk (4pm-5pm)
Tuesday 9 <sup>th</sup> June	Nursery and Reception Rugby workshop- In School
Wednesday 10 <sup>th</sup> June	Nursery New parents talk (4pm-5pm)
Friday 12 <sup>th</sup> June	Arden Grove 50 <sup>th</sup> Celebrations
Monday 15 <sup>th</sup> June	HSA Fathers Day Shop
Tuesday 16 <sup>th</sup> June	Nursery and Reception Rugby workshop
Thursday 18 <sup>th</sup> June	Year 2 Rugby festival
Monday 23 <sup>rd</sup> -Wednesday 25 <sup>th</sup> June	Year 2 How Hill Residential
Thursday 25 <sup>th</sup> June	Year 1 Rugby Festival
Monday 29 <sup>th</sup> - Friday 3 <sup>rd</sup>	High School Work Experience Week
July	
Thursday 2 <sup>nd</sup> July	Reception Rugby Festival
Monday 6 <sup>th</sup> July	Year 1 London Trip
Tuesday 7 <sup>th</sup> July	Open Evening, 3:30 pm - 5:00 pm
8 <sup>th</sup> , 9 <sup>th</sup> , 10 <sup>th</sup>	Wensum Trust Transition Days
Monday 13 <sup>th</sup> July	Year 2 Leavers Show (2:30pm show)
Tuesday 14 <sup>th</sup> July	
Wednesday 15 <sup>th</sup>	Year 2 Leavers event (children only in the afternoon)
Wednesday 15 <sup>th</sup> July	Nursery Graduation 4:30pm-5:30pm



## Too Ill for School Quick Guide

We know that poorly children can be a worry but we thought we would share some guidance from the NHS about when to keep children at home or send them in.

### **Green: Good to Go (Send them in)**

- **Runny Nose / Sniffles:** If they are otherwise well and active, they can attend.
- **Sore Throat:** Send them in unless accompanied by a high fever.
- **Cough:** Mild coughs are fine. Encourage hydration.
- **Conjunctivitis:** They can attend. Encouraged to wash hands frequently; treatment is recommended but exclusion is not required.
- **Head Lice:** Treat and send in. No exclusion needed.
- **Cold Sores:** Can attend. Encourage not to touch/kiss others.
- **Threadworms:** Can attend.
- **Slapped Cheek:** Can attend (once the rash appears, they are no longer infectious).
- **Hand, Foot and Mouth:** Can attend if they feel well enough and have no high fever. Exclusion is only needed if they are very unwell.

### **Amber: Use Discretion / Seek Advice**

- **Fever (High Temperature):** If the child has a high temp (38C or above) *and* feels unwell, keep them off. They can return as soon as the fever has gone and they feel well enough.
- **Ear Infection:** If they have a high fever or severe pain, keep off. Otherwise, with pain relief (Calpol/Nurofen), they can often attend.

### **Red: Stay at Home (Exclusion Periods)**

- **Vomiting & Diarrhoea:** Keep off for **48 hours** after the last episode.
- **Chickenpox:** Keep off until **all spots have crusted over** (usually 5 days).
- **Impetigo:** Keep off until lesions are crusted/healed OR **48 hours after starting antibiotics**.
- **Scarlet Fever:** Keep off for **24 hours after starting antibiotics**.
- **Measles:** Keep off for **4 days** from the onset of the rash.
- **COVID-19:** If they test positive *and* have a high temp/feel unwell, keep off for **3 days**. (Note: Routine testing is no longer recommended)